

24th February	
7.00 pm House Group	Teesdale
28th February	
1.30 pm Archbishop's Roadshow	St Cuthbert's Grovedale
3rd March	
7.00 pm House Group	Teesdale
4th March	
11.00 am Communion	Estia Health Bannockburn
10th March	
7.00 pm House Group	Teesdale
14th March	
8.30 am Men's Breakfast	Parish Ministry Centre
4.15 Geelong v Fremantle	GMHBA Stadium
16th March	
2.30 pm Army Chaplain Supervision	
18th March	
12.00 pm Deanery Meeting	Christ Church, Geelong
25th March	
7.00 pm Parish Council	Parish Ministry Centre
26th March	
7.30 pm Geelong v Adelaide	GMHBA Stadium
29th March	
10.00 am Combined Parish Worship	Church of St Paul, Inverleigh

Parish Roster for March 1

Church Cleaning:

Inverleigh: Liz McDonald
 Bannockburn: Freda & Paul Duke

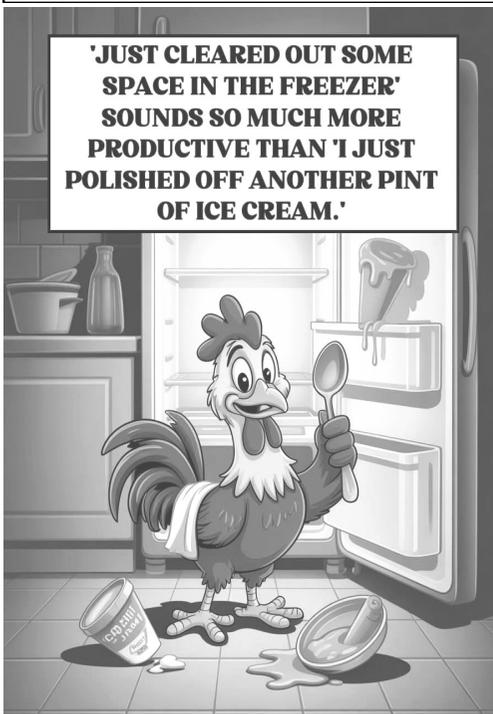
Banno Reading: David Bannister

Communion Assistant:

Inverleigh: Bruce McDonald
 Bannockburn: Carol Newlands

Parish Directory

Parish Office	5281 2553
Vicar	
Revd Timothy Smith	0412 673 152
	revdrtim@hotmail.com
Wardens	
Darrell Blackman	0457 338 678
Carol Newlands	0409 654 527
David Bannister	0477 564 268
Parish Council Secretary	
Carol Newlands	0409 654 527
Parish Treasurer	
David Osborne	0419 398 455
Assistant Treasurer	
Luanne Thornton	0437 667 011
St John's Op Shop	
Naomi Peel	0418 346 484
Surprise Op Shop	
Luanne Thornton	0437 667 011
Pastoral Care	
	pastoralcare.gpas@gmail.com



Golden Plains Anglican News

Living the Gospel in Our Community

†Inverleigh†Bannockburn†Meredith
 22nd February 2026—FIRST SUNDAY IN LENT

BALANCING OUR SIGNIFICANT RELATIONSHIPS

How much time should we spend together with our church, our family or our spouse? How much time should you spend separately, doing your own thing? Like so many things in life, it's all about balance. There's no perfect equation, and every context of relationship is unique. The sense of balance we find during one season of life may also look a lot different during another – that's normal!



Someone once said, relationships are like breathing, we expand apart, and then come back together, breathing life to all our relationships. So what happens when we realize we have got the balance wrong?

START SMALL—We might think we need to start with big chunks of time committing hours each week to individual hobbies or time with church activities. Try reserving just a bit of time each day or week for alone time can often be just what you need if you've been feeling joined at the hip.

BE IN THE MOMENT—To often we see couples or a group of friends meeting together and they are all scrolling their phones mindlessly. How could they use what little time they have together more fully? Quality over quantity! During any given opportunity be fully engaged and present with our others in the moments you're together, even if the time is short.

TRY HABIT STACKING—This the idea of linking new habits to existing habits or routines. If you want to make moments of me time, partner time, or community time consider how you can include five or ten minutes during things we're already routinely doing throughout our day.

Sometimes when we get th balance wrong there is at a cost to self or a the relationships with family or friends. Lent is a time to also reflect on getting the me and us balance right—including our us with God. We need to make time with God, with significant relationships, with our self, and then the Church or community. If we don't We also need to take care of our self or we will become of no value to God, our family or frinds and certainly no value to the church.

Parish Ministry Centre: 11 Byron Street, BANNOCKBURN VIC, 3331
 (03) 5281 2553 revdrtim@hotmail.com
 www.goldenplainsanglican.org
 www.facebook.com/profile.php?id=100094651898435

Worship Today: FIRST SUNDAY IN LENT

Sentence: We do not live by bread alone, but by every word that comes from the mouth of God. *Matthew 4:4*

Collect: Almighty God, whose Son fasted forty days in the wilderness, and was tempted as we are, yet did not sin: give us grace to direct our lives in obedience to your will, that, as you know our weakness, so we may know your power to save; through Jesus Christ our Redeemer, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

Readings: Genesis 2:15-17,3:1-7; Psalm 32; Romans 5:12-21; Matthew 4:1-11

Hymns:

Inverleigh: 627 – Praise and thanksgiving; 573 – A charge I have to keep; 599 – Take my life and let it be; 201 – King of glory king of peace

Bannockburn: *Great is the Lord and most worthy of praise;* Give thanks; As the deer pants for the water; I am the church; *Jesus Christ;* Take my life and let it be; *All I once held dear*

Meredith: *Great is the Lord and most worthy of praise;* Praise and thanksgiving; As the deer pants for the water; Give thanks; Take my life and let it be; *All I once held dear*

Intercessions: *God of all mercy, hear our prayer.*

World: peace in the Holy Land, Ukraine, Sudan, Iran and all places in conflict or war; South Sudan and all developing nations; for Denmark and Greenland and all nations experiencing political coercion; wherever there is terror, violence, injustice, loss of freedom, racism, hunger displacement and homelessness; all national leaders and law makers to serve their people.

Church: that we will share the good news of God's kingdom in an uncertain world; Bp Sarah Archbishop of Canterbury, Abp Ric Thorpe, Bp Brad as he prepares for the Diocese of Adelaide; the outreach of our Youth and Family Community Cinema; for Parish witness and integrity of faith.

Weddings: Elise Craven and Luke Vucicevic (St Pauls, May 8)

Baptisms:

Confirmations:

Community: the Wadawarrung custodians of country on which we live, the work of reconciliation; for welcome and belong as communities in diversity; those recovering from fire and floods; those facing interest rate and rental increases; those suffering food insecurity; for all farmers and graziers; for rain and a return to normal weather cycles.

Those in need: Matt Bellchambers, Shirley Musgrove, Melinda Gregory, Karen Schulze, Jenny Bannister, Margaret McLaren, Sarah Rees, Jayden Rees, Fay McFarlane, Jesse Osborne, Phil Dickson, Paul Duke, Josie Andrews, Josie Harvey, Steve and Stacey Copland, Mawut Gotbaai, Timothy and Weng Deng.



In Africa, collecting water is often the responsibility of women and girls. Walking long distances for water attracts education and employment opportunities. © ADSE. Used with permission.

In **Kenya**, your support helps construct sand dams, wells and water tanks, bringing reliable water access to arid regions and easing the daily burden felt by women and girls.

In **Vantatu**, you contribute to the building of model toilets, improving health outcomes and restoring dignity - especially for the most vulnerable.

In **Myanmar**, your generosity enables communities to develop water systems, taps and toilets, reducing illness and eliminating long, exhausting walks for unsafe water.

Over the last 6 years, you have helped to give:

- 56,928 people increased access to safe water and
- 44,039 people increased access to basic sanitation

It's terrific progress, but there's more to be done.

Together, we are determined to be a part of the transforming work that God is doing in vulnerable communities around the world. But we can't do it without you.

This Lent, give water – and give life.



To Donate Online, please scan the QR code or visit:
www.abmission.org/Lent2026

CLEAN WATER, DECENT TOILETS AND GOOD HYGIENE ARE BASIC HUMAN RIGHTS. THEY SHOULD BE AVAILABLE TO EVERYONE, EVERYWHERE – BUT THEY AREN'T.

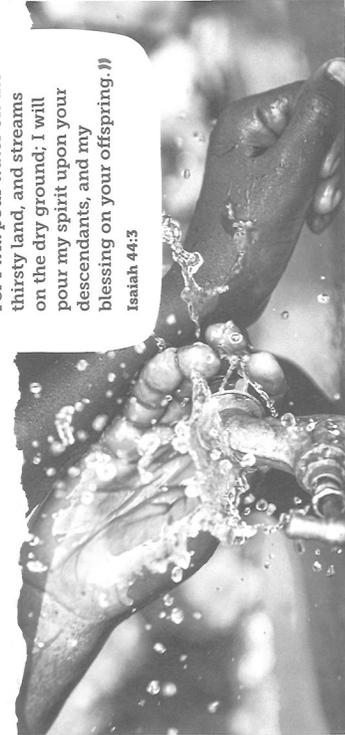
Did You Know?

-  Around the world, 1 in 3 people do not have access to safe drinking water
-  1.5 billion people don't have their own toilet
-  In 80% of water-deprived households, women and girls carry the burden of water collection

SOURCE: WATER FOR PEOPLE

With the support of generous people like you, we work with trusted Anglican partners to bring clean water, safe toilets and essential hygiene facilities to places that need them.

“For I will pour water on the thirsty land, and streams on the dry ground; I will pour my spirit upon your descendants, and my blessing on your offspring.”
Isaiah 44:3





World Day of Prayer 2026

Join our local prayer service focused on Nigeria



PALM SUNDAY

Bishop Philip Huggins

will be with us
Palm Sunday
29th March



To preside over
Baptism
Confirmation
(of some of our South Sudanese Community)
and
Reception into the Anglican Church

Although this is a fifth Sunday of the month because of the possible numbers

our combined Parish Worship will be at

10.00 am
Church of St Paul
Inverleigh.

If you would like to be confirmed or received into the Anglican Church from another Christian denomination, please speak to Revd Tim.

Bible Readings

Prayer for the week:

O Lord, who for our sake fasted forty days and forty nights: give us grace to use such abstinence, that, our flesh being subdued to the spirit, we may ever obey your godly will in righteousness and true holiness; to your honour and glory, who live and reign with the Father and the Holy Spirit, one God, world without end.

Amen.

Monday

Polycarp, Bishop of Smyrna (d.c.155) *Martyr*

Morning: Pss 125, 125 & 126

Jeremiah 25:1-17

Hebrews 3:1-15

Evening: Pss 127, 128 & 129

Genesis 39

Luke 11:14-28

Tuesday

MATHIAS Apostle and Martyr *Saint*

Morning: Ps 80

Isaiah 66:1-4

Matthew 7:15-27

Evening: Ps 33

1 Samuel 1:21-28

1 Corinthians 4:1-13

Wednesday

Morning: Ps 135

Jeremiah 26:1-19

Hebrews 4:11-5:6

Evening: Ps 136

Genesis 4:11-36

Luke 11:45-12:7

Thursday

Morning: Pss 137:1-6(7-9) & 138

Jeremiah 226:20-27:11

Hebrews 5:7-6:8

Evening: Ps 139

Genesis 41:37-57

Luke 12:8-21

Friday

George Herbert (d.1633) *Saint*
Parish Priest & Poet

Morning: Ps 140

Jeremiah 27:12-28:4

Hebrews 6:9-18

Evening: Pss 141 & 142

Genesis 42:1-17

Luke 12:1-17

Saturday

Morning: Pss 143 & 146

Jeremiah 28:5-17

Hebrews 6:19-7:10

Evening: Ps 119:153-176

Genesis 42:18-38

Luke 12:35-48



I gave up social media and started watching the news. I don't feel less anxious'

Next Sunday 1st March
SECOND SUNDAY IN LENT
8.00 am Holy Communion

Inverleigh

10.00 am All-Age Communion

Bannockburn

5.00 pm Holy Communion

Meredith

Readings

Genesis 12:1-4a

Psalms 130

Romans 4:1-5(6-12)13-17

John 3:1-17

Date and time of service	Fri. March 6th 2pm
Venue	St Josephs
Address	howler St Meredith
Contact	Mary 0424037542