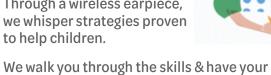
A Different Kind of Treatment

PCIT is a hands-on treatment to help children listen & behave better. Therapists & caregivers work as a team to conquer behavior problems in a practical vet unique way.

Here's How **PCIT Works:**

We're behind a 1-way mirror, out of the way, but connected to you.

Through a wireless earpiece, to help children.



back while you practice with your child.

Here's Why PCIT Works:

A partner in parenting We make step-by-step changes together. You don't have to try things out on your own, we're in this together.

Real-time help

We can instantly see how the skills are working & make tweaks so they work even better.

Research shows nothing beats in-the-moment practice for getting behavior problems under control.1

A formula for success We use tried & true techniques to make parenting easier, & we practice until you've got it down like second nature.





Get to know each other

We'll first chat about your family's needs & goals, fill out some forms, & watch you & your child play. This important information helps us better help you.



Connect

Phase 1 is about making your bond stronger & bringing out the best in your child. These skills make children want to listen more & be good.



Phase 2 is about getting your child to listen right away. These skills help children follow directions & learn consequences.

Learn 2

Learn about skills during a therapist & caregiver meeting.

Practice ?

Practice skills with your child during coaching visits.

Practice ?

You are going to be amazed. I literally have a different kid. I tell everyone I know and see about this therapy."

> - Amanda P., Mom of 6-vear-old daughter



By the end of PCIT, you'll have an easier & more enjoyable relationship. You'll have tools to parent smart, saving time & stress. Your child will feel like a good kid & you'll feel like a proud parent with a child on the right path.

Let me tell you our lives are forever changed in a positive way."

> -Julieann C., Mom of 4-vear-old son



PCIT Pays Off

Reduction in misbehaviors²

Both parents & professionals endorse PCIT

Satisfaction rate among

Research studies about PCIT

parents4

Scientific rating by Evidence-Based

Clearinghouse⁵

Years later children still

have good

behaviors³

Years of

helping

thousands

of families

Essentials

Who Do We Help?

Children 2-7 who:

- Hit/ kick/ bite
- · Talk back/ whine/ swear
- Don't follow directions
- Have temper tantrums/ outbursts
- · Are easily distracted/impulsive/hyperactive
- · Have problems with peers/siblings
- Have been thrown out of daycare/ school

Caregivers:

- Biological parents
- Foster & adoptive parents
- Family members

How Long Is PCIT?

Visits to PCIT are 1 hour each week.

PCIT lasts 12-20 visits. sometimes more or less as each family's needs are different. We work together

until you've got the skills down & behaviors are on track. Many families start seeing changes after the first few sessions!

Who Are We?

Sources:

- Kaminski, J.W. Valle I. A. Filene, J.H. & Boyle C. I. (2008). Ameta-analytic
- Kaminski, J. W., Valle, L. A., Filene, J. H., & Börgk, C. L. (2008). A meta-analytic review of components associated with parent training program effectiveness. Journal of Abnormal Child Psychology, 36 (6), 567-569.
 Danko, C. M., Gathacz, L. L., & Budk, K. S. (2016). Outcomes of parent-child interaction therapy in an urban community clinic: A comparison of treatment completers and disposus Children & Youth Services Review, 60, 42-51.
 Hood, K. K., & Edylerg, S. M. (2003). Outcomes of parent-child interaction therapy Mothers' reports of maintenance three to say versa after treatment. Journal of Clinical Child & Adolescent Psychology, 22(3), 419-42.
 Berssian E. V., Succob, J. R., Rayfields, A. D., & Edylerg, 34 (1999). A consumer
- blessin L. V., acossus in Francisch (E. V., acossus for parent-indirection assistanction measures of parent-indirection to measures of file Brain assistanction measures of file Brain assistance and the file assistance of the Brain assistance and the file assistance of the Brain assistance of t

Developed by Rebecca S. Handman, M.S. with Marta M. Shinn, Ph.D. Illustrations by Gary P. Handman

Brochure development funded by:







