

MASTER SAYEED ALAM

Martial Arts and Self Defense Expert



Master Sayeed Alam, who has been training self-defense for girls and women for 36 years, has been awarded the life time membership of the Professional Karate Association World Wide, Master Sayeed Alam is the first person in the country to become a lifetime member of PKA.

Born on 1967 January 4 in Chaibasa, Jharkhand. Master Sayeed Alam was so impressed by Bruce Lee's moves and fighting skills when he saw Bruce Lee's debut film Enter the Dragon and made it the first step of his career to learn martial arts.

Master Sayeed Alam started Karate Budokan in 1982 under the guidance of his sensei Prem Dubey. He earned the Black Belt Shodan in the year 1986 with a rigorous practice period of 5 years.

Sayeed continued his training in karate and is now the seventh dan black belt. With Karate, he has learned different martial arts like Kung Fu, Taekwondo, Kickboxing, Nanbudo and Self Defense trainer for the last 36 years.

Master Sayeed Alam has received 16 international awards for training self-defence to more than 50 thousand girls and women. And being the technical chairman of India in the Filipino martial arts "Arnis",



Master Sayeed in the World Greatest Martial Artist Book published from USA Alam's name was published with a photo.

Sayeed Alam was elected to General secretary of the National Self Defense Federation in 2021. Sayeed Alam is the author of the book Taekwondo which was published in 1999. He is also the editor of Martial Arts Jagat monthly magazine since 2006.

Master Sayeed Alam has pledged to provide self-defense training for girls and women of Indore under "Mission Hifazat" in which training camp is to be organized in 100 colonies, the 46th camp is completed.