



The Sew & Tell

North County Quilters Association

Member SCCQG | PO Box 301215, Escondido, CA 92030-1215 | www.ncountyquilters.com

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Rare Bears	Tonita Waters
Security Blankets	Maureen McClellan

Neighborhood Groups

Sundance Kids	Paula Huntington
Escondido South	Joanne Eichler

President's Message

By Carrie Harrison-Mortimer

Hello, My Quilting Friends and Happy Holidays!!

Yup, it's that time of year. Making plans with friends & family, shopping and let's not forget, finishing all those sewing projects. Clock is ticking!! I'm right there with you. I really don't know why it suddenly creeps up on me. "Oh, it's December already??" After all, it happens every year. I wish you all sewing with perfection and no ripping out!! A girl can dream. 😊

I'm pleased to announce that this year we are returning to our usual '*Holiday Potluck*' at our Dec. 19th Guild Meeting. Please bring a dish to share. Since we all will be eating together, we will start earlier at 6 pm. The board will be serving lemonade (sugar free), water and coffee. No need to bring a drink. We plan on playing the dice game, **Left, Right & Center**. Bring 3 "batik" fat quarters for a chance to win more!! It's a fun & easy game.

**Hope to see you all for good food, great fun
and most importantly
visiting with your quilting friends.**



Our Next Guild Meeting is ... Monday, December 19, 2022

Gloria Dei Lutheran Church
1087 Country Club Lane
Escondido, CA 92026
Doors open at 5:30 pm

Meeting begins at 6:00pm

Holiday Potluck

Happy
Holidays!

December Meeting Program ... by Jill Conger

I am really looking forward to this month's Potluck gathering. I am hoping we have a pleasant evening of nibbling, chatting and having a bit of fun together. This has been a bit of a tough start of pulling the Guild back together with in person meetings and I am ready to celebrate! Please come even if you don't bring food. Just don't even stress about that. This Guild is about the people, friendships and community. Hoping to see as many as can make it!

(Jill Conger 760-855-9424, jillconger@gmail.com)

Fat Quarters ... by Janis Newlin

Hope you all enjoyed your Thanksgiving. I had a last-minute emergency and couldn't attend the November meeting. A big "Thank You" to Jenny for taking over my duties.

We do **not** have a Fat Quarter Contest at the December meeting due to the Holiday Potluck.

Hope your Christmas preparations are stress free.



December Birthdays ... A very Merry Birthday to all our members with December birthdays:

Joy Smith (12/2)

Alice Johnson (12/7)

Charlotte Huff (12/8)

Remember to stop by the White Elephant table to select \$5 worth of items for your birthday gift!



12 Days of Christmas

The "12 Days of Christmas" is an English Christmas carol dating from the late 1700s. It's a wonderful example of a cumulative song where the lyrics keep growing and growing incorporating earlier stanzas with new ones each time around.

The song commemorates a festive Christian season known as Twelvetide, which traditionally began on Christmas day and lasted 12 days with gifts given each day. There are many versions of the lyrics, but the one we know today dates from the 1909 arrangement by Frederic Austin, an English composer. Some entertaining variations popular over the years include "hares a running," "bulls a roaring," "ducks a laying" and "curley birds."

But as quilters we have our own version (see left). Start singing it now and maybe your personal Santa will surprise you with the perfect quilting gifts under your tree come Christmas morning.



Membership ... by Lynn Cass

Well, we are in the holiday season and I was just thinking about all the ladies and gentlemen in our guild that contribute so much each month to make our guild successful. I am so grateful and thankful for all that everyone does including so many helpers "behind the scenes."

If you have not picked up your new Directory and Membership card with guest pass, please stop by to see me right after you sign in at the piano. We now have 57 members which is good but would love to have more of course! I think one of the highlights at our monthly meetings are the beautiful quilts we get to see and learn about how they were made or why they were made at our Show and Tell from members! That is a real treat that can be shared when inviting others to come. So, please continue inviting friends and family to come for a visit and hopefully they will want to join as a new member.

As a reminder, if anyone is not receiving the Newsletter or is in need to clarify any question, please stop by the Membership table so we can talk 😊.

Looking forward to our Christmas Potluck celebration and all the fun. Blessings to you and wishing you and your family a very Merry Christmas.

White Elephant Corner Store ...

While we won't have our usual Big Box inventory at the December Potluck meeting, the White Elephant crew WILL be hosting a smaller Corner Store edition complete with patterns, fat quarters, and maybe some surprises. So, if you forget your batik Fat Quarters for playing Left/Right/Middle at the meeting, never fear. Your White Elephant Corner Store is here.



Rare Bears News ... by Tonita Waters

Did you know there is more to Rare Bears than making bears? Because we are in the heart of Rare Science country, those of us in San Diego County also have the opportunity to match finished bears with their special kiddos' wishes and then send the bears off to all parts of the world. One Saturday a month we literally match 200-400 finished bears with their chosen children. It's a hoot trying to find a child's favorite colors and favorite things in the one bear that embodies those qualities. Here are a few examples from last month's matching day: A 5 year old boy likes green, yellow, baseball and sports. A six year old girl likes pink, orange, hot pink, Elmo, Cocomelon, Minnie Mouse and Peppa Pig. It's a super fun challenging couple of hours once a month to make a child SUPER happy. No sewing required.

Other opportunities to help with Rare Bears include the post-bear-skin tasks of stuffing, eye applique for those that arrive sans eyes, and post-stuffing seam sewing. You may not know, but bear "skins," the unstuffed fabric bear shells, arrive in San Diego from all over the world. It's here that they're stuffed, finished, and prepped to be matched.

We would love to have you join us. For more info, call Tonita Waters at 760-815-9244.



Good Cheer News ... by Leslie Sowden

It was a slow month for Good Cheer with only two pillowcases turned in by Dani Donnachie, and 10 quilts made by the Good Cheer ladies. I know that the holidays are busy for everyone but it takes only a couple hours to make one of our kits. Or half an hour for a pillowcase.

We won't have a Good Cheer table at the December meeting but we will be happy to receive anything you're returning to us, and I'll have the kits out in my car in case you want one. Just find me, Sandy, Sue, or Linda and let us know.

Happy Holidays! Claire, Sandy, Sue, Linda & Leslie

All I Want For Christmas

By Newsletter Editor

Sometimes it's the little things in life that matter the most. I don't know when it happened, but at some point I stopped receiving the Joann Fabric ad booklet in the mail. It wasn't a big deal, because the store itself was right down the street in Escondido and I was there often enough to know firsthand what was on sale. But alas, those days are gone. Now getting to the new Joann store in San Marcos is a major expedition requiring planning, gallons of gas, patience at more red lights than I want to count and a list of what I really need.

Yes, I know I could look at their ad online on their website. But I missed that multipage cornucopia of full color sewing "stuff" that arrived in my mailbox that I could savor and annotate over breakfast and many cups of coffee. So why wasn't I getting the dang thing in the mail anymore? Better yet, HOW could I start getting it again?

If you're feeling lucky, you can ask that question at an actual store. Mercury was retrograde the day I asked and got an answer that sounded like, "be patient ... it'll start." Sigh. I smiled and chalked up the answer to youth and inexperience, because old age and internet weary eyes have taught me that if nothing changes, nothing changes.

Undaunted I came home and resolved to figure it out. No, what I actually did was come home and google searched, "how can I get the Joann flyer in the mail?" My reasoning was that I couldn't be the only person in the online universe having this problem and maybe, hopefully, some gracious person had posted a remedy. Ta da. Why yes indeed!! There it was on the Joann website itself, this glorious crumb of hope ...

"Have you moved? Has your contact information changed? Update your contact preferences so you can continue to receive offers & inspiration by your choice of email, text or mail." - Joann.com

It would have been nice if they'd added exactly how to "update my contact preferences", but now that I knew what I was looking for, it was just a matter of time before the mystery would be solved. If you're in the same boat or just curious, turn to Pg.7.

Neighborhood Groups

By Carrie Harrison-Mortimer

What is a NCQA Neighborhood group?? It is a group of quilters who get together on a specific day & time. It's an opportunity for you to meet up & get to know other people who love quilting. They decide on a project sometimes for charity, sometimes not. Sometimes they just visit and talk about quilting. It is always a fun time. So, if you haven't already, think about joining one. You could also form your own group. Just need to pick a date, time & place. Here's information on the 2 groups we currently have ...

Sundance Group

Paula Huntington 760-294-6011

paulahuntington@gmail.com

Meets on the first Wednesday on the month at 10am in the clubhouse at Sundance Mobile Home Park, 2250 N. Broadway, Escondido, CA. 92026

Escondido South Group

Joanne Eichler #760-580-6663

ticomom825@gmail.com

Meets every other Thursday at 9:30am (11/3, 11/17, 12/1 etc.) in the clubhouse at Citrus Gardens Mobile Home Park, 1730 Toyon Glen, Escondido, CA. 92026



Mod Christmas Quilt pattern by JediCraftGirl on Etsy.com using Mod Meow cat panel by Riley Blake Designs.



Upcoming Holiday Events ...

Oceanside Parade of (Boat) Lights ... Bring a blanket, some hot chocolate and pick a comfortable spot to watch this year's Parade of Lights celebration in Oceanside Harbor. Fishing boats, sailboats, yachts, kayaks and dinghy will be dressed-up in their holiday best and circling Oceanside Harbor enchanting onlookers along the harbor. A suggested good viewing point is along Oceanside Harbor, near the fishing dock and police station. **Saturday, Dec. 10, from 7–9 p.m.** <https://oceansideyc.net/event/parade-of-lights/>

Escondido Holiday Festival ... Free family event with entertainment, games, music, performances and vendors and cultural food. Write a letter to Santa! Free gifts for the kids! **Saturday, Dec. 10, 11 a.m. – 6 p.m.** at Grape Day Park.

CA Center for the Arts in Escondido ... has a full selection of holiday programs in December ranging from **Irish Christmas in America** to **A Big Band Christmas**. To see their full selection with dates and prices, go to <https://artcenter.org>

Lakehouse Winter Wonderland ... Through Jan. 1st, enter a "Winter Wonderland at Lakehouse" with holiday light displays, ice skating and exclusive igloo dining experiences. Located at the Lakehouse Hotel and Resort in San Marcos, 1105 La Bonita Dr. Days and times vary. Be sure to check their website. <https://www.lakehousehotelandresort.com/winter-wonderland/>

Security Blankets ... by Maureen McClellan

Thank you to Gail Fisher, Jenny Gillette, Charlotte Huff, and Toni Collins for their generous donations of fleece blankets and fleece yardage. These will be given to Palomar Forensics for their domestic and sexual abuse survivors.

Your continued support for this cause is greatly appreciated. Happy Holidays to everyone. See you at the potluck!



Sew Hungry Quilters ... by Susan Peters

Wed, Dec 14, 2022 will be our last get together for 2022. Please plan on joining us and sharing a reminiscence of a Christmas Past or a family Christmas tradition. I'm sure there are lots of stories to be enjoyed.

Join us at **11:30am on Wed, Dec 14th** at Golden Egg Omelet House, 3116 W. Mission Ave, Escondido.

Questions? Call Co-Chairs: Susan Peters, 760-741-5432 or Jan Wesley 760-746-8125. Happy Christmas and Merry New Year!



Red and Green

By Newsletter Editor

This is the time of year that thoughts traditionally turn to red and green as the predominant color scheme for any decorating or sewing project we might be considering. Sometimes we might throw in a smattering of blue, white or gold but for the most part, red and green win out during the holiday season. A little bit of online digging suggested that the muse for these particular colors was the cold weather of western and northern Europe. Folks living there through harsh winters enjoyed the green of holly, ivy, mistletoe, and evergreen trees coupled with the red of apples and the golden glow of candles to remind them that better weather was right around the corner.



In the mid-1800s, red and green quilts were wildly popular in the US. It wasn't the weather that influenced color choices for quilt makers, however, but the availability of light-fast and color-fast fabrics in red and green that prompted their use. Fabrics were imported and expensive at the time. So a little had to go a long way and the occasion had to be worthy of the cost and effort involved. The resulting red and green quilts were mainly applique quilts on a white background. The applique pieces were intricate flowers, leaves and vines sewn with meticulous precision and quilted lavishly with wreaths and garlands. These were not quilts for daily use, but quilts made for special people or special occasions like weddings.

Prior to the Industrial Revolution dyers used the Rubia plant to produce a slightly orange brick-like red dye for the clothes of merchants and artisans. Dyes used to make the vivid reds preferred by the rich and royalty were created by crushing a tiny insect, the cochineal, that lived only on the roots and stems of particular types of grasses. In the 16th century Spanish explorers looking for gold and silver in the New World discovered that the Aztecs of Mexico had another resource they desired ... a cochineal species living on local cactus which produced an even more magnificent red than its European cousins. Imagine trying to keep the cochineal

insects and cacti alive on the Spanish galleons on their way back to frigid Europe and then growing enough of them in sufficient number to keep up with demand. Despite the difficulties inherent in obtaining Mexican cochineal, it became the preferred red dye of European cardinals, bankers, aristocrats, and royal courts.

With the advent of the Industrial Revolution in the 1800s, the textile industry needed more plentiful and cheaper red dyes to use with their new large-scale machinery. Cochineal availability was scarce and too expensive to be used in dyeing mass produced textiles. Trade with India and Turkey, however, provided the answer. Textiles from these countries were dyed a vibrant bright red color using the readily available Rubia plant of old but enhanced by a complex multi-step process involving lye, olive oil, sheep dung and a few other esoteric ingredients to achieve its brilliance and colorfastness. Known as "Turkey Red", this dye soon became a staple of the British textile industry which exported Turkey Red cotton to the Americas. It cost more than the standard brick-colored reds, but because of its colorfastness and vividness, Turkey Red cotton became the fabric of choice for important quilts made in the Americas in the mid-1800s.

Here are a few quilts from that era which showcase the richness and beauty inherent in red and green quilts.

The quilt below was made by Mrs. Wesley Wright of Trough Creek Valley, PA about 1840. It is called "Dutch Tulips Applique Quilt" and features blocks of red and yellow tulips on point surrounded by a border of red roses. It is thought that the tulip motif in the quilt may reflect her German heritage.



(Continued on Page 7)

Red and Green (cont'd from Page 6)

The red and green quilt below, entitled “Rose of Sharon Applique Quilt,” was made by Elizabeth Price about 1851 and features rose and rosebud blocks surrounded by a border of rose blossoms. Each rose bud is reverse appliqued and detailed with green chain embroidery. Historians are not certain, but they believe that Elizabeth devoted the extra time and skill to this quilt because it was part of her dowry. Records show she married John Acton Robey the same year she made it.




As I put out my red and green Christmas decorations and unearth a red, green and yellow log cabin quilt that for some reason I keep buried all year long until December arrives, I wonder if our 19th century sisters weren't onto something. Why not have a red and green quilt out all year long? Like theirs, ours doesn't need to be on the bed for daily use. It could be displayed just as theirs were as a reminder of a special occasion or a special person. And best of all, it could be a reminder that we are part of a vast tradition of quiltmakers who love nature, bright colors, and meticulous craftsmanship with quality materials worthy of our efforts, our skills and our commitment of time. Happy Holidays all year long!

Resources:

- <https://royalalbertamuseumblog.tumblr.com/post/135339263973/red-and-green-the-colours-of-christmas-and-quilts>
- https://www.antiquequilt dating.com/Red_Green_Beyond.html
- <https://www.ohiohistory.org/floral-designs-in-applique-red-and-green-quilts/>

How to Get the Joann Snail Mail Flyer

1. Login or make yourself an account on the joann.com website.
2. In the upper right hand corner of the website you will see your name and this symbol .
3. Move your cursor over the symbol and a popup box will appear. The top entry says, “My Account”. Click there.
4. It's now on YourName's Account screen. Look along the left edge. You'll see a list of clickable Labels. The very last one says, “Communications.” Click on that.
5. It's now on your Communications screen. The first group of settings is labeled, “Communication Preferences.” They show your current Email, Text and Mail settings to receive Joann marketing messages, aka ads. On mine next to Mail, it said “Not enrolled.” (Eureka!! Problem found.)
6. To the far RIGHT of the words “Communication Preferences” notice the word “Edit”. Click on it. That brings up the editing window for your Communications Preferences. You'll see little on/off switches. Pick which ones you want based on if you want to get ads by email, text or mail. You can pick any combo you want. Notice that Text also allows you to get “order updates” if you want by text. This is the cool message telling you they've hunted down everything in your order and it's ready for you to pick up. You should also see boxes to add your cell phone number and address if you are turning on those options.
7. **VERY IMPORTANT** ... do NOT leave this screen until you hit **SAVE** at the bottom of it. Without hitting SAVE, none of your changes will occur.
8. Once you hit SAVE, now it ACTUALLY is time to be patient. I did this 2 months ago and I just this week saw the first flyer show up in my mailbox. I was about to give up hope of ever seeing one and even emailed Customer Service who told me it took 6-8 weeks for it to start. They were right. Almost 8 weeks to the day.
9. Also very important ... once you get it, try to remember where you put it. And don't let anyone throw it out. Coupons come with every issue.



Disclaimer ...

The one disclaimer I need to make with these instructions is that they were done on my laptop. If you're using a tablet or cellphone or the Joann app, things may look differently. The position of labels on your particular screen could be different than described here. But the wording will be the same or very similar. Look for key words like “Communication” and “Preferences.” Be patient and don't give up. Think of it like looking for buried treasure. Best of luck. You CAN DO IT!

Sew & Tell

Member Showcase ...

→ **Janis Newlin** ... “The second of three for this year. Probably won’t have the third one done in time.” (Note: see #1 in your November 2022 newsletter)

↓ **Alice Johnson** ... “I have made SO many items for the Madrid Manor Boutique on Dec 3 that I feel I am living in a store!”



→ **Suzie Owen** ... “This is the last of 5 pumpkin quilts for my family. It’s mine, so I added a pinwheel border to use up fabric.”



More Sew & Tell ...



Alyssa Cannon ... "The photos on this page are the quilts (and quilted pillows) I've worked on this year. The sea turtle and sea dragon were Mother's Day gifts. The one block wonder (aurora panel) is still in the works. And so is the Stella dog portrait. I am hoping to have those complete for Christmas gifts... FINGERS CROSSED."



NCQA Treasurer's Report 11/1/22 - 11/30/22

Checking Account Summary

Balance Forward	\$8,785.29	11/1/2022
*Credits / Income	\$311.75	
**Debits / Expenses	\$293.88	
Ending Balance	\$8,803.16	Bank Statement 11/30/2022

Check Register Summary

Balance Forward	\$8,610.29	10/31/2022
Ending Balance	8628.16	11/30/2022
Outstanding checks (2):	\$150.00	#1774 dtd 11/3/22 to Gloria Dei
	\$25.00	#1768 dtd 9/19/22 to DOJ replacement
	\$8,803.16	Reconciled to Bank Balance 11/30/22

*Monthly Income Detail

Contributions Cash - Member dues	\$30.00	Member Renewals
Contributions Cash - Donation	\$0.75	name tag, guest
Contributions NonCash - White Elephant	\$193.00	
Raffle Basket	\$0.00	
Raffle Mini Quilt	\$13.00	
Advertisements	\$75.00	
Newsletter mailing		
Total Income	\$311.75	

**Monthly Expense Detail

Gloria Dei Luthern Church - rent	\$150.00
Laurel Conger - Go Daddy	\$143.88
Total Expenses	\$293.88

Savings Account Summary

Beginning Balance	\$7,112.28	11/1/2022
Interest	\$0.39	
Withdrawals	<0>	
Ending Balance	\$7,112.67	Bank Statement 11/30/2022

Total Checking & Savings \$15,915.83

Sandy Hunter
Treasurer



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