

**Courage
Safety Systems**

**Safety
Training**

**Info
Handout**

Help prevent the spread of respiratory diseases like COVID-19.

Avoid close contact with people who are sick.



**Cover your cough or sneeze with a tissue,
then throw the tissue
in the trash.**



**Clean and disinfect frequently
touched objects and surfaces.**



Avoid touching your eyes, nose, and mouth.



**Stay home when you are sick,
except to get medical care.**



**Wash your hands often with soap
and water for at least 20 seconds.**



For more information: www.cdc.gov/COVID19



**COVID
CORONAVIRUS
DISEASE
19**

STOP THE SPREAD OF GERMS

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