



27th January	<i>Schools Resume Inverleigh Op Shop trading resumes</i>
7.00 pm House Group	Teesdale
28th January	
7.00 pm Parish Council	Parish Ministry Centre
1st February	<i>Harvest Festival All Worship Centres</i>
3rd February	
7.00 pm House Group	Teesdale
4th February	
11.00 am Communion	Estia Health Bannockburn
8th February	
10.00 am Baptism Rose Riches	St John's Bannockburn
10th February	
7.00 pm House Group	Teesdale
17th February	
7.00 pm House Group	Teesdale
18th February Ash Wednesday	
12 noon Deanery Meeting	Christ Church, Little River
7.00 pm Communion w/ Ashes	St Paul's Inverleigh
24th February	
7.00 pm House Group	Teesdale
25th February	
7.00 pm Parish Council	Parish Ministry Centre

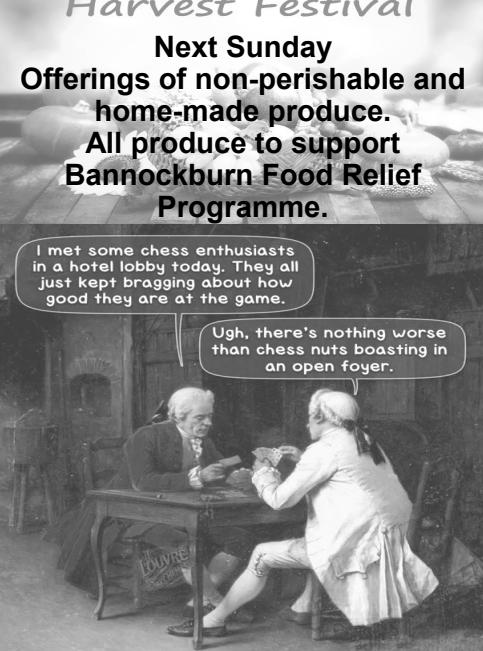
Parish Roster for February 1

Church Cleaning:

Inverleigh: Liz McDonald
Bannockburn: Gill & Phil
Dickson

Banno Reading:

Christina Szabo
Inverleigh: Bruce McDonald
Bannockburn: Carol Newlands

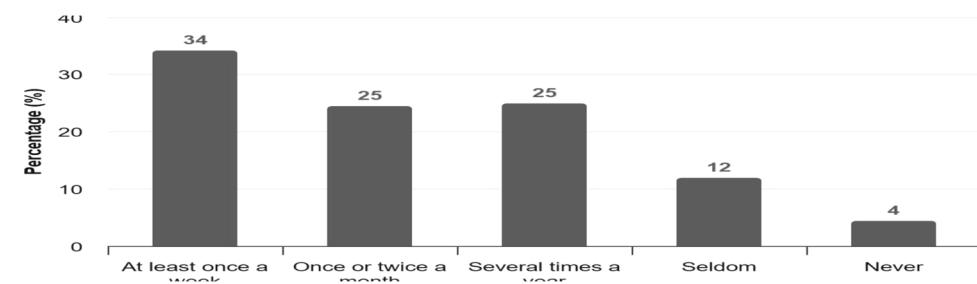
Parish Directory	
Parish Office	5281 2553
Vicar	Revd Timothy Smith
	0412 673 152 revdrtim@hotmail.com
Wardens	
Darrell Blackman	0457 338 678
Carol Newlands	0409 654 527
David Bannister	0477 564 268
Parish Council Secretary	
Carol Newlands	0409 654 527
Parish Treasurer	
David Osborne	0419 398 455
Assistant Treasurer	
Luanne Thornton	0437 667 011
St John's Op Shop	
Naomi Peel	0418 346 484
Surprise Op Shop	
Luanne Thornton	0437 667 011
Pastoral Care	
Alison King	
	pastoralcare.gpas@gmail.com
<i>Harvest Festival</i>	
<i>Next Sunday</i>	
<i>Offerings of non-perishable and home-made produce.</i>	
<i>All produce to support Bannockburn Food Relief Programme.</i>	
 <p>I met some chess enthusiasts in a hotel lobby today. They all just kept bragging about how good they are at the game.</p> <p>Ugh, there's nothing worse than chess nuts boasting in an open foyer.</p>	

Golden Plains Anglican News

Living the Gospel in Our Community

†Inverleigh†Bannockburn†Meredith

25th January 2026—THE THIRD SUNDAY AFTER EPIPHANY



HOW OFTEN DO AUSTRALIANS FEEL THANKFUL?

As the year ends, new data reveals that most Australians experience gratitude regularly

As we set out on another year, it's a good time to reflect on gratitude—a simple yet powerful practice that can transform our outlook and strengthen our connections. How often do Australians experience a strong sense of gratitude or thankfulness?

In the 2025 Australian Community Survey, we asked Australians how often they felt a strong sense of gratitude or thankfulness.

This recent data reveals some interesting insights:

- **A third of Australians** (34%) feel deeply grateful at least once a week, making regular gratitude a common experience for one in three people.
- Another **quarter** (25%) experience gratitude once or twice a month, while 25% feel it several times a year.
- On the other end of the spectrum, **12%** seldom feel thankful, and **4%** report **never** experiencing a strong sense of gratitude.

Six in 10 Australians feel gratitude at least monthly

In total, **nearly 60% of Australians** express gratitude at least monthly—a reassuring sign that thankfulness remains a significant part of our lives.

Why does this matter?

Research consistently shows that practicing gratitude can boost mental well-being, improve relationships, and even enhance physical health. As we begin the year, consider taking a moment to acknowledge what you're thankful for—big or small. Every expression of gratitude counts.

Parish Ministry Centre: 11 Byron Street, BANNOCKBURN VIC, 3331

(03) 5281 2553 revdrtim@hotmail.com

www.goldenplainsanglican.org

www.facebook.com/profile.php?id=100094651898435

Worship Today: THE THIRD SUNDAY AFTER EPIPHANY

Sentence: Jesus went throughout Galilee, teaching in their synagogues and proclaiming the good news of the kingdom and curing every disease and every sickness among the people. *Matthew 4:23*

Collect: Loving God, the light of the minds that know you, the life of the souls that love you, and the strength of the hearts that serve you: help us so to know you that we may truly love you, and so to love you that we may faithfully serve you, whose service is perfect freedom; through Jesus Christ our Lord. **Amen.**

Readings: Isaiah 9:1-4; Psalm 27:1-10; 1 Corinthians 1:10-18;
Matthew 4:12-25

Hymns:

Inverleigh: 521 – Lord Christ, at your first Eucharist you prayed; 609 – May the mind of Christ my Saviour; 648 – Help us accept each other; 571 – Forth in your name, O Lord I go **Bannockburn:** *There is no other name*; Power of your love; I give you my heart; Breathe on me Breath of God; Help us accept each other; *As the deer*; Lord Christ, at your first Eucharist you prayed; *All I once held dear* **Meredith:** *There is no other name*; Power of your love; Breathe on me Breath of God; Lord Christ, at your first Eucharist you prayed; Forth in your name, O Lord I go; *All I once held dear*

Intercessions: Loving God, in your mercy, hear our prayer.

World: peace in the Holy Land, Ukraine, India & Pakistan, Thailand & Cambodia, Sudan, Iran and all places in conflict, war, or threat of war; South Sudan, Venezuela and all developing nations; for Denmark and Greenland; where there is natural disaster; injustice, loss of freedom, racism, misogyny and death, where there is lack of education, health services, employment, food; nations that are food bowls for world; all national leaders to justice and peace in their nations.

Church: to share the good news of God's kingdom in an uncertain world; Bp Sarah Archbishop of Canterbury elect, Abp Ric Thorpe, Bp Brad as he prepares for the Diocese of Adelaide; our parish unity and financial viability—being of one mind; for the development Youth and Family Community Cinema; Parish Council as they meet and Parish organisation.

Community: the Wadawarrung and all our first nations peoples on whose country we live and the work and for reconciliation; for all who come into our communities that in diversity they will be welcome and safe; those who are recovering from fire and floods; learning how to be true community from the Bondi terrorism.

Those in need: Matt Bellchambers, Shirley Musgrove, Melinda Gregory, Karen Schulze, Jenny Bannister, Margaret McLaren, Sarah Rees, Jayden Rees, Fay McFarlane, Jesse Osborne, Phil Dickson, Paul Duke, Josie Andrews, Josie Harvey, Steve and Stacee Copland, Mawut Gotbaai, Timothy and Weng Deng.

Bible Readings

Prayer for the week:

O God, the strength of all those who put their trust in you: mercifully accept our prayers, and because through the weakness of our mortal nature we can do nothing good without you, grant us the help of your grace, that in keeping your commandments we may please you both in will and deed; through Jesus Christ our Lord. **Amen.**

Monday

Morning: Pss 65 & 70
Jeremiah 8:4-17
James 2:1-13

Evening: Ps 66
Genesis 13
Luke 1:1-12

Tuesday

John Chrysostom (d.407) *Bishop*
Bishop of Constantinople and teacher

Morning: Ps 68:1-20
Jeremiah 8:18-9:11
James 2:14-26

Evening: Ps 68:(21-23)24-35
Genesis 14:(1-7)8-24
Luke 1:13-25

Wednesday

Thomas Aquinas, Theologian (d.1274) *Teacher*

Morning: Ps 71
Jeremiah 9:12-26
James 3:1-12

Evening: Ps 119:65-88
Genesis 15
Luke 1:26-38

Thursday

Morning: Ps 69:1-16
Jeremiah 10:1-16
James 3:13-4:10

Evening: Ps 69:17-23(24-30)31-38
Genesis 16
Luke 1:39-56

Friday

Charles, King of England (d.1649) *Martyr*

Morning: Ps 72
Jeremiah 10:17-11:8
James 4:11-5:6

Evening: Ps 73
Genesis 17
Luke 1:57-66

Saturday

Morning: Pss 148 & 149
Jeremiah 11:9-23
James 5:7-20

Evening: Pss 144 & 150
Genesis 18:1-22
Luke 1:67-80

You've seen a missle toad, now...



Next Sunday 1st March

HARVEST FESTIVAL

8.00 am Holy Communion
Inverleigh

10.00 am All-Age Communion
Bannockburn

5.00 pm Holy Communion

Meredith

Readings

Deuteronomy 8:7-18
Psalm 67
1 Timothy 6:6-10
Mark 4:26-32