

Company Name: _____ Dept: _____ Location: _____ Date: _____

#248

HEAT ILLNESS – HIGH-HEAT PROCEDURES

Heat Illness is a serious medical condition resulting from the body's inability to cope with a particular heat load, and includes heat cramps, heat exhaustion, heat syncope and heat stroke. Due to the amount of workers affected by heat illness on the job, Cal/OSHA has implemented stringent requirements for high-heat working conditions.

§3395(e) High-Heat Procedures.

The employer shall implement high-heat procedures when the temperature equals or exceeds 95 degrees Fahrenheit. These procedures shall include the following to the extent practicable:

- (1) Ensuring that effective communication by voice, observation, or electronic means is maintained so that employees at the work site can contact a supervisor when necessary. An electronic device, such as a cell phone or text messaging device, may be used for this purpose only if reception in the area is reliable.
- (2) Observing employees for alertness and signs or symptoms of heat illness.
- (3) Reminding employees throughout the work shift to drink plenty of water.
- (4) Close supervision of a new employee by a supervisor or designee for the first 14 days of the employee's employment by the employer, unless the employee indicates at the time of hire that he or she has been doing similar outdoor work for at least 10 of the past 30 days for 4 or more hours per day.

Meeting Conducted By:

Meeting Attended By:

Print Name

Signature

Document Filing Reference

Notes & Suggestions

Filing Instructions: Copies of this "Tailgate Talk" should be filed in employer's safety training records and cross-referenced in each employee safety-training file. This is intended as a guide only- all rights reserved.