



MARQUETTE COUNTY CARES

COMMUNITIES THAT CARE NEWSLETTER

IRIS KATERS *our highlighted volunteer*

1. The billboard outside your pharmacy is a prominent display. Is there a history of community wellness wishes that the billboard has displayed?

The students who designed the billboard have exactly the right message. Taking drugs, specifically drugs that involve THC marijuana interfere with making good decisions in life, controlling emotions when dealing with other people and possible violent situations in the family, and keeping impulsive behavior under control

2. Why is "Vaping and the Brain" important to you?

There are enough problems dealing with daily life, family, school, and work without having a damaged brain, lungs, other organs, and trying to make good decisions. We know it take years to clear the brain of toxins after quitting drugs.

People change while on drugs and some never come back to the normal loving person they were before taking altering drugs.

It is not only vaping, but part of a current culture that is telling youth that being on drugs is OK. No, it is not. I have a family member who started marijuana at age twelve and went on to other drugs. He caused endless heartache in our family even though my loving parents tried everything. He became a changed person and never came back to us, not really. My heart still aches. It aches for all of my students and families who have experienced this pain.

3. You have a professional lifetime involving the inclusion of youth in the development of ideas and solutions. Can we do more and follow your example?

Look at the video contest we had, for example. If anyone can teach and reach youth, it is peers. The teams researched information, discussed it, sifted through it, and decided how to produce the videos. The information must become part of them. There must emotional involvement. They must believe the project is important and worthwhile. Youth like to save people and the world. They like causes. Any campaign to reach youth must include them on the team. That is not easy, but it is they only way. The Children's Museum is designed with that same teaching method and is extremely successful.

Marquette County Health Dept. Community Outreach Division maintains a guiding role with Marquette County Cares, providing a CTC facilitator to assist and train coalition members.

Please contact

Jennifer Eyler,

MC2 Coordinator,

for any questions regarding coalition activity at 906-315-2613.

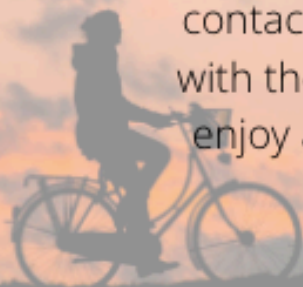
THE BILLBOARD IS UP!



Billboard Design for Ishpeming location

Michael, Grace, Dara, Maura and Nella were the teens most involved in developing this idea.

Biking



ACTIVITY and SPEAKER EVENT

If you enjoy biking, you should consider taking part in our upcoming youth biking event. Our coalition has contacted local youth bike clubs and hopes to partner with them in this event. During the event the youth will enjoy a day full of biking, a cook-out and motivational talks from a speaker. This bike event will be taking place later this summer.



GOLF OUTING



For the third year MC2 will be partnering with the **West End Health Foundation** for their annual Fall Golf Classic fundraiser. All of the profits of the event are donated to MC2's prevention efforts. This year the golf outing will take place on **Friday, September 10th, 2021**

at the

Wawonowin Country Club.

If you are interested in forming a team or becoming a sponsor please contact Jen Eyler at jeyley@mqtco.org.



SUPERIOR HEALTH FOUNDATION GALA

from **Bob Hendrickson**
CTC PR committee member



Jim Lajoie, Executive Director
of the Superior Health Foundation



The Superior Health Foundation annual gala is tentatively scheduled for Saturday, Sept. 11, 2021, in the Ball Room on the campus of Northern Michigan University in Marquette. With COVID-19 and the worldwide pandemic, the event is subject to change. In the event a live gathering cannot be held, SHF will again throw a live virtual event.

The Superior Health Foundation is excited to partner with Dial Help on its 2021 Annual Gala! Dial Help provides a number of invaluable mental health services across the Upper Peninsula! We look forward to collaborating with Dial Help as we plan the event on Saturday, Sept. 11, at the Northern Center in Marquette. Interested in sponsoring?

"The Superior Health Foundation team and gala committee are working very hard on throwing a successful gala," said Jim Lajoie, Executive Director of the Superior Health Foundation.

"With COVID-19, there are still a number of unknowns. Yet, we feel confident that we will be able to host an exciting, in-person event. We're working on securing much-needed sponsorships and incredible prizes. It promises to be a wonderful evening. We are elated to partner with Dial Help to support the work it is doing with Communities That Care (CTC) organizations across the region. This worldwide pandemic has amplified the mental health needs in the U.P. We're committed to doing our part to arrive at solutions."

The annual gala is successful because of the people and organizations who invest in their communities. Sponsorship levels have been modified to ensure there are options that align with 2021 budgets. If you have questions or require additional information, go to www.superiorhealthfoundation.org or email jlajoie@superiorhealthfoundation.org

Superior Health Foundation is hosting an upcoming Gala event and our coalition will be awarded \$1,200. If MC2 is able to find additional sponsors for the Gala then we will receive 20% of the donated funds.

A sponsor form can be found on the link below:

<https://superiorhealthfoundation.org/events/annual-gala/>



Come to the QUARTERLY MEETINGS OF MC2 (Marquette County Cares) and Communities That Care

Learn more at upcnetwork.org/Marquette and connect with Jennifer Eyler, MC2 Coordinator, for any questions regarding coalition activity at 906-315-2613.



Is your agency represented at CTC?