

June 2023



The Sew & Tell

North County Quilters Association



Member SCCQG | PO Box 301215, Escondido, CA 92030-1215 | www.ncountyquilters.com

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Security Blankets	Maureen McClellan

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President's Message

By Carrie Harrison-Mortimer

Hello to My Quilting Friends,
Here we are already at the end of our Guild "year." We had a wonderful year of great speakers and incredible member presentations.

The May guild meeting was so much fun. We all enjoyed seeing the creativity of our members during the NCQA Guild Quilt Challenge. It was truly inspiring. Congratulations to our winners, 1st place to Toni Collins, 2nd place was Sandy Hunter and 3rd place was Jan Wesley. Thanks to all the members who participated. A big thanks to Gail Fisher for spearheading this event.

Our June meeting will be our last before the summer hiatus, (No guild meetings in July or August). We will be having a potluck and game night. See the separate article on page 2 from Jill for all the details. **Reminder:** Since it is a potluck, we will be starting the meeting earlier so we can all eat!! So the meeting will start at 6:00pm.

Hope to see you all there!!



Our Next Guild Meeting is ... Monday, June 19, 2023

Gloria Dei Lutheran Church
1087 Country Club Lane
Escondido, CA 92026

Doors open at 5:30pm

Meeting begins at 6:00pm

~~~~~ End of Year Potluck ~~~~~

## June Meeting Program

By Jill Conger

Hi Quilters, Wow! June is here already and we will be winding up our NCQG 2022-23 year with our annual Potluck meeting. Remember we will be starting the meeting early- at 6:00 pm, so we can eat and then have some fun.

Please bring whatever dish, casserole, desert, salad, charcuterie board, or any food you would like to share contribute to the spread! We will have plug in spots for crock pots if you need one. **The Guild will provide paper plates, napkins, utensils and cups.** Don't stress about not having something to bring. Just bring YOU. We want to chat and hear what you are up to, what your summer plans are and even be an summertime accountability buddy (if you need one) to keep you on track to finish that UFO that's needing attention! Always please come and attend the meeting even if you don't bring food. Potlucks always work out to offer enough.

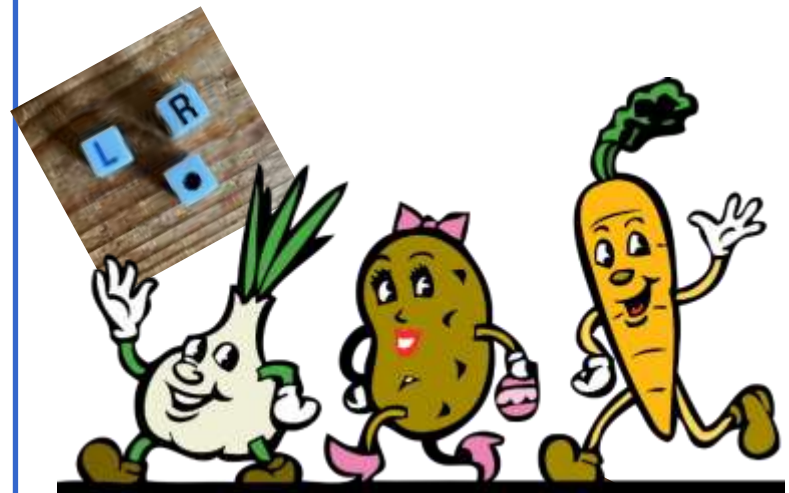
Our activity for the evening will be the dice game "Left, Right, Center." This is a fast-paced easy game. No measuring or keeping score needed! We will play two rounds of this game: the first round **using three fat quarters (any cotton fabrics)** and a second round **using three WOF strips 2 1/2" wide (batiks only, please).** We will also be playing Quilt Bingo! There will be prizes for the winners.

Enjoy your summer! Buy lots of wonderful new fabric – or shop your stash because you probably have your favorites hiding there just waiting to be used! Our new 2023-24 NCQA quilting year will begin in the fall with a meeting on Monday, September 18, 2023. Until then, Happy Quilting.



## June Meeting At-a-Glance ...

- Yes ... Potluck
- Yes ... Fun games
- No ... Fat Quarters table
- Yes ... Forensic blankets can be dropped off with Maureen
- Yes ... Good Cheer items can be dropped off and summer project kits picked up. No table but look for one of the GC crew.
- Yes ... White Elephant will have a limited selection. See their article on page 5.
- Yes ... Membership is accepting renewals and new memberships for our 2023-24 year



## June Board Meeting Date Change ...

By Carrie Harrison-Mortimer

**Please Note:** The guild board meeting has been moved a week later this month. It will be on Thursday, June 15th at 6:30pm. At the same place, Madrid Manor, back clubhouse. As always, guild members are welcome to attend.

## Membership ... by Lynn Cass

Happy spring and happy almost summer to you all! We have had really fun, inspiring and informative monthly meetings this past year. It is wonderful how everyone pulls together to make it all happen. 😊

Thanks to each member who has been faithful and able to come to meetings throughout the year. Being part of our guild is getting to know each other who share the love for quilting and all that goes along with that joy in our lives. Many members have known each other for a long time and have made lasting friendships which is so wonderful.

I am hoping that we all can invite visitors in June to our last meeting before our break so they can become inspired to join as a member in September. In fact, I will have 2023-2024 membership forms available at the June meeting. So please encourage your friends to come.

I am also encouraging you all to consider letting Carrie, Jill Conger or Jan know of any ideas that we might be able to incorporate into our program planning that you feel would be of interest to us all at a monthly meeting. It's always good to hear from the members with any new ideas or desires to see happen in the guild. Hopefully, we may be able to include your idea!

Along a similar thought, if you know a member who could use a word of encouragement or a friendly hello that you have not seen in a while, please let me know so that the guild can reach out to them. It's always good to be remembered.

Looking forward to seeing you all at the June meeting and wishing you all happy fun-filled, restful, lazy summer days whether it is sitting at your sewing machine sewing away at a UFO, on a trip, being with family and/or friends, reading a good book or wherever your happy place may be until we see each other in September, I wish you all well.

One last thought - maybe get together with someone and go to the quilt run in July – flyers are available 😊.



## My wife was coming home from the fabric store when the receipt blew right out of her hand ...



Submitted by Dani Donnachie

## Good Cheer News ... by Leslie Sowden

Thanks this month go to Debra Dubs and Romany Bowers for 1 quilt each, Karen Maher for 1 pillowcase, and Rita McFayden for 2 quilts and 6 pillowcases. The Good Cheer ladies made 3 more quilts, for a total of 7 quilts and 7 pillowcases dropped off at Interfaith. [Click here to see them all.](#) We have noticed that some pillowcases do not have the French seam inside. The pattern walks you thru how to do that – please be sure to make the pillowcases per the exact steps of the pattern. Thanks!

Even though the Good Cheer table won't be set up at the June meeting, quilt and pillowcase kits will be right outside in Leslie's car, so be sure to ask if you want some things to sew over the summer. Many thanks to everyone who turned in items over the past year.

See you in September.

- Claire, Sandy, Sue, Linda & Leslie



### RARE Bears Happenings in June ...

By Tonita Waters

We are ready for the Retreat at the Prince of Peace Abbey in Oceanside. We have put together 2 special quicky classes for after dinner on June 9th Friday and on June 10th Saturday. Both are scheduled for 7:30pm at no additional charge.

RARE Bears is looking for a **little extra help on Sat. June 24, from 10-2.** This is the day we mail RARE Bears to our special kids.

I always look forward this day. The bears are matched to a child's likes, hobbies and favorite colors. If you are interested in giving us a hand, just give me a call. Tonita at 760-815-9244.

**RARE Bear  
Retreat ...  
... this a'way!**



Submitted by Dani Donnachie



**June Birthdays ...** A very Happy Birthday to our member with a June birthday. You will have a White Elephant \$5 birthday gift credit available at the June meeting.

Jennifer Lutes (6/8)

## Help Wanted

We're looking for introductions or contacts for local people who have a quilting skill or related talent to speak at a guild meeting for our 2023-2024 guild year. Presentation time is approximately 45 minutes.

We're developing an exciting line up of programing for our next year so please give them my phone number or email. Not sure if they're the right person to speak? Send me a message so we can discuss it.



Jill Conger  
Vice President of Programs  
760 855-9424  
jillconger@gmail.com



## Fat Quarters ... by Janis Newlin

We do not have a Fat Quarter contest in June. Sorry I had to miss the May meeting. Joy Smith told me that there was a good amount of participation.

Be ready for the September contest after our summer break. The category in September will be **Halloween**. This is one of the favorite categories. Be sure to join in! Enjoy your summer.

## Upcoming Quilting Events ...

- **San Diego County Fair, June 7 – July 4** at the Del Mar Fairgrounds. For more information, visit: <https://www.sdfair.com/>
- **Road to California Quilt Show**, check their website in late June for class lists and registration information for the Jan 2024 Road 2 CA Quilt Show. Dates: Jan, 17-20, 2024 at the Ontario Convention Center, Ontario, CA. For more info, visit: [R2CA Website](#).
- **Repiecer's Meeting (Southern California Quilt History Study Group), July 2 from 9am – noon**. On Zoom. Topic = Quilts from the Pasadena Museum of History with Arlene S. & Leah Z. For more information, visit: [Repiecer's Website](#)
- **International Quilt Festival Long Beach, July 6-8**. Long Beach Convention Center, 300 East Ocean Boulevard, Long Beach. More information at [Quilts.com](#)
- **Valley of the Mist Quilt Guild's Flea Market of the Mist, July 11, 6:30pm – 8:30pm** in Murrieta, CA. Bargains on notions, books, fabric and more. For information, see [Valley of the Mist Quilt Guild](#)
- **Southern California Quilters' Run, July 13-16 and July 20-23** Great Prizes. Includes Inspirations, QiaD, Quilters Cottage, Between Stitches and many more stores. For more information, Visit their website at: [Southern California Quilter's Run](#).



## Security Blankets ... by Maureen McClellan

Thanks to Alice for her donation of fleece yardage at the last meeting and to Barbara M. for offering to hem it for the blankets. Patty from Palomar Forensics picked up 17 blankets in May. They are always very grateful.

If anyone has any finished blankets or fleece yardage to donate, please bring them to the June guild meeting, or call me for pickup at 760-224-3494.

Thank you so much for continuing to support this worthwhile project.

## White Elephant ... by Karolyn Hart

In June we will bring some free quilt magazines, patterns at half price and some fat quarters. Hope to see you there for fun and games!



## Sew Hungry Quilters ... by Susan Peters

Remember the adage "April showers bring May flowers"? I expanded that to be ... "April showers bring May flowers, June bugs and July spiders."

I'm not finding bugs now, but I'm finding gopher holes in my yards!! Eeek! I have to be so careful walking as to not twist an ankle while I water trees in my front yard.

Now that you know what is going on in my world, please join us on Wed, June 14<sup>th</sup> at 11:30 for breakfast/lunch at Golden Egg Omelet.

You can share what's going on in your world, sewing or otherwise.

Questions?  
Call Co-Chairs:  
Susan Peters,  
760-741-5432  
and Jan Wesley  
760-746-8125.



## You Can Call Me AI (Fresco)

By Newsletter Editor

With summer almost officially upon us (Summer Solstice June 21<sup>st</sup>), I'm already salivating for potato salad and barbecued hot links. Not your most nutritious of meals but definitely a tasty one, especially if accompanied by some ice-cold watermelon slices or better yet, homemade peach ice cream. My uncle was a dairy farmer in CA's Central Valley and every 4<sup>th</sup> of July no matter where we lived, we'd make a pilgrimage to see them. The visit often involved peeling juicy, arm-drenchingly ripe peaches and taking a turn at the hand crank wooden ice cream maker until it became so impossibly hard to turn that only our dads could get in the last few cranks. If we were lucky, we'd get to sample what was left on the paddle when it was removed to let the creamy goodness harden in ice and salt for what seemed like forever. Later in the evening we were treated to fireworks and at last the ice cream slathered with more peaches. Summer had arrived.

All this thinking about summer, reminded me how wonderful it is to be outside and in particular to eat outside, which reminded me of the "picnic" quilt I shared at the April meeting made from vintage Dresden plate parts and hexy units that I'd gotten from my mom. Truth be told, the Dresden plates designed the quilt not me ... or maybe you could say they told me what other fabrics to put with them each step of the way. I just auditioned fabrics for them until they said yes and then I went and sewed. This audition/sew/ repeat process was not a new one for me. That's my go-to fabric selection method ... let the quilt pick. But usually I have an idea or goal in mind from the start. This was the first time I embarked on a project with no goal in mind except to use the Dresden plates.

The fact that the "plates" brought me to a picnic quilt tickles my funny bone. Who could have predicted it would look like a French tablecloth and already be set with "plates?" Not me. Uncharacteristically I'm actually thinking about using it as a throw for picnics. That's a BIG step for me. I'm ok with quilts being used as bed covers, wall art, tv-watching blankets and even baby lovies, but to put a quilt deliberately on the ground and bring food to be placed on top of it ... hmmm ... mmmmm ... on top of my hand-pieced hand-applied Dresden plates? We have to talk, Quilt!

Quilt to Barb: YES, go for it.  
Think and do outside the box.  
Be outside the box. Be alive!



I'd like to take a short detour to explore the origins of the word "picnic." It comes from the French word, "pique-nique" which was an outdoor gathering where everyone who was invited brought a little something to the party. The root of the word in French is "piquer" which is a verb meaning to prick or sting. But like all French words its meanings are many, so it also means to bite or nip. What a perfect choice for a fun way to describe a feast made up of little bites of a lot of things. Today we call such feasts "potlucks" but the French translation for potluck is "repas-partage" which means to share a meal. True but definitely lacking in the fun nuances that a pique-nique brings to mind.

It seems the French were enjoying picnics way back in the 17<sup>th</sup> and 18<sup>th</sup> centuries. By the beginning of the 19<sup>th</sup> century the English had adopted them as well initially as a pragmatic means of refueling during their hunts. But by the 1860s the picnic had become an elaborate Victorian event complete with hampers of stuffed eggs, jellied roasts, baked bean sandwiches and puddings and cakes for dessert. Yummm!

Having traveled to the colonies with the British, the picnic took hold in America and exploded into a hundred different variations depending on the availability of food resources and traditions. We now have New England clambakes, Texas BBQs, and Louisiana shrimp boils in addition to backyard grilling, seaside bonfires, stadium tailgating, campground smore-roasts, family reunions, neighborhood block-parties and community fetes. It seems we don't need an excuse to party and eat outside in this country. The pique-nique is here to stay no matter its name.

Now back to quilts. What struck me in my exploration of the origins of the term picnic is how similar in concept the original meaning of pique-nique is with the concept of a quilt. They both are made up of small bites that go together to make a whole. When we make a quilt, we are essentially making a meal of a whole lot of little bites of fabric. C'est un pique-nique de beaucoup de tissus et de couleurs.

In closing, I'll leave you with a challenge for the summer. Be outside. Be outside the box. Listen to your quilt blocks. Listen to your fabric. Do the unexpected. Enjoy.

*See you in September*

Resources:

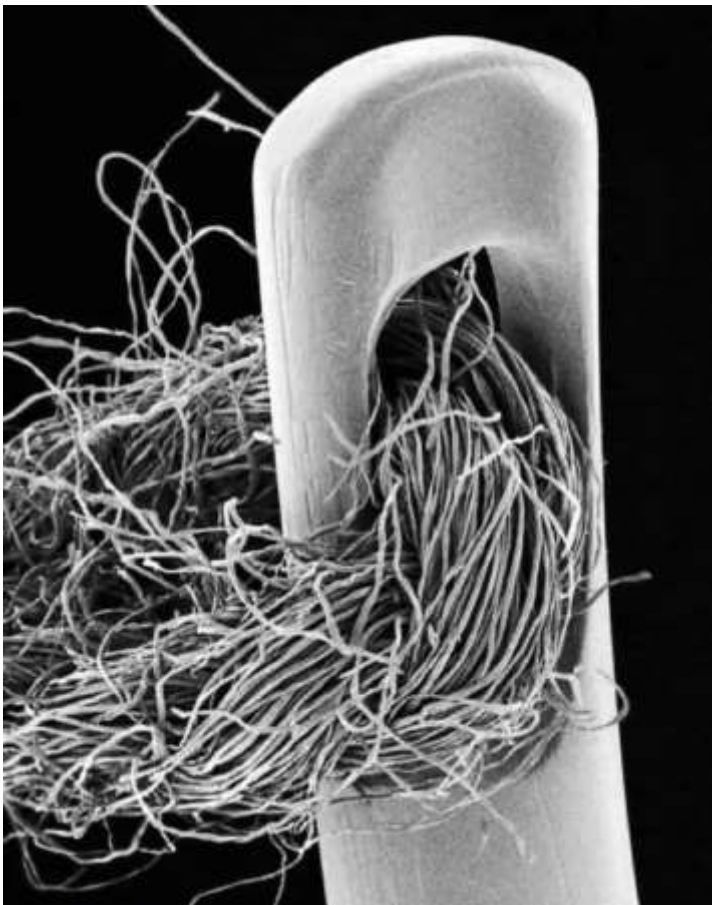
<https://outatthekitchen.com/tag/history-of-the-picnic/>



|                                        |                    |                                    |
|----------------------------------------|--------------------|------------------------------------|
| NCQA Treasurer's Report                |                    | 5/1/23 - 5/31/23                   |
| <b>Checking Account Summary</b>        |                    |                                    |
| Balance Forward                        | \$8,654.19         | 5/1/2023                           |
| *Credits / Income                      | \$216.00           |                                    |
| **Debits / Expenses                    | \$426.00           |                                    |
| Ending Balance                         | \$8,444.19         | Bank Statement 5/31/2023           |
| <b>Check Register Summary</b>          |                    |                                    |
| Balance Forward                        | \$8,654.19         | 4/30/2023                          |
| Ending Balance                         | \$8,444.19         | 5/31/2023                          |
| Outstanding checks:                    |                    |                                    |
|                                        | \$8,444.19         | Reconciled to Bank Balance 5/31/23 |
| <b>*Monthly Income Detail</b>          |                    |                                    |
| Contributions Cash - Member dues       |                    | Member Renewals                    |
| Contributions Cash - Donation          | \$6.50             | name tags, guest                   |
| Advertising                            |                    |                                    |
| Contributions NonCash - White Elephant | \$185.50           |                                    |
| Raffle Basket                          |                    |                                    |
| Raffle Mini Quilt                      | \$24.00            |                                    |
| <b>Total Income</b>                    | <b>\$216.00</b>    |                                    |
| <b>**Monthly Expense Detail</b>        |                    |                                    |
| Gloria Dei Lutheran Church - rent      | \$150.00           | 1 month rental                     |
| United StatesPostal Service            | \$176.00           | 1 year rental fee for box          |
| BJ Smith                               | \$100.00           | May program                        |
| <b>Total Expenses</b>                  | <b>\$426.00</b>    |                                    |
| <b>Savings Account Summary</b>         |                    |                                    |
| Beginning Balance                      | \$7,117.08         | 5/1/2023                           |
| Interest                               | \$0.91             |                                    |
| Withdrawals                            | <0>                |                                    |
| Ending Balance                         | \$7,117.99         | Bank Statement 5/31/2023           |
| <b>Total Checking &amp; Savings</b>    | <b>\$15,562.18</b> |                                    |
| Sandy Hunter<br>Treasurer              |                    |                                    |

### NCQA 2023 Challenge Quilts ...

It was REALLY hard to pick a favorite from the many entries in the NCQA 2023 Quilt Challenge, but in the end 3 quilts garnered the most votes from the membership. 1st place went to Toni Collins, 2nd place was Sandy Hunter and 3rd place was Jan Wesley. Many thanks to Gail Fisher and her mom for inspiring and hosting this wonderful guild activity.



### Summer Adventuring ...

Here are a couple of suggestions for free places to enjoy this summer and all year long:

**Queen Califia's Magical Circle** in Kit Carson Park in Escondido. It's worth a trip for the sheer beauty of the mosaic sculptures that look very much like 3-dimensional quilts. Free but only open on Tuesdays and Thursdays from 9 – 12. Only 1 of 3 like it in the entire world and it's right here in Escondido.

**Balboa Park** in San Diego. Yes, it's a drive but if you go on a Tuesday, you can enjoy a rotating selection of the many museums in the park for free as a San Diego County resident. Here's the website to check to see which museums are free for residents on which Tuesday:  
<https://balboapark.org/resident-free-days/>

← **Why it's so hard to thread a needle these days!**  
 Needle and thread as seen through an electron microscope. Click the link to check out the [Facebook post by Threads Magazine](#). Submitted by Jan Wesley.



# Sew & Tell

## Member Showcase ...

↓ → **Dani Donnachie** ... “My oversized King quilt for my new bed.”



↓ **Alice Johnson** ... “One last custom baby quilt for a faithful customer!”



↓ **Janis Newlin** ... “This is a quilt I made from my daughter’s marathon t-shirts. She will be running in the Chicago Marathon this coming October! The best part is I will be babysitting the girls (5 and 2) in Connecticut!”





## More Sew & Tell ...

↓ → **Janis Newlin** ... “These two are my latest finished quilts for San Diego’s foster children. They are fun and a good use for many of my bright colored scrap fabrics.”



↓ → **Leslie Sowden** ... “Two wall quilts embroidered by Claire Jungersen and finished by Leslie Sowden. Embroidery patterns by Leora Raikin, African Folklore Embroidery.”





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