



UP Coalition Network

2019 Year in Review

YOUTH-FOCUSED PREVENTION



Our 2019

Our biggest event of the year was UP-Wide Preventing Suicide in September. Volunteers carried torches across the Upper Peninsula, with the Christian Motorcyclists Association taking the longest stretches between counties. We are re-tooling this event for May as UP-Wide Promoting Mental Health--watch our Facebook for details @ www.facebook.com/UPCoalitionNetwork.

We've also been working with the Beyond the Save consortium to address opioid addiction. Professionals in the Substance Use Disorder field may be interested in the resources being put together @ www.BeyondtheSave.org.

More events and collaborations coming up in 2020!

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Grant Funding Provided By

Blue Cross Blue Shield of MI - BCBS MI Foundation
Community Foundation of Southeast MI
Health Resources & Services Administration
MI Health Endowment Fund - Superior Health Foundation



NorthCare Network

Who We Are

We're a group of the 14 Communities That Care (CTC) coalitions serving the UP. CTC is evidence-based to help lower rates of youth problem behaviors, including substance use, violence, delinquency, school drop out, teen pregnancy, and depression. **Our goal is simple: Create communities in the Upper Peninsula where youth thrive.**

The CTC model consists of five phases, which most coalitions repeat every two years. You can learn more @ www.communitiesthatcare.net.

Coronavirus Info

Our coalitions are still busy sharing local resources for COVID-19 and developing messages and projects for the community. While you may be stuck at home, this is a great time to learn more about what's happening in your county! **Sit in on a Zoom meeting** -- find your CTC @ www.UPCNetwork.org/coalitions and contact the Coordinator for a link.



What We Do

Our coalitions pool resources, ideas, and opportunities to improve the quality of life for our young people. We welcome the participation of all community members--professionals, parents, concerned citizens, and youth.

We use local data to identify what our young people are dealing with, and put programs and activities in place to address them. A scientific trial showed that young people from communities using CTC were 25% to 37% less likely to have health and behavior problems.

CTC Youth Survey

Each CTC provides local data about their youth, including the biggest risk factors they face. This data comes from the CTC Youth Survey, which is administered every two years in schools for 6th, 8th, 10th, and 12 graders.

These surveys allow us to measure change in youth risk and behaviors over time. In 2019, these coalitions held their surveys in the schools: Dickinson, Gogebic, Houghton, Iron, Mackinac, Menominee, Ontonagon, and Schoolcraft. Find data @ www.UPCNetwork.org/data

In Phase 5:

Implement & Evaluate

Programs:

- Positive Action
- Social worker in schools

Event Highlights:

- Pizza with a Purpose
- Cooking with the Carberry's
- It's All in the Barn
- Fill the Firetruck Food Drive

CTC Coordinator: Elena Torongo

- 906-202-2244
- AlgerCountyCTC@gmail.com
- <https://algerctc.org>



In Phase 4

Create a Plan

Programs:

- Signs of Suicide
- Teen Outreach Program

Event Highlights:

- Snowshoe Hike
- Sting Ding Community Tailgate
- Rock Painting w/ KBOCC
- Baraga County Trout Fest
- Summer Prevention Series
- Warr;or Suicide Prevention Walk
- Human Trafficking Awareness

CTC Coordinator: Charlie Beer

- 906-231-9224
- BaragaCountyCTC@gmail.com
- www.UPCNetwork.org/baraga



In Phase 3

Develop a Community Profile

Programs:

- Coming Soon

Event Highlights:

- Family Day
- Kick Butts Day
- Lakerpalooza
- Red Ribbon Week
- Great American Smoke Out
- Townhall Alcohol & Opioid Event
- Big Bear Backpack Project

CTC Coordinator: Clara James

- 906-635-3636
- ChippewaCTC@gmail.com
- www.UPCNetwork.org/chippewa



In Phase 4

Create a Plan

Programs:

- Sources of Strength (in process)

Event Highlights:

- Mocktails
- Sticker Shock
- Partnered w/ Mental Health Task Force
- One Day Drug Awareness Conference

CTC Coordinator: Nick Knudson

- 906-789-8105
- DeltaCountyCTC@gmail.com
- www.DeltaCTC.org



In Phase 4

Create a Plan



Programs:

- Coming Soon

Event Highlights:

- Hope2Help Walk
- Human Trafficking Awareness
- Written Off documentary
- In Plain Sight w/ Michigan State Police
- Linda Davis from Families Against Narcotics at Bay College

CTC Coordinator: Traci Johnson

- 906-458-0496
- DickinsonCountyCTC@gmail.com
- www.UPCNetwork.org/dickinson

In Phase 3

Develop a

Community Profile



Programs:

- Coming Soon

Event Highlights:

- Town Hall on Alcohol Awareness
- Send Silence Packing @ GCC
- Do it for Daniel Presentation
- Break the Silence Walk @ GCC
- SISU Depot Dash
- SISU Ski Fest
- QPR presented in Bessemer school

CTC Coordinator: Crystal Suzik

- 906-281-6277
- GogebicCountyCTC@gmail.com
- www.GogebicCountyCTC.org

In Phase 4

Create a Plan



Programs:

- Teen Outreach Program
- Signs of Suicide

Event Highlights:

- Written Off documentary
- The Opioid Crisis with Dr. Piggett
- 2nd Annual Family Fun Fair
- 3rd Annual Live for Tomorrow walk
- Middle School Lock-In
- Soberfest
- Do It for Daniel

CTC Coordinator: Hannah Butkovich

- 906-231-0734
- HoughtonKeweenawCTC@gmail.com
- www.HoughtonKeweenawCTC.com

In Phase 3

Develop a

Community Profile



Programs:

- Coming Soon

Event Highlights:

- The Opioid Crisis with Dr. Piggott
- Human Trafficking Presentation
- Our Children, Our Future

CTC Coordinator: Jaclyn Hollars

- 906-458-0536
- CTCIronCounty@gmail.com
- www.UPCNetwork.org/iron

In Phase 4

Create a Plan

Programs:

- Coming Soon

Event Highlights:

- Drug Awareness Contest
- Free Community Dinner

CTC Coordinator: Vacant

- 906-458-0124
- LuceCTC@gmail.com
- www.UPCNetwork.org/luce



In Phase 3

Develop a Community Profile

Programs:

- Botvin's Lifeskills
- QPR suicide prevention training
- Guiding Good Choices

Event Highlights:

- Prevention Week @ LaSalle High School
- St. Ignace Backpack event
- LaSalle High School Health Fair
- Communities Talk Event
- Sexual Consent Workshop

CTC Coordinator: Meghann Wolvert

- 906-298-2138
- MackinacCTC@gmail.com
- www.UPCNetwork.org/mackinac



In Phase 4

Create a Plan

Programs:

- Botvin's Lifeskills
- Big Brothers Big Sisters
- Prime for Life
- Guiding Good Choices

Event Highlights:

- Value of Prevention
- Written Off documentary
- Hidden in Plain Sight
- WEHF Gold Outing
- PSA Contest

CTC Coordinator: Jen Eyler

- 906-315-2613
- CTCMarquetteCounty@gmail.com
- www.UPCNetwork.org/marquette



In Phase 5

Implement & Evaluate

Programs:

- Sources of Strength
- Big Brothers Big Sisters
- Botvin's Lifeskills

Event Highlights:

- Harlem Wizards Fundraiser
- Youth Mental Health First Aid
- The Ripple Effect
- CAP Presentations

CTC Coordinator: Karianne Lesperance

- 906-863-5665 x1038
- CTCMarinetteMenominee@gmail.com
- <https://ctcmarinettetmenominee.org>



In Phase 3

Develop a
Community Profile



Programs:

- Teen Outreach Program

Event Highlights:

- Middle School Lock-In
- Middle School Christmas Dance
- Narcan Training
- QPR Suicide Prevention Training
- National Drug Take Back Day
- Opioid Crisis Discussion with Dr. Kevin Piggott

CTC Coordinator: Jaclyn Davis

- 906-281-6276
- Ontonagoncountycctc@gmail.com
- www.UPCNetwork.org/ontonagon

In Phase 4/5

Develop a
Community Profile



Programs:

- Positive Action

Event Highlights:

- Skate, Not Vape
- QPR Suicide Prevention Kick-off
- Human Trafficking Presentation
- Let Your Light Shine Dance
- Town Hall Event
- Quarterly Sticker Shock
- Red Ribbon Week Activities

CTC Coordinator: Jen Levins

- 906-286-0159
- SchoolcraftCountyCTC@gmail.com
- www.UPCNetwork.org/schoolcraft

Get Involved

Each of our CTC coalitions is coordinated by one of the agencies to the right. We are grateful to our community partners, but for our coalitions to work we need people from all walks of life.

Parents, professionals, retired folks, young people--there's a place for everyone to share their skills and passion around the CTC table!

Find your local CTC and reach out today:
www.UPCNetwork.org/coalitions

