

## WHAT TO BRING

## Enough clothing for 1 week:

- T-shirts, shorts, minimum 2 pairs of long pants,
- 1 pair of sturdy walking or light hiking shoes
- 2 pairs of shoes (old ones for creek walking), Sandals and slippers
- Pajamas
- Sweatshirts/and or jackets
- Bathing suit and pool towel
- Under clothing
- Socks (many, many, many)
- Toiletries
- Alarm clock and wristwatch (cell phone may not be used as a substitute.)
- Bible and notepaper
- Stationary Supplies: Paper, Pencils, Pens,
- File box (12.5" x 9.5" x 10.25" available at Walmart, Staples, Office Depot, etc.)
- Spending Money
- Folding or Portable Chair
- Flashlight
- Sleeping bag and pillow (warm, but lightweight), extra blanket
- Fitted twin sheet to fit over camp mattress (optional)
- Insect repellent
- Camera (film if needed)
- Water bottle
- Hat or visor and Sunglasses
- Vitamins, medications, inhalers, and other necessities (Kleenex and cough drops, chap stick)

