

CONTACT

(519) 495.0869

deborah@runabouts.ca



MEET DEB, THE OWNER

When I was eighteen, my grandfather was diagnosed with Alzheimer's, and my family moved in to care for him. We wanted the care he received to be reflective of how we cared for and loved him.

That experience showed me how challenging, and meaningful, caregiving can be. It inspired me to study Sociology and Thanatology, specializing in Alzheimer's and Palliative Care. In 2013, I started Runabouts, turning my passion for caring with joy and love for seniors into my life's work. In 2013, I started Runabouts.

Caring with joy and love for seniors is my life's work.

THE TEAM

The Runabouts team is made up of compassionate, empathetic, kind caregivers. With varied backgrounds, their focus is always on providing consistent, loving care that supports the client and the family.

AWARDS

2023: Winner, Platinum award in community votes for Home Health Care Services

2024: Winner, Platinum award in community votes for Home Health Care, Home Support Services and First Aid



Runabouts



Compassionate, Respectful Care of the Elderly



www.runabouts.ca

THIS IS MY BOPA! World famous carver – he placed first in the world for his life-size Arctic Loon, which he carved in his seventies.

“EVERYDAY
IS A GIFT!”

VALUES

- Respectful care
- Joyful care
- Compassionate care
- Loving care
- Empowering care

Deb assists Seniors to maintain their independent lifestyles for as long as possible.

I TREAT OUR SENIORS LIKE FAMILY: WITH THE UTMOST RESPECT, COMPASSION, AND LOVE THEY DESERVE.

INSPIRATION

My inspiration for the business comes from my grandfather (Bopa), and Mom (Wendy), who both instilled a great love for the elderly!

I absolutely loved spending time with my Bopa. He was an amazing, smart, patient man, that I loved very much, and feel blessed that he was my grandfather.



SERVICES

Deb specializes in Alzheimers & Palliative Care. Managing major life transitions, her services include:

- Respite care
- Companionship/friendship
- Reminiscing
- Playing games
- Getting prescriptions
- Organizing daily activities
- Light housekeeping
- Shopping
- Groceries
- Pet care
- Medical, hair & pet appointments
- Leisure activities (walks, sight-seeing)
- Visiting family and friends
- Laundry & Ironing
- Meal planning
- Assisting families with caring for loved ones in the hospital
- Eating
- Grooming, hygiene
- Transportation services
- Consulting services: How to navigate the healthcare system



TESTIMONIALS

“My family found Runabouts when we needed extra care, supervision, and companionship for our elderly parents. Deborah and her team have supported us for several years, always showing reliability and flexibility in meeting our family's needs. The quality of care has been exceptional, often going above and beyond our expectations. Our loved ones have enjoyed walks, conversations, personal care, companionship, behavioural support, and the comfort of genuine connection. When we use this service, I have complete peace of mind knowing my family members are in good hands. Thank you to Deborah and her team for their faithful and compassionate care.” – Jen

“Deb and her team provide exceptional, personalized care by truly getting to know their clients and adjusting their approach as needed. My family has had the privilege of watching Runabouts grow over the years – from the early days supporting my parents at home to recently providing so much care for my mom. I honestly don't know what I would have done without them. I'll always be so grateful to have found Deb!” – Lib

CONTACT DEB ♥

Please contact Deb for a free, no strings attached consultation:

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DEB & BOPA



JOYFUL SENIOR CARE BY DEB

Leisure activities (walks, sight-seeing) · Transportation services
Visiting family & friends · Laundry & Ironing · Meal planning · Playing games
Getting prescriptions · Assisting families with caring for loved ones in the hospital

Managing major life transitions · Alzheimers · Palliative care
Respite Care · Friendship · Reminiscing · Organizing daily activities
Pet care · Appointments · Eating · Grooming · Hygiene · Groceries
Consulting services: How to navigate the healthcare system