



UP Coalition Network

July 2020 Newsletter

YOUTH-FOCUSED PREVENTION



DICKINSON COUNTY

Last Quarter

In response to the COVID-19 outbreak, our Communities That Care (CTC) coalitions have been responding with information and resources.

For instance, in Alger County 1,160 Food Packs were distributed to youth and elderly folks over 10 weeks. The project was a result of businesses, parents, and professionals working together at the CTC table.

Across all counties, the coalitions held a U.P. Wide Promoting Mental Health social media campaign, encouraging healthy activities during quarantine.

Grant Funding Provided By

Blue Cross Blue Shield of MI - BCBS MI Foundation
Community Foundation of Southeast MI
Health Resources & Services Administration
MI Health Endowment Fund - Superior Health Foundation

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NorthCare Network

Who We Are

We're a group of the 14 Communities That Care (CTC) coalitions serving the UP. CTC is evidence-based to help lower rates of youth problem behaviors, including substance use, violence, delinquency, school drop out, teen pregnancy, and depression. **Our goal is simple: Create communities in the Upper Peninsula where youth thrive.**

The CTC model consists of five phases, which most coalitions repeat every two years. You can learn more @ www.communitiesthatcare.net.

Stop the Stigma

What's stigma? It's an attitude that makes people with mental health issues afraid to reach out for help. Stigma is judgment that harms. When stigma goes away, people can access tools to get better.

Share our hashtag **#StigmaStopsHere906** on social media with information about mental health and substance use. Step up and create a UP where our young people feel safe talking about their mental health.

**# Stigma
StopsHere
906**

What We Do

Our coalitions pool resources, ideas, and opportunities to improve the quality of life for our young people. We welcome the participation of all community members--professionals, parents, concerned citizens, and youth.

We use local data to identify what our young people are dealing with, and put programs and activities in place to address them. A scientific trial showed that young people from communities using CTC were 25% to 37% less likely to have health and behavior problems.

Updated Data

Data about local youth substance use and depression rates are now available online at www.UPCNetwork.org/data.

This data comes from the CTC Youth Survey, held every two years in local school districts. 6th,8th, 10th, and 12th graders typically participate.

This regular snapshot of youth behavior lets us identify the biggest risks in OUR communities, and how they change over time. It can also be used in grant applications to help bring programming funds to the region.

Alger County

Social Media

- 828 [Facebook](#) likes
- 12 [Instagram](#) followers

Coalition Hashtags

- #AC3CTC

Leader Spotlight

- Kris Lindquist, Director for the Commission on Aging

Event Highlight

- Alger Food Pack distribution

Contact Information

- Coordinator: Bill Torongo
- AlgerCTC.org

Baraga County

Social Media

- 857 [Facebook](#) likes
- 43 [Instagram](#) followers

Coalition Hashtags

- #BCCTC

Leader Spotlight

- Kate Beer, WUPHD

Event Highlight

- Teen Outreach Program (TOP)

Contact Information

- Coordinator: Charlie Beer
- UPCNetwork.org/baraga

Chippewa County

Social Media

- 257 [Facebook](#) likes
- 72 [Instagram](#) followers

Coalition Hashtags

- #ChippewaCountyCTC

Leader Spotlight

- Reverend Vickie Hadaway

Event Highlight

- CTC Coffee Club

Contact Information

- Coordinator: Clara James
- UPCNetwork.org/chippewa

Delta County

Social Media

- 299 [Facebook](#) likes
- 2 [Instagram](#) followers

Coalition Hashtags

- #DeltaCountyCommunitiesThatCare

Leader Spotlight

- Julie Mallard

Event Highlight

- Working Through Phase 5

Contact Information

- Coordinator: Nick Knudson
- DeltaCTC.org

Dickinson County

Social Media

- 1,477 [Facebook](#) likes
- 58 [Instagram](#) followers

Coalition Hashtags

- #itcouldbeyoucommunitiesthatcare

Leader Spotlight

- Tpr. Geno Basanese, MSP

Event Highlight

- Paint Our Page Positive

Contact Information

- Coordinator: Traci Johnson
- UPCNetwork.org/dickinson

Gogebic County

Social Media

- 516 [Facebook](#) likes
- 67 [Instagram](#) followers

Coalition Hashtags

- #ichoosesober & #GCCTC

Leader Spotlight

- Erin Ross, MSU Extension

Event Highlight

- I Choose Sober Program

Contact Information

- Coordinator: Crystal Suzik
- GogebicCountyCTC.org

Houghton/Keweenaw

Social Media

- 743 [Facebook](#) likes
- 196 [Instagram](#) followers

Coalition Hashtags

- #HKCTC & #YouAreValued

Leader Spotlight

- Seeking community leaders

Event Highlight

- Teen Outreach Program (TOP)

Contact Information

- Coordinator: Hannah Butkovich
- HoughtonKeweenawCTC.com

Iron County

Social Media

- 417 [Facebook](#) likes

Coalition Hashtags

- #PreventionCTC

Leader Spotlight

- Sari Jacobson

Event Highlight

- Curious Pig Dine 'N' Dash

Contact Information

- Coordinator: Jaclyn Hollars
- UPCNetwork.org/iron

Luce County

Social Media

- 695 [Facebook](#) likes
- 61 [Instagram](#) followers

Coalition Hashtags

- #LuceCTC

Leader Spotlight

- Seeking community leaders

Event Highlight

- New Coordinator started

Contact Information

- Coordinator: Elena Torongo
- UPCNetwork.org/luce

Mackinac

Social Media

- 310 [Facebook](#) likes
- 122 [Instagram](#) followers

Coalition Hashtags

- #MackinacCTC

Leader Spotlight

- Bridget Sorenson

Event Highlight

- Virtual Guiding Good Choices

Contact Information

- Coordinator: Meghann Wolvert
- UPCNetwork.org/mackinac

Marquette County

Social Media

- 402 [Facebook](#) likes
- 196 [Instagram](#) followers

Coalition Hashtags

- #MarquetteCountyCTC

Leader Spotlight

- Seeking community leaders

Event Highlight

- Community Assessment Report

Contact Information

- Coordinator: Jen Eyler
- UPCNetwork.org/marquette

Menominee County

Social Media

- 568 [Facebook](#) likes

Coalition Hashtags

- #CTCMMCOUNTIES

Leader Spotlight

- Molly Bonjean, Marinette County
Public Health Officer

Event Highlight

- 2019 Data Presentations

Contact Information

- Coordinator: Karianne Lesperance
- CTCMarinetteMenominee.org

Ontonagon County

Social Media

- 439 Facebook likes
- 135 Instagram followers

Coalition Hashtags

- #OntonagonCountyCTC

Leader Spotlight

- Jamie Fiorucci

Event Highlight

- Teen Outreach Program (TOP)

Contact Information

- Coordinator: Jackie Davis
- UPCNetwork.org/ontonagon

Schoolcraft County

Social Media

- 900 Facebook likes
- 8 Instagram followers

Coalition Hashtags

- #SC3

Leader Spotlight

- Jennifer Boyle, Emerald Elementary
Principle

Event Highlight

- CTC Phase 5 Workshops

Contact Information

- Coordinator: Jen Levins
- UPCNetwork.org/schoolcraft

Get Involved

Each of our CTC coalitions is coordinated by one of the agencies to the right. We are grateful to our community partners, but for our coalitions to work we need people from all walks of life.

Parents, professionals, retired folks, young people--there's a place for everyone to share their skills and passion around the CTC table!

Find your local CTC and reach out today:
www.UPCNetwork.org/coalitions

