

# Camp Information

# WEEK 1 REGISTRATION BEGINS

Sunday, July 7th **@ 2 p.m.** 

If you arrive before 2pm, you will be asked to leave and return at 2pm, as we are in staff training.

All camp fees are to be paid and received no later than July 1st.

# **QUESTIONS?**

Contact:

**Camp Director** 

Marjie "Tweety" Randall tweety@cedarbrookcampca.org

#### Registrar

Jane "ChaChi" Chang Bright registrar@cedarbrookcampca.org

**NOTE:** The Camp Director reserves the right to ask a camper to remove any body piercing, and cover any tattoo or bare skin that is considered to be offensive or a distraction to other campers.

#### Dress Code:

Please use modesty and discretion in your choice of clothing & swimwear (no bikinis, open sides, tankini's top must meet bottoms, speedos), no bare midriff, no exposed cleavage or undergarments. Straps on shirts must be 2 fingers wide and inseams at least 3 inches.

Week 1
<u>CAMP ENDS</u>
Saturday, July 13th
@ 11 a.m.

Plan to pick up your child **NO LATER THAN 1pm** 

Exceptions must be **prearranged and approved** by the Camp Director.

### WHAT TO BRING

- ☐ Comfortable camp clothes for warm weather
- ☐ Comfortable camp clothes for cool weather
- □ Iacket
- □ Sweatshirt
- ☐ Rain gear (depending on forecasted weather)
- □ 2 pair of shoes At least one pair should be sturdy & closed toe for walking and hiking.
- ☐ **Modest** swimsuit (see dress code)
- □ Underwear
- □ Socks
- □ Pajamas
- ☐ Personal items: Soap, Toothbrush, Toothpaste, Towel, Shampoo, Washcloth, etc.
- □ Chapstick, Bug Spray, & Sunscreen□ Water Bottle
- ☐ Sleeping bag or bed roll (warm/well insulated sleeping bag suggested)
- $\square$  Extra blanket (if you get cold easily)
- □ Bible□ Pencil
- ☐ Stamped & addressed envelopes
  (if you want to mail letters home)
- ☐ Camera (if you want to take pictures)

Please mark all items with camper name!

# WHAT NOT TO BRING

- Knives, weapons of any kind
- Electronic Devices ( i.e. cell phone, smart watch, electronic games, kindle, etc.)
- Food including soda, candy, gum
- Pets
- Illegal substances (alcohol, recreational drugs, tobacco)

# If you're not sure leave it home!

Cedarbrook Camp Southern California cannot be held responsible for loss or damage to personal vehicles or personal sports equipment.

# **HEALTH CARE/FIRST AID**

- A Camp Nurse is on duty at all times providing first aid, medication administration, and lots of TLC.
- Over-the-counter medicines will be administered the nurse's assessment of the situation.
- Please send only vitamins and/or prescription medications in original labeled containers with your camper.
- A health screening and a head lice check, is conducted with each camper during registration, all individuals attending camp need to be fever free for 24 hours prior to attending camp and come to camp with no sickness symptoms.
- Cedarbrook Camp Southern California carries secondary medical insurance for injuries occurring at camp, after your primary insurance coverage has been used.
- You will be contacted by the Camp Nurse if your child becomes ill or injured to the point where outside medical intervention appears necessary. You may be asked to come get your child during the week if they are sick. CCSC does not have facility to house sick children for a long portion of time (i.e. the whole week.) You will have

expected to pick up your child within a reasonable time frame (no longer that 4 hours). If you are unable or not in the area, we need an emergency contact on file.

# **CAMPER ADDRESS**

Camper's Name CCSC @ Camp Osito Rancho 1801 Osita Camp Road Big Bear Lake, CA 92315

#### **PHONE**

(for emergencies only) (909) 866-9366

Between 7A.M. - 8 P.M.

No outgoing calls are allowed. We will contact you in the case of an emergency condition at camp.



### **MONEY**

**CAMP STORE MONEY**: Campers deposit spending money during registration in their *Camp Store Account*, and draw from it like a debit card when they shop at the camp store. T-shirts, sweatshirts, novelties, snacks, pop stamps and personal items are available. Usually \$20-\$35 is an adequate amount. **Campers can buy up to 2 snacks each day at the Camp Store**.

#### **MISSIONS OFFERING:**

Every year we do a mission project, and information will be displayed at registration. Each camper will be given an opportunity to designate their offering amount from their camp store account if they wish. It will then be deducted like any other purchase.

#### **VISITORS**

No visitors are allowed during the week unless pre-arranged at **least 1 week in advance** and cleared with Camp Director.



### **DIETARY NEEDS**

If your camper has food allergies and/or has a special diet, you can pay an additional \$35 during registration for their substitutions or provide your own. If you have questions please contact <a href="mailto:tweety@cedarbrookcampca.org">tweety@cedarbrookcampca.org</a>

#### **TRANSPORTATION**

You are responsible for your camper's transportation to and from camp. A map is enclosed. If you are not picking up your own child, please make sure the transporting adult's name is on your child's authorized pick up list.

\*Road into camp can be difficult for LOW clearance vehicles

#### **PICTURES**

We know that you LOVE pictures of your child, but we won't be posting any pictures of your child on social media during the camp week. WHY?! Because we want THEM to be the first to tell you all they did and all the fun they had. All photos will be uploaded after camp (in August) to our registration platform. You will receive an email nightly from our Camp Director about what the day was like at camp.

#### **A LOUSY NOTE FROM THE CAMP NURSE**

Head lice has been known to reach epidemic proportions in the schools and in our communities. In order to protect our campers, Cedarbrook Camp Southern California staff will be conducting head inspections for all incoming campers during the check-in process. Please know we have no intention of sending campers home if this is found, we will have the necessary treatment kits available so you can treat your child and they can stay at camp.

Please inspect your child's head at least one week before camp starts. If you discover any sign of head lice, this will give you time to treat and de-louse your child.

Look primarily at the base of the neck along the hairline and around the ears for nits. Eggs are usually shiny white; it is very unusual to see the lice themselves, which are tiny and black. If you do find positive signs, call your pediatrician about treatment for head lice.

THANK YOU for your help! We want every camper to have a safe, healthy time at Cedarbrook Camp Southern California this summer.

~Cedarbrook Camp Southern California Nurse