Making a Difference

customized virtual or in-person workshops offering new perspectives and practical strategies -

Each of us is driven by our nature to make a difference, but in different ways.

Some of us are driven to create an impact, some to inspire others, some to produce stability and security, and some to reshape the world. Temperament theory — in existence for over 2,000 years — is a science-based tool that helps us recognize the lifelong predisposition that we and others have toward certain patterns of behavior and ways of making a difference. As we become aware of these patterns in ourselves and others and recognize the "SuperPowers" of each temperament, we can more competently lead and influence others, manage conflicts, make wise career choices, reduce stress, and make a difference in *our unique way*.

"SuperPowers" at Work (2.5 hours)

Learn about how people are creative and intelligent in different ways, how and why they are interested in different things and therefore are motivated and inspirited in different ways, and (given the choice) how they tend to make a difference.

Workshop participants receive a personalized assessment report of their Temperament type

Add-On Modules (1.5 hours each)

Reducing Stress - Managing Change

Influencing Others With Our Unique Leadership Style and Their Unique "Follow-ship" Style

Putting Team Conflict in Perspective

Enhancing Our Career Choices - Situations Where We Thrive

Workshops are designed and led by Laurel Boucher, ME, PE, an engineer who transformed her 15 year career with the US federal government into work consistent with her SuperPowers. Her workshops are practical, engaging, fun, and immediately useful. She is known for her candor and skill in making social science concepts easy to understand and apply.

Laurel has over 20 years experience applying Temperament Theory in team building, strategic planning, and inter-organizational partnering programs. She is the author of over a dozen published papers presented in the US and Europe. Her clients have included the Dept. of Defense, the Dept. of Energy, and over 50 federal and state government organizations and private companies in the US, Europe, and the Middle East.

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