

February 2023



# The Sew & Tell

North County Quilters Association



Member SCCQG | PO Box 301215, Escondido, CA 92030-1215 | [www.ncountyquilters.com](http://www.ncountyquilters.com)

## Executive Board

President	Carrie Harrison-Mortimer
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Advertising/Publicity	Leslie Sowden
Block of the Month	<b><i>vacant</i></b>
Fat Quarters	Janis Newlin
Good Cheer Quilts	Sandy Hunter, Claire Jungersen, Linda Steiner, Sue Ragan, Leslie Sowden
Greeter/Door Prizes	Dani Donnachie
Historian	<b><i>vacant</i></b>
Hospitality	<b><i>vacant</i></b>
Membership	Lynn Cass, Susan Peters
Membership Directory	Romany Bowers
Mini Quilts	Joy Smith
Newsletter	Barbara Michalec
Opportunity Quilt	Alice Johnson
SCCQG Rep	Suzan Fornof
Webmaster	Laurel Conger
White Elephant	Karolyn Hart, Louise Anselmo

## Special Interest Groups

Rare Bears	Tonita Waters
Security Blankets	Maureen McClellan

## Neighborhood Groups

Sundance Kids	Paula Huntington
Escondido South	Joanne Eichler

## President's Message

By Carrie Harrison-Mortimer

Hello My Quilting Friends,

Everyone that attended the last guild meeting had a wonderful time seeing the beauty and creativity of Leslie Sowden's Crazy Quilt collection. It was so very awe inspiring. She is a true artist.

This month's meeting will be special as well. We have a renowned speaker, teacher and lecturer, Ann Turley. You may have had a chance to visit her booth at the Road to California Quilt Show a few weeks ago. You can read more about Ann and see a few of her creations on Page 2 of this newsletter. You can also visit her website at: [www.annturley.info](http://www.annturley.info)

I'm sure this will prove to be an exciting meeting. You will not want to miss it!!

Hope this all finds you healthy, happy & quilting away. See you on the 20<sup>th</sup>. Carrie



**Our Next Guild Meeting is ...  
Monday, February 20, 2023**

Gloria Dei Lutheran Church  
1087 Country Club Lane  
Escondido, CA 92026  
Doors open at 5:45pm

**Meeting begins at 6:30pm**

**Speaker: Ann Turley ♥**



## February Meeting Program

By Jill Conger

Our speaker this month is Ann Turley talking about **"Just Quilts,"** a selection of her own quilts in a program sure to please everyone. She has a whimsical style and a charming sense of humor, both of which are echoed in her quilts

Anne is a quilter and fiber artist living in Fallbrook. She enjoys creating original pieces and has been juried into many prestigious quilting events including Road to California and several SAQA exhibitions. She loves to tell a story with fabric.



← Morning Ritual  
By Ann Turley

↓ Perri  
By Ann Turley



**February Birthdays ...** A very Happy Birthday to all of our members with a February birthday:

- ♥ Betty Biggs (2/1)
- ♥ Dani Donnachie (2/4)
- ♥ Jill Conger (2/11)
- ♥ Janis Newlin (2/16)
- ♥ Jenny Gillette (2/23)



Remember to stop by the White Elephant table for your \$5 gift credit.

## Membership ... by Lynn Cass

Happy Valentine month to you all. This is the perfect time to let you all know that you are loved and that I really appreciate everyone who comes to each monthly meeting. It is so good to be with other fellow quilters.

Isn't our guild wonderful!! We have had some amazing speakers each month, even ones from our own membership, like Leslie who shared her gorgeous Crazy Quilts, beautiful embroidery and techniques just last month with us. 😊 We are a close-knit group. Some of us have known each other for many years. We even have Neighborhood Groups and a monthly Sew Hungry Luncheon.

With all this in mind, it's time to get the word out and invite your friends, family and neighbors to our monthly meetings. This year we are once again having an Opportunity Quilt. YEAH! We'll all want to do what we can to help with ticket sales and presenting our beautiful quilt to the public!

As Membership Chair I am going to try to greet you all more often too ... especially making our visitors feel welcome and wanting to come back. This month I'm going to provide a nametag for anyone not wearing one. Hopefully, all of us can introduce ourselves to one new person (or more!) at the February meeting. 😊 **Let's build on our reputation to be the most friendly and kindest quilt guild ever, the guild I know we are already.** Sew happy to know you.

## Notes from SCCQG ... by Suzan Fornof

The Southern CA Council of Quilt Guilds meeting was held by Zoom on 1/14/23. Here are highlights of the meeting:

- Please keep calendar updated in SCCQG website if you want them to post on their website guild happenings.
- National Quilters Day in March 18.
- Long Beach quilt show is July 6-8.
- April 8 is meet the teachers 10am -1pm by Zoom, link comes out 4/1.
- Road to CA has 60% fewer vendors than before, all shows are having this issue.
- Topic was "Social Media" ... Instagram, YouTube, Facebook and TikTok being the most popular.
- TikTok is the fastest growing site of all. If you want younger members, TikTok is the way to go.
- Share tips for quilting, info and announcements. Keep up to date. Don't go more than 2 weeks without a post.
- Can go to Google or YouTube for help getting set up. Be sure pics or video has close ups and tight cropping.

I will be stepping down from SCCQG rep in June, 2023. There are only 3 SCCQG meetings a year, all done on Zoom for about an hour or so, always on a Saturday morning. You only have to take notes on meetings and write up a summary for the newsletter as well as share the information with the board. Please let Suzy Owen or Suzan Fornof know if you are interested in this position.



## Rare Bears News ... by Tonita Waters

### *Prince of Peace Abby Retreat:*

I am happy to say our retreat is full for the weekend crafters/sewers of June 9-11. If anyone wishes to join us for sewing fun and lunch from 9:00 to 4:00 on Saturday June 10<sup>th</sup>, let me know as soon as possible. The cost for the one day is \$30.00. Final payment for the weekend is due February 1. If you made a deposit of \$50.00, your balance due is \$205. Make check out to Tonita Waters. If you have any retreat questions, please give me a call.

### *Spring into Action for Kids Day (RARE Bear Sew-In):*

It has been more than 2 years since we have been able to have our get together to make bears for our special kids. We are looking forward to seeing all of you special bear makers ... present, past and new bear sewers. Everyone is welcome. We hope you will join us on **March 18<sup>th</sup> 10-4** at the Sundance Mobile Home Park clubhouse. Activities for the day:

- Coffee and tea to power up with
- Bear kits cut and ready to sew (if you don't want to cut your own)
- Feet and number tags for each bear sewn
- Sewing directions provided including a NEW head attaching technique that makes the sewing SO much easier
- Help, if needed
- And of course LUNCH will be served

There is NO charge for this special day. However, reservations are required. Please call or email me to sign up and get a supply list. Looking forward to seeing everyone.

RARE Science/RARE Bears  
Tonita Waters  
760 815-9244  
tonitawaters@gmail.com



### *Craft Show:*

Looking for vendors for the craft show that will be held at Sundance Mobile Home Park. Items must be made by you; no purchased items are allowed.

- Set up time: 8:00-9:30 a.m.
- Show opens: 10:00 a.m.
- Show closes: 3:00 p.m.

If you are interested in being a vendor, contact me.

## White Elephant ... By Carolyn Hart

A Singer Brilliance will be for sale at the next meeting for \$175.

We also will have this complete kit for an Edyta Sitar pattern, "Applique Affair," which includes all the fabric and patterns for the 25 blocks and inner and outer borders. Finished quilt size is 79" x 79". All for \$100.



## Good Cheer News ... by Leslie Sowden

Thanks to Jenny Gillette for a quilt and a pillowcase, and to Karen Maher for a quilt. The Good Cheer committee made 4 quilts. [See them all here.](#) It was another slow month for Good Cheer. We all need to find our 2023 quilting mojo!

We have kits for every level of quilter so please stop by the table at the next meeting and pick one up.

In sheer number of items donated, Good Cheer is the primary way North County Quilters supports our community so it's important that we all help. Thanks!

- Claire, Sue, Sandy, Linda, Leslie

## Note from Editor about HyperLinks ...

Anytime you see words underlined in this newsletter, they are a HyperLink, commonly known as a Link. This means you can click on the words and the internet will take you to the linked website or email. A good example are the words, "See them all here" above in the Good Cheer News article. If you click on the underlined words in the article, you will go directly to the website where Leslie put the photos of the Good Cheer quilts. Links are a fun way to zoom around the internet ... and are very addicting.

## Sew Hungry Quilters

Everyone LOVES a good meal and what better way to celebrate the love of good food and laughter than having a meal at the Golden Egg Omelet House with fellow guild members, friends and family.



Join us ...

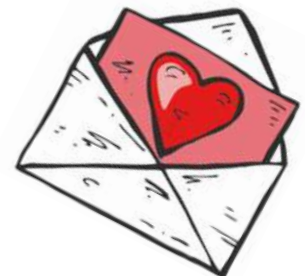
on **Wednesday, 2/8/22, at 11:30am.** We meet at **The Golden Egg Omelet House, 316 W. Mission Ave, Escondido** at 11:30am on the 2<sup>nd</sup> Wednesday of every month.

Special Note: eating at The Golden Egg is a guild fundraiser ANYTIME you eat there. 10% of your bill comes back to the guild. Be sure to tell them North County Quilters sent you whenever you go.

Questions?

Call Co-Chairs:

Susan Peters,  
760-741-5432  
and  
Jan Wesley  
760-746-8125.





### Fat Quarters ... by Janis Newlin

Carrie was our winner for the January Fat Quarter contest. Yay for Carrie!

The February category for the Fat Quarter contest is "Polka dots" any color.

Please check your stash and join in. See you at the meeting.



### Upcoming Events ...

**All of February.** During the month of February, all seniors age 65 and older receive free admission to the San Diego Zoo Safari Park. Seniors must present a valid photo ID. Parking is **not** included. For more information: <https://sdzsafaripark.org/seniors-free>

**Location:** San Diego Zoo Safari Park  
San Pasqual Valley Road  
Escondido, California 92027

**February 25-26, 2023 from 10 am – 4 pm.** The Pajaro Valley Quilt Association 45th Annual Quilt Show with the theme, *Through the Looking Glass*, a celebration of the magic that happens when thread, fabric, curiosity, and artisanship come together. For more information: <http://www.pvqa.org/>

**Location:** Santa Cruz County Fairgrounds  
2601 East Lake Avenue  
Watsonville, CA 95076

**March 17-18, 2023 from 10 am – 4 pm.** Women's Club of Lakeside 37th Annual Quilt Show and Boutique. Admission = \$5 per person. View some beautiful quilts, check out the vendors for unique gifts. For more info: [www.womanscluboflakeside.org](http://www.womanscluboflakeside.org).

**Location:** Lakeside VFW Hall  
1260 Lindo Lane  
Lakeside CA 92040

### Security Blankets

By Maureen McClellan

Thank you so much to all you guild members who came to the rescue at our January meeting. I brought 24 pieces of fleece, and went home with two empty tubs. Yeah! You are awesome. Several cash donations totaling \$34 found their way into the donation jar. A gift to the Guild! Thank you, donors.

Thanks also to Barbara M. and Romany for their generous donations of completed fleece blankets for Palomar Forensics.

As a reminder, each fleece blanket takes 1-2/3 yards of 56/60" fleece. Trim off selvages and sew a single turn hem on all four sides. Your continued support of this project is greatly appreciated. ❤️

### Neighborhood Groups

**Sundance Group** is getting ready for their first ever Big Bear Retreat in April. Hopefully the snow will be melted. It meets on the first Wednesday of the month at 9:30 am in the clubhouse at Sundance Mobile Home Park, 2250 N. Broadway, Escondido, CA. 92026. For more info, contact:

Paula Huntington 760-294-6011  
[paulahuntington@gmail.com](mailto:paulahuntington@gmail.com)

**Escondido South Group** is busy making the guild's Opportunity Quilt. Rumor has it, it's a beauty! We can't wait to see it. It meets every other Thursday at 9:30 am in the clubhouse at Citrus Gardens Mobile Home Park, 1730 Toyon Glen, Escondido, CA. 92026. For more info, contact:

Joanne Eichler #760-580-6663  
[ticomom825@gmail.com](mailto:ticomom825@gmail.com)



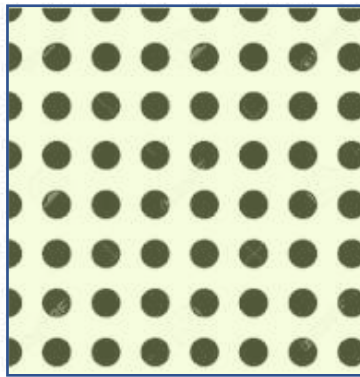
## Polka Dots ...

Before the Industrial Revolution in the mid 1700s you wouldn't have been able to find polka dot fabric anywhere. Prior to that time the technology and machinery didn't exist to create evenly spaced dots on fabric. It was just as well, because dots or spots were associated with the plague which made them understandably very unpopular. A century later by the mid 1800s people were much healthier and enjoying a new type of folk dance called the Polka. The dance craze generated a variety of products capitalizing on the trend. There were polka puddings, polka skirts, polka suspenders and polka dot accessories. It was thought that the first reference to polka dot fabric was in a woman's magazine, Godey's Ladies Book in 1857, describing a scarf with a polka dot border. But Barbara Brackman, the quilt historian, disagrees. She has found an ad from 1850 for polka dot muslin sold at a dry goods store in Charleston, South Carolina and an ad a year earlier from 1849 for polka dot silks sold in New Orleans, Louisiana. Polka dots were afoot.

There is no recorded history as to how polka dots got their name, but folklore speculates it may be derived from the Czech word *pulka* meaning half, a description of the jumps (or half-steps) taken in the dance. Barbara Brackman goes even further to speculate that this also explains the half drop repeat of the polka dot pattern itself as opposed to the full drop repeat, which she refers to as a dotted fabric<sup>1</sup>, not a true polka dot. Who knew?!



*Dots in a  
Half Drop Repeat*



*Dots in a  
Full Drop Repeat*



While polka dot pudding and suspenders have fallen by the wayside, polka dots in fabric and fashion have been popular ever since their first appearance. Movie stars such as Marilyn Monroe and Elizabeth Taylor have worn them. Fashion designers Christian Dior, Carolina Herrera, Kate Spade and many others have used them frequently in their creations.<sup>2</sup>

Even our favorite animated mouse, Minnie, has been wearing polka dots since her debut in the animated movie *Steamboat Willie*<sup>4</sup> in 1929. But if you look closely, you won't see her iconic polka dot skirt in the movie itself, only in still frames like the title and end screens. It seems the dots were way too hard to animate smoothly so had to be left on the drawing room floor. Also left in the distant past at Disney is Minnie's full name, Minerva Mouse, revealed in a Mickey Mouse comic strip in 1942 called *The Gleam*. Who knew?!

You can watch Mickey and Minnie's screen debut in *Steam Boat Willie* [here](#). It's a classic.

1. <http://barbarabrackman.blogspot.com/2020/06/polka-dots-from-whence-name.html>
2. <https://www.jessieandjames.co.uk/blogs/news/polka-dots-a-brief-history-through-time>
3. [https://en.wikipedia.org/wiki/Minnie\\_Mouse](https://en.wikipedia.org/wiki/Minnie_Mouse)
4. <https://video.disney.com/watch/steamboat-willie-4ea9de5180b375f7476ada2c>

## Now Where Did I Put My ❤️?

By Newsletter Editor

If we're to believe the old Tony Bennett song, I left my heart in San Francisco. I'd gladly have done just that, but my heart was already claimed by a little town closer to home ... Big Bear, CA. Why Big Bear you ask?

Last year I started watching the Big Bear Bald Eagle cam online. There's a camera mounted right on the nest 145 feet up in a Jeffrey Pine just outside Fawnskin, CA near Big Bear revealing the secrets of the bald eagle boudoir. The camera is on 24/7 with special lighting that turns on after sunset so the viewer can see but it doesn't bother the birds. Right now romance is in the air. Jackie, the mom, just laid two eggs. She and the dad, Shadow, are busy sitting on them, keeping them warm in the midst of blustery winter storms that have literally dumped snow and ice right into the nest. Below is a photo of Jackie taken in mid January after she shook off the layer of ice that crusted her feathers overnight. Talk about the power of love!

The good news is eagles come prequilted. They have over 7000 feathers that zip together to make waterproof air-trapping layers. They also have a core temperature of 106 degrees to warm up that air to a snow-defying degree. I look at her and think if anyone deserves a quilt for Valentine's Day, it's Jackie.

Pip watch (ie hatching time) is supposed to begin around February 14<sup>th</sup>, just in time for a couple of Valentine bobblehead bundles of joy to arrive. To watch all this fun, go to: [Big Bear Bald Eagle Cam](#). You might also like the cheat sheet created by the webcam monitors that lists the specifics of what's happening on the nest and when. Sometimes it's difficult to tell Jackie and Shadow apart and keep track of how many sticks, trout and other assorted meals they bring. That's all neatly tracked for us here: [Nest Recap](#).



Not to give anything away if you decide to also watch this intrepid family, but I need to warn you ... watching becomes VERY addictive. There are squabbles over stick placement ... sometimes even tug-a-wars. There is loud complaining when breakfast isn't served on time. There are blood and guts (of trout and sundry water fowl) strewn willy nilly about the nest, gulping of fishtails, biting of talons, anticipation and disappointment, cuteness and gangly awkwardness, invasions by ravens and flying squirrels, and lots and lots of projectile pooping. Sounds like a possibility for an exciting Netflix series, eh?!

In honor of Jackie and Shadow and selfless parents and grandparents everywhere, I've collected an assortment of heart quilts for your viewing pleasure. Whether your heart is in San Francisco, Big Bear or your grandkiddo's back pocket, these are for you.

## Happy Valentine's Day



[Tessellating Hearts](#)  
by americanquilter.com



[Boho Heart Quilt](#)  
By Jin Kingwell Designs



[Exploding Heart Quilt](#)  
By Slice of Pi Quilts



# Sew & Tell

## Member Showcase ...

↓ → Lynn Cass ...

“I made this quilt for my son-in-law. He is very patriotic and a paramedic firefighter. I bought all the fabric and the panel in Texas when we were taking our granddaughter to her university this summer.”





NCQA Treasurer's Report

1/1/23 - 1/31/23

Checking Account Summary

Balance Forward	\$8,766.41	1/1/2023
*Credits / Income	\$446.16	
**Debits / Expenses	\$392.87	
Ending Balance	\$8,819.70	Bank Statement 1/31/2023

Check Register Summary

Balance Forward	8591.41	12/31/2022
Ending Balance	\$8,764.70	1/31/2023
Outstanding checks (1):	\$25.00	#1768 dtd 9/19/22 to DOJ replacement
	\$8,819.70	Reconciled to Bank Balance 1/31/23

\*Monthly Income Detail

		Member Renewals
Contributions Cash - Member dues		name tag, guest, donation
Contributions Cash - Donation	\$59.50	
Golden Egg Omelet House	\$231.66	
Contributions NonCash - White Elephant	\$110.00	
Raffle Basket	\$37.00	
Raffle Mini Quilt	\$8.00	
Total Income	\$446.16	

\*\*Monthly Expense Detail

Gloria Dei Lutheran Church - rent	\$150.00
Supplies - Carrie Harrison	\$42.87
Program - Leslie Gowden	\$50.00
Total Expenses	\$242.87

Savings Account Summary

Beginning Balance	\$7,113.57	1/1/2023
Interest	\$0.91	
Withdrawals	<0>	
Ending Balance	\$7,114.48	Bank Statement 1/31/2023

Total Checking & Savings	\$15,934.18
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Sandy Hunter

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