

WELCOME

Welcome to the complete version of your Soul Contract Full Birth Report, Michael.

YOUR DEEPEST TRUTH

It will reveal to you multiple layers of the deepest truth of who you are at a spiritual level. If you have already done a lot of work on yourself, you may be familiar with much of what is said and it will likely also give you new insights you haven't considered before. Absorbing your reading is an ongoing process that will continue to unfold in the weeks, months and years ahead.

LIVING YOUR BEST LIFE

Our intention is that it will support you in living your life to be the best expression of yourself that you possibly can. This work is the product of over 60 person years of development and many people's lives have been significantly and dramatically transformed as a result of receiving their Soul Contract Reading. We hope you will benefit in many ways from your reading and we have designed it to do everything it can to support you in attaining that.

This complete PDF includes the following sections:

- Welcome - Welcome to your Soul Contract Birth Report
- Chart - Your Birth Chart is at the very core of your Soul Contract Birth Report
- Short Summary - Your Soul Contract interpretation highlights (without recommendations)
- Navigating Your Report - How to find your way around your Soul Contract Birth Report
- Interpretations - Detailed interpretations of and recommendations for each of the seven aspects of your Birth Chart
- Long Summary - Your Soul Contract interpretation highlights (with recommendations)
- Mastering Life - How to use your Soul Contract Report to help you master your life
- Nerd Section - How Soul Contract Reading works and its origins
- Your Next Steps - What to do after your Full Birth Report



WHAT IS IT FOR

WHO YOU ARE AND WHY YOU ARE HERE

One of the most valuable things in our own personal life toolkit is a good understanding of who we are and what it is we are here to do - and having that knowledge enables us to thrive. This is often earned through many challenging life experiences and moments of insight and clarity, but it can be at times a long and arduous slog.

ENGAGE FULLY WITH YOUR LIFE PURPOSE

Your Soul Contract Birth Report gives you a fast track to a deep understanding of your own unique makeup at a spiritual level and helps you to identify, align to and engage fully with your Soul Destiny. It doesn't do your inner work for you, but it will give you profound insights that will support you to consciously navigate your life so you can become the greatest and most fulfilling expression of who you are.

BLUEPRINT OF YOUR LIFE

It uses channelled Ancient Wisdom (from the soul of Moses) to reveal the absolute truth of how your life is really meant to work and empowers you to manifest your Soul Destiny. Your Soul Contract Birth Report is an accurate, in-depth system of spiritual interpretation that decodes the secrets of the blueprint of your life hidden within your birth name.

ABSOLUTE TRUTH OF YOUR LIFE

It is about receiving the absolute truth of what your life is really about, where you are able to put all those disparate experiences in your life into the context of the bigger picture of why your soul is here on Earth.

EMPOWERS YOU

It will empower you to understand yourself at the deepest level and give you the tools to overcome your karma, actualise your talents and achieve your goals. This will eventually result in the alignment to and manifestation of your Soul Destiny so as to transform your life into one of great fulfilment.

YOUR SOUL CONTRACT

You are an eternal being on a human journey and your soul chose what it wanted to experience in this lifetime and what your physical, emotional, mental and spiritual makeup would be to support your expression of this. Everything is vibration and this unique blueprint was encoded in sound to create your birth name. Your Soul Contract decodes what is hidden within your birth name to give you a deep multi-layered insight into who you really are and why you are here.



UNDERLINED WORDS

Read this carefully before continuing.

In this Complete version of your Full Report, some words are underlined, which indicates there is further explanation in the Appendices at the end of the Report. You may want to read this extra information and then carry on where you left off.

If you are viewing your Report using the recommended PDF Reader (Adobe Reader for Windows and Mac or Evince for Linux), you can click on the underlined word(s) to jump to the relevant place in the Appendix.

Getting back to where you clicked depends on the PDF Reader you are using:

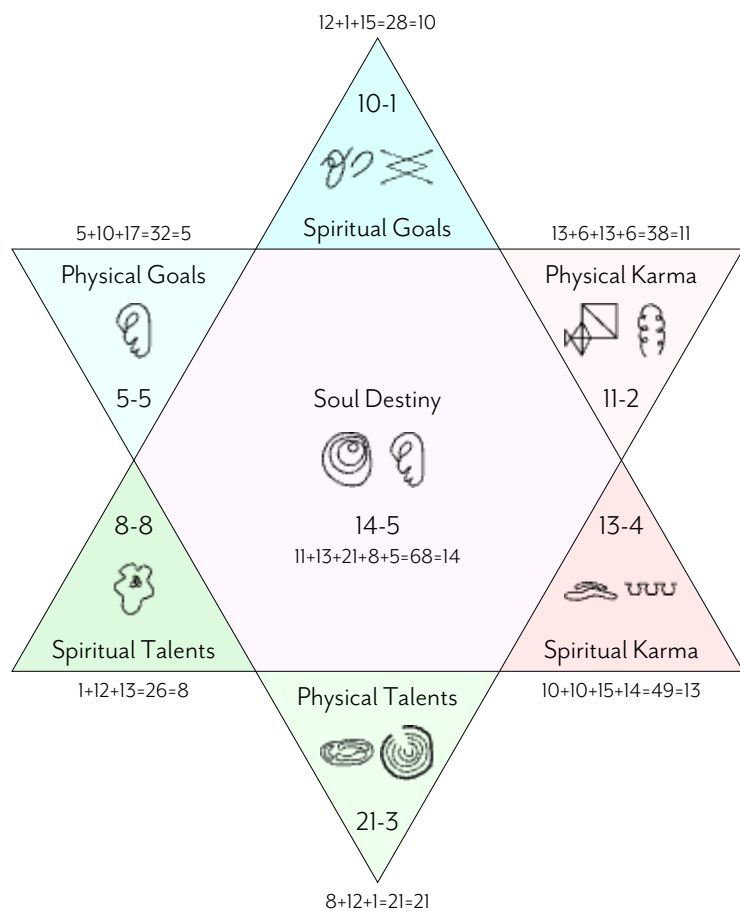
- For Adobe Reader for Windows, click ALT + LEFT ARROW
- For Adobe Reader for Mac, click COMMAND + LEFT ARROW
- For Evince for Linux, click ALT + P



YOUR BIRTH CHART

M-I-C-H-A-E-L-W-I-L-L-I-A-M-S-A-M-P-S-O-N

13-10-8-1-5-12-6-10-12-12-10-1-13-15-1-13-17-15-6-14



ABOUT YOUR BIRTH CHART(1 OF 2)

YOUR BIRTH CHART

Your Birth Chart, which is at the very foundation of your Soul Contract, is calculated from the letters of your Birth Name. We first describe the elements of the chart and then explain how it is generated.

OVERALL CHART STRUCTURE

The Star of David is a gateway through which the soul projects its energies onto the Earth plane to experience what it is like to be human through the ego filter of the Soul Contract. The large downward pointing triangle represents the energies of your physical, outer world life, how your personality initially forms and interacts with society. The large upward pointing triangle represents the energies of your spiritual, inner life, how you are meant to connect with higher consciousness so as to embody it and then express it into the world.

ASPECTS

In Soul Contract Reading, there are seven aspects to your life with each aspect corresponding to one of the seven sections of the chart (names with less than 10 Hebrew sounds have three aspects). An example of an aspect is Physical Karma.

EXPLANATION FOR THE COLOURS

11-2	Physical Karma	Emotionally charged challenges to be worked through
21-3	Physical Talents	Natural abilities that give forward motion to your life
5-5	Physical Goals	Your aspirations for what to achieve in the world
13-4	Spiritual Karma	Emotionally charged challenges to be worked through
8-8	Spiritual Talents	Natural abilities that give forward motion to your life
10-1	Spiritual Goals	Your aspirations for what to achieve in the world
14-5	Soul Destiny	The final state of being you are to attain in this lifetime

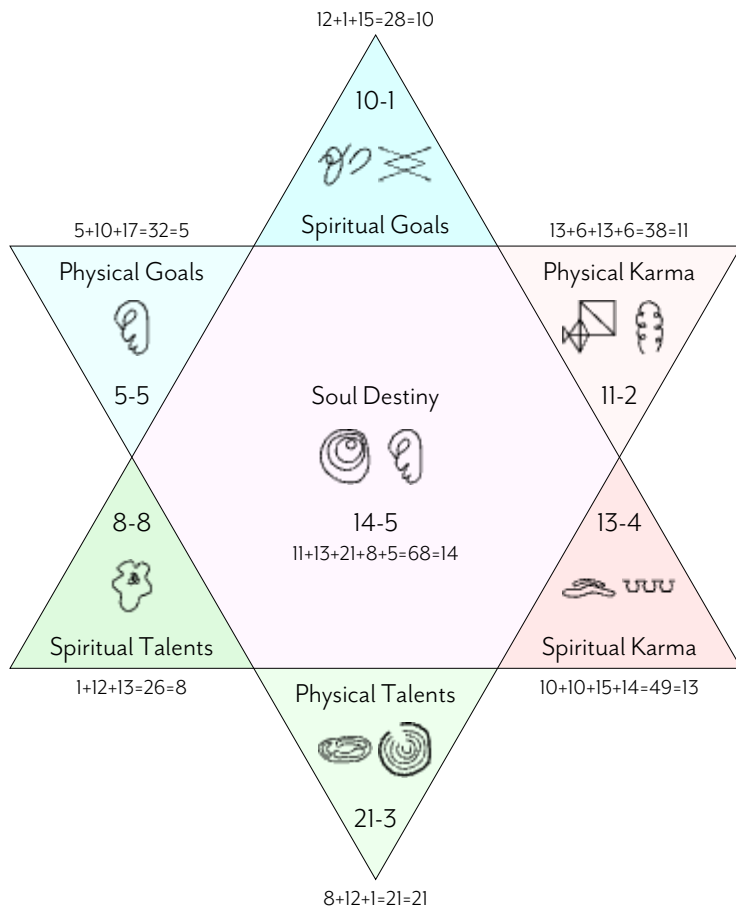
The colours and descriptions for each aspect are independent of the numbers



YOUR BIRTH CHART

M-I-C-H-A-E-L-W-I-L-L-I-A-M-S-A-M-P-S-O-N

13-10-8-1-5-12-6-10-12-12-10-1-13-15-1-13-17-15-6-14



ABOUT YOUR BIRTH CHART(2 OF 2)

NUMBERS

Each aspect has two numbers separated by a hyphen (e.g. 13-4) which have multi-faceted interpretations which form the core of your Soul Contract. How these numbers are generated is shown below.

SYMBOLS

Each aspect number on your birth chart is represented by a symbol. The numbers and symbols together deliver the energetic transmission of that aspect created by your soul.

GENERATING YOUR BIRTH CHART

Here we give a high-level overview of how your birth chart is generated. Full details are available in the Complete version of your Full Birth Report.

Your Birth Chart has been generated by decoding your Birth Name, which holds the energetic blueprint for your life. The letters of your Birth Name are first mapped to the equivalent Hebrew letters, which are represented by numbers. You can see this above the chart.

The numbers are then placed in turn around the Star of David in a clockwise direction starting with Physical Karma until they have all been used up. The numbers in each aspect are then totalled. If the total is greater than 22, the digits are added together, otherwise the total is used as is. This is used as the first part of the aspect numbers.

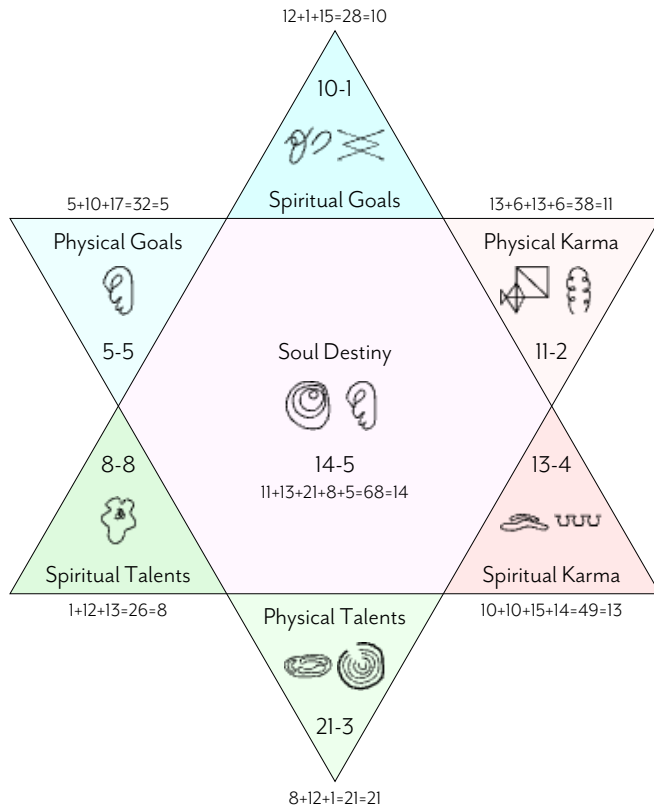
To derive the second part of the aspect numbers (the number after the hyphen), if the first part is a single digit, it is simply repeated. Otherwise the digits are added together until we get to a single digit.



YOUR BIRTH CHART

M-I-C-H-A-E-L-W-I-L-L-I-A-M-S-A-M-P-S-O-N

13-10-8-1-5-12-6-10-12-12-10-1-13-15-1-13-17-15-6-14



Age: - Birth Sign: undefined

YOUR BIRTH REPORT SUMMARY IN A NUTSHELL

Physical Karma Unresolved issues for you to overcome in your outer world

11-2: To overcome the feeling of being lost in life by building a viable structure for fully engaging with life. To learn emotional resiliency, to become wise from taking foolish, impulsive actions.

Physical Talents Your latent and active abilities and strengths in your outer world

21-3: Possess great inner strength and ability to endure and overcome big challenges and hardships. You have the ability to bring internal concepts into reality, a good communicator/teacher.

Physical Goals Your dreams - what you live for in your outer world

5-5: To open the mind to the soul and teach.

Spiritual Karma Unresolved issues for you to overcome in your inner world

13-4: Learning to overcome heart wound from the Mother. Learning to trust in the flow of abundance such as love, knowledge, money and yourself, and how to share it with others.

Spiritual Talents Your latent and active abilities and strengths in your inner world

8-8: Ability to be grounded and working hard to reach out and relate to society with your spiritual energy.

Spiritual Goals Your dreams - what you live for in your inner world

10-1: To achieve conscious mastery of self in this lifetime. Striving to become stable and use power properly.

Soul Destiny Your life purpose - the meaning of your life - why you are here

14-5: To find out who you truly are through a series of emotionally intense relationships. To open the mind to the multi dimensional nature of your existence.



HOW TO USE IT

AUTOMATED VS LIVE READING

Although this Full Birth Report will give you a really good in-depth transmission of your own unique spiritual makeup, a live reading with a skilled and experienced practitioner is a much more personalised experience. This is where they will assess where you are in your life and answer your specific questions related to the challenges you currently face. Then they will come up with targeted recommendations on how to overcome them so as to align you with your soul destiny, enabling you to move forward to create a more fulfilling life. We describe the Go Deeper sessions offered by practitioners later on in your reading.

WHICH VERSION?

This is the Complete Version of your Birth Report that we recommend you read once you have had time to digest the meaning of your Abbreviated Report. It builds upon the abbreviated interpretations in your Abbreviated Report and gives you more in-depth information that enriches your understanding of your Soul Contract journey. It includes full interpretations and recommendations plus further analysis and explanations.



NAVIGATE YOUR REPORT

MAKING THE MOST OF YOUR EXPERIENCE

Before you dive in and find out what your reading contains, we suggest you first take some time to read what we have written here to help you make the most of your experience.

GO THROUGH IT IN ORDER

Your reading contains a great deal of information about you and your life and has been designed so it is revealed to you in manageable layers. It includes guidance within it to help you navigate it and we recommend you go through the pages in order, although we offer suggestions at various points where you might like to jump to different pages depending on your preferences.

GO AT YOUR OWN PACE

Some people like to dive in and keep going whilst others prefer to digest a bit at a time to give them time to absorb and integrate what their reading contains. Everybody reaches saturation point at some stage and we recommend you pause when this happens and come back to continue with your reading when you feel fresher. You may also have strong emotional reactions to some of what you read - this is quite normal - you may want to stop, take a break and breathe if this happens.

MULTIPLE PASSES

You will almost certainly find that you need multiple passes to absorb the full content of your reading - each time you go through, you will likely be aware of something you have not noticed before.

SOME DEEP BREATHS NOW

We want you to get the very best from your reading and for it to have the best possible positive impact on your life, so maybe take a few deep breaths now, get into a calm and grounded space and continue when you are ready.



YOUR FULL INTERPRETATIONS

FULL INTERPRETATIONS

We now turn to the the complete version of Full Interpretations for each aspect, starting with Physical Karma and ending with Soul Destiny. Your Full Interpretations are right at the heart of your Soul Contract and form the bulk of your reading.

ABSORBING THE MEANING

Absorbing the full meaning of your reading is an ongoing rather than a one-off process. You may not get all of the meaning of the interpretations straight away because of the level of truth they resonate at - it takes time to assimilate them. Therefore it is necessary to revisit the different layers of interpretations several times in order for the transmission to enter your consciousness more fully. This is fine and is the normal process for learning this work.

FOLLOW YOUR NATURAL LEARNING FLOW

We would like to emphasise to you that practice makes perfect. Just allow it to gently percolate in; there is no need to create strain in this process. We suggest you go with your natural learning flow here. Be patient. When you do, this will pay great dividends, as you will get the result you are seeking which is the full decoding of your Soul Contract and the understanding of the Spiritual Map of Your Life so you can then get on and fully live it.

SPIRITUAL SATNAV

Think of your Soul Contract Birth Report as a sort of spiritual satnav (satellite navigation) - it will give you some support and guidance in mastering your life, but it is up to you to do the work - and to determine where you are going and what the best way is for you to get there.

HOW YOUR COMPLETE INTERPRETATIONS ARE STRUCTURED

The complete interpretations for each aspect come in 3 parts:

- Core Interpretation - the central foundations
- Recommendations - targeted actions you can take to work through the challenges in your Soul Contract
- Further Interpretation - a deeper layer of interpretations.

Please note these detailed interpretation guidelines are only shown on this Physical Karma page, but also apply to all other interpretation pages.



NAVIGATE YOUR INTERPRETATIONS

ENERGIES RUNNING

As you read through your interpretations, you may find that some of what it contains is absolutely spot on and describes you to a tee, whilst some other things just don't sound like you at all. This is perfectly normal - it has to do with the particular energies running for you in your chart and can happen for a number of reasons. Sometimes the soul only uses a subset of the energies available for a given number - to enable you to focus on particular areas for your growth on your soul journey. It also depends on what stage of life you are at. Some of the issues you may already have worked through, so they don't really apply any more, and some may be waiting hidden beneath the surface, but are not yet ready to activate.

A SUBSET OF YOUR INTERPRETATIONS

As a result, at this point in your spiritual journey, you may only resonate with a subset of the interpretations which is perfectly normal. So just highlight them and be present with the truth that is being revealed to you. This will enable you to avoid being overwhelmed by the vast scope of the interpretations. These form the essence of the meaning of your Soul Contract. Think of them as key word/phrases that feed into this overall story of your life. Feel into this story that is being told to you by your soul. Write down the realisations and connections between the various highlighted interpretations and between the aspects that come to you.

TRANSMISSION NOT JUST INFORMATION

When you read through your interpretations, you may find that the language sometimes appears to be a bit strange at first. This is because this is not just giving you information, but it is a transmission to your personality on multiple levels to awaken you to the truth of your soul's journey. We have already mentioned how the numbers and symbols are part of the transmission as is the information content within the interpretations. But there is also a component which is transmitted to you subconsciously via the vibration of the language and this can be experienced in different ways, depending on how you are "wired".

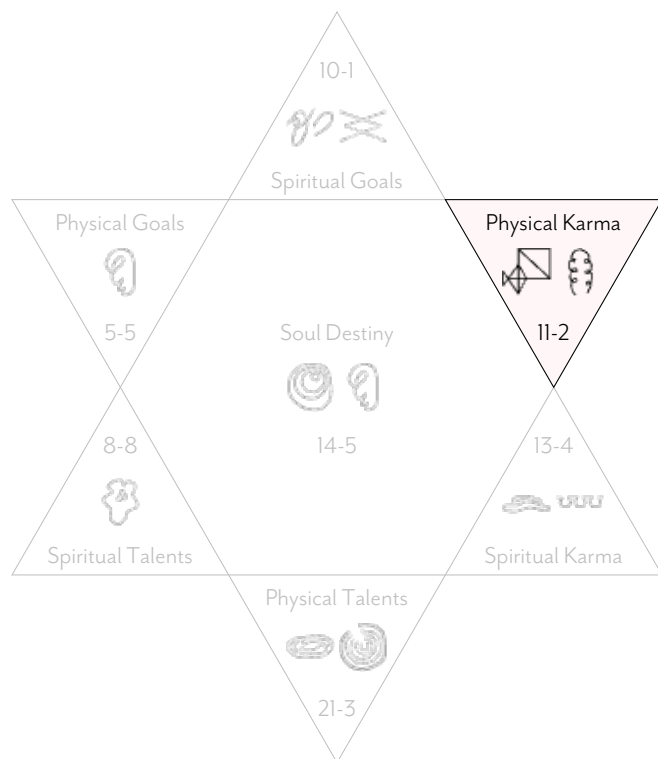
LIGHTBULB MOMENTS

You might find you suddenly just "get" something - without any explanation - or even really understanding at a mental level what is going on or you might feel something different in a specific part of your body or throughout your body. The way that you absorb the full power of your reading is unique to you and although the information is an important part of it, it is by no means the whole story. We will be building up the interpretation of your Soul Contract Birth Report in layers so it gradually takes on more depth.

So now let's continue by looking into your Physical Karma



YOUR PHYSICAL KARMA



PHYSICAL KARMA

This is a selection of unresolved past life issues the soul has brought into this lifetime to create the negative context in your life with respect to your physical outer world life.

If you are new to the spiritual development path, some of these issues may feel very strong emotionally. If this is the case, please note that they have only been placed in your Soul Contract by your soul for you to become conscious of them, to have the feeling experience of moving from the negative experience of them into their positive qualities, as you transmute them. These are the gifts of service you are to bring to the physical part of your life. For this is the spiritual growth journey the soul desires for this lifetime.

If you have been on the path for a while, some or all of these issues may no longer resonate with you as you may have worked through some or all of them already.



YOUR CORE INTERPRETATIONS

THE FOUNDATION OF YOUR SOUL CONTRACT BIRTH REPORT

Your Core Interpretations form the very foundation of your Soul Contract Birth Report and highlight the main "headlines" of who you are at a spiritual level in this incarnation.

MULTI FACETED ASPECT VIBRATIONS

Some of the interpretations may seem completely unrelated - this is because each vibration is multi-faceted - and as you come to have a greater depth of understanding of the Soul Contract work, you will have a deep knowing of how these different facets are in fact related.

HOW TO READ YOUR CORE INTERPRETATIONS

Reading the Core Interpretations is an art form in itself. You may find you read one of the interpretations and get an immediate deep recognition of an aspect of your truth. Or you may look at it and think it's completely irrelevant to you. Or you may read it and find it doesn't even make any sense. All of these are completely normal (we touched on this earlier on) and there are plenty of other possible reactions as well.

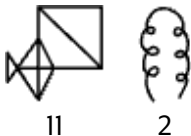
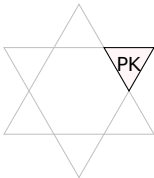
STRONG EMOTIONS

Sometimes you may read something that triggers a strong emotion in you, maybe where what is mentioned is linked with a traumatic experience in your past. If this happens, a good way to handle it is to focus on the feeling in your body. Let go of any story or thoughts about it for the moment and feel the physical sensation. Rather than labelling the sensation (with an emotion word) or judging it (as a bad feeling), just feel into it as it is and surrender into allowing it to be. Resisting a strong emotion is what causes it to be painful - but feeling into it - and maybe accepting it's very strong, a remarkable transformation can take place - not necessarily immediately, but the process of feeling challenging feelings without resistance can have magical beneficial outcomes.

PRACTICE TO MASTER

This technique for handling strong emotions can take some practice to master as the ego is fickle and tries to find ways to avoid processing these feelings as its job is to keep you suffering and separate from God. But if and as you become adept at this way of dealing with emotions, you will almost certainly find your life will transform in dramatically positive ways.





GENERIC CORE INTERPRETATION Primary insights into your spiritual journey

Your Karma 11 Journey (1 of 2)

Do you feel lost at times when faced with a new structure in life, even though you are very intelligent, and it takes you longer than average to learn something new?

Karmic patterns for transmuting

Lessons in death of old situations, relationships and people in your life.

Inability to achieve balance in life's experiences.

Tendency to avoid goals as the Moon energies of the 2 are cyclic, so you can misinterpret things relative to life and death.

The positive state to attain

New Life: Out of the chaos that resulted, creating a new Life, both physically and spiritually.

Finding your balance in life.

Achieving your goals and getting clarity around the death of old structures in your life out of which new structures are born.



GENERIC CORE INTERPRETATION Primary insights into your spiritual journey

Your Karma 11 Journey (2 of 2)

Do you feel lost at times when faced with a new structure in life, even though you are very intelligent, and it takes you longer than average to learn something new?

Karmic patterns for transmuting

Taking on dysfunctional patterns as your own, as you are still learning to discern what is true for you to assimilate and what to discard. These are not something being imposed upon you, and the overload of negative emotions can result in manic-depressive behaviour.

Having a tendency to become dependent on others due to a lack of structure in life and the feeling that you cannot do it on your own. This can lead to immobility and underachievement.

Having difficulty assimilating information ideas and knowledge, which can create learning challenges at school.

The positive state to attain

Becoming discerning on what ideas, concepts and emotional patterns to assimilate into your existing structure of life. Clearing out all the dysfunctional patterns which you malabsorbed as a child to reduce the emotional load of other people's issues you've been processing. This leads to being much more emotionally stable and balanced.

Becoming independent: Learning new structures in life that allow you to become independent and self-driven in life. This allows you to become a good achiever.

Developing your own unique structure of truth as you learn to assimilate these things in your own unique learning style e.g. you may initially have difficulty absorbing a Soul Contract Reading such as this. But learning to persevere by going through it 4-5 times will mean you eventually get the full meaning of it.

Summary: Lack of structure, feeling lost, transforming the experience of death into new life



GENERIC CORE INTERPRETATION Primary insights into your spiritual journey

Your Karma 2 Journey

Were you easily shocked as a child or get into trouble for saying or doing impulsive things?

Karmic patterns for transmuting

Lessons in Foolishness.

Lack of proper judgement.

Lack of balance and misuse of abilities.

Being hypersensitive, lacking in emotional resiliency and in shock a lot of the time.

The positive state to attain

Wisdom, for sharing with others.

Objective, wise decision making.

Coming into balance and using one's abilities in integrity to serve others.

Becoming emotionally resilient and able to absorb and bounce back from the shocks of life.

Summary: Lack of resiliency and transforming foolishness into wisdom



ASPECT SPECIFIC CORE INTERPRETATION Primary insights into your spiritual journey

Your Physical Karma 11-2 Journey

Karmic patterns for transmuting

Being reticent to achieve, like trying to put a round peg in a square hole.
Unable to make a round hole for yourself so you cannot duplicate, expand and grow by yourself.

Dependence on others to function in the World: This can lead to a tendency to become dependent on others as you lack structure for functioning in the physical world.

Feeling lost as it can be hard to assimilate new structure, making learning and understanding new things challenging (e.g. school learning difficulties).

Lack of resiliency to absorb failure.

The positive state to attain

Achieving something new: You need to learn how to make that round hole with the assistance of someone else.

Independence from others: Once you've assimilated enough structure from others you can start to function properly in the physical world.

Learning to assimilate new structures so you then know exactly where you stand in the World.

Developing emotional resiliency and being able to more easily bounce back from failures.



YOUR RECOMMENDATIONS

WORKING THROUGH THE ASPECTS

Each aspect number has recommendations of things you can do to work through or with that vibration. These recommendations are not dependent on what type of aspect it is (i.e. karma, talents or goals), but they are all tuned to the particular vibrations associated with that number. For a karmic aspect, they may be particularly beneficial in helping you work through things, but for a talent, they just might feel good and right to you.

YOU MAY ALREADY BE ON TRACK

When practitioners give live readings to clients, it is common for the clients to say "done that" or "doing that" to many of the recommendations. This is a very good sign and shows you are already on track in your journey in this lifetime.

TRY SOMETHING NEW

There may also be recommendations for something you have not tried before - maybe you had thought of it, but never actually taken that first practical step - or maybe it's something completely new to you. Whichever the case, it could be worth giving it a try and see what happens - it could have remarkable positive results for you. If it just doesn't work for you, it can be that with persistence, it is something that transforms and really ends up helping a lot - and you will be glad you stuck with it.

YOU MAKE YOUR DECISIONS

Your Soul Contract is here to be empowering for you - to help you navigate your life, but it's not there to live your life for you. It's really important that with any recommendation, you treat it as a suggestion and you decide how you feel about it and how much, if at all, to pursue it.

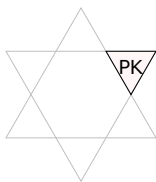
HIGHLIGHT WHAT WORKS FOR YOU

Highlight the recommendations that resonate on how to work through all the aspects, especially for overcoming your karma, bringing your talents online, achieving your goals and manifesting your Soul Destiny.

WHAT IS RELEVANT TO YOU

Also some recommendations may be really relevant to your life experience and how your unique individual self is put together, whereas others are for minor aspects of your particular life that maybe don't need so much working on.





11

RECOMMENDATIONS For working with this aspect

Recommendations for transmuting your Physical Karma 11

You need to build structure of truth

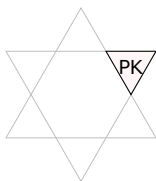
Release other's imprints: Healing to access and clear out the dysfunctional patterns from others you have taken on. This needs to be done at a gentle pace as you may be in deep shock as a result of these patterns, to the point of being disabled emotionally.

Build your own structure of truth: Exploration of different ways of learning/assimilating information and concepts so that you can find a way to build your own structure of truth/concept. The more you do this, the easier the learning pathway will become for you. As a possible means of doing this, healing and refining the five senses would give you more doors for assimilating and learning new things.

Feel rather than perceive the reality: Learn to feel in your heart what is really going on in the reality, seeing as your perception of the reality changes by the minute.

Summary: Discern what is your truth and live according to it





2

RECOMMENDATIONS For working with this aspect

Recommendations for transmuting your Physical Karma 2

You need to clear shock and trauma and become resilient

You need a gentle healing approach for the emotional trauma that has resulted from being hypersensitive. Shock Release treatments are required - Targeted Healing Sessions are recommended.

Practices such as yoga, Tai Chi and dance to unlock the rigidity in the body

Body work such as massage, cranial sacral therapy, Rolfing to unblock the physical blockages. It is best to start with the physically more gentle therapies and gradually progress to the more powerful ones when ready.

Explore other belief systems, religions, philosophies through the medium of night classes, groups, art.

Explore frequency tools such as flower essences, aura soma, to deal with the hypersensitivity (Bach remedy: Walnut; North American Flower Essence: Fawn Lily).

Summary: Become balanced and learn wisdom



FURTHER INTERPRETATIONS

GOING DEEPER INTO YOUR SOUL CONTRACT BIRTH REPORT

The Further Interpretations build on the Core Interpretations to take you deeper into your Soul Contract and give you further information about the aspect numbers. This examines additional pathways of interpreting the numbers, including the symbols associated with them, directions, organs, astrological signs and planetary influence, and bodily functions. If this seems strange to start with, stay with it and as you get deeper into the understanding of your Soul Contract you will see how it all comes together into a holographic whole. Bear in mind that the astrological signs are not necessarily related to your own astrological chart - but it is the qualities they describe which are relevant to the numbers in your Soul Contract.

DRAW THE SYMBOLS

Note the relevant gateways, directions and the organs and draw the symbols shown on your Star of David chart yourself on a separate sheet of paper. This will draw down the energies of the numbers and will help you tune into them.

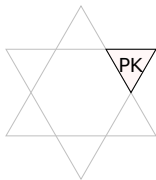
UNDERLINED HEADINGS

In this section, the underlined headings for each part of the Further Interpretations are particularly useful as they take you to an explanation of what they are about.

A LIVE READING WITH A PRACTITIONER

You may find that what you read in this and the other sections raises as many questions as it answers as there is a limit to how much can be personalised in an automated reading. The next logical step many people take after they have received and absorbed their Soul Contract Report is to arrange a live reading with a practitioner who will be able to go into further depth, focus on how your Soul Contract is relevant to your own life, by pulling together all the seemingly disparate pieces of your interpretations into a unified story of your life plus answer any of these questions that may come up along the way.





11

FURTHER INTERPRETATION A further layer of insights

Further Interpretation for your Physical Karma 11 (1 of 2)

<u>Number</u>	11
<u>English Letter</u>	C
<u>Hebrew Letter</u>	Caf
<u>Letter Type</u>	Double
<u>Category</u>	Physical
<u>Symbol</u>	Assimilation, a form The sign of assimilation, a mould which accepts all forms, ideas and concepts within you and creates a new structure out of them. The geometric symbol can be erected line by line just as a new structure is erected. These are predominantly physical energies.

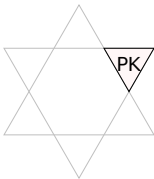


FURTHER INTERPRETATION A further layer of insights

Further Interpretation for your Physical Karma 11 (2 of 2)

<u>Planet</u>	Venus
Positive	Love, personal values, harmony; combines with the emotional support of the 2: Beth of the 11-2, enabling you to invite people into your aura to teach, nurture and share with them. Sharing, give and take, generosity of Spirit
Negative	Self-indulgence, greed, emotional demands, inhibition of affections
<u>Double Letter</u>	Death to Life
<u>Direction</u>	West
Positive	The archetype of the Magician, the shaman, the healer. The energy of introspection, going within to find the gifts of healing. The emotion is fear, the colour is black. The element is Earth.
Negative	Things leaving your life, like the sun at dusk. In a karmic position, it is the inability to let go old things that are no longer needed. Death, transformation from one state to another. The shadow or hidden self.
<u>Gateway</u>	Left Eye
Positive	Initially, you may have some elements of learning to look at the world as it really is, before moving to the positive aspects of seeing things as they truly are.
Negative	You are refusing to look at the world as it really is. You could be an overly sensitive soul with a different truth and therefore in avoidance and wanting to only stay within its own vision. This can manifest as a lazy eye.





2

FURTHER INTERPRETATION A further layer of insights

Further Interpretation for your Physical Karma 2 (1 of 2)

<u>Number</u>	2
<u>English Letter</u>	B
<u>Hebrew Letter</u>	Beth
<u>Letter Type</u>	Double
<u>Category</u>	Communications
<u>Symbol</u>	Active, paternal action This is an actively paternal sign, a male energy, This is a coiled, resilient spring designed to cushion you. It is open at one end so people can come in, move around and experience your power and protection. It can also be used as a moving platform so that you can perceive things from different perspectives.
<u>Comments</u>	This energy is designed to emotionally support you and others. It is like a car's suspension, designed to smooth out life's bumps.



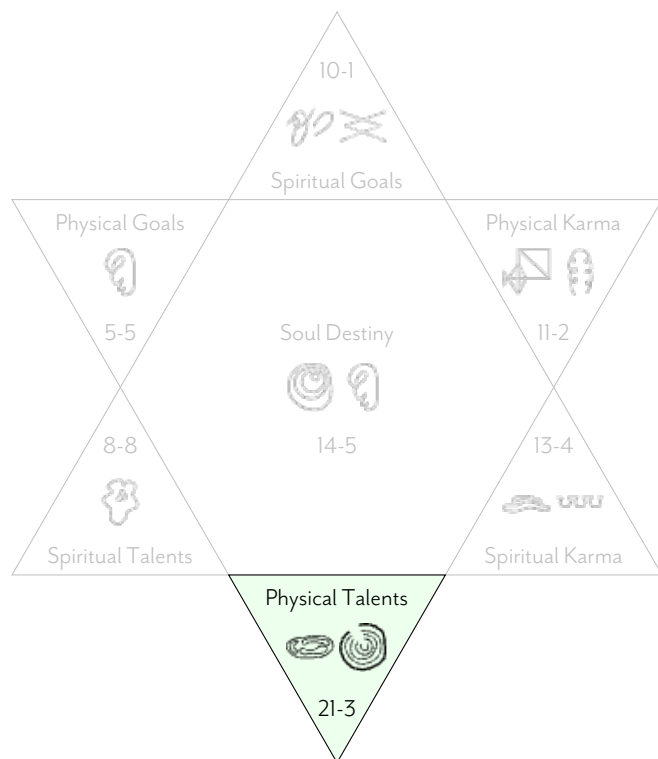
FURTHER INTERPRETATION A further layer of insights

Further Interpretation for your Physical Karma 2 (2 of 2)

<u>Planet</u>	Moon
Positive	Feminine, bearing fruit Sympathetic, responsiveness Adaptable sense of self, flowing, inner contentment
Negative	Oversensitivity Insecurity Inaccurate and inhibiting sense of self
<u>Double Letter</u>	Foolishness to Wisdom
<u>Direction</u>	Height
Positive	Ability to look down objectively at the reality from a higher perspective; these are the energies of Wisdom.
Negative	Experiencing things in life from many different perspectives as you move up and down on the symbolic spring of the 2. As your perception of what is true changes all the time, it can be hard to know how to act, resulting in the energies of Foolishness. Eventually, you learn to be able to look down objectively at the reality from a higher perspective; these are the energies of Wisdom. This can take a long time to achieve.
<u>Gateway</u>	Right Eye
Positive	You have the capacity to perceive what reality is, to see things as they truly are.
Negative	It is about learning to perceive things clearly.



YOUR PHYSICAL TALENTS



PHYSICAL TALENTS

This is the set of latent abilities within your ego personality that are to be brought up into consciousness and honed into their full positive expression by working through the physical karmic issues that are activated from the moment you were born.

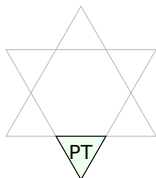
At the beginning of your lifetime you usually have a small element of the karmic aspect of a given number within them that needs to be worked through in order to start manifesting their positive qualities.

As the Physical Talent energies flow into your Physical Karmic aspect, their ability to overcome these karmic issues depends upon on their relative power and quality versus the karmic issues.

As the Physical Talents get stronger through time by working through the Physical Karmic issues, they allow you to start working towards manifesting your Physical Goals. The ability of the Physical Talents to help you manifest more of your Physical Goals depends on their relative power and quality.

This flow of energy from the Physical Talent aspect to the adjacent Physical Karma and Physical Goal aspects is called the "fulcrum of the talents".





GENERIC CORE INTERPRETATION Primary insights into your spiritual journey

Your Talents 21 Journey

You possess great inner strength and are goal orientated and goal achieving. You have the strength to withstand much hardship and strife.

Serving God: You have chosen this incarnation to serve God, and one way or the other you will.

Summary: The ability to endure and overcome big challenges and hardships

GENERIC CORE INTERPRETATION Primary insights into your spiritual journey

Your Talents 3 Journey

Ideas originating from internal actions. You have the capacity to bring concepts to reality.

You are intuitive and creative.

Teaching from the soul: You have the vibrations of a teacher who is teaching from the soul.

Communicator: You can also communicate through writing and performance, especially singing.

Interest in sexuality: which is above-average.

Summary: Communication of deep soul wisdom

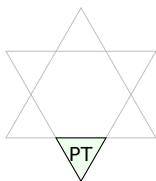


ASPECT SPECIFIC CORE INTERPRETATION Primary insights into your spiritual journey

Your Physical Talents 21-3 Journey

Endless energy to achieve, all the power is there; you need to share what you have acquired with others; knowledge, money.





21

RECOMMENDATIONS For working with this aspect

Recommendations for actualising your Physical Talents 21

You need to overcome challenges by developing endurance and strength

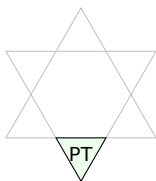
Focus on what you are trying to achieve. Become conscious of what the obstacles in your path are one at a time. Focus on the obstacle immediately in front of you and stay present with it to find a way through. It is important not to back off as this is what causes the blockage of energy. Once this one is overcome, you repeat this for the next obstacle until you achieve the goal you are aiming for. This can be very satisfying once done. You must take no short cuts. A challenge is an Angel Call.

You need movement, physical activity, lymph massage, Tantra.

Healing for the disempowerment and blockage of power.

Summary: Unblock anger and rebellion and harness this energy into strength and service





3

RECOMMENDATIONS For working with this aspect

Recommendations for actualising your Physical Talents 3 (1 of 2)

You need to become worthy of love and expression of feelings

Express feelings: You need to express whatever feelings you have access to. This will start movement in the internal canal and draw out deeper and deeper layers of hidden feeling. You literally need to express your way through the communication blockage. At first, the expression will be quite mental and emotionally disconnected, but if you persist, more and more authentic emotional content will become available to you. You will begin to feel your emotions earlier rather than having to sit with a strange feeling for quite a while and not knowing what it is. The Non-Violent Communication model is excellent for giving structure to emotional expression.

You need healing to overcome the emotional frozenness.

You need to rebuild worthiness through healing work coupled with being loved. This needs to be done in conjunction with you experimenting with expressing your self in the world so that you gradually build worthiness and gain confidence in your abilities. The key program that needs to be accessed is usually a preverbal childhood program that 'mother and/or father never loved me'. They represent the primary separation archetype from God/Goddess that the ego is playing with in this lifetime. As you gradually move into an increasing feeling of being unconditionally loved by Mother/Father God, you will move into more Wealth consciousness.

Ear candling to clear energy blockages to what is really being said.

Expressive activities like acting, drama, art, writing, public speaking, singing and dancing are all helpful. This is going to be challenging at first, but will gradually address the shyness, unworthiness and difficulty in expressing yourself.

Become conscious of spending: Money issues can be addressed by becoming more conscious of what you are actually spending. Have a good hard look at your bank and credit card statements to see what is really going on. Find more cost-effective ways of achieving what you are trying to do. This act of becoming more conscious of your real expenditure will improve cash flow. Work on releasing the fear and struggle you have around money.

Apply three criteria to buying decisions:



RECOMMENDATIONS For working with this aspect

Recommendations for actualising your Physical Talents 3 (2 of 2)

You need to become worthy of love and expression of feelings

1. Is it essential? Because half the time it probably isn't.
2. Is it cost-effective? If it is, is there a better, more cost-effective way of getting the same result? Focus on the function and benefit that you derive from the expenditure.
3. What is the best deal? Sit with the idea of the first thing that comes to you, without buying it, while carefully examining the alternatives as the unworthiness program wants to impulsively buy things to make it feel better about itself. One of the alternatives will meet your actual needs and be better value for money. The money could be spent on other essentials or paying off debt. Think about if this best deal can be bought later to maintain cash flow.

Tithing of 10% of your gross income before taxes and expenses to that which supports you in your life, eg children's schools, charities, other organizations, specific people, is very powerful. For when money is given from the heart with love, because it just feels like the right thing to do, it comes back to you in many forms - things such as an increased inflow of money, reduced expenses and life just flowing more easily and gracefully. This is based on the principle that you are giving to the One, the All That Is, and it comes back to you as you are All That Is.

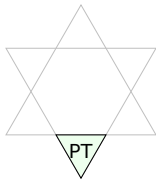
Give away things: Another form of tithing is to give away services and products you offer when it feels right in your heart. When this is done in love and unconditionally, without any expectation of a return, this also works.

Have people speak in your left ear, especially partners, so that what is said is absorbed a lot better rather than using the energetically deaf right ear.

Tachyon Sexual Tonic for Men.

Summary: Learn conscious communication from the depths of your soul





21

FURTHER INTERPRETATION A further layer of insights

Further Interpretation for your Physical Talents 21 (1 of 2)

<u>Number</u>	21
<u>English Letter</u>	SH
<u>Hebrew Letter</u>	Shin
<u>Letter Type</u>	Mother
<u>Category</u>	Physical
<u>Symbol</u>	Duration This represents the part of you (oval) that is learning to overcome great challenges and build endurance (three internal elements moving around) in the process.
<u>Comments</u>	In a positive expression, this energy is very balanced as it contains three elements.

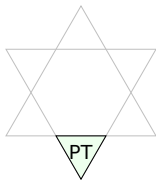


FURTHER INTERPRETATION A further layer of insights

Further Interpretation for your Physical Talents 21 (2 of 2)

<u>Planet</u>	Uranus
Positive	Independent, inventive and humanitarian, attuned to the the whole, originality, directed experimentation, respect for freedom
Negative	Wilfulness, restless impatience, constant need for excitement and purposeless change Rebellion, extremism
<u>Apex</u>	Apex of the Mind
<u>Initiation</u>	Fire





FURTHER INTERPRETATION A further layer of insights

Further Interpretation for your Physical Talents 3 (1 of 2)

<u>Number</u>	3
<u>English Letter</u>	G
<u>Hebrew Letter</u>	Gimel
<u>Letter Type</u>	Double
<u>Category</u>	Communications
<u>Symbol</u>	Internal canal This is the image of the canal that has a material covering, a thick outer shell with energy patterns on the inside. You are open to receive anyone who wants to come in. It is a library for them to move into and acquire knowledge from while being protected. It can also act as a type of inner labyrinth where you can become lost within its depths. From the depths of this canal knowledge, feeling and concepts are brought forth into outer manifestation in your life.
<u>Comments</u>	This energy is all about communication. You are learning to communicate internal concepts that come from inside the canal and bringing them out into the world in a feeling manner. It also goes the other way: being able to hear and absorb feeling and communication from others, drawing it into the canal, allowing a two-way flow of communication.



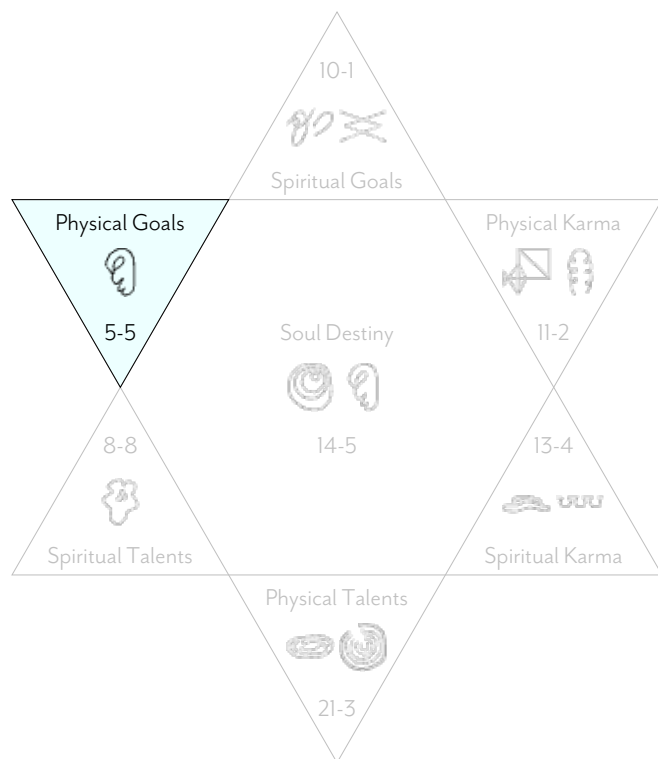
FURTHER INTERPRETATION A further layer of insights

Further Interpretation for your Physical Talents 3 (2 of 2)

<u>Planet</u>	Mars
Positive	Power of protection, initiative, leader Sexuality. Be careful here as this could throw you out of balance. Courage, willpower
Negative	Impatience, wilfulness Violence, improper use of force
<u>Double Letter</u>	Poverty to Wealth
<u>Direction</u>	Depth
Positive	Ability to draw unknown feelings up from the depths of your being into consciousness and to express them into the world.
Negative	Inability to go into the depths of yourself to feel and express what is really there. Can be very frustrating.
<u>Gateway</u>	Right Ear
Positive	You are open to listening to others and prepared to hear, making you a flexible person. You are not locked into one expressive philosophy and are open to absorbing and hearing change.
Negative	This is the inability to really hear and absorb what someone is saying to you. Tendency to interrupt, as a knee-jerk reaction, and defend the old expressive philosophy no matter what, so that the words of others do not trigger feelings of unworthiness. This may manifest as tinnitus.



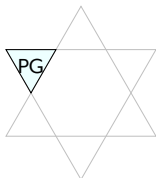
YOUR PHYSICAL GOALS



PHYSICAL GOALS

These are like the dreams you have for your physical life, the underlying drive within you that gets you out of bed in the morning - in short, what you really live for.





5

GENERIC CORE INTERPRETATION Primary insights into your spiritual journey

Your Goals 5 Journey

Open mind to the soul: To completely open up the mind to the soul and become a teacher of teachers with all the Aries characteristics.

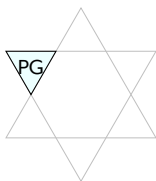
Summary: Opening your mind to your soul and stepping forward to speak this truth

ASPECT SPECIFIC CORE INTERPRETATION Primary insights into your spiritual journey

Your Physical Goals 5-5 Journey

Intuitive expression: To learn to use your great intuitive abilities in the world in some form of teaching or expressive role.





5

RECOMMENDATIONS For working with this aspect

Recommendations for achieving your Physical Goals 5

You need to learn to speak the Truth

Healing for any abuse.

You need physically grounding activities such as exercise, gardening, cooking, walking in nature, working in 3rd dimensional environments for a while.

Keeping a diary may be helpful in order to ground your beliefs and intuitive perceptions and to assist in their expression.

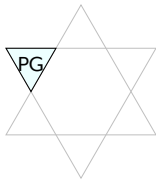
Expressive activities such as singing, public speaking, teaching would help you open up your vocal channel.

Space clearing due to your sensitivity to negative frequencies, space clearing is really important, as well as living in a harmonious environment and clearing your personal energy fields of others' energies.

Attending an assertiveness course.

Summary: Speaking your truth grounds the energy and makes it tangible and accepting yourself as a pioneer





FURTHER INTERPRETATION A further layer of insights

Further Interpretation for your Physical Goals 5 (1 of 2)

<u>Number</u>	5
<u>English Letter</u>	H, E
<u>Hebrew Letter</u>	Heh
<u>Letter Type</u>	Simple
<u>Category</u>	Spiritual, creative, communications
<u>Symbol</u>	Life, abstract being This is a foetus, something that is changing and growing, undergoing continuous movement. It is about you coming into the physical world from the world of abstraction.
<u>Comments</u>	This energy is very light in terms of relative power to the other numbers. The 5 is about coming into manifestation from the world of abstraction. The way to do this is by asserting yourself and using the power of 'speech' to bring the 'abstraction into reality'.



FURTHER INTERPRETATION A further layer of insights

Further Interpretation for your Physical Goals 5 (2 of 2)

Star Sign

Aries

Positive

Pioneer, courageous, assertive, freedom
You express yourself best as a channel or medium, through automatic or creative writing.
You take a firm stand on your beliefs and always put your best foot (Right Foot) forward.

Negative

You can be selfish, arrogant, impulsive, impatient, reckless, foolhardy, immature and impetuous.
You can jump in feet first without thinking and can have a tendency to butt in without consideration of others.
You can be daring and so may take risks to the point of being a dare-devil.

Quality

Speech

Organ

Right Foot

Positive

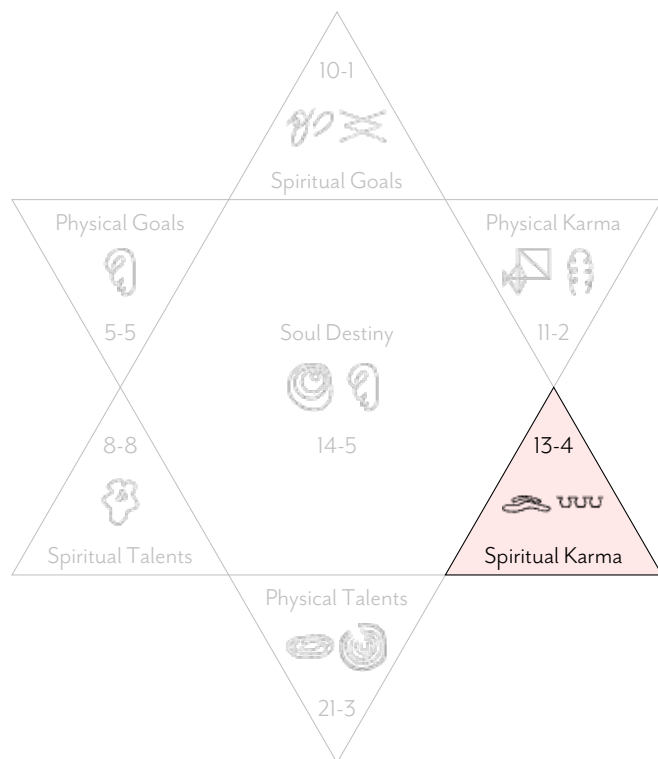
Symbolic of you moving forward, stepping into new areas declaring yourself, being a real positive action person.

Negative

Fear of persecution if you try to step forward in your truth.



YOUR SPIRITUAL KARMA



SPIRITUAL KARMA

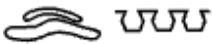
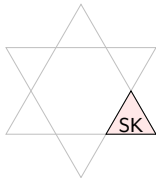
This is a selection of unresolved past life issues the soul has brought into this lifetime to create the negative context in your life with respect to your spiritual inner life.

If you are new to the spiritual development path, some of these issues may feel very strong emotionally. If this is the case, please note that they have only been placed in your Soul Contract by your soul for you to become conscious of them, to have the feeling experience of moving from the negative experience of them into their positive qualities, as you transmute them. These are the gifts of service you are to bring to the spiritual part of your life. For this is the spiritual growth journey the soul desires for this lifetime.

If you have been on the path for a while, some or all of these issues may no longer resonate with you as you may have worked through some or all of them already.



Michael William Sampson
FULL BIRTH REPORT (COMPLETE)



13 4

GENERIC CORE INTERPRETATION Primary insights into your spiritual journey

Your Karma 13 Journey

When you were younger did you experience an imbalance in your relationship with your mother where there was either a disconnection from her feminine energy or she was too smothering or did you end up Mothering her at some stage in your life or do you really want to take care of everyone?

Karmic patterns for transmuting

Tendency to be self-indulgent and neglect the needs of others, especially children.

Closed heart: Having a heart that got really closed, as a form of self-protection, from the pain of disconnection from the archetype of the Divine Feminine represented by your Mother. This can create a kind of tough exterior.

The positive state to attain

Looking after others: Taking responsibility for yourself and tending to the needs of others, especially those you are responsible for like children.

Open heart: Gently breaking through this protection, healing the heart and expressing the love of the Divine Feminine embodying and expressing through you and learning to be soft and loving like a good mother.

Summary: A heart blockage to love, self-indulgence and neglecting the needs of others



GENERIC CORE INTERPRETATION Primary insights into your spiritual journey

Your Karma 4 Journey (1 of 2)

Have you felt unworthy to receive the flow of abundance in life, or lacked trust that it would ever come to you, that there is never enough time, energy, money and love for you or felt selfish as a child?

Karmic patterns for transmuting

Lessons in being Barren.

Unworthy to receive: You can experience a lack of abundance due to lack consciousness in the form of feeling unworthy to receive it.

Self-centred: The feeling that there is not enough flow of abundance can lead to being self-centred without regard for others and the World.

Unexpected children: The ultimate flow of abundance is children, so they can turn up unexpectedly and you can feel your life has been taken away from you. If this occurs, your emotional buttons may be pressed much harder than normal for a new parent. This can be especially strong if you are a man as you may find it particularly challenging taking up parental responsibilities.

The positive state to attain

Becoming fruitful in all areas of life.

Worthy to receive: Wealth consciousness where you feel worthy to receive the unlimited flow of nature in the form of God's abundance (knowledge, ideas, love and money).

Sharing of yourself: Learning to share of yourself and the abundance of knowledge, ideas, love and money that has come into your life with others and to take care of Mother Nature so she is not exploited for profit.

Sharing unconditionally with your children: Learning to share of yourself unconditionally in your children's upbringing, giving them lots of your love, time and energy. As you share of yourself more abundance will come to you.



GENERIC CORE INTERPRETATION Primary insights into your spiritual journey

Your Karma 4 Journey (2 of 2)

Have you felt unworthy to receive the flow of abundance in life, or lacked trust that it would ever come to you, that there is never enough time, energy, money and love for you or felt selfish as a child?

Karmic patterns for transmuting

Can have low self-esteem due to the subconscious feeling of being disconnected from God's abundance and love and that there is something bad about you as a result.

You may be duplicating selfishness where you push people out of the way, resulting in isolation.

Lacking trust in the flow of the Universe and assuming things will always go wrong.

The positive state to attain

Developing high self-esteem and feeling reconnected to God's abundance and love and that you are inherently a good person.

Duplicating and sharing of yourself and the abundance in your life which will draw people to you.

Learning to totally trust in the flow of God's abundance and believing that everything will work out in the highest and best good if you just let go and allow God to flow.

Summary: Lack of trust in the flow of the Universe

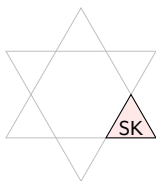


ASPECT SPECIFIC CORE INTERPRETATION Primary insights into your spiritual journey

Your Spiritual Karma 13-4 Journey

Karmic patterns for transmuting	The positive state to attain
Unable to look after those in need.	Becoming their protector: Your role energies are those of a protector.
Feeling unable to create.	Acknowledging your wealth as a creator.
A lot of value judgements.	Letting these go and feeling from the heart what something is really worth.
Feeling unworthiness to receive love.	Becoming worthy to receive love.





13

RECOMMENDATIONS For working with this aspect

Recommendations for transmuting your Spiritual Karma 13

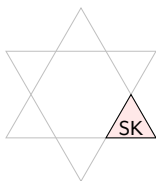
You need to reconnect to the Divine Feminine

Healing to open the heart so as to allow love in. The nourishing of you within. This will enable you to begin to share the Divine Feminine energies, which are initially latent within you with others.

Spending time with children just being and playing with them unconditionally.

Summary: Heal your heart so it opens up to sharing the love of the Divine Feminine





4

RECOMMENDATIONS For working with this aspect

Recommendations for transmuting your Spiritual Karma 4

You need to trust in and become worthy of receiving the flow of abundance

Counselling and healing for the feeling that something is wrong with you. Group counselling or healing workshops might be especially good as you will have to share of yourself with others and will learn that it is safe to do so.

Any form of group/community work is good as it involves the sharing element. You need some form of spiritual practice that connects you to God so you start feeling the flow of God through you, e.g. meditation, shamanic journeying, Tantra.

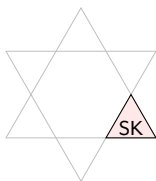
Spend time with children if you have them, caring for them and playing with them. As you open up to sharing yourself unconditionally with them, more of the flow of life will come to you.

Going with the flow of nature is very important, e.g. having an organic garden, eating organic food, recycling, living in a way which supports nature.

You need unconditional love to rebuild trust in the flow of God. This comes in small increments. It is about stepping out into the unknown and taking risks in life, with things that feel right for you to do, and having total trust that God will be there to support you. But you must take the first step, only then will God turn up for you, for you have demonstrated total faith and trust in his/her flow of abundance. With each step you make, you build more trust so you can take the next step until you create a continuous flow for yourself.

Summary: Become worthy of receiving the flow





13

FURTHER INTERPRETATION A further layer of insights

Further Interpretation for your Spiritual Karma 13 (1 of 2)

<u>Number</u>	13
<u>English Letter</u>	M
<u>Hebrew Letter</u>	Mem
<u>Letter Type</u>	Mother
<u>Category</u>	Spiritual
<u>Symbol</u>	Passive maternal action Sign of water and wisdom. The upper waters are beyond our comprehension; they are not revealed. The lower waters are the lakes, the rivers, the seas; they are revealed. This represents the feminine aspect of God, the Sananda energies. This is water (love) and wisdom and passive maternal action. It is very still, waiting for those who need to be loved to come to you for nourishment.
<u>Comments</u>	Even though this energy is very feminine, soft and loving, it is also very powerful. More of this energy is arriving on planet Earth, especially in <u>Name Optimisations</u>.

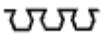
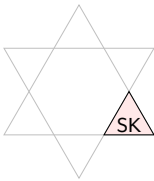


FURTHER INTERPRETATION A further layer of insights

Further Interpretation for your Spiritual Karma 13 (2 of 2)

<u>Planet</u>	Neptune
Positive	Idealistic, spiritual, sensitive and creative; female expression of God, Sananda Attunement with the whole, realisation of spiritual dimension of experiences, all encompassing compassion, living an ideal
Negative	Self-destructive escapism, evasion of responsibilities and your deepest needs Refusal to face one's motives and to commit self to anything
<u>Apex</u>	Apex of the Soul
<u>Initiation</u>	Water





4

FURTHER INTERPRETATION A further layer of insights

Further Interpretation for your Spiritual Karma 4 (1 of 2)

<u>Number</u>	4
<u>English Letter</u>	D
<u>Hebrew Letter</u>	Daled
<u>Letter Type</u>	Double
<u>Category</u>	Physical
<u>Symbol</u>	Division from abundance This repetitive geometric symbol represents your duplication of God's abundance and the sharing of it in the world. As one part of this geometric structure is created, it naturally overflows and duplicates itself to create the next one that adds to it. It is your ability to learn something, then share it in exactly the same way with someone else.



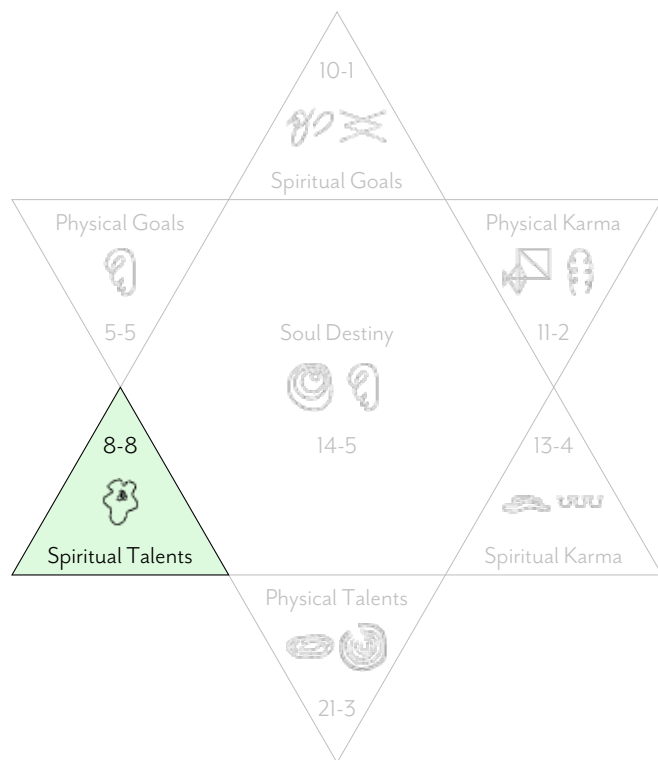
FURTHER INTERPRETATION A further layer of insights

Further Interpretation for your Spiritual Karma 4 (2 of 2)

<u>Planet</u>	Sun
Positive	Strength, light purity, perfection, radiation of spirit Creative and loving pouring forth of self, self-expression, individuality
Negative	Pride, arrogance Excessive desire to be special
<u>Double Letter</u>	Barren to Fruitful
<u>Direction</u>	East
Positive	The archetype of the Lover, being open to receiving new things rising like the sun at dawn into your life. The unbounded, creative feminine flow of Spirit. Connection with the beauty and richness of the world. The colour is yellow like the rising sun at dawn, the light of illumination. The emotion is grief, the element is Water.
Negative	Inability to allow new options, creativity and possibilities to come into your life, thereby creating a feeling of being stuck.
<u>Gateway</u>	Right Nostril
Positive	Ability to anticipate what is coming next, awareness, insight; your mind is open to sense the future. It is looking for what is coming up next. You can literally smell it approaching.
Negative	Inability to sense what is about to come to you. Things turn up unexpectedly in your life.



YOUR SPIRITUAL TALENTS



SPIRITUAL TALENTS

This is the set of latent abilities within your ego personality that are to be brought up into consciousness and honed into their full positive expression by working through the Spiritual Karmic issues that are activated from the moment you were born.

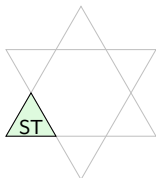
At the beginning of your lifetime you usually have a small element of the karmic aspect of a given number within them that needs to be worked through in order to start manifesting their positive qualities.

As the Spiritual Talent energies flow into your Spiritual Karmic aspect, their ability to overcome these karmic issues depends upon on their relative power and quality versus the karmic issues.

As the Spiritual Talents get stronger through time by working through the Spiritual Karmic issues, they allow you to start working towards manifesting your Spiritual Goals. The ability of the Spiritual Talents to help you manifest more of your Spiritual Goals depends on their relative power and quality.

This flow of energy from the Spiritual Talent aspect to the adjacent Spiritual Karma and Spiritual Goal aspects is called the "fulcrum of the talents".





GENERIC CORE INTERPRETATION Primary insights into your spiritual journey

Your Talents 8 Journey

High-frequency soul relating to Earth life: You are usually a high-frequency soul coming into the reality and relating to the heaviness of the place. This is a big effort that requires constant work. You are home orientated and have a difficult time in business.

Clairvoyant with respect to the future. You tune into a situation and know the truth of it. You have an extensive spiritual insight. You generally make less errors in spiritual judgement, but more in areas pertaining to the physical (indecisiveness).

Feminine qualities are dominant: With these energies, the feminine qualities of nurturing, relating, supporting and intuition are dominant. This makes it difficult as we live in a society where masculine qualities are valued and are dominant.

Right Hand extended to all

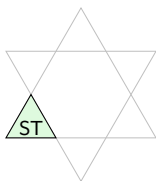
Summary: Being grounded in your body and emotionally connecting with people

ASPECT SPECIFIC CORE INTERPRETATION Primary insights into your spiritual journey

Your Spiritual Talents 8-8 Journey

To use your spiritual energy to serve people in society; relates to the energy ability to be compatible with other people. You are like a chameleon where you can change your colours, your way of relating to people, to fit the person at hand.





8

RECOMMENDATIONS For working with this aspect

Recommendations for actualising your Spiritual Talents 8

You need to become grounded

You need healing for emotional trauma, depression and suicidal feelings.

Grounding processes like yoga, spending time in nature, gardening, cooking, exercise, Qi Gong and cleaning the house thoroughly are recommended.

You need a lot of love from people around you so you feel safe to engage with your feelings.

Increase body awareness with Therapies/Activities such as self-massage, reflexology, yoga, walking meditations and silent retreats are suitable.

Engage in socializing, taking it one step at a time in order to learn to reach out and emotionally connect to people.

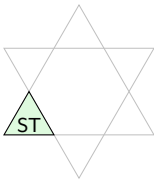
Make commitments starting with little ones and gradually increasing their size.

Throw things away and let them go.

Learn to look after your body, deep breathing, connecting to the Body Consciousness and taking regular rest.

Summary: Look after the body, connect to the Earth, set clear boundaries and enjoy life





8

FURTHER INTERPRETATION A further layer of insights

Further Interpretation for your Spiritual Talents 8 (1 of 2)

<u>Number</u>	8
<u>English Letter</u>	CH
<u>Hebrew Letter</u>	Ches
<u>Letter Type</u>	Simple
<u>Category</u>	Physical
<u>Symbol</u>	Elementary existence This is the symbol of elementary existence relating to the physical. This is like an amoeba, a watery-based creature. Water is associated with the emotions. In order to survive and prosper, the amoeba needs to maintain its delicate relationship with its watery environment. The amoeba has a delicate outer membrane which allows you perfectly harmonized interaction with its environment. These are the most powerful earth vibrations available. They bind you to the Earth.



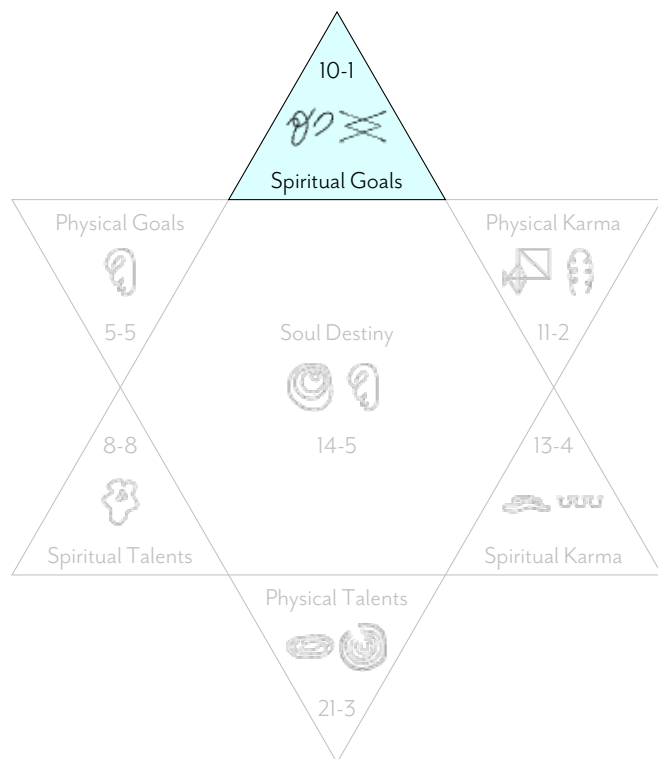
FURTHER INTERPRETATION A further layer of insights

Further Interpretation for your Spiritual Talents 8 (2 of 2)

<u>Star Sign</u>	Cancer
Positive	Sensitive, imaginative, paternal and protective
Negative	Clingy, need to be needed, overemotional
<u>Quality</u>	Sight
<u>Organ</u>	Right Hand
Positive	Your hand is extended to others, open to receive and share.
Negative	You are unable to reach out to others and receive or share.



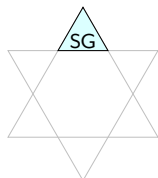
YOUR SPIRITUAL GOALS



SPIRITUAL GOALS

These are like the dreams you have for your spiritual life, the underlying drive within you that gets you out of bed in the morning - in short, what you really live for.





10

1

GENERIC CORE INTERPRETATION Primary insights into your spiritual journey

Your Goals 10 Journey

To achieve conscious mastery of self in this lifetime

Summary: Learning to use spiritual energies in service to others

GENERIC CORE INTERPRETATION Primary insights into your spiritual journey

Your Goals 1 Journey

Learn proper use of power: Striving to become stable and using power properly

Summary: Becoming stable and using power properly

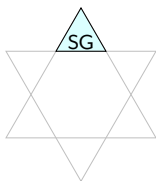
ASPECT SPECIFIC CORE INTERPRETATION Primary insights into your spiritual journey

Your Spiritual Goals 10-1 Journey

Spiritual work carried out in spiritual realm.

To attain full soul consciousness: Your life's work is to attain full soul consciousness to express the full spectrum of your gifts of service.





82

10

RECOMMENDATIONS For working with this aspect

Recommendations for achieving your Spiritual Goals 10

You need to acknowledge and reconnect to God

Healing for all abuse you have experienced.

Focus on healing and awakening: You must truly engage with the process of healing and awakening and work at it continuously. You will probably meet many distractions as you do this, so it is important to stay focused.

Find inner peace: As you engage with the process, you will find greater and greater inner peace as you reconnect to your true nature as a spiritual being.

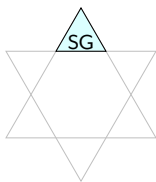
A meditative routine may help keep you focused.

Learning compassion is very important for you, and one way of doing it is to connect with angelic energies because of your critical nature.

Lightbody Integration work to open consciousness.

Summary: Use your spiritual energies in integrity to serve others





1

RECOMMENDATIONS For working with this aspect

Recommendations for achieving your Spiritual Goals 1

You need to come into empowerment and reconnect to the Divine Masculine

Routine and a stable environment will help create this.

Healing for disempowerment. Counselling and healing to heal the power blockages, abuse, addictions.

Reclaim your power with healing, exercises and processes.

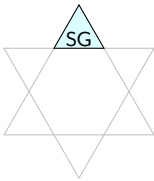
Connect to Spirit using anything that helps e.g. meditation, Tantra, dancing, yoga, etc. Martial arts are especially suited.

Needing love to unlock all the energies inside you.

Clear negative frequencies in your space and personal energy fields using Space clearing/Feng Shui.

Summary: Spiritual discipline, eg meditation, yoga or martial arts





82

10

FURTHER INTERPRETATION A further layer of insights

Further Interpretation for your Spiritual Goals 10 (1 of 2)

<u>Number</u>	10
<u>English Letter</u>	I, J
<u>Hebrew Letter</u>	Yod
<u>Letter Type</u>	Simple
<u>Category</u>	Spiritual
<u>Symbol</u>	Potential manifestation The symbol of potential manifestation of Spirit on the Earth plane. Spirit moves in curves, and this is captured in this symbol. Spirit is eternal and forever moving through you.
<u>Comments</u>	This is the flow of Spirit coming into the reality. You are very connected to the Source. Masculine and feminine energies are very balanced in your expression. Organ Left hand You keep it in your pocket. You do not want to reach out. You do not want to take a chance or let others know who you truly are. In relationships you have a tendency to stay superficial and do not connect to the essence of others.

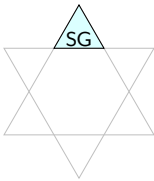


FURTHER INTERPRETATION A further layer of insights

Further Interpretation for your Spiritual Goals 10 (2 of 2)

<u>Star Sign</u>	Virgo
Positive	Analytical, meticulous and discriminating
Negative	Critical, perfectionist, overly mental
<u>Quality</u>	Work
<u>Organ</u>	Left Hand
Positive	There will be some lesser elements of not wanting to reach out to people as you come into the positive elements of the 10's.
Negative	You keep it in your pocket, you don't want to reach out, you do not want to take a chance or let others know who you truly are. In relationships, you have a tendency to stay superficial and do not connect to the essence of others.





1

FURTHER INTERPRETATION A further layer of insights

Further Interpretation for your Spiritual Goals 1 (1 of 2)

<u>Number</u>	1
<u>English Letter</u>	A
<u>Hebrew Letter</u>	Aleph
<u>Letter Type</u>	Mother
<u>Category</u>	Spiritual, communications
<u>Symbol</u>	Unity, power, stability Unity, power, stability. This represents two interlocking elements of energy, which, when pulled apart, becomes stronger and more stable. These are the energies of Archangel Michael, the masculine expression of God, coming from within you.
<u>Comments</u>	This energy is very strong in any position. When you have access to this level of power, a lot of responsibility comes with it as you are dealing with the energies of Archangel Michael. From an esoteric viewpoint, 1 (one) is the beginning, and Archangel Michael is the Creator of our Universe.



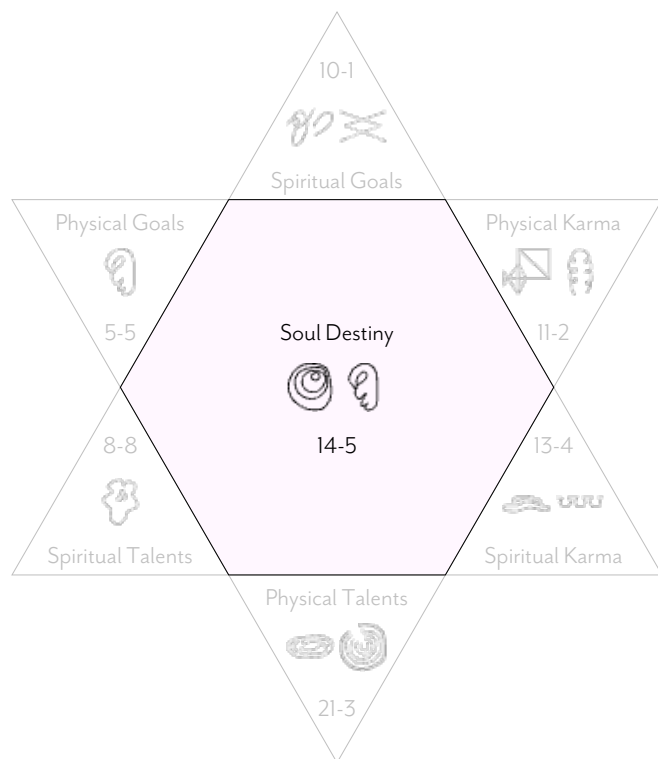
FURTHER INTERPRETATION A further layer of insights

Further Interpretation for your Spiritual Goals 1 (2 of 2)

<u>Planet</u>	Pluto
Positive	You are analytical and a giver of wealth (philanthropist). You have the ability to see through spiritual walls. You have great power of insight and carry high master energies. You are being reborn, go to the core of things and undergo transformation and transmutation. It is deeply healing because of the transformation. Pluto represents the ending of a cycle for you and the birth of a new one. It is an evolutionary planet.
Negative	You are subjected to deep compulsions, subconscious cravings and wilful manipulations of others to serve your own ends. You may be experiencing ruthlessness, avoidance of yourself and infatuation with power.
<u>Apex</u>	Apex of Achievement
<u>Initiation</u>	Air



YOUR SOUL DESTINY



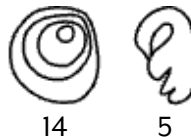
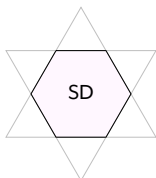
SOUL DESTINY

This is the real purpose of why your soul has come to Earth.

In order to achieve this, you need to consciously work through and transmute all of the issues revealed in the six outer aspects of your Star of David Chart; Physical Karma, Talents and Goals, Spiritual Karma, Talents and Goals as well as the challenges outlined specifically for your Soul Destiny. The Soul Destiny is gradually revealed to you in layers that build upon each other to make it easier for you to assimilate and manifest them in your life as you work through all of the aspects mentioned above.

Because the number 5 appears in multiple places in Your Soul Contract, those Recommendations and Further Interpretations shown below also appear on other pages. They are repeated here for ease of access.





SOUL DESTINY CORE INTERPRETATION Primary insights into your spiritual journey

Your Soul Destiny 14-5 Journey

Producing spiritual material, probably writing, channels will open.

You often go through life with a series of intense relationships to find out who you are; this can be disorientating.

Writing from your own experience, which is reflected back to you. Eventually, you channel new spiritual techniques after having walked the path of personal experience.

You spend your entire life finding out who you are through relationships.

The journey to achieving your Soul Destiny will feel like the karmic challenges of the 14-5 for most of your life. When you have worked through enough of the challenges of the six outer aspect triangles on your Star of David chart, you will begin to feel the positive state of the 14-5 as it starts to manifest.



KARMIC CORE INTERPRETATION Primary insights into your spiritual journey

Your Karma 14 Journey

Do you experience very intense emotional relationships with those around you?

Karmic patterns for transmuting

Learning self-acceptance: Being heavily involved in relationships to learn self-acceptance.

Being stubborn, where there may be a tendency to use people for your own benefit and refusing to acknowledge the talents of others.

Can't obtain self-knowledge: It's not possible to gain self-knowledge by yourself. The journey of acquiring self-knowledge requires you to have unknown parts of yourself reflected back to you in intense relationships with those around you which can emotionally burn you and them out.

Being ungrounded.

The positive state to attain

Accepting yourself exactly as you are and becoming conscious of when the emotional intensity you create in relationships is rising and starting to overwhelm those you are relating to and backing off to give them and you a break.

Becoming flexible and respecting other people's boundaries, sovereignty and acknowledging their talents.

Gain much self-knowledge: Creating balanced sustainable emotional relationships where you are conscious of and carefully manage the intensity and gain much self-knowledge in the process.

Grounding in your body.

Summary: Lack of self-acceptance through relationships, using other people and being stubborn



KARMIC CORE INTERPRETATION Primary insights into your spiritual journey

Your Karma 5 Journey

Is speaking the absolute truth important to you and did that get you in trouble with your family as a child?

Karmic patterns for transmuting

Fear of expressing truth: Hiding away from the world in fear of persecution for expressing your truth.

May use intuitive abilities improperly, as they can come easily and may not be valued as a result.

Temptation to achieve power improperly by manipulating others.

Inability to adjust to society due to your sensitivity and feeling negativity and depression from its heavy energies.

Being very floaty and ungrounded and in your head trying to figure out what to do next.

Difficulty asserting yourself.

Disempowerment to suppress your truth: Manifesting abuse in your life to experience the misuse of power by others that suppresses your truth.

The positive state to attain

Expressing truth: Developing positive Aries characteristics of stepping out into the world and expressing and acting upon your deepest truth no matter what.

Valuing intuitive gifts and using them wisely to help others.

Using power properly and respecting others sovereignty.

Grounding and connecting with society and developing clear energetic boundaries to shield yourself from its heavy energies.

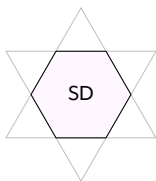
Grounding in your body and feeling your emotions and using them as your spiritual guidance system.

Clearly and naturally asserting yourself in the World.

Stepping into your power and truth as a sovereign being with clear boundaries.

Summary: Fear of speaking your truth and manipulating others with your voice





14

RECOMMENDATIONS For working with this aspect

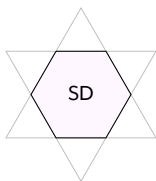
Recommendations for manifesting your Soul Destiny 14

You need to discover the true self through relationships

Pause from the intensity: First become aware of the need to take a break from the intensity of the relationships with all those around you. Once you start doing this, it will enable you to recharge and take stock, to review how you feel about yourself and who you really are in the moment. Otherwise, the intensity of the 14 can wear you out.

Summary: Chill out, spend time alone and learn to accept your self





RECOMMENDATIONS For working with this aspect

Recommendations for manifesting your Soul Destiny 5

You need to learn to speak the Truth

Healing for any abuse.

You need physically grounding activities such as exercise, gardening, cooking, walking in nature, working in 3rd dimensional environments for a while.

Keeping a diary may be helpful in order to ground your beliefs and intuitive perceptions and to assist in their expression.

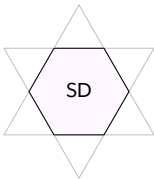
Expressive activities such as singing, public speaking, teaching would help you open up your vocal channel.

Space clearing due to your sensitivity to negative frequencies, space clearing is really important, as well as living in a harmonious environment and clearing your personal energy fields of others' energies.

Attending an assertiveness course.

Summary: Speaking your truth grounds the energy and makes it tangible and accepting yourself as a pioneer





14

FURTHER INTERPRETATION A further layer of insights

Further Interpretation for your Soul Destiny 14 (1 of 2)

<u>Number</u>	14
<u>English Letter</u>	N
<u>Hebrew Letter</u>	Nun
<u>Letter Type</u>	Simple
<u>Category</u>	Spiritual
<u>Symbol</u>	Reflected being This is a symbol of etheric and individual existence. This is the image of reflected being. A multidimensional mirror, where others can see hidden parts of themselves within you for the first time.
<u>Comments</u>	The main feature of this energy is the overriding intensity, both for you and those around you.

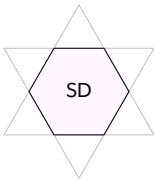


FURTHER INTERPRETATION A further layer of insights

Further Interpretation for your Soul Destiny 14 (2 of 2)

<u>Star Sign</u>	Scorpio
Positive	Intense, passionate, persistent and discerning Depth, mysteries and secrecy
Negative	Overly intense You can get very negative in your expression.
<u>Quality</u>	Smell
<u>Organ</u>	Small Intestine





FURTHER INTERPRETATION A further layer of insights

Further Interpretation for your Soul Destiny 5 (1 of 2)

<u>Number</u>	5
<u>English Letter</u>	H, E
<u>Hebrew Letter</u>	Heh
<u>Letter Type</u>	Simple
<u>Category</u>	Spiritual, creative, communications
<u>Symbol</u>	Life, abstract being This is a foetus, something that is changing and growing, undergoing continuous movement. It is about you coming into the physical world from the world of abstraction.
<u>Comments</u>	This energy is very light in terms of relative power to the other numbers. The 5 is about coming into manifestation from the world of abstraction. The way to do this is by asserting yourself and using the power of 'speech' to bring the 'abstraction into reality'.



FURTHER INTERPRETATION A further layer of insights

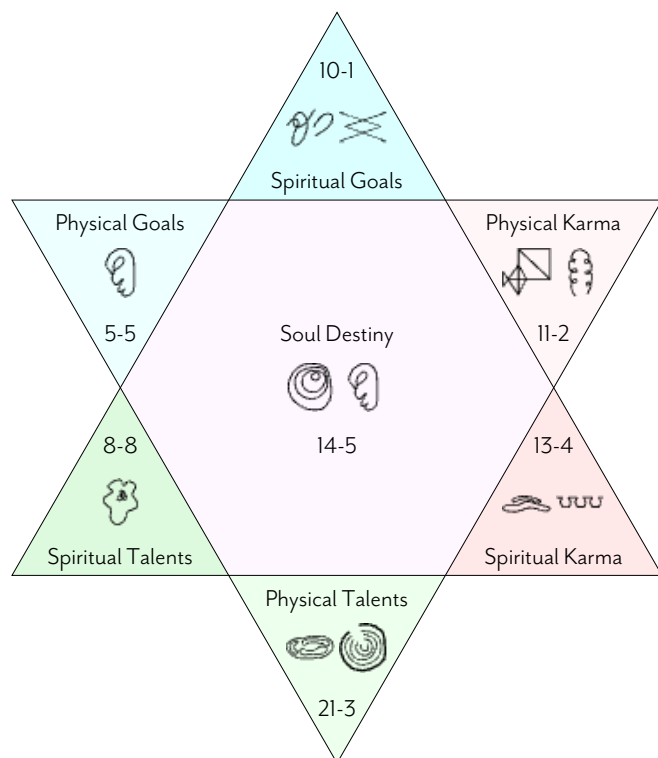
Further Interpretation for your Soul Destiny 5 (2 of 2)

<u>Star Sign</u>	Aries
Positive	Pioneer, courageous, assertive, freedom You express yourself best as a channel or medium, through automatic or creative writing. You take a firm stand on your beliefs and always put your best foot (Right Foot) forward.
Negative	You can be selfish, arrogant, impulsive, impatient, reckless, foolhardy, immature and impetuous. You can jump in feet first without thinking and can have a tendency to butt in without consideration of others. You can be daring and so may take risks to the point of being a dare-devil.
<u>Quality</u>	Speech
<u>Organ</u>	Right Foot
Positive	Symbolic of you moving forward, stepping into new areas declaring yourself, being a real positive action person.
Negative	Fear of persecution if you try to step forward in your truth.



YOUR BIRTH CHART

M-I-C-H-A-E-L-W-I-L-L-I-A-M-S-A-M-P-S-O-N



YOUR BIRTH REPORT SUMMARY

SUMMARY INTERPRETATIONS

Now we will look again at your Birth Report Summary to give you the opportunity to take another top down view of your Soul Contract and this time we include the summary recommendations.

TAKE YOUR TIME TO REVIEW

We suggest you take some time to review your Summary to consolidate all that you have learnt about yourself.

YOUR BIRTH CHART WITH NO CALCULATIONS

On this page we have also included your Birth Chart without calculations to help you focus on the numbers and symbols and on the next page we continue with the summary interpretations and recommendations.



YOUR FULL BIRTH REPORT IN A NUTSHELL (1 of 2)

Physical Karma Unresolved issues for you to overcome in your outer world

Summary: To overcome the feeling of being lost in life by building a viable structure for fully engaging with life. To learn emotional resiliency, to become wise from taking foolish, impulsive actions.

Recommendations: Discern what is your truth and live according to it. Become balanced and learn wisdom.

Physical Talents Your latent and active abilities and strengths in your outer world

Summary: Possess great inner strength and ability to endure and overcome big challenges and hardships. You have the ability to bring internal concepts into reality, a good communicator/teacher.

Recommendations: Unblock anger and rebellion and harness this energy into strength and service. Learn conscious communication from the depths of your soul.

Physical Goals Your dreams - what you live for in your outer world

Summary: To open the mind to the soul and teach.

Recommendations: Speaking your truth grounds the energy and makes it tangible and accepting yourself as a pioneer.



YOUR FULL BIRTH REPORT IN A NUTSHELL (2 of 2)

Spiritual Karma Unresolved issues for you to overcome in your inner world

Summary: Learning to overcome heart wound from the Mother. Learning to trust in the flow of abundance such as love, knowledge, money and yourself, and how to share it with others.

Recommendations: Heal your heart so it opens up to sharing the love of the Divine Feminine. Become worthy of receiving the flow.

Spiritual Talents Your latent and active abilities and strengths in your inner world

Summary: Ability to be grounded and working hard to reach out and relate to society with your spiritual energy.

Recommendations: Look after the body, connect to the Earth, set clear boundaries and enjoy life.

Spiritual Goals Your dreams - what you live for in your inner world

Summary: To achieve conscious mastery of self in this lifetime. Striving to become stable and use power properly.

Recommendations: Use your spiritual energies in integrity to serve others. Spiritual discipline, eg meditation, yoga or martial arts.

Soul Destiny Your life purpose - the meaning of your life - why you are here

Summary: To find out who you truly are through a series of emotionally intense relationships. To open the mind to the multi dimensional nature of your existence.

Recommendations: Chill out, spend time alone and learn to accept your self. Speaking your truth grounds the energy and makes it tangible and accepting yourself as a pioneer.



MASTERING LIFE

BUILDING ON THE INTERPRETATIONS

This section builds on what you have learned from the in-depth interpretations, includes further information and provides some guidelines in how to use your Soul Contract Birth Report to master your life. It includes:

- Analysis - further analysis of the interpretations
- Mastering Life - using your Soul Contract to master your life
- Practice - how to use your Soul Contract in practice
- Case Study - a case study of a Soul Contract Birth Reading

OVERCOME YOUR ISSUES

You are now going to put together your Soul Contract, the Spiritual Map of Your Life, find out where you are on it, and learn how to overcome the issues on your map that have been blocking you from moving forward.

WHAT HAVE YOU BEEN CREATING?

Step back and take a look at the bigger picture of your life, at what you have been creating for yourself, as the energy flows from Physical Karma, Talents and Goals, into Spiritual Karma, Talents and Goals, and onto the Soul Destiny.

DEEPER LEVELS OF ANALYSIS

When you are ready, we will continue by looking into some deeper levels of analysis of your Soul Contract.



ANALYSIS

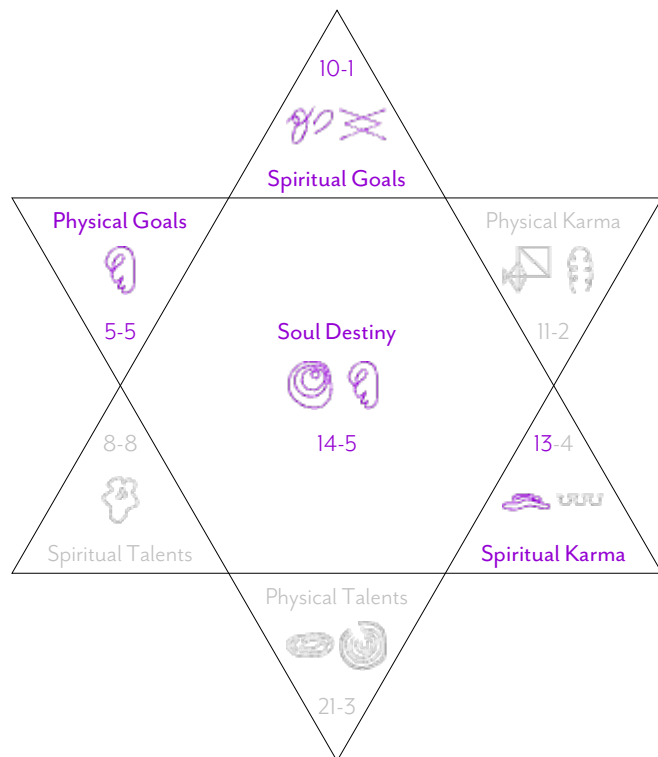
ANALYSIS

This section provides another layer of interpretation along with analysis specific to your Soul Contract. So the content for the Analysis subsection will be different for each Soul Contract for which it is generated. We invite you to delve into it at your own pace as more of the subtle meanings of your Soul Contract are revealed and suggest you go through this section several times when it feels right as you will learn something new each time as the transmission of your reading deepens.



SPIRITUAL VIBRATION PROFILE

M-I-C-H-A-E-L-W-I-L-L-I-A-M-S-A-M-P-S-O-N



Number Categories: **Spiritual**

Spiritual Vibration Numbers: 1, 5, 10, 13, 14

VIBRATION PROFILES

Each of the 22 numbers has between one and four number vibration categories associated with it. The four categories are Spiritual, Physical, Communication and Creative. They are another lens with which to view how your Soul Contract is constructed and will give you further insights into how your life is meant to unfold. If there are too many in one category, this could lead to being out of balance.

The next five pages look at the vibration categories of the numbers in your Birth Chart to give you further insights into your Soul Contract.

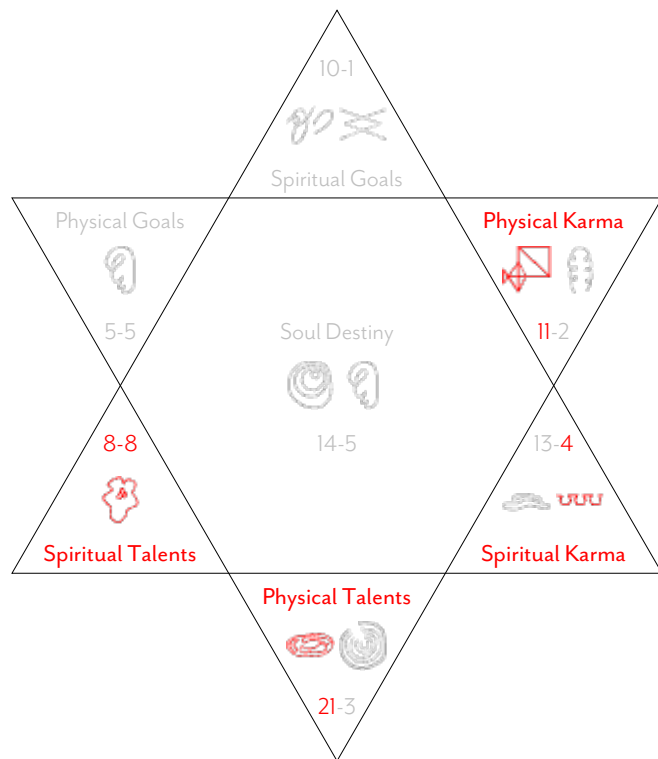
SPIRITUAL VIBRATION PROFILE

This page shows you the spiritual numbers in your chart. These are all about how you open to higher consciousness so as to bring it into this Earthly reality. They tend to have more fluid symbols associated with them and are all about connecting to higher consciousness. Clearing the blockages in the ego to opening to higher consciousness is the key to their full activation. Then you can embody and express it on the Earth plane so as to deliver your Gift of Service to humanity. This requires you to be grounded enough for this to occur.



PHYSICAL VIBRATION PROFILE

M-I-CH-A-E-L-W-I-L-L-I-A-M-S-A-M-P-S-O-N



This shows you the physical numbers in your chart. These tend to have more geometric symbols associated with them and are all about how you ground, engage and relate with people and society in general on the physical Earth plane. Coming into the fullest possible positive expression of these is essential to allow the more spiritual energies in your chart to become grounded and accessible to the World.

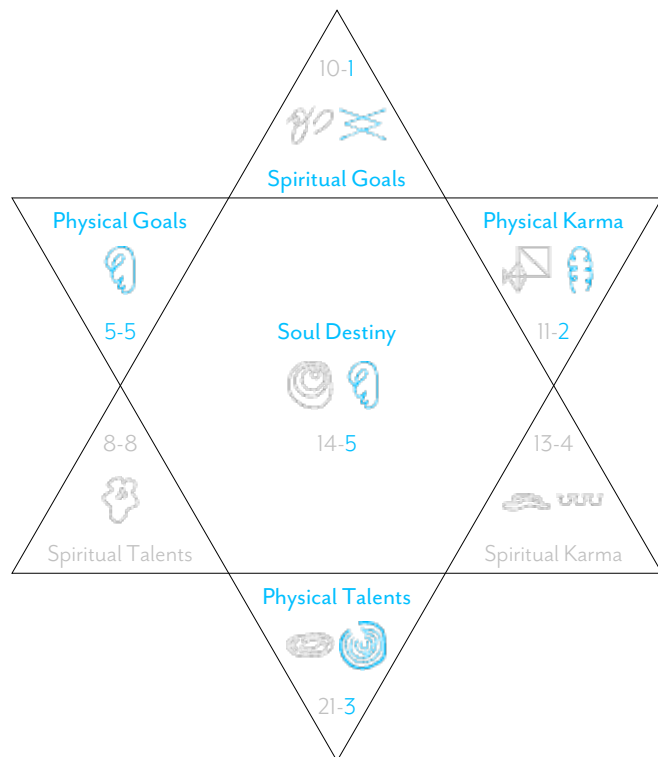
Number Categories: **Physical**

Physical Vibration Numbers: 4, 8, 11, 21



COMMUNICATION VIBRATION PROFILE

M-I-CH-A-E-L-W-I-L-L-I-A-M-S-A-M-P-S-O-N



This shows you the communications numbers in your chart which you are to use to communicate your soul's Gift of Service to the World. Any blockages to their full expression such as unworthiness to receive or be loved or persecution for speaking your truth need to be cleared in order to fully activate these.

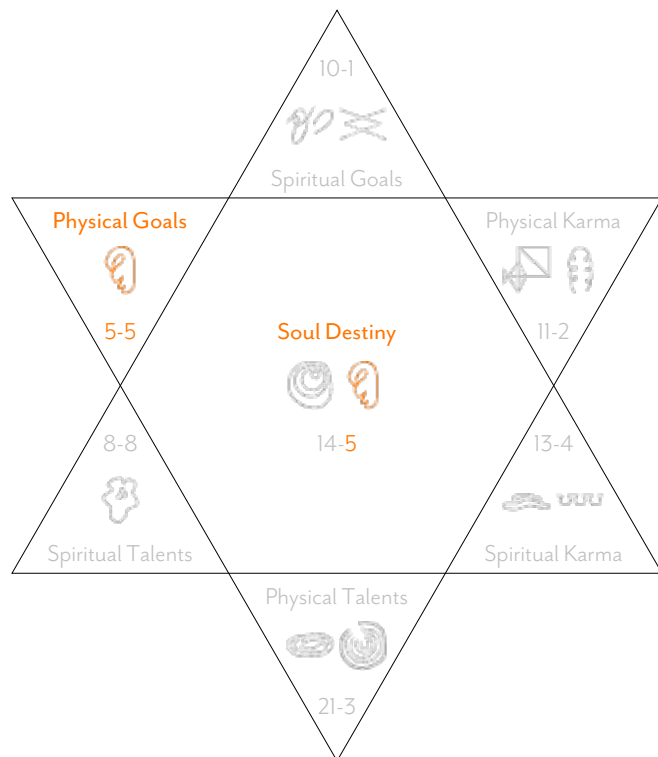
Number Categories: [Communication](#)

Communication Vibration Numbers: 1, 2, 3, 5



CREATIVE VIBRATION PROFILE

M-I-CH-A-E-L-W-I-L-L-I-A-M-S-A-M-P-S-O-N



This shows you the creative numbers in your chart which you are to use to express your soul's creativity to the world as your Gift of Service. Any blockages between the ego and the soul creativity need to be cleared in order for them to become fully activated.

Number Categories: **Creative**

Creative Vibration Numbers: 5



YOUR NUMBER CATEGORIES



Number Categories: Spiritual, Physical, Creative, Communication

VIBRATION PROFILE ANALYSIS

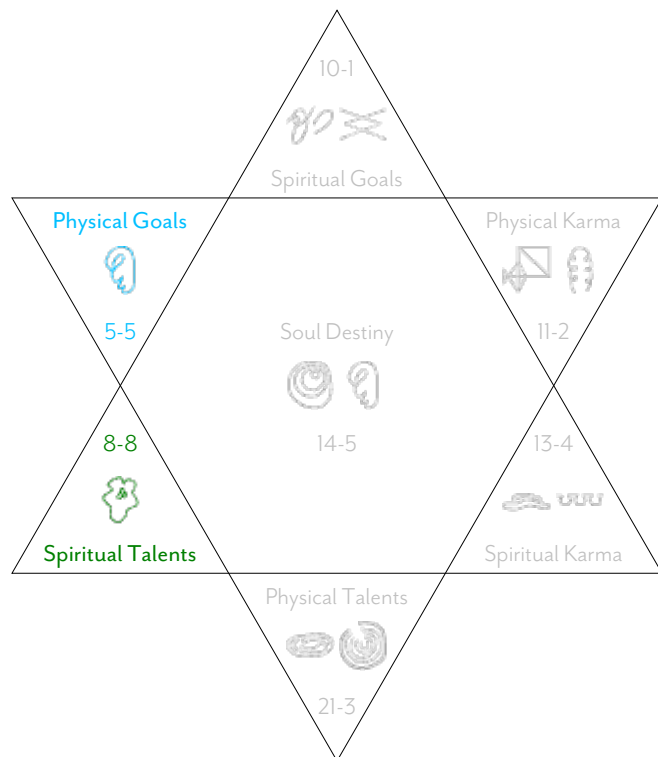
The pie chart shows you the ratios of the different types of numbers in your Soul Contract to give you further insight into your soul makeup in this lifetime.

If you have a similar number of spiritual, physical, communication and creative numbers in your chart, it will create a balanced life expression. If you have predominance in one or two of these types of numbers, it shows you the type of predominant expression(s) your soul wants you to focus on developing. The relative ratios of the four different types of numbers gives you an indication on the priorities that the soul has set for this lifetime.



DOUBLE NUMBERS

M-I-CH-A-E-L-W-I-L-L-I-A-M-S-A-M-P-S-O-N



If you have Double Numbers, 1-1 through 9-9 in karma and to a lesser extent in goals, then you have no free will in this aspect. Your soul has chosen a specific set of energies for you to work through. Combination Numbers by comparison, e.g. 10-1 through 22-4, have a greater range of expression.

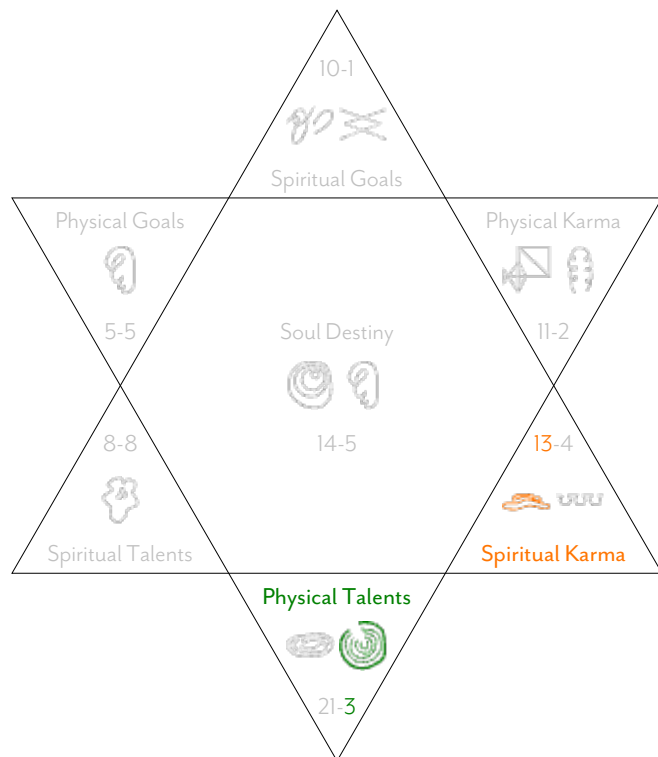
If you have Double Numbers that are in talents, then that energy is highly emphasised as an attribute.

Aspect Types: Talents, Goals



MASTER NUMBERS

M-I-C-H-A-E-L-W-I-L-L-I-A-M-S-A-M-P-S-O-N



The Master Numbers 3, 7, 12, 13 and 18 come with greatly increased power in all aspects; they make particularly challenging karmic aspects to be overcome. But once you have transmuted them by following their recommendations they will become powerful talents, your Gift of Service to the World.

Master Numbers: 3, 13



MASTERING LIFE

POSITIVE LIFE TRANSFORMATIONS

A Soul Contract Reading often leads to dramatic positive life transformations. It gives extraordinary clarity on what life issues your soul has chosen to deal with and helps put your whole life into perspective. For those who are not clear on their soul mission, it provides very clear pointers on where that lies, although the exact expression of how you choose to do that is your sovereign choice.

Robin Ismael Frederick Williams (one of the co-founders of this website) says:

"For the first half century of my life, I never quite fitted in, my life seemed to be hard work and it never really made sense. There were some great ups and deep dark downs, but it felt like there was something missing. The day I received my Soul Contract Reading was a life changer for me. Suddenly my whole life made sense and I was clear on who I was and why I was here. It wasn't plain sailing after that - there were many difficulties to navigate - both externally and internally, but as I kept focusing on my Soul Contract, it gave me great clarity on what needed addressing and how to go about it.

As my life progressed in the following years, things started to fall into place and I found myself on what I recognised as my soul path. Difficult and painful lessons came up and I went through two extended periods of "dark night of the ego" (it's the ego that has the dark night - not the soul).

When I emerged from them I reached a wonderful space and now my life flows with every increasing grace and ease - I feel a constant state of inner joy, peace and calm - whatever might be going on emotionally on the surface. I am totally engaged in my multi-faceted life mission and am living my life beyond my wildest dreams.

Of course I had plenty of work to do - initially it was very hard work, but as time has gone on, it has become ever easier and more flowing and the synchronicities in my life are the norm rather than the exception. All my intentions always manifest - however huge they are - one of the biggest tricks has been learning to let go of timescales.

Although I was the one who had to do the work, understanding and living in harmony with my Soul Contract is the single most significant reason I am in the wonderful space I am in. My greatest joy is to do everything I can to support others in being able to experience such a magical transformation in their lives so they too can experience being the greater possible expression of the magnificent beings they are."



PRACTICE

CONTEXT

We hope you have found the experience of receiving the absolute truth of what your life is really about a profound one. It is where you are able to put all those disparate experiences in your life into context of the bigger picture of why your soul is here on Earth.

You now have the tools to overcome your karma, activate your talents and achieve your goals. This will eventually result in the alignment to and manifestation of your Soul Destiny to create a much more fulfilling life.

As you mature in your spiritual growth, the energies of the physical and spiritual aspects of your Soul Contract begin to flow between each other. This only occurs if you have worked through your karmic aspects and activated your talents.

DAILY PRACTICE

It is now time to put it into action on a daily basis. For the more aligned you become to your Soul Contract energies, the more easily your life will flow.

HOW TO MAKE IT HAPPEN

So, how do you go about achieving all of this?

Well, we begin from exactly where you are now. In whatever situation you have created that got you to this point in life. Even if you feel completely stuck. Take your Soul Contract interpretations and be as emotionally present as possible with the aspect of your chart that is running at this time.

Surrender to your patterns, turn into them by bringing feeling consciousness to them as best you can and embrace your life exactly as it is rather than avoiding feeling them which is the ego's normal way of doing things. Then put into action the recommendations that feel right to you. For this is the key to transforming your life.

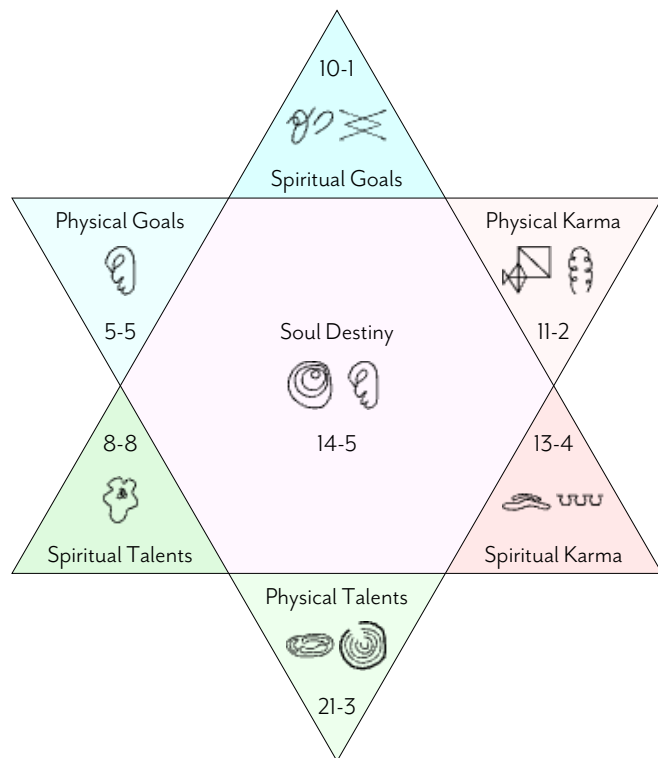
The above is a broad, overall process on how to move forward. If you need something more specific and personalised then we recommend you take the next step which is a live personalised reading with a practitioner.

If you would like some help with putting all of this into practice, go to the Your Next Steps section.



CASE STUDY - BIRTH CHART

M-I-C-H-A-E-L-W-I-L-L-I-A-M-S-A-M-P-S-O-N



CASE STUDY - INTRO

To help show you how to use your Soul Contract Reading to support you in understanding your life and how to master it, here is a case study with some examples of how to apply the lessons.

The subject of this case study is the fictional character Michael William Sampson. This is a composite name based on the real life experiences of clients we have worked with, to make this as real as possible for you. The interpretations are a selection of key points based upon the extensive in-depth layered interpretations contained in Michael's Soul Contract. They aim to give you an initial feel for the essence of what each set of aspect numbers actually means. The key points of interpretation for each number in a given aspect will also be shown.



CASE STUDY - PHYSICAL KARMA

Physical Karma: 11-2

When Michael was young, he felt lost and did not understand how life worked. At school, he found it hard to assimilate new concepts and ideas. Things had to be presented to him in different ways so that he could grasp what they meant. But once he had assimilated the information into his own structure of truth, he got it and could really run with it. Outwardly he did not appear to be that quick mentally, but underneath this he was very bright and intelligent. The main lesson of the karmic 11 in this aspect is to learn to discern what was true for him out of all the ideas and concepts coming to him and to build his own structure of truth out of this. Because of this initial lack of discernment on what energies to assimilate, Michael ended up as the emotional processing unit for the family when he was a child, taking on all of their unresolved emotional issues that they did not want to feel and address. As a result, the negative emotional load he is carrying is way above average. He could not tell which emotional issues were his and which ones belonged to others. These needed to be flushed out of his system so that he could access the truth of the authentic Michael underneath all of this.

The other major karmic experience of the 11 is the Double Letter energies of life and death, where the soul manifests death in many different ways in the personality's life to create a shock to trigger a transformation into a higher state of consciousness. In Michael's case, his mother died of cancer when he was five years old. This changed him permanently as he was very close to her.

The sensitive karmic 2 is all about learning emotional resiliency, and initially any emotional shock would throw him completely off balance. When his mother died, the trauma of it caused him to hit the emotional buffers, and he stayed there for a long time as it was just too much for him. It took him many years to recover from this as he developed his emotional resiliency. He came out of the shock totally transformed as he had moved to a higher state of truth with the 11.

The 2 is also about exploring the energies of wisdom and foolishness. This is where Michael used to act impulsively upon his first emotional response to a situation and often ended up finding he had made a foolish decision. If he had just paused and waited a while, spending some time observing and feeling the energy of a situation, he would have discerned the truth of what was really going on. For with the 2, his perception of the truth of a given situation initially changes by the minute; only with ongoing presence and observation of that situation does the real objective truth reveal itself to him. Once he got to this point, Michael could then move into a place of wisdom in his decision making.

Michael became an architect, a builder of physical structures in the world. This is the outward manifestation of the physical karmic 11-2 which faces the challenge of learning how to build outer structures of truth - in this case, in the form of buildings. From all the design ideas and concepts coming to him he had to discern what the truth was that he wished to express in the outer world.

Key points of the 11: Learning to discern and build own structure of truth, life and death

Key points of the 2: Learning emotional resiliency, exploring foolishness in order move towards wisdom



CASE STUDY - PHYSICAL TALENTS

Physical Talents: 21-3

Michael always enjoyed taking on big challenges in life. This is what the 21 is all about: it creates a series of ongoing, large-scale challenges for people to really get their teeth into. It helps them build great inner strength as they endure and overcome the challenges. The first big emotional challenge for Michael was his mother's death, which, while painful, also built great emotional strength within him that was to serve him well in adult life.

Architecture can be challenging as a profession, especially for someone with a physical karmic 11-2, as learning about and building new structures is such a big challenge in itself. But this was the path Michael's soul was determined to pursue, and he eventually designed and built innovative, high-value, residential and commercial buildings. The 21 also manifested in this process through having to reconcile his essential nature as a sensitive builder of ideas (11-2) with the demands for a cost-effective building completed on time and to budget. Michael developed a lot of inner strength through having to endure the challenges and hardships of the project management of all the different people and elements required to construct his buildings to his and his clients' satisfaction.

The 3 is all about the communication of inner soul concepts from the depths of his being into the outer reality. Michael loved communicating his architectural ideas very clearly to those he worked with. He eventually became a part-time teacher of architecture at the local university as well as running his architectural practice. He wrote articles and books about his profession and became a leading spokesman for it. The 3 is a natural, strong leader, and in his early years Michael found it hard to work underneath someone else. As soon as he was able to, he set up his own practice so that he could be the one in charge as he always felt that he knew the best decisions to make.

In his personal life, Michael initially had to overcome a feeling of unworthiness deep within him to be loved in order to access the great depth of feeling and knowledge of his soul. Once he had done this, he was able to really tap into his feelings and emotions and would always seek relationships of great depth with those who were close to him personally. He was not interested in superficial relationships at all.

Key points of the 21: Ability to endure and overcome big challenges to build great inner strength

Key points of the 3: Accessing deep wisdom and inner concepts from within and communicating them to the outer world from a place of natural leadership



CASE STUDY - PHYSICAL GOALS

Physical Goals: 5-5

Michael was always very sensitive, intuitive and psychic from as early as he can remember, as his mind was open to his soul. He could also naturally read people's minds. It was all about learning to use his highly attuned intuition properly and not succumb to the temptation to manipulate people with it. This extremely psychic energy ungrounded him a lot. Working with buildings in the physical material world helped him become more grounded.

In his outer world, the 5-5s are all about being the pioneer for Michael. He would always want to stretch his architectural expression to the absolute limit using the latest cutting-edge technologies and ideas for building innovative spaces for his clients. They were a statement of his deeply held inner truth which he had been building over many years with his physical karmic 11-2 and which the 3 of the physical talent 21-3 wanted to express to the world.

His pioneering designs consisted of a synthesis of Vaastu concepts and Sacred Geometry for the layout of house and commercial building spaces to maximise the beneficial use of the spiritual energies flowing into his clients' lives. Vaastu is a highly conscious, ancient Vedic science from India about how the layout of a house or building on a property affects the five elements of Earth, Air, Water, Fire and Sky (space) as they come into the owner's/occupant's lives. One half of your life is created by your Soul Contract. The other half is created by the layout of your primary home and property, which is part of the manifestation of your Soul Contract. Michael developed this pioneering work, in conjunction with his wife Stephanie, to create spaces that would maximise their clients' conscious development and success at all levels in their lives.

When Michael started his architectural practice, part of him feared stepping out and expressing the pioneering, revolutionary designs that made his heart sing, and he held back showing these proposals to his clients. Instead, he watered down these ideas to make them more acceptable to his clients out of some subconscious fear that they would persecute him in some way for expressing his real truth. This was the result of having a very strict, emotionally abusive father in his childhood who always put him down when Michael spoke his real truth. This was frustrating for him, and as he gained more life and work experience, he became more daring, threw caution to the wind and developed the courage to start expressing the designs which were his real truth. His clients initially gave a mixed response to this as they found these ideas very challenging because they were so new and unorthodox. However, as Michael grew in confidence, they started to accept these revolutionary design concepts, and he became well known for them. This was what drew new clients to him as they knew he could pull off the challenge of realizing them into physical reality and make a real statement about their businesses through the buildings they owned. In his university teaching post, Michael eventually became a highly acclaimed professor at the architectural school, a teacher of teachers. He taught the future lecturers at the school.

In his personal life, Michael always sought to express the truth; again, in this area, it was challenging to start with, especially in love relationships. However, he found that nothing less than this was satisfying to him, and he really resonated and connected with partners who were moving into their truth. He wanted them to take him exactly as he was, no hiding, no deceptions, no trying to pretend he was someone he wasn't in order to get them to stay with him. He would rather they left and have someone else turn up who could handle their own truth as well as his in a relationship.

Key points of the 5: Learning to trust intuition, step out into the world to be a courageous pioneer and express their truth



CASE STUDY - SPIRITUAL KARMA

Spiritual Karma: 13-4

The 13 was the key defining energy for Michael's life. The spiritual karmic challenge of this energy was to surrender into the flow of the Divine Feminine energy of God. His soul set up a total disconnection from this energy through the traumatic experience of his mother dying when he was five years old. At all levels of his being, Michael felt that the Divine Feminine archetype, in the form of his mother, had totally abandoned him in life, and his heart closed down. He put up a stone wall of protection around it so he would not get hurt that badly ever again. His first partners perceived him to be hard-hearted as a result, even though he was very sensitive for a man due to the 2 within the physical karmic 11-2 and the Physical Goals 5-5. He made an early decision in life not to have children as he did not want them to go through the devastating loss of a parent that he had been through.

This is also linked to the 4 which is all about learning to trust in the flow of God/the Universe in life. This includes the flow of love, ideas, concepts, money and nature, with the ultimate expression of nature being the creation of children. Deep down, Michael felt that there would never be enough love in his life so he had none to spare for anyone else, especially children. This made him quite selfish when he was younger.

When he first started to have relationships, his girlfriends complained that he always wanted to do the things he wanted to do, that he was not prepared to share more of himself with them. This drove many of them away and also other friends, leaving Michael feeling isolated.

Then he met Stephanie Margaret Megan Taylor, who gave him the unconditional love that he so deeply desired. This gradually melted the stone wall around his heart, and for the first time since the death of his mother, Michael felt truly loved again by the Divine Feminine energy.

Key points of the 13: Opening the heart to love

Key points of the 4: Trusting in the flow of the Universe/God/Life



CASE STUDY - SPIRITUAL TALENTS

Spiritual Talents: 8-8

While Michael was ungrounded at times with the Physical Goals 5-5, another part of him was grounded with the Spiritual Talent 8-8. These made him very home orientated as he needed a stable, long-term base that grounded and stabilised him so that he could then move out into the world to do his work. The 8-8s indicate that he is quite a high-frequency soul that has to work hard to relate to the emotional and energetic heaviness of Earthly, incarnate life.

When he hit his mid to late 30s, Michael's clairvoyant abilities started to come online. This meant he could see the future. He could tune in to a situation and know the truth of it and what was going to happen. This was useful when bidding for architectural contracts as it enabled him to fine-tune his bids to give him the best possible chance of succeeding as he knew what the outcome would be for each variation on a proposal.

The 8-8s in this aspect enabled him to use his spiritual energies to serve people in society. He had the ability to relate to all types of people, which was useful as an architect project-managing a vast range of different contractors, clients and staff in the creation of his innovative buildings, especially as each group of people had their own viewpoint on how it should be done. He was always reaching out to people and managed to connect and relate to them all in a way that exactly fitted each individual involved. This resulted in his projects running relatively smoothly most of the time.

Key points of the 8: Ability to be emotionally grounded and to reach out and connect to all types of people



CASE STUDY - SPIRITUAL GOALS

Spiritual Goals: 10-1

These energies in a spiritual goal aspect are all about Michael bringing his male and female energies within him into balance. The death of his mother meant that he did not get a long-term transmission of the Feminine energies. His father, who was very strict as a single parent, had gone too far with his need to keep Michael under control. The resulting emotional and mental abuse scarred Michael, especially because he was so sensitive from his physical karmic 11-2 and his Physical Goals 5-5. This resulted in his male energy being suppressed as he felt like a victim of his father's behaviour. It took him into a place of victimhood and feeling helpless as a man, where he did not know how to properly access and express his male energy. He felt like there was a big hole emotionally in his life and was forever searching for a pure transmission of clean Father/Man energy to fill it. He tried to reconnect with his father at a human emotional level many times throughout his life, but his father was always distant and talked about superficial things. He just did not have the ability to be what Michael needed. They would never have a real man-to-man, heart-to-heart, connected, open conversation about the deep issues in their lives, especially in their father-son relationship that really mattered to Michael. Michael found this extremely frustrating, and emotionally he forever felt like a boy inside, searching for Father energy, a blessing from his father. But it never came.

Then one day, a close friend who had a big influence on the direction of Michael's life, Alan Jonathan Wyldman, introduced him to men's work. At the age of 38, Michael attended a weekend workshop called the Mankind Project, New Warrior Training Adventure. This was based on the book Iron John by Robert Bly, the mythopoetical journey of emotional initiation of a boy into becoming a man. For the first time in his life, he received from the workshop leaders the pure transmission of Father energy directly into his body. He could relax now: the big emotional hole his father could never fill was beginning to be filled. Michael finally felt what it was like to be an emotionally initiated man. He had been blessed by the workshop leaders, something he thought would never happen in his lifetime. He had come into his mature initiated male energy and could express it in integrity in his service in the world. This is of utmost importance to someone with 10-1s.

Stephanie, his wife, brought in the transmission of the feminine energy that Michael was deficient in from the early loss of his mother. As their love grew through the years, and he opened his heart to her, his female energy also came into balance. We will examine their relationship and family dynamics in much greater depth in a future book on Relationship and Name Overlays and another one on Families and Parenting for their children.

Now that Michael was getting his male and female energies up and running and into balance, this freed up much of his life force energy which his ego had been suppressing and enabled him to access so much more of the high God-like spiritual energies of the 10-1s. He rose in consciousness and started to meditate regularly, as he realised how important the reconnection to his true spiritual nature was. This continuous dissolution of the layers of separation between himself at a human-ego personality level and his soul meant he gradually, over many years, became the walking, talking, feeling expression of his soul. When his soul had a thought or feeling, Michael experienced the same thought and feeling at exactly the same time. He was moving gradually into a state of full soul consciousness that would eventually allow him to express the full spectrum of his Soul Destiny/Life Purpose.

Key points of the 10: Bringing male female energies back into balance and being open to soul consciousness

Key points of the 1: Coming back into fully unified, stable, integrated male power



CASE STUDY - SOUL DESTINY

Soul Destiny: 14-5

Michael's Soul Destiny was to produce spiritual material in some form in writing, to bring to the world new, pioneering spiritual techniques. This would flow from his intuitive channel in the form of the Physical Goals 5-5 and the Spiritual Goals 14-5. The energy of the 14 created lots of emotionally intense relationships for Michael which were very disorientating. Out of this intensity, where those he was relating to would reflect back to him parts of himself he was not previously aware of, he would get to know much more about who he truly was. His motto was 'I relate, therefore I am'. His spiritual writing was to be a product of his own personal life experience of blending the spiritual concepts of Vaastu and Sacred Geometry into his buildings.

Key points of the 14: Reflected being, knowing oneself through relationship

Key points of the 5: Expressing new spiritual material from intuitive channel



HOW SOUL CONTRACT READING WORKS

For this next section, we take a deeper dive into the specifics of how this system actually works. This is completely optional. Feel free to go through as little or as much as you like. Think of it as a companion piece that complements all that you have learnt so far to take you deeper into the work. This section includes:

[Calculating your chart from your Birth name](#)

[The core essence of what Soul Contract Reading is all about](#)

[The significance of your Birth Chart](#)

[The origins of Soul Contract Reading](#)

This section covers a lot of the essential background on how the Soul Contract Reading system works. To go even deeper into the spiritual philosophy behind this body of work, read the Amazon #1 Best Selling book "Your Soul Contract Decoded: Discovering the Spiritual Map of Your Life with Numerology" by Nicolas David Ngan, one of the co-founders of the Soul Contract Reader website.

[Find out more about Your Soul Contract Decoded](#)



THE LETTERS OF YOUR NAME

COMBINATION LETTERS

AH	TZ	TH
CH	SH	
WH	TA	

THE LETTERS OF YOUR BIRTH NAME

M	S
I	A
CH	M
A	P
E	S
L	O
	N
W	
I	
L	
L	
I	
A	
M	

CALCULATING YOUR CHART FROM YOUR BIRTH NAME

The decoding process begins with the conversion of your birth certificate name, exactly in the order the words are written, into the equivalent Ancient Hebrew phonetic sounds.

The fundamental premise of the Soul Contract work is that in Ancient Hebrew, numbers and letters have the same sound and same written Hebrew glyph. This is what significantly differentiates this work from other forms of numerology that allocate numbers to the 26 letters of the English alphabet. Each letter of the English alphabet has a corresponding phonetic sound that matches it within the ancient Hebrew alphabet.

Soul Contract Reading works by interpreting the energetic vibrations of the ancient Hebrew letter sounds encapsulated in your Birth Name, so the first step in the decoding process is to split your Birth Name into individual letters so they can be translated to the equivalent Hebrew letters.

Most English letters map to a single Hebrew letter, but there are some combinations where two English letters map to one Hebrew letter. These are called combination letters.

The table opposite shows the combination letters and below is your name split into its single and combination letters.

If there are combination letters which span two words of a name (i.e. the first letter is at the end of one word and the second is at the beginning of the next one), this is known as "bridging". Usually the two letters are treated as a combination, but sometimes they are treated separately. When bridging occurs, there will only be one correct answer and the mechanism to determine the correct choice is built into the software.

Your name does not contain any bridged letters.



LETTER MAPPING TABLES

NUMERIC VALUES OF ENGLISH LETTERS

A - 1	J - 10	S - 15
B - 2	K - 19	T - 9
C - 11	L - 12	U - 6
D - 4	M - 13	V - 6
E - 5	N - 14	W - 6
F - 17	O - 6	X - 15
G - 3	P - 17	Y - 16
H - 5	Q - 19	Z - 7
I - 10	R - 20	

NUMERIC VALUES OF COMBINATION LETTERS

(take precedence over two single letters)

AH - 5	TZ - 18	TH - 22
CH - 8	SH - 21	
WH - 16	TA - 22	

NUMERIC VALUES OF FINAL LETTERS

(different when these letters appear at the end of the final word in a name)

M - 12	P - 12
--------	--------

MAPPING LETTERS TO NUMBERS

The letters are now mapped to the numeric values of their Hebrew equivalents. There are 22 Hebrew letters which are represented by the numbers 1 to 22.

At the top of the page opposite, there is a table showing the numeric values of each English letter according to the Hebrew letters they map to.

Below that is another table showing the mappings for those Hebrew letters which are represented by a combination of two English letters and these take precedence over two single letters.

Then there is a third table with the two letters which map to a different value if they are at the end of a word.



MAPPING YOUR BIRTH NAME TO NUMBERS MAPPING YOUR BIRTH NAME TO NUMBERS

M - 13
I - 10
CH - 8
A - 1
E - 5
L - 12

W - 6
I - 10
L - 12
L - 12
I - 10
A - 1
M - 13

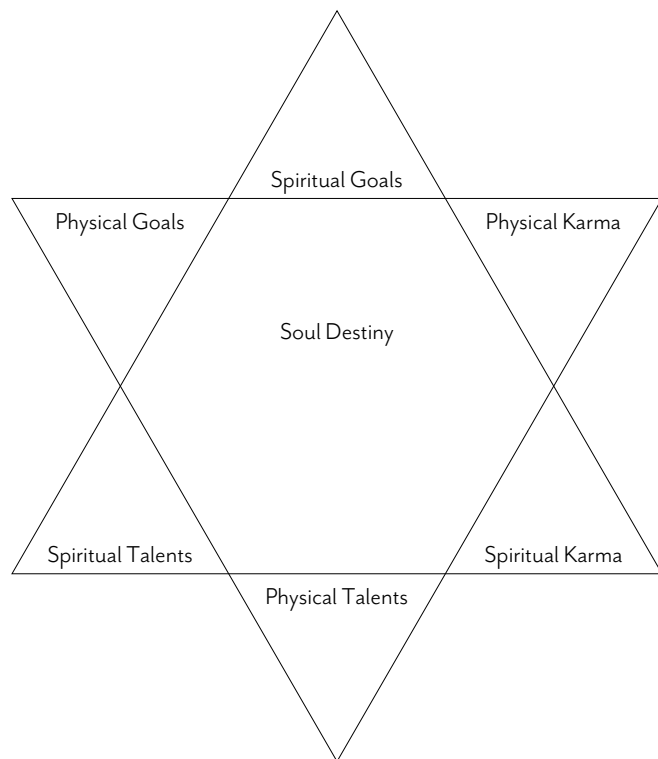
S - 15
A - 1
M - 13
P - 17
S - 15
O - 6
N - 14

Now we map the letters of your name to the numeric values of their Hebrew equivalents using the tables shown above.

You can see the letters of your name and the numbers they map to.



THE SEVEN ASPECTS



THE STRUCTURE OF YOUR BIRTH CHART

Soul Contract Reading is based around your Birth Chart which describes the seven aspects of your life.

The next stage in the decoding process is to take the numbers generated in the previous step and then work with them in the Star of David to generate your Full Birth Chart which is then interpreted to give your Full Birth Report.



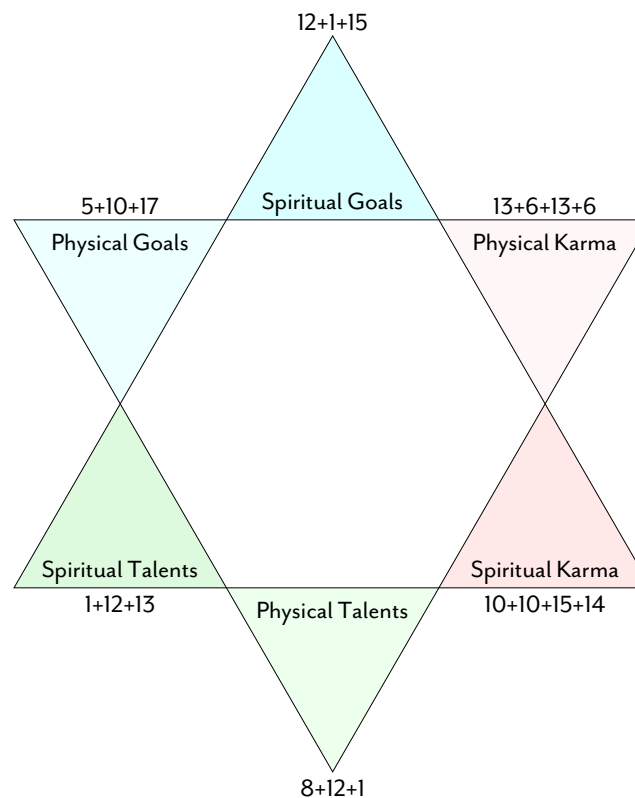
ALLOCATING THE NUMBERS TO THE ASPECTS

The next step is to take the numbers we generated from your Birth Name and allocate them around the aspects of the Star of David in a clockwise expanding spiral starting at Physical Karma. So the first letter of your name is M and this maps to number 13 and is placed in the Physical Karma position. The next letter is I which maps to number 10 and goes to Spiritual Karma and so on until all the letters are used up. Once this has been done, the numeric values of all the numbers in each aspect position will be added together.

M	13	PK
I	10	SK
CH	8	PT
A	1	ST
E	5	PG
L	12	SG

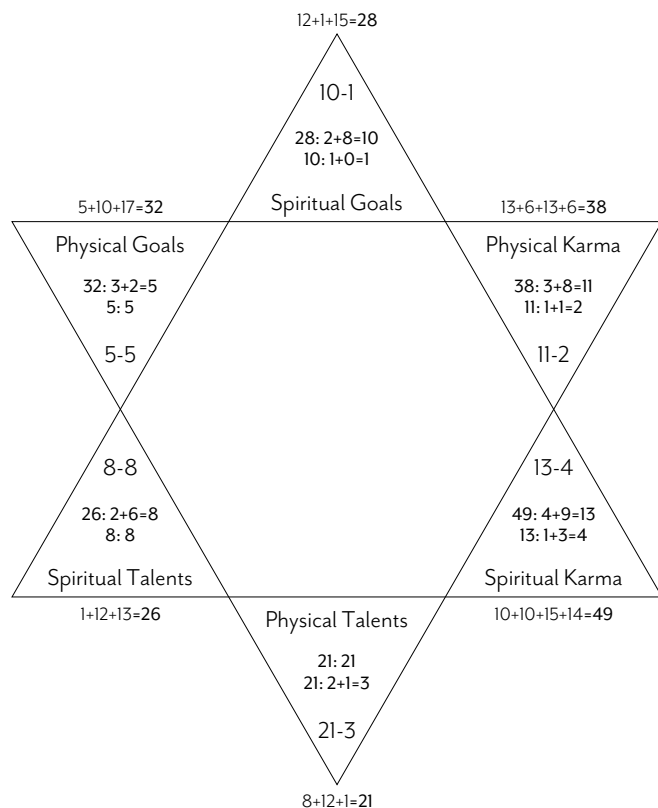
S	15	SK
A	1	PT
M	13	ST
P	17	PG
S	15	SG
O	6	PK
N	14	SK

W	6	PK
I	10	SK
L	12	PT
L	12	ST
I	10	PG
A	1	SG
M	13	PK



CALCULATIONS

M-I-C-H-A-E-L-W-I-L-L-I-A-M-S-A-M-P-S-O-N



CALCULATING YOUR ASPECT VIBRATION NUMBERS

Now the numbers for each aspect are added up - for Physical Karma, for example, the calculation is $13+6+13+6=38$. We next need to use that total (38) to derive a number between 1 and 22 (corresponding to the number of letters there are in the Hebrew alphabet). If that total is 22 or less, then we just take the number as is - otherwise we add the digits together. You can see this below the wording Physical Karma in the page opposite ($38:3+8=11$) - and for the other five aspects.

Each aspect has two number vibration parts to it. If the first number calculated from the first process is a single digit, then the first number of the aspect will simply be repeated in the second number. This is the case for Spiritual Talents where the number we derived is 8-8.

The second number must always be a single digit. If the first number has two digits, those two digits are added together to give the second number. The result must always be a single digit. (In the case of the number 19, the result is still two digits long ($1+9=10$). When this happens, the resulting digits are added up again ($1+0=1$). Physical Karma has a two digit first number (11), so the second digit is then calculated from there ($11: 1+1=2$).

The two numbers for each aspect (whether repeated or not) are displayed with a hyphen between them (e.g. 11-2 for Physical Karma). This is pronounced "eleven dash two" or just "eleven two".

This pair of numbers represents the entire range of experiences that the soul will go through in a given aspect of its incarnation. If the aspect has the same digit repeated (e.g. 8-8), it is known as a "Double Number". If a Double Number appears in a given aspect of your Soul Contract, this means that your soul is creating a narrower, clearly defined area of experience.

If the first number is a double digit and the second one a single digit (e.g. 11-2), this is known as a "Combination Number" and means a wider range of experience. You can think of the 11 and 2 being like the hot and cold taps of a shower. Here you are to experience the energy of a pure 11 (hot water) and the pure energy of the 2 (cold water), plus every blend in between the continuum connecting the two of them throughout this lifetime.



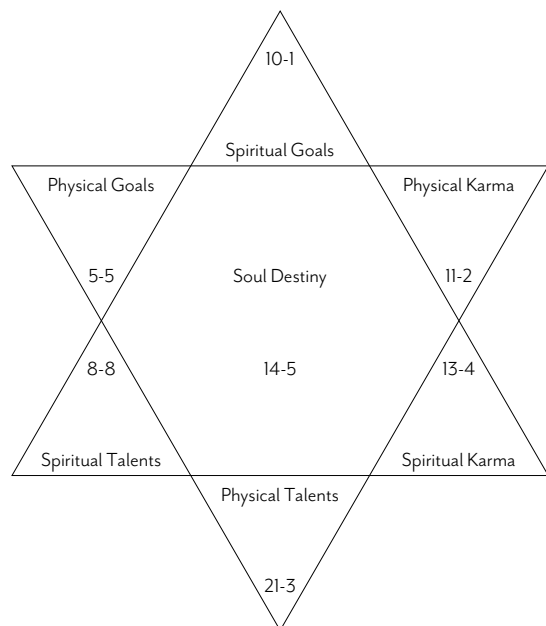
SOUL DESTINY

Physical Karma	11	2
Physical Talents	21	3
Physical Goals	5	5
Spiritual Karma	13	4
Spiritual Talents	8	8
Spiritual Goals	10	1
	68	23
Soul Destiny	14	5

DERIVING YOUR SOUL DESTINY

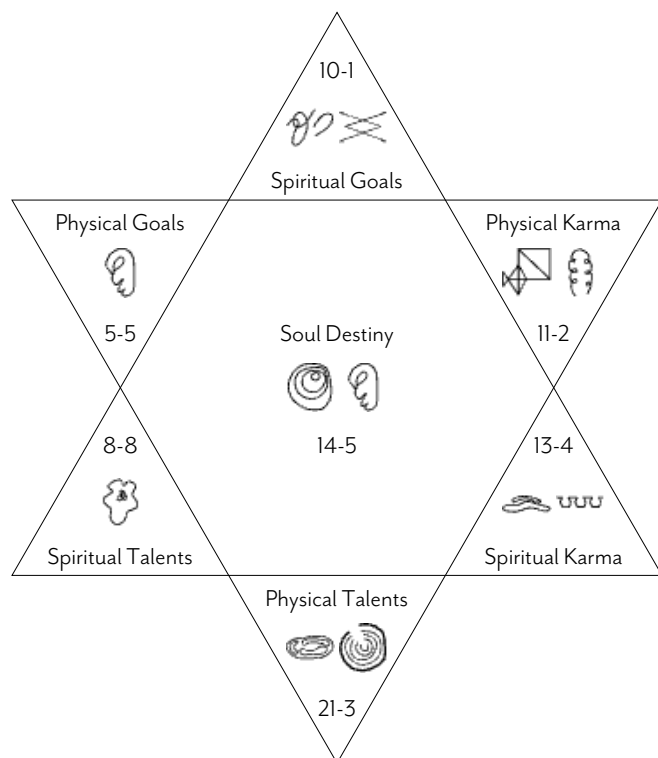
The next part of the process is to derive your Soul Destiny. This is calculated by adding up all the left-hand numbers of the six aspects to produce a total of 68. This is reduced to the first number between 1 and 22, which is 14. The sum total of the right-hand numbers of the six aspects produces 23. This is reduced to the smallest possible number, which is 5. Your Soul Destiny therefore becomes 14-5.

Once calculated, the Soul Destiny is placed in the middle of the Star of David.



SYMBOLS

M-I-CH-A-E-L-W-I-L-L-I-A-M-S-A-M-P-S-O-N



ADDING SYMBOLS TO YOUR CHART

The symbols associated with each of the 22 Hebrew numbers are a universal language for the transmission of energies and concepts. They speak to the right side of the brain, the feminine side which deals with receptivity, intuition, creativity and artistic expression. When you look at them, simply sit with them and feel their energy and they will reveal more and more of themselves to you. These channelled symbols actually act as antennae for the particular frequency involved. They act as gateways and will open you up to deeper levels of the interpretation of your birth name. You may get different layers of meaning each time you look at them and receive their transmission. The geometric symbols are more earthy/grounded frequencies, and the more fluid ones are more spiritual in nature.

The Soul Contract decoding of your birth certificate name reveals the predominant set of energies creating your subjective life experience, by the Law of Attraction, in each and every moment for your entire lifetime.

So we have now covered the complete decoding mechanism from how your birth certificate name is entered, right through to generating your full Birth Chart.



THE CORE ESSENCE OF WHAT SOUL CONTRACT READING IS ALL ABOUT

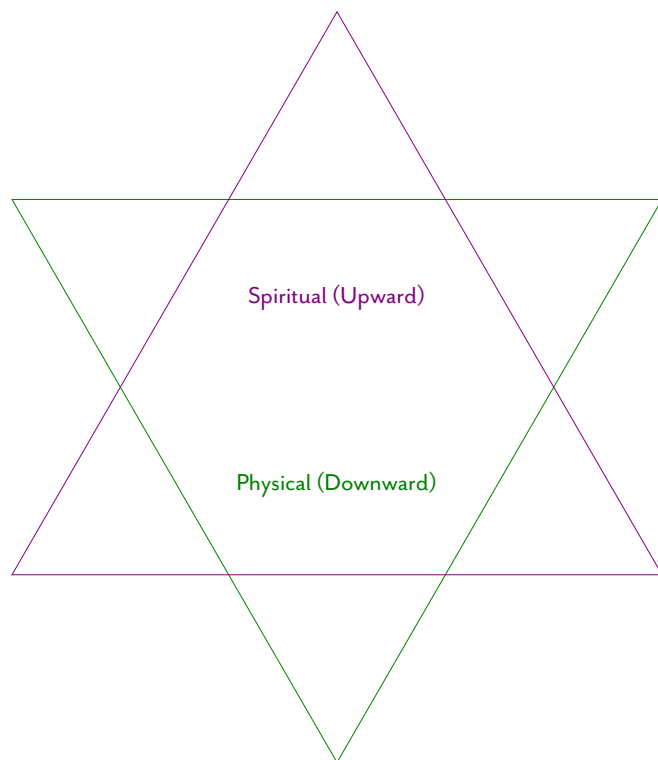
Now that you have learnt how your Birth chart is generated, we take you deeper into how the Soul Contract Reading system works.

Sound is creative. The first sound was the sound of God creating this Universe. Out of this sound comes the five sacred languages including Hebrew whose vibrations form the basis of the Kaballah and the Numerology of Moses, what we now call the Soul Contract Reading system. As above, so below, the sounds of your birth name create your subjective experience in each and every moment of your life.

Now we look at the significance of the structure of the chart - what it all means and why.



TWO TRIANGLES



THE SIGNIFICANCE OF YOUR BIRTH CHART - THE TWO TRIANGLES

We will now explain the foundational principles of how the Star of David works as it is an energetic gateway into the Earth plane for the soul to incarnate through and experience life through the unique ego personality filter it creates.

Decoding Your Soul Contact involves deriving the numerical vibrations for each of the seven aspects from your Birth Certificate Name to generate your Birth Chart, in the form of the Star of David which consists of two large triangles.

The downward-pointing one represents the physical side of life. We spend the first five cycles of seven years (35 years), learning to embody and ground here on Earth through gaining conditioned responses as a baby, education, relationships, establishing a career, setting up a home - basically getting up and running.

The large upward-pointing triangle represents the spiritual side of life, the real purpose of why your soul has incarnated. These aspects contain your gift of service to humanity.

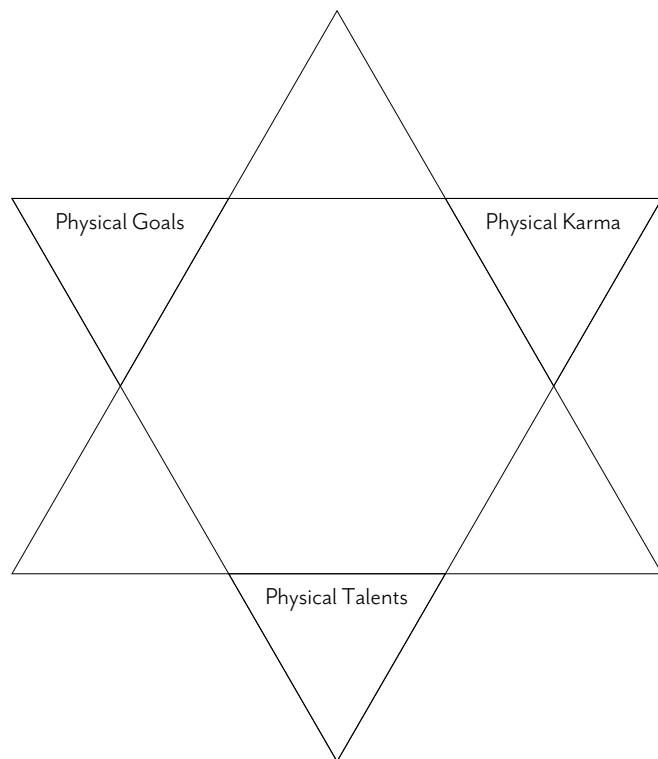
We normally transition from the large downward-pointing physical triangle to the large upward-pointing spiritual triangle around the 6th cycle of seven years, between 35-42 years. Because of the current rapid increase in human consciousness, people are awakening and moving through the physical triangle much faster and younger in their teens and 20's.

This transition is your Spiritual Awakening/Dark Night of the Soul/Midlife Crisis. This is where everything in your life may turn upside down. You question all your values and start to seek the real purpose of your life, and nothing is going to stop you from manifesting that purpose. Some people change careers, relationships, location and even countries in this search for this deeper purpose. Once you are in the 7th cycle of life, from 42 years onward you will feel a strong drive to really get on with life, to fully manifest that Life Purpose.

However, the spiritual triangle aspects can only be delivered if a firm physical foundation with the large downward-pointing triangle has been established as they will build upon this. Also, the degree of groundedness of the spiritual triangle will determine how well other people can relate to the spiritual gifts that your soul is attempting to deliver onto the Earth plane.



THE THREE ASPECTS



WHAT ARE THE THREE ASPECTS?

Within the large upward-pointing triangle there are three aspects that reside at the points of the triangle. These are Physical Karma, Talents and Goals.

By Physical Karma we mean a selection of unresolved past life issues the soul has brought into this lifetime to create the negative context in your life. You are meant to become conscious of these, bring feeling consciousness to them and transform them into the positive qualities, gifts of service or gold you are to bring to the physical part of your life.

By Physical Talents we mean the set of latent abilities within your ego personality that are to be brought up into consciousness and honed by working through the Physical Karmic issues that are activated from the moment you were born.

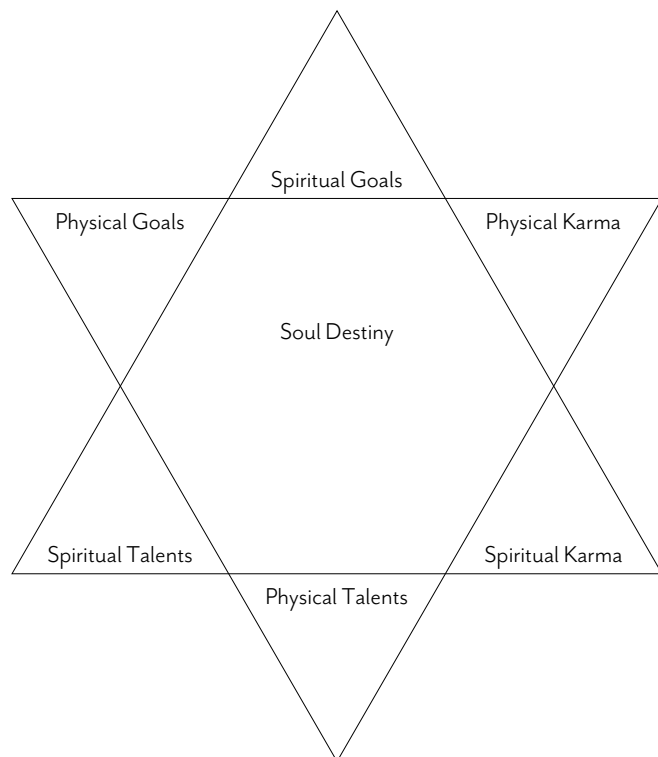
As the Physical Talent energies flow into your Physical Karmic aspect, their ability to overcome these karmic issues depends upon on their relative power and quality versus the karmic issues.

By quality we mean, for example, if your Physical Karmic issue was to learn to become grounded, the quality of a grounded energy in Physical Talents would be helpful. However, if there was an etheric energy in the Physical Talents position, then this would be of little help in grounding as it is the opposite to being grounded.

As the Physical Talents get stronger through time by working through the Physical Karmic issues, they allow you to start working towards manifesting your Physical Goals. These are like the dreams you have for your life, the underlying drive within you that gets you out of bed in the morning - in short, what you really live for. Again, as for the Physical Karmic issue, the ability of the Physical Talents to help you manifest more of your Physical Goals depends on their relative power and quality.



THE SEVEN ASPECTS



EXPLANATION OF THE SEVEN ASPECTS

The same principles apply to the flow of energy between the Spiritual Karma, Talents and Goals of the large upward-pointing spiritual triangle as well, but with a more spiritual orientation.

The six aspects of the Star of David run simultaneously. It is just a matter of where your soul is placing its emphasis as you progress through life. Initially, you grow through the physical aspects, then move on to the spiritual aspects.

The talents act as a fulcrum or pivotal point to help you move from the adjacent karmic experiences towards the adjacent goals and determine whether there is enough power to overcome the karma and achieve the goals.

The sum total of all six aspects of the physical and spiritual triangles produces the Soul Destiny or Life Purpose - the meaning of your life, why you came to Earth in the first place - that sits in the middle of the Star of David. This is the answer to the big question you have been asking yourself at some level of your being for your entire life.



THE ORIGINS OF SOUL CONTRACT READING

We have been asked about the origins of this work many times and would like to clarify this with this in-depth history in order to alleviate any confusion that some people have expressed about it to us.

Nicolas David Ngan, one of the Co-Founders of www.soulcontractreader.com, brought the original teachings for Soul Contract Reading to England from the United States in 1990 where he trained directly with the work's Founder Frank Alper, of Adamis International on a Carousel of Growth 2 workshop in March 1990 in Phoenix Arizona, USA. This consisted of about 12 pages of written interpretations and Frank spoke about the meaning of the 22 numbers and how to give readings.

Frank channelled through this system in the 1980's over a period of nine months from the soul of Moses. Frank called it "The Spiritual Numerology of Moses". Nicolas changed the name for use in the United Kingdom to "Soul Contract Reading" to more accurately reflect what it did and to differentiate it in the market place from the more well known conventional Pythagorean Numerology which it often got confused with as it's a completely different process.

The key difference is that Soul Contract Reading uses the sounds of Great Spirit, in the form of Ancient Hebrew, to match the sounds of your birth name. It then extracts the numbers inherent within Hebrew letters to calculate the Soul Contract chart.

Pythagorean Numerology, by comparison, allocates Roman numbers to the English alphabet to undertake its calculations.

Nicolas David Ngan and Dr Ahlmeirah Ariel Hallaire, Co-Founders of the Center for Conscious Ascension, are the leading teachers of this work in the English speaking world, having greatly expanded upon the original teachings of Frank Alper based upon giving thousands of readings to clients for over three decades. Nicolas commenced training practitioners in the UK in 1994 and was joined by Ahlmeirah in the teaching program in 2000. They started training the first UK teachers in 2003, some of whom, along with the teachers they have trained, now call it by different brand names.

Frank Alper passed away in 2007. Nicolas and Ahlmeirah's purpose with this work is to continue to stay true to, grow and expand the original transmission Nicolas received from him and continue to share it with the World in a grounded, accessible way to raise Human Consciousness in order to acknowledge and honour the great contribution he made to humanity's spiritual awakening.

www.soulcontractreader.com was founded in 2014 by Nicolas David Ngan and Robin Ismael Frederick Williams, who is a Soul Contract Reading practitioner, software architect and the lead visionary for this platform, to greatly accelerate the sharing of this expanded body of knowledge, with its 65+ person years of development and experience, in order to make it accessible to vast numbers of people.

Our primary objective is to empower 7 million+ Spiritual Seekers by 2033 to maximise their consciousness using this work so as to activate their Soul Purpose and massively accelerate the Ascension in consciousness of Humanity, Earth and all Life upon her.



YOUR NEXT STEPS - MORE SOUL CONTRACT REPORTS

FRIENDS AND FAMILY

Now that you have experienced the powerful life transforming truth of this work, it's natural to want to share it with friends and family so they can benefit from it as well.

Many people generate automated Soul Contract Readings for those that they love, including partners, relatives, especially their children, and friends to help understand them better, enhance relationships and to support them in growing and making their lives better.

[Click here to find out more](#)



YOUR NEXT STEPS - LIVE READING SESSIONS AND PRACTITIONER TRAINING

LIVE BIRTH READING

To enable you to go deeper into the meaning of your Soul Contract to create a more fulfilling life for yourself, you can book a Live Birth Reading Session with a practitioner to help address issues that may have arisen from receiving your Soul Contract Birth Report:

Clarification of where you are at the present moment in your progression through your Soul Contract aspect interpretations

- Answering your specific questions that have arisen from your automated Full Birth Report, especially related to the challenges you currently face
- They will take you from this place and come up with focused strategy on how to move forward, which is not possible with your automated Full Birth Report
- Seeing the big picture of your life
- Targeted recommendations to help move you through your challenges and align to and manifest your soul destiny

[Click here to find out more](#)

PRACTITIONER TRAINING

For many people receiving a Soul Contract Reading is a profound and life changing experience. And the first instinctive response for many is to want to share the powerful truth of this work with others.

Training as a Soul Contract Reading Practitioner will enable you to do this as well as to go much deeper into understanding your own chart.

[Click here to find out more](#)



APPENDIX PAGE 1 OF 10

APPENDIX

This appendix includes more detailed information about a number of core concepts and other items which are accessed via live links in the body of your Soul Contract Report. The information is primarily designed to be accessed via these links rather than read as a separate section of your Soul Contract Report.

PHYSICAL KARMA

This is a selection of unresolved past life issues the soul has brought into this lifetime to create the negative context in your life with respect to your physical outer world life.

If you are new to the spiritual development path, some of these issues may feel very strong emotionally. If this is the case, please note that they have only been placed in your Soul Contract by your soul for you to become conscious of them, to have the feeling experience of moving from the negative experience of them into their positive qualities, as you transmute them. These are the gifts of service you are to bring to the physical part of your life. For this is the spiritual growth journey the soul desires for this lifetime.

If you have been on the path for a while, some or all of these issues may no longer resonate with you as you may have worked through some or all of them already.

PHYSICAL TALENTS

This is the set of latent abilities within your ego personality that are to be brought up into consciousness and honed into their full positive expression by working through the physical karmic issues that are activated from the moment you were born.

At the beginning of your lifetime you usually have a small element of the karmic aspect of a given number within them that needs to be worked through in order to start manifesting their positive qualities.

As the Physical Talent energies flow into your Physical Karmic aspect, their ability to overcome these karmic issues depends upon on their relative power and quality versus the karmic issues.

As the Physical Talents get stronger through time by working through the Physical Karmic issues, they allow you to start working towards manifesting your Physical Goals. The ability of the Physical Talents to help you manifest more of your Physical Goals depends on their relative power and quality.

This flow of energy from the Physical Talent aspect to the adjacent Physical Karma and Physical Goal aspects is called the "fulcrum of the talents".

PHYSICAL GOALS

These are like the dreams you have for your physical life, the underlying drive within you that gets you out of bed in the morning - in short, what you really live for.



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SPIRITUAL KARMA

This is a selection of unresolved past life issues the soul has brought into this lifetime to create the negative context in your life with respect to your spiritual inner life.

If you are new to the spiritual development path, some of these issues may feel very strong emotionally. If this is the case, please note that they have only been placed in your Soul Contract by your soul for you to become conscious of them, to have the feeling experience of moving from the negative experience of them into their positive qualities, as you transmute them. These are the gifts of service you are to bring to the spiritual part of your life. For this is the spiritual growth journey the soul desires for this lifetime.

If you have been on the path for a while, some or all of these issues may no longer resonate with you as you may have worked through some or all of them already.

SPIRITUAL TALENTS

This is the set of latent abilities within your ego personality that are to be brought up into consciousness and honed into their full positive expression by working through the Spiritual Karmic issues that are activated from the moment you were born.

At the beginning of your lifetime you usually have a small element of the karmic aspect of a given number within them that needs to be worked through in order to start manifesting their positive qualities.

As the Spiritual Talent energies flow into your Spiritual Karmic aspect, their ability to overcome these karmic issues depends upon on their relative power and quality versus the karmic issues.

As the Spiritual Talents get stronger through time by working through the Spiritual Karmic issues, they allow you to start working towards manifesting your Spiritual Goals. The ability of the Spiritual Talents to help you manifest more of your Spiritual Goals depends on their relative power and quality.

This flow of energy from the Spiritual Talent aspect to the adjacent Spiritual Karma and Spiritual Goal aspects is called the "fulcrum of the talents".

SPIRITUAL GOALS

These are like the dreams you have for your spiritual life, the underlying drive within you that gets you out of bed in the morning - in short, what you really live for.

SOUL DESTINY

This is the real purpose of why your soul has come to Earth.

In order to achieve this, you need to consciously work through and transmute all of the issues revealed in the six outer aspects of your Star of David Chart; Physical Karma, Talents and Goals, Spiritual Karma, Talents and Goals as well as the challenges outlined specifically for your Soul Destiny. The Soul Destiny is gradually revealed to you in layers that build upon each other to make it easier for you to assimilate and manifest them in your life as you work through all of the aspects mentioned above.



APPENDIX PAGE 3 OF 10

DOMINANT VIBRATION

If there are four or more of the same number throughout all seven aspects of your birth chart, this becomes a Dominant Vibration. It means you will be more heavily exposed to these energies. Their impact is explained in the "The Word" a direct channelling from God that came through Frank Alper, the founder of this work.

YOUR INTERPRETATION SUMMARY

The key points from each of your interpretation aspects to give you a taster of your reading.

YOUR FULL INTERPRETATION

A more in-depth explanation of each aspect of your reading so you can discover the absolute truth of how your life is really meant to work.

GENERIC CORE INTERPRETATION

These Core Interpretations are the essence of the meaning of this aspect of your chart.

First, we show you the top level generic interpretations. This is followed by a summary of what it means, then a second, deeper level, aspect specific interpretation. These build on the generic meaning of the top level individual number Interpretations and take you down to the next level of aspect-specific meaning. You need to go through the generic top-level interpretations first, then add in the additional meaning of the aspect specific interpretation to them.

ASPECT SPECIFIC CORE INTERPRETATION

The aspect specific interpretation builds on the generic meaning of the top level individual number Interpretations and takes you down to the next level of aspect-specific meaning. You need to go through the generic top-level interpretations first, then add in the additional meaning of the aspect specific interpretation to them.

SOUL DESTINY CORE INTERPRETATION

First we show you the core interpretations of your Soul Destiny that will manifest once you consciously work through all the other six aspects of your Soul Contract represented by the six outer triangles of the Star of David. This is undertaken by putting into action a selection of the aspect specific recommendations that we shared with you that feel right to you.

KARMIC CORE INTERPRETATION

We now take you through the interpretations of the additional challenges you need to overcome throughout this life in order to fully manifest your Soul Destiny, along with an overall summary of them at the very end.



APPENDIX PAGE 4 OF 10

CORE INTERPRETATION

These Core Interpretations are the essence of the meaning of this aspect of your chart.

We show you the interpretations followed by a summary of what it means.

RECOMMENDATIONS

Here are some specific recommendations, based upon 65+ man years of private session experience for overcoming the challenges that your numbers are manifesting in your life when they are in karmic, goal or soul destiny aspects. They may also be applicable in a talent aspect if you are still working on coming into the positive qualities of your talents. Sometimes talents lay dormant for a long time, even well into adult life, before properly activating. This all depends on where your soul's emphasis has been focused on in your conscious awakening process.

FURTHER INTERPRETATION

The Further Interpretations are a continuation of the Core Interpretations and focus on additional qualities of the numbers to deepen your understanding of them such as the type of letter they are in the Tree of Life (Mother, Double, Simple), what the symbol means, their astrology, sacred directions, symbolic organs and gateways to man.

THE WORD

A direct channelling from God that came through Frank Alper, the founder of this work, that is associated with your dominant vibration(s). This is a progressive story. .

You can see a visual representation of the Dominant Vibrations in your Birth Chart in the latter part of the Nerd Section which you can access at the top of the page.

NUMBER

The numeric value of the Hebrew letter.

ENGLISH LETTER

The equivalent English letter(s) which are mapped to the Hebrew letter.

HEBREW LETTER

The pronunciation of the Hebrew letter.



APPENDIX PAGE 5 OF 10

LETTER TYPE

Each letter may be one of the following 3 types:

Mother Letter: out of the first sound of God in the creation of this Universe came the three Mother Letters of Creation. They represent the trinity of vibrations that comprise God: The Divine Masculine, Divine Feminine and Divine Mother aspects. They inherently carry the Power of God. If you have these energies in your Soul Contract, then you have access to this Divine Power once you have come fully into their positive qualities.

Double Letter: the Mother Letters gave birth to the seven Double Letters. They are called this because they serve a dual function for us. They hold the polarity of duality on the Earth plane of karmic cause and effect.

Simple Letter: the Double Letters give birth to the third tier of numbers in the Tree of Life called the Simple Letters. Each simple letter relates to an organ of expression within the physical body, an astrological symbol and to an action of expression.

CATEGORY

The category of the Hebrew letter which may be one or more of Spiritual, Physical, Creative or Communications.

SYMBOL

This transmits the energetic frequency of a given aspect number.

COMMENTS

For any additional information about a number not covered under any of the other categories.

PLANET

These are associated with the Mother Letters and Double Letters and their positive and negative qualities are described. If the Number is in a Karmic or Goal Aspect the negative qualities apply and need to be overcome and transmuted into the positive qualities. If the Number appears in a talent position the positive qualities are already available to you.

DOUBLE LETTER

They are called this because they serve a dual function for us. They hold the polarity of duality on the Earth plane of karmic cause and effect. The Double Letters create intense lessons when they appear in the karmic and goal aspects of your Soul Contract as they hold the basic karmic vibrations, which all souls who come into the Earth plane must endure and overcome to grow in consciousness. If one of these letters appears in a karmic or goal aspect for you, it is important to grasp the breadth and scope of the karmic experiences it is creating for you to endure and transmute. For out of this understanding will come the means to work through the pattern as efficiently and as gracefully as possible. You are meant to move from the negative polarity to the positive polarity of this Double Letter e.g. from Foolishness to Wisdom.



APPENDIX PAGE 6 OF 10

DIRECTION

Each of the seven Double Letters relates to one of the seven Directions. These are symbolic: for example, height is the ability of expansiveness, the ability to explore higher realms. Open your mind to what the Direction of this Double Letter means for you. Think of this interpretation as an increment to all that you have learnt about yourself so far. They are positive qualities in a talent aspect, strong negative experiences or lessons in Karma, and positive qualities to come into in Goals and Soul Destiny.

GATEWAY

The Double Letters are related to the seven Gateways to man: two Eyes, Ears, Nostrils and one Mouth. Right is regarded as a positive attribute. Left is regarded as a recessive or negative attribute, something to be overcome. For example, the Right Eye pertains to the ability to perceive the future. The Left Eye is the aversion to projecting yourself into the future and stands for unworthiness. You may have trouble with that eye. If, for example, a Left Eye appears in a karmic aspect of your chart, it means you are meant to overcome the challenges of the lessons of that Gateway - in this case, to learn to look at the world as it really is. If it appears in a talent aspect, then this Gateway has some minimal effect as you activate the positive qualities of the 11. If it appears in Goals or Soul Destiny, the negative effect is initially stronger as you come into the positive energies of the 11, but nothing like having it in a karmic position. Another example is a Right Ear appearing in a talent aspect, in which case you have the positive qualities of it available to you. If it appears in Karma, Goals or Soul Destiny, then you are to come into these positive qualities.

ORGAN

There is a body organ symbolically associated with each of the 12 Simple Letters. Sometimes they can relate directly to a physical organ, such as having liver disease, if you have a karmic 16. It can also relate to a blockage in a meridian associated with that organ. The right-side organs primarily apply in a talent position. If they are in a karmic or goal position, it is a quality that you are here to come into. The left-side organs apply primarily in a karmic position. It will be much less intense in a talent or goal position. For organs without left or right sides in the body, if they are in Karma, Goals or Soul Destiny, you will need to overcome the negative aspect of them. This is strongest in Karma and much less in Goals and Soul Destiny. In Talents, generally there will be a small element of the negative aspect of the organ to work through initially as you move into the positive energies.

APEX

This is a specific high state of being to aspire to which is associated with being a Mother Letter.

INITIATION

Each of the Mother Letters has a specific spiritual initiation associated with it.

STAR SIGN

These are associated with the 12 Simple Letters and their positive and negative qualities are described. If the Number is in a Karmic or Goal Aspect the negative qualities apply and need to be overcome and transmuted into the positive qualities. If the Number appears in a talent position the positive qualities are already available to you.

QUALITY

This is a state of being associated with this particular number.



APPENDIX PAGE 7 OF 10

DECODING

How we convert the letters of your Birth Name into the aspects of your Birth Chart.

ASPECTS

These describe the meaning of different parts of your life.

STAR OF DAVID

The Star of David is a gateway through which the soul projects its energies onto the Earth plane to experience what it is like to be human through the ego filter of the Soul Contract.



APPENDIX PAGE 8 OF 10

VAASTU

Kaleshwara Swami, Sri Sai, Victory Through Vaastu: Volume 2, Sri Sai Kaleshwara Swami, Penukonda, 2003.

[Click here for further information](#)

SACRED GEOMETRY

Melchizedek, Drunvalo, The Ancient Secret of the Flower of Life. Vols.1 & 2, Light Technology, U.S. 1999

[Click here for further information](#)

MANKIND PROJECT

New Warrior Training Adventure: The Heroes journey for a man to come fully into his initiated mature masculine power.

[Click here for further information](#)

IRON JOHN

Bly, Robert, Iron John, Decapo Press, Cambridge, 2004.

THE ARCHETYPE OF THE KING

Moore, Robert and Gillette, Douglas, King, Warrior, Magician, Lover: Rediscovering the Archetypes of the Mature Masculine, Harper Collins, New York, 1990.

THE ARCHETYPE OF THE WARRIOR

Moore, Robert and Gillette, Douglas, King, Warrior, Magician, Lover: Rediscovering the Archetypes of the Mature Masculine, Harper Collins, New York, 1990.

THE ARCHETYPE OF THE MAGICIAN

Moore, Robert and Gillette, Douglas, King, Warrior, Magician, Lover: Rediscovering the Archetypes of the Mature Masculine, Harper Collins, New York, 1990.

THE ARCHETYPE OF THE LOVER

Moore, Robert and Gillette, Douglas, King, Warrior, Magician, Lover: Rediscovering the Archetypes of the Mature Masculine, Harper Collins, New York, 1990.

NON-VIOLENT COMMUNICATION MODEL

Rosenberg, Marshall, Non Violent Communication: a Language of Life, Puddle Dancer Press, Encinitas, 2003.



APPENDIX PAGE 9 OF 10

IMPROVE CASH FLOW

Templar, Richard, The Rules of Wealth, Pearson, Prentice Hall Business, London, 2011.

AROUND MONEY

De Angelis, Davide, The Money Shaman.

[Click here for further information](#)

DYNAMIC MEDITATION

This meditation is a fast, intense and thorough way to break old, ingrained patterns in the bodymind that keep one imprisoned in the past, and to experience the freedom, the witnessing, silence and peace that are hidden behind these prison walls.

[Click here for further information](#)

GROUNDING

In order to be effective in the physical reality it is important to be physically grounded. This also applies to manifesting abundance in your life. The world of ideas is where we conceive what we want to manifest but then it becomes manifest physically by staying grounded ourselves.

[Click here for further information](#)

BODY CONSCIOUSNESS

The Body Consciousness is a group of Devic beings that are the "consciousness" of the physical body. They basically run the body, regulating all the body functions. Initially, they were programmed to run the programs of separation, thus causing physical behaviors to run that would hold the personality in separation.

[Click here for further information](#)

ANGER-RELEASE PROCESSES

This is a way of releasing rage and anger in a safe and meditative way. It can be done alone or with your partner, if there is anger or stagnation in your relationship.

[Click here for further information](#)

PILLOW BEATING

This is a way of releasing rage and anger in a safe and meditative way. It can be done alone or with your partner, if there is anger or stagnation in your relationship.

[Click here for further information](#)



APPENDIX PAGE 10 OF 10

TACHYON SEXUAL TONIC

Tachyons are particles that travel faster than the speed of light. They offer miraculous opportunities in the fields of healing and personal growth.

[Click here for further information](#)

CLEARING YOUR PERSONAL ENERGY FIELDS OF OTHERS' ENERGIES

This process is very good to do to release the imprint of energies from other people and locations that are adversely affecting you.

[Click here for further information](#)

MEDITATION, THE UNIFIED CHAKRA

The Unified Chakra creates a bubble of Light that allows you to handle vaster and vaster frequencies, and acts like a force field. When all your energies are aligned and connected, it is much easier to live Heaven on Earth.

[Click here for further information](#)

NAME OPTIMISATION

Sound is creative. This means that the sound of your name is creating your life. And any name which you use will create a vibration which is either helpful, neutral or unhelpful. The idea with name optimisation is to have a new name with a vibration that helps you move forward in your life. Name optimisation can only be undertaken after you have received a Live Birth Reading Session and is carried out by a trained and experienced Soul Contract Reading Practitioner.

TARGETED HEALING SESSIONS

After you have received a Live Birth Reading Session, your practitioner will be able to recommend specific healing sessions to help you address the most significant issues arising in your Soul Contract. They will help you identify what is most suited to you and will either offer you the sessions themselves or arrange them with specialist members of the Soul Contract Practitioner Community.

