



An unhealthy diet of processed, high-calorie and oxidized-fat foods, pollution, smoking and sedentary lifestyles all contribute to poor heart health. Clinical trials have shown that supplementing with omega-3 fatty acids (found in fish oil) may help to maintain normal levels of triglycerides and cholesterol, support healthy blood pressure and promote normal platelet activity.*

BENEFITS OF VITAMIN E:

The main health benefit of supplemental vitamin E comes from its antioxidant activity. It supports a healthy cardiovascular system. Vitamin E is one of the most powerful fat-soluble antioxidants in the body. In turn, vitamin E protects cell membranes from free radicals. Vitamin E is commonly added to fish oil supplements to provide antioxidant protection of DHA and EPA. Heart Health Omega III fatty acids use d-alpha-tocopherols, which are a natural isomer of vitamin E.

BENEFITS OF EPA AND DHA:

EPA (eicosapentaenoic acid) / DHA (docosahexaenoic acid)

EPA and DHA help maintain normal triglyceride levels by promoting normal lipogenesis and supporting normal fatty acid oxidation in the liver.

WHAT SETS OURS APART:

In contrast to competitors who use large fish, we use small fish such as sardines and anchovies to limit the accumulation of toxins prevalent in larger fish.

Our fish oil is tested twice, once by the manufacturer and then by an independent testing company. The fish oil used is laboratory tested for mercury, lead, PCB and other heavy metals. We only use fish oil that meets or exceeds standards set by Canada (CFIA), the European Union (EU) and the United States (CRN).



nutraMetrix® Heart Health™ Essential Omega III with Vitamin E contains - Fish Body Oils 3,000 mg [EPA¹ 900 mg and DHA¹ 600 mg]

13893NM | 30 day serving **13864** | 60 day servings

Visit www.nutraMetrix.com for more information.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

*According to the FDA, supportive, but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease.