Upper Peninsula Communities That Care #UPCTC

November 2023















Quarterly Newsletter

New Grant Funds Coalitions

In April of 2023, funding was made available to revitalize coalitions in communities that need were at need. The Michigan Partnership for Advancing Coalitions, Partership for Success grant allows funding to go to employing a Coalition Coordinator in areas that a tone point had a coalition, but due to funding or other reasons, no longer had a coalition. We are excited to have coalitions restarting in Baraga, Luce, and Gogebic/Ontonagon counties! Currently, coordinators have been hired and employed through Great Lakes Recovery Centers (Baraga), LMAS DHD (Luce), and Copper Country Mental Health (Gogebic/Ontonagon).

INSIDE

General Information - 1

Directory of Coalitions - 2

Alger - 4

Baraga - 5

Chippewa - 6

Dickinson/Iron - 7

Luce - 8

Marquette - 9

Unfortunately, the Houghton/Keweenaw Communities that Care coalition will no longer be active.







Grant funding for each coalition provided by NorthCare

Visit our website at www.upctc.com or email UPCTCs@upctc.com
Find us on Facebook & Instagram @UpperPeninsulaCTC



Directory of Coalitions

	Social Media Link	Page
Alger County CTC Coordinated by Michele M. Culp-McDonald 906-202-2244 Alger@upctc.com	#AC3CTC	<u>4</u>
Baraga County CTC Coordinated by Thomas Leeds 906-202-2244 baraga@upctc.com	f	<u>5</u>
Chippewa County CTC Coordinated by Stephanie Woods 906-635-3636 Chippewa@upctc.com	#ChippewaCountyCTC	<u>6</u>
Delta County CTC Patrick Bradway Delta@upctc.com	#DeltaCountyCommunitiesThatCare	
Dickinson/Iron County CTC Coordinated by Bob Boivin 906-458-6549 DickinsonIron@upctc.com	#itcouldbeyoucommunitiesthatcare	Z
Luce County CTC Coordinated by Jamie Rushfrord 906-203-2116 Luce@upctc.com	f	<u>8</u>
Marquette County CTC Coordinated by Ashly Gleason 906-315-2615 Marquette@upctc.com	#MarquetteCountyCares	<u>9</u>

Guiding Good Choices Your CTC Basics

Guiding Good Choices (GGC) is a free family class for anyone who interacts with middle schoolers. It provides the skills to reduce youth's risk for using alcohol/other drugs.

The class is six sessions of two hours each week. Children are required to attend one session that teaches peer resistance skills. The other sessions are solely for parents. Gift cards are offered if you complete all six sessions.

Learn more and register online at www.upctc.com/classes.

We're always seeking members at the CTC table to help with planning events, raising funds, and other tasks. To make sure new members have information about prevention science and how CTC works, we're now offering monthly educational sessions.

Sessions are virtual and only take an hour and a half. Times will vary to make it easy for members to find a class that works for them. Watch for our "Intro to CTC" events on Facebook or on our website at www.upctc.com/classes.

Get Involved

Each of our CTC coalitions is coordinated by one of the agencies to the right. We are grateful to our community partners, but for our coalitions to work we need people from all walks of life.

Parents, professionals, retired folks, young people--there's a place for everyone to share their skills and passion around the CTC table!

Find your local CTC and reach out today: www.upctc.com









Alger County Communities That Care (AC3)



Coordinated by Michele Culp
McDonald
906-202-2244
Alger@upctc

Michele Culp-McDonald has joined AC3 as the new coordinator! Michele is very excited to be joining the UPCTC efforts in promoting the youth of the Upper Peninsula. Michele is looking forward to continued training and big event sin Alger County. Be on the lookout for future events in the Alger community.



On September 23rd we put on a FREE Barn Dance for Alger County with over 250 families and friends in attendance! Our very own Youth Group coordinated pie and cakes donations and had a wonderful Kids Corner Tent that held many smiling faces. A special thank you to all those who donated pies and cakes for the auction. and the Cooking Carberry's for making pizzas for all folks that had a hankerin' for some chow.

The music and the square dancing was infectious and got all our toes tapping. The hayrides provided by the MSU North Farm were the best! Alot of cows got fed apples! We also got to experience the Morris Dancers.

Pizza with a Purpose was held September 28 & 29. Despite a group of people who were fairly new to this event, we consider this year's Pizza with a Purpose an outstanding success.! We raised over \$23,000. How lucky are we to have such a partner in Suicide Prevention as Pictured Rocks Pizza and their amazing staff. A huge and heartfelt Thank You to all the businesses that bought lunch for their employees and the public that came out and supported the event. We would be nothing without the volunteers that made this event the success it was and will continue to be!



Baraga County Communities That Care



Coordinated by Thomas Leeds 906-458-1594 tleeds@greatlakesrecovery.org



COPPER SHORES COMMUNITY HEALTH FOUNDATION

Positively influencing a more healthful community through enhanced philanthropy and collaboration

The mission of the Keweenaw Family Resource Center is to support, enrich, and strengthen family life in the Copper Country by providing a variety of programs which focus on families with young children.





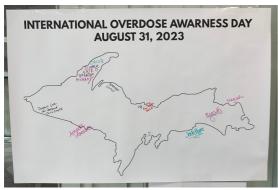
Community enjoying the July 30th Copper Shores Picnic in L'Anse MI



Chippewa County Communities That Care



Coordinated by Stephanie Woods 906-635-3618 Chippewa@upctc.com

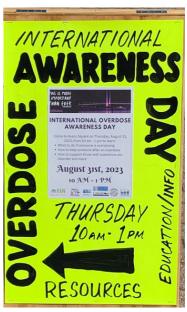




August 31st is International Overdose Awareness Day. We coordinated an event to help spread information regarding opioids, overdoses, and naloxone. Multiple vendors were on site to offer lockboxes, deactivation bags, Narcan, and coping skills. It was a great event, and everyone who attended was able to go home with something to make their homes safer. A memorial UP was created where lost loved ones could be honored!









SUICIDE PREVENTION AWARENESS WALK

In September, we coordinated two walks to raise awareness on Suicide Prevention. One walk was held in Sault Ste Marie and the other was held in Bay Mills Indian Community. Both walks were gorgeous and had a great turnout. If you would like more information about the Suicide Prevention Coalition please reach out to swoods@chippewahd.com.

This summer we worked with the local Sault Sainte Marie City Police Department to distribute **Carter Kits** to their department. All department vehicles now have a kit assigned to them and the department is trained to properly utilize them.

Dickinson/Iron Communities That Care



Coordinated by Bob Boivin 906-458-6490 DickinsonIron@upctc.com

We would like to welcome our new coordinator, Bob Boivin to our community. He is currently in the process of training and learning what will be expected from him and the roles of the various work groups within our coalition.

The school year is off to a busy start as another round of Botvin's starts up. New this year, we have offered an elementary program for students in fourth and fifth grade. Two GLRC members have been trained and several schools expressed an interest. Now that the semester has started, we are working on coordinating schedules with the schools.



Our 6th annual Hope 2 Hope Suicide Awareness Walk/Community Event took place on September 17th and was a huge success. This event has been building steadily since its inception and this year we had over 300 participants. We look forward to hosting an even better walk next year.

We are in the process of searching for a new fiduciary. We are exploring several options and hope to have everything in place by the end of October. We continue to actively search and recruit members to our workgroups. We have solidified our partnerships with some of our other community agencies, like the CHIP which has the same youth focused mission as our Youth Outreach Group.



We have participated in several local resource fairs where we have collected contact information of people who would like to have a larger voice in our communities' future. We will be reaching out to them with interest surveys designed to help focus their interests into work groups.

We look forward to another year of growth within our community and coalition.

Luce Communities That Care



Coordinated by Jamie Rushfrord 906-203-2116 Luce@upctc.com



FUNdraising: Luce CTC is excited to be back and running again! We kicked off our fresh start by partnering with the Newberry Fire Department to host a carwash in August! We raised \$900 and our youth volunteers had a BLAST!



Suicide Awareness Ribbon Campaign:

During the month of September, 17 different agencies/businesses participated in a ribbon campaign to raise awareness for suicide prevention. Through a collaborative effort, the Luce CTC was able to raise \$3,553.45 for a local Memorial Scholarship Fund in hopes of encouraging and financially assisting graduating students who plan to pursue a degree in a mental health related field of study.



Looking Ahead: Luce CTC was awarded a grant through Child Trust Michigan to purchase 22 Carter Kits. Carter Kits contain items known to help children who are on the autism spectrum and/or impacted by traumatic events. We are excited to make these kits available to various agencies that include the Luce County Sheriffs Department, Luce County EMS, Newberry Fire Department, Helen Newberry Joy Hospital & Tahquamenon Area Schools.



Marquette County Cares Coalition (MC2)



Coordinated by Ashly Gleason 906-315-2615 Marquette@upctc.com

September being suicide prevention month offered many ways for the Marquette County Cares Coalition to increase community awareness and engagement. Participation and sponsorship of the Marquette County Walk for Hope (9/24) was very successful. We also offered increased ways for youth to get involved by piloting a new program, "Edu-Scoops". During the entire month, any classroom that offers programming for suicide prevention or mental health will receive ice cream vouchers for their students.

Coalition Coordinator attendance to the **Substance Abuse and Co-Occurring Disorder** state conference (9/11-9/13) offered numerous opportunities for growth and learning. Multiple workshops on youth prevention in marijuana-friendly communities were especially helpful, as it's often difficult to provide prevention-focused education for such a widely accepted substance. MC² hopes to strengthen intentional partnerships with local dispensaries in 2024 to increase awareness while decreasing youth access to restricted products.

Our second annual "MC2 In The Classroom"

program yielded record numbers! Applications for classroom sponsorship ended 9/15/23, and we received over 70 submissions for classroom assistance! This is such an amazing opportunity for the coalition to support educators, classrooms, and students in a new way.



The West End Health Foundation held their annual Fall Golf Outing with 9/8/23 proceeds going to MC2. We welcomed 23 teams. over 100 golfers, to the Wawonowin Country Club, resulting in an amazingly successful event! Results of funds raised should be made available to the community soon.





Our Community Action Planning Team is hard at work reviewing CTC Youth Survey data. We held our first Community Action Planning (CAP) Workshop in September, and selected priority youth risk and protective factors to focus on for the 2023/24 Community Action Report. This report will be made public to our community, and allows our coalition to select programs, policies, and goals that align with our vision for a healthy community.