



October 2020 Newsletter

YOUTH-FOCUSED PREVENTION



Dickinson/Iron CTC Socially Distanced Art Therapy

SDS Training by Zoom

On August 13, all of our Upper Peninsula Communities That Care (CTC) coalitions hosted a one-hour Zoom training. Over one hundred people -- parents, teachers, counselors, and more -- from almost every county tuned in to learn about the Social Development Strategy (SDS).

It's a simple way to help kids and teens thrive, and participants got a chance to practice explaining it to others in small breakout groups. If you'd like to learn more about the SDS, contact your local coalition coordinator @ www.UPCNetwork.org/coalitions.

INSIDE

Narcans Distribution - 2

Suicide Prevention - 2

Alger & Baraga - 3

Chippewa & Delta - 4

Dickinson/Iron & Gogebic - 5

Houghton/Keweenaw & Luce - 6

Mackinac & Marquette - 7

Menominee & Ontonagon - 8

Schoolcraft - 9

Get Involved - 9

Grant funding for each coalition provided by



NorthCare Network

Harm Reduction

August 31 was Narcan Distribution Day, funded by Michigan DHHS. Narcan is a life-saving opioid overdose reversal drug that has been used to revive drug-endangered children and others. Our coalitions worked with partners to provide Narcan in each county. Beyond the Save provided information about addiction and how to get help, which was also distributed.

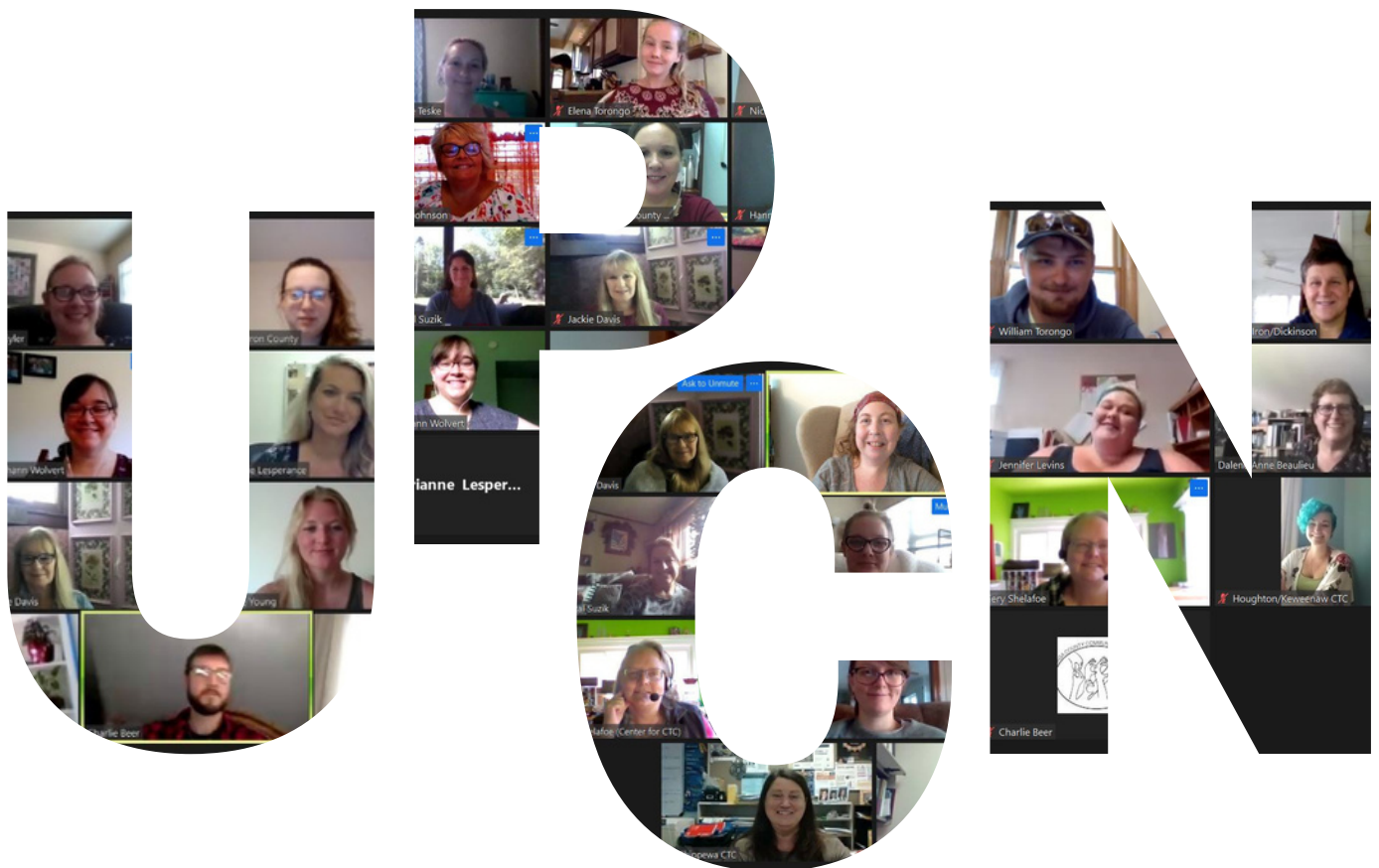
Partners included hospitals, libraries, tribal agencies, law enforcement, health departments, treatment providers, and more across the Upper Peninsula.

Suicide Prevention

September was suicide prevention month. Despite COVID-19 restrictions, a number of coalitions got creative to hold awareness events. Baraga County CTC collaborated with Gogebic County CTC to train 140 people with virtual Question, Persuade, Refer (QPR) trainings.

Dickinson County CTC and Houghton/Keweenaw CTC held virtual suicide prevention walks. Not only did they promote resources for those at risk, but each coalition raised funds for more prevention work in their counties!

#StigmaStopsHere906



Alger County Communities That Care (AC3)

With support from our community, our coalition was able to coordinate the distribution of over 1,000 food packs throughout our county. Food packs went to the elderly and families.

Alger CTC was recently awarded a grant to get a member of the AC3 trained in Positive Action. This is an evidence-based program that focuses on youth development and emotions. If you are interested in being trained, please reach out!

Lastly, we're happy to introduce Melissa Carlson as the new social worker for our Munising School district! She will be funded through a grant the Munising School district that was awarded to LMASHD. They secured the grant with AC3 data and surveys. We're continuing our financial support to increase other social work services throughout Alger County.



Coordinated by Bill Torongo
906-202-2244
AlgerCountyCTC@gmail.com



#AC3CTC



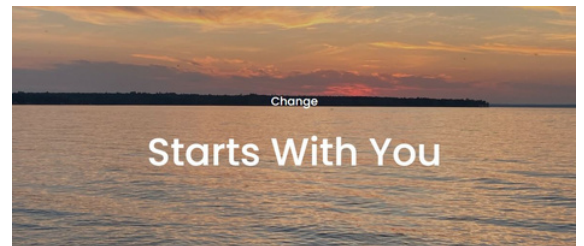
Baraga County Communities That Care

We provided 300 notebooks to children for the Baraga Back to School Fling. Our coalition partnered with the Keweenaw Bay Indian Community to host Narcan Distribution Day. For Suicide Prevention Month in September, we virtually trained over 140 individuals in Question, Persuade, Refer (QPR), again in partnership with the KBIC as well as Gogebic County CTC.

We're excited to announce a new website at www.bargacountyctc.org that went live in August. Additionally, we are in Phase 5 of the CTC process and will monitor and evaluate the programs outlined in our Action Plan. Training for Phase 5 is tentatively planned for the month of November, and will include our whole coalition.



Coordinated by Charlie Beer
906-231-9224
BaragaCountyCTC@gmail.com



We stop problem youth behaviors before they begin.

A rigorous trial demonstrated that young people from CTC communities were 25% to 33% less likely to have health and behavior problems than those from control communities.

#BCCTC



Chippewa County Communities That Care

This summer, we partnered with Sault Tribe, Bay Mills Tribe, Taquamenon Library, Detour EMTs and War Memorial Hospital in Narcan distribution provided by the MDHHS. We also had two Dine-n-Dash events at Clyde's and Pat's Foods. Our coalition continues working with schools to provide prevention programs.

During autumn, we created an online Family Day and Red Ribbon Week challenge. Our youth created nine radio ads that were played on two of our areas leading radio stations. These directly informed the community about youth substance use. We held a Suicide Prevention Awareness challenge online and a magnet fundraiser. We also supported the LIVE campaign locally by distributing yard signs and social media posts.



Coordinated by Clara Jame
906-635-3636
ChippewaCTC@gmail.com



#ChippewaCountyCTC



Delta County Communities That Care

We held a Bingo/Scavenger Hunt created by our coalition members to encourage families to get out and enjoy the fall weather. The activities were all free and could be done while social distancing. We had families post their pictures to our Facebook page and two lucky winners were drawn! Our coalition also participated in Narcan day in August.

Coordinated by Sarah Latvala
906-789-8105
DeltaCountyCTC@gmail.com



#DeltaCounty
CommunitiesThatCare



Dickinson/Iron Communities That Care

Dickinson and Iron CTCs merged this quarter. Our coalition released their our action plan for 2021 and held a very successful HOPE2HELP suicide awareness walk. We distributed 100 Narcan kits to the community and hosted three Narcan trainings. Dairy Queen hosted a fundraiser for our youth involvement group, and we were chosen by Lake Shore Inc as the three quarter employee funds donation.

Now, we're working on finishing Phase 5. as well as our November giving project, "Some Bunnies Love You!" Our coalition will deliver wash cloths bunnies with inspirational messages for group home residents, veterans, hospital residents, and nursing homes.



Coordinated by Traci Johnson
906-458-2627
DickinsonIronCTC@gmail.com



#itcouldbeyou
communitiesthatcare



Gogebic County Communities That Care

Our coalition promoted good mental health and breaking stigma. We distributed West End Suicide Prevention's LIVE campaign signs and decals out through Gogebic County. We participated in Distribution of Narcan in multiple locations.

We partnered with Baraga County CTC to train over 140 people in Question, Persuade, Refer (QPR) for suicide prevention month in September. The trainings were all virtual.

Coordinated by Crystal Suzik
906-281-6277
GogebicCountyCTC@gmail.com



#ichoosesober
#GCCTC



Houghton/Keweenaw Communities That Care

Our coalition published a monthly wellness article for the Daily Mining Gazette each month, and assisted with Teen Outreach Program (TOP Club) facilitation and events for July and August.

In September, we held HKCTC's first ever virtual Suicide Prevention Walk. We had many participants in the Copper Country, and a few from other counties and even out of state! We raised almost \$1,000 to continue prevention efforts in our area.

Coordinated by Hannah Butkovich
906-231-0734
HoughtonKeweenawCTC@gmail.com

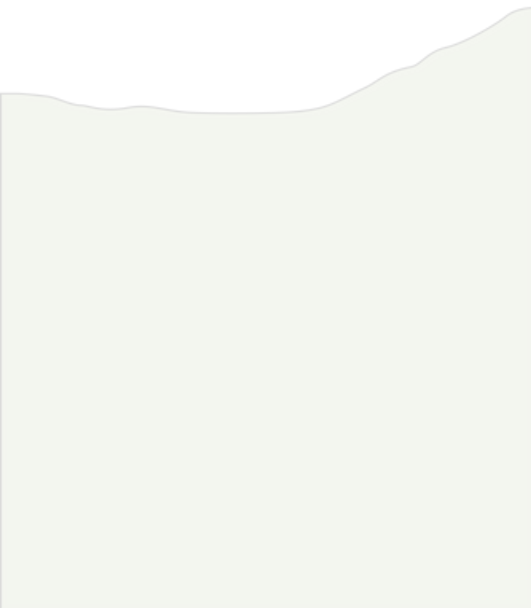


#HKCTC



Luce County Communities That Care

Luce County's CTC is currently on hold.



For Information
Contact Traci at 906-482-2627
or tjohnson@greatlakesrecovery.org



#PreventionCTC



Mackinac County Communities That Care

Our coalition's biggest efforts went into finalizing our Action Plan. We also distributed Narcan to the community and promoted the message of the LIVE campaign.

Next quarter, our efforts will include working on a quarterly newsletter for members and key leaders, and a social norms campaign where we are inviting youth to submit poster ideas.

Coordinated by Meghann Wolvert
906-298-2138
MackinacCTC@gmail.com



#MackinacCTC



Marquette County Cares Coalition (MC2)

We held a fund-raiser at Aubree's Pizzeria & Grill. The restaurant allows non-profits and other charitable causes to partner with them in their Aubree's Giving Back Program. MC2 received 20% of all dine in sales that mentioned to their wait staff that they were there to support our event. This fund-raising event that the funding work-group planned was able to raise the coalition over \$225.00.

Coordinated by Jennifer Eyler
906-315-2613
CTCMarquetteCounty@gmail.com



DINE TO DONATE
AT AUBREE'S

20% OF YOUR BILL WILL BE DONATED TO:

MQT COUNTY CARES COALITION

#MarquetteCountyCTC



Communities That Care of Marinette/Menominee

Our coalition is beyond grateful for our dedicated members who continue to meet with us and work on tasks during these unprecedented times. We are currently in Phase 5 of the CTC process, and working on program implementation. Based on new data from the CTC Youth Survey, we updated priority risk factors of Low Commitment to School, Depressive Symptoms, and Perceived Risk of Drug Use.

Youth Involvement and Outreach developed a campaign around underage drinking, and Resource continues work on a community resource app. While in-person events have certainly been limited during this last quarter, members and staff held (socially distanced) Dine and Dash events during the summer.



Coordinated by Karianne Lesperance
906-863-5665 x1038
CTCMarinetteMenominee@gmail.com



#CTCMMCOUNTIES



Ontonagon County Communities That Care

Our coalition participated in a Narcan distribution program. We also hosted a community Labor Day Festival pick-up picnic as well as represented CTC with a styling go-kart entry. The boys even won a prize for their awesome float!

Coordinated by Jaclyn Davis
906-281-6276
ontonagoncountyctc@gmail.com



#OCCTC



Schoolcraft Communities That Care Collaborative (SC3)

SC3 had a busy last quarter! We moved through Phase 5 of the CTC Process. We held our Narcan Distribution Day on August 31, handing out 94 doses in our community. Our coalition also distributed Narcan at our Drive-In Movie event in September, where we raised \$565.30 to go towards our coalition efforts.

We're excited to announce that we applied for and received a \$3,400 grant from MODA to bring author Robb N. Johnston and his children's book "Craves" to our area this October. Watch for the next UPCN quarterly newsletter for an update on how the event went!



Coordinated by Jen Levins
906-286-0159
SchoolcraftCountyCTC@gmail.com



#SC3



Get Involved

Each of our CTC coalitions is coordinated by one of the agencies to the right. We are grateful to our community partners, but for our coalitions to work we need people from all walks of life.

Parents, professionals, retired folks, young people--there's a place for everyone to share their skills and passion around the CTC table!

Find your local CTC and reach out today:
www.UPCNetwork.org/coalitions



Support youth-focused prevention

