

27th January
Schools Resume
Inverleigh Op Shop trading resumes
7.00 pm House Group Teesdale

28th January
7.00 pm Parish Council
Parish Ministry Centre

1st February Harvest Festival
All Worship Centres

3rd February
7.00 pm House Group Teesdale

4th February
11.00 am Communion
Estia Health Bannockburn

8th February
10.00 am Baptism Rose Riches
St John's Bannockburn

10th February
7.00 pm House Group Teesdale

17th February
7.00 pm House Group Teesdale

18th February Ash Wednesday
12 noon Deanery Meeting
Christ Church, Little River
7.00 pm Communion w/ Ashes
St Paul's Inverleigh

24th February
7.00 pm House Group Teesdale

25th February
7.00 pm Parish Council
Parish Ministry Centre

Parish Roster for February 1

Church Cleaning:

Inverleigh: Liz McDonald
Bannockburn: Gill & Phil
Dickson

Banno Reading: Christina Szabo

Communion Assistant:

Inverleigh: Bruce McDonald
Bannockburn: Carol Newlands

Parish Directory

Parish Office 5281 2553
Vicar
Rev'd Timothy Smith
0412 673 152
revdrtim@hotmail.com

Wardens
Darrell Blackman 0457 338 678
Carol Newlands 0409 654 527
David Bannister 0477 564 268

Parish Council Secretary
Carol Newlands 0409 654 527

Parish Treasurer
David Osborne 0419 398 455

Assistant Treasurer
Luanne Thornton 0437 667 011

St John's Op Shop
Naomi Peel 0418 346 484

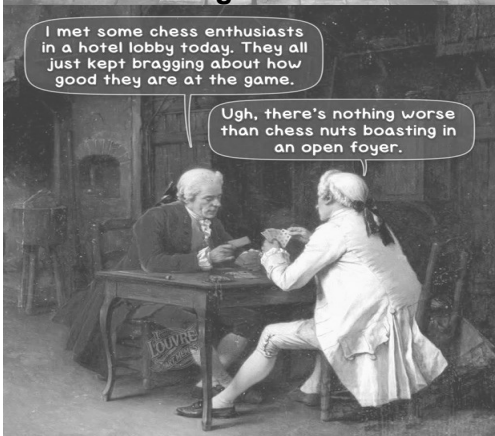
Surprise Op Shop
Luanne Thornton 0437 667 011

Pastoral Care
Alison King
pastoralcare.gpas@gmail.com

Harvest Festival

Next Sunday

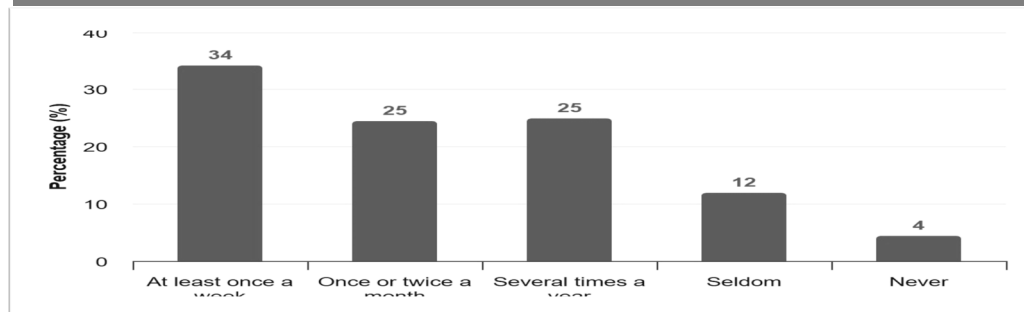
Offerings of non-perishable and home-made produce.
All produce to support Bannockburn Food Relief Programme.



Golden Plains Anglican News

Living the Gospel in Our Community

†Inverleigh†Bannockburn†Meredith
25th January 2026—THE THIRD SUNDAY AFTER EPIPHANY



HOW OFTEN DO AUSTRALIANS FEEL THANKFUL?

As the year ends, new data reveals that most Australians experience gratitude regularly

As we set out on another year, it's a good time to reflect on gratitude—a simple yet powerful practice that can transform our outlook and strengthen our connections. How often do Australians experience a strong sense of gratitude or thankfulness?

In the 2025 Australian Community Survey, we asked Australians how often they felt a strong sense of gratitude or thankfulness.

This recent data reveals some interesting insights:

- **A third of Australians** (34%) feel deeply grateful at least once a week, making regular gratitude a common experience for one in three people.
- Another **quarter** (25%) experience gratitude once or twice a month, while 25% feel it several times a year.
- On the other end of the spectrum, **12%** seldom feel thankful, and **4%** report **never** experiencing a strong sense of gratitude.

Six in 10 Australians feel gratitude at least monthly

In total, **nearly 60% of Australians** express gratitude at least monthly—a reassuring sign that thankfulness remains a significant part of our lives.

Why does this matter?

Research consistently shows that practicing gratitude can boost mental well-being, improve relationships, and even enhance physical health. As we begin the year, consider taking a moment to acknowledge what you're thankful for—big or small. Every expression of gratitude counts.

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Worship Today: THE THIRD SUNDAY AFTER EPIPHANY

Sentence: Jesus went throughout Galilee, teaching in their synagogues and proclaiming the good news of the kingdom and curing every disease and every sickness among the people. *Matthew 4:23*

Collect: Loving God, the light of the minds that know you, the life of the souls that love you, and the strength of the hearts that serve you: help us so to know you that we may truly love you, and so to love you that we may faithfully serve you, whose service is perfect freedom; through Jesus Christ our Lord. **Amen.**

Readings: Isaiah 9:1-4; Psalm 27:1-10; 1 Corinthians 1:10-18;
Matthew 4:12-25

Hymns:

Inverleigh: 521 – Lord Christ, at your first Eucharist you prayed; 609 – May the mind of Christ my Saviour; 648 – Help us accept each other; 571 – Forth in your name, O Lord I go **Bannockburn:** *There is no other name*; Power of your love; I give you my heart; Breathe on me Breath of God; Help us accept each other; *As the deer*; Lord Christ, at your first Eucharist you prayed; *All I once held dear Meredith:* *There is no other name*; Power of your love; Breathe on me Breath of God; Lord Christ, at your first Eucharist you prayed; Forth in your name, O Lord I go; *All I once held dear*

Intercessions: *Loving God, in your mercy, hear our prayer.*

World: peace in the Holy Land, Ukraine, India & Pakistan, Thailand & Cambodia, Sudan, Iran and all places in conflict, war, or threat of war; South Sudan, Venezuela and all developing nations; for Denmark and Greenland; where there is natural disaster; injustice, loss of freedom, racism, misogyny and death, where there is lack of education, health services, employment, food; nations that are food bowls for world; all national leaders to justice and peace in their nations.

Church: to share the good news of God's kingdom in an uncertain world; Bp Sarah Archbishop of Canterbury elect, Abp Ric Thorpe, Bp Brad as he prepares for the Diocese of Adelaide; our parish unity and financial viability—being of one mind; for the development Youth and Family Community Cinema; Parish Council as they meet and Parish organisation.

Community: the Wadawarrung and all our first nations peoples on whose country we live and the work and for reconciliation; for all who come into our communities that in diversity they will be welcome and safe; those who are recovering from fire and floods; learning how to be true community from the Bondi terrorism.

Those in need: Matt Bellchambers, Shirley Musgrove, Melinda Gregory, Karen Schulze, Jenny Bannister, Margaret McLaren, Sarah Rees, Jayden Rees, Fay McFarlane, Jesse Osborne, Phil Dickson, Paul Duke, Josie Andrews, Josie Harvey, Steve and Stacey Copland, Mawut Gotbaai, Timothy and Weng Deng.

Bible Readings

Prayer for the week:

O God, the strength of all those who put their trust in you: mercifully accept our prayers, and because through the weakness of our mortal nature we can do nothing good without you, grant us the help of your grace, that in keeping your commandments we may please you both in will and deed; through Jesus Christ our Lord. **Amen.**

Monday

Morning: Pss 65 & 70
Jeremiah 8:4-17
James 2:1-13

Evening: Ps 66
Genesis 13
Luke 1:1-12

Tuesday

John Chrysostom (d.407) *Bishop*
Bishop of Constantinople and teacher

Morning: Ps 68:1-20
Jeremiah 8:18-9:11
James 2:14-26

Evening: Ps 68:(21-23)24-35
Genesis 14:(1-7)8-24
Luke 1:13-25

Wednesday

Thomas Aquinas, Theologian (d.1274) *Teacher*

Morning: Ps 71
Jeremiah 9:12-26
James 3:1-12

Evening: Ps 119:65-88
Genesis 15
Luke 1:26-38

Thursday

Morning: Ps 69:1-16
Jeremiah 10:1-16
James 3:13-4:10

Evening: Ps 69:17-23(24-30)31-38
Genesis 16
Luke 1:39-56

Friday

Charles, King of England (d.1649) *Martyr*

Morning: Ps 72
Jeremiah 10:17-11:8
James 4:11-5:6

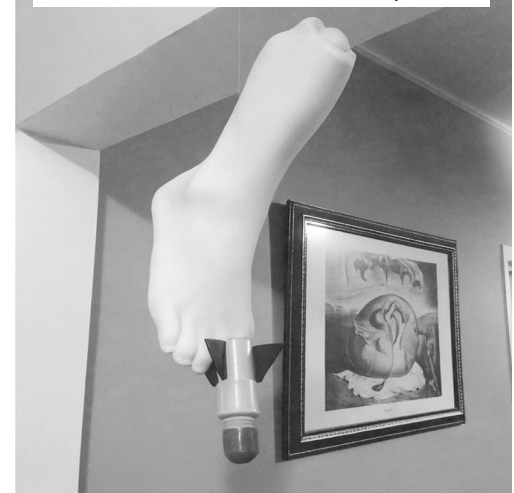
Evening: Ps 73
Genesis 17
Luke 1:57-66

Saturday

Morning: Pss 148 & 149
Jeremiah 11:9-23
James 5:7-20

Evening: Pss 144 & 150
Genesis 18:1-22
Luke 1:67-80

You've seen a missile toad, now...



Next Sunday 1st March HARVEST FESTIVAL

8.00 am Holy Communion

Inverleigh

10.00 am All-Age Communion

Bannockburn

5.00 pm Holy Communion

Meredith

Readings

Deuteronomy 8:7-18

Psalm 67

1 Timothy 6:6-10

Mark 4:26-32