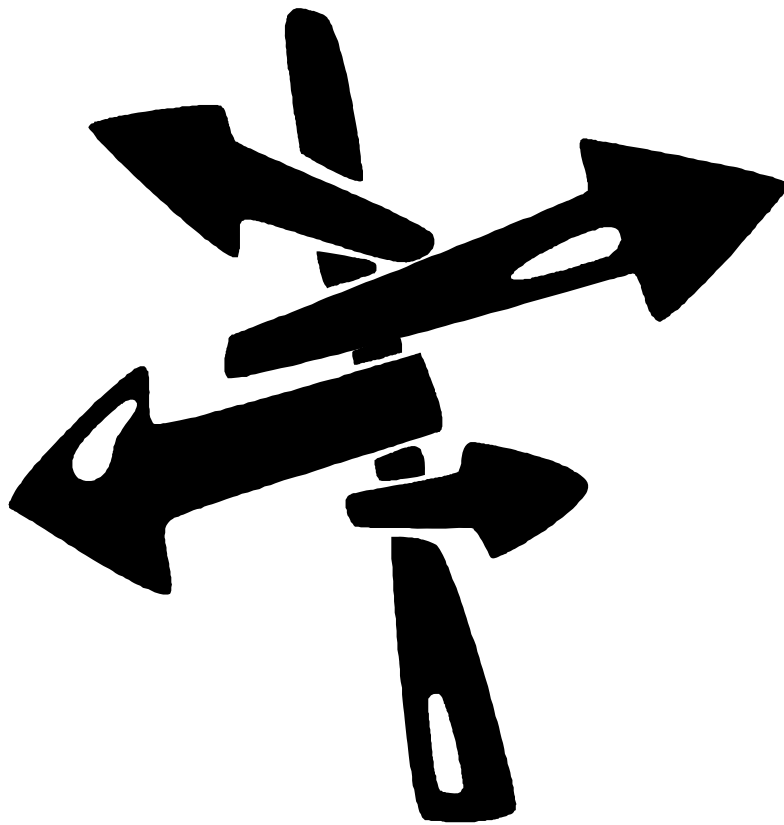


DALLAS COUNTY
MENTAL HEALTH DIVISION
COMMUNITY RESOURCE
GUIDE



Provided By
Dallas County Public Defender's Office Mental Health Division
January 2010

MISSION STATEMENT
Of Dallas County Public Defender's
Mental Health Division

To promptly provide quality legal assistance to indigent individuals identified with mental health illnesses by partnering with the criminal justice system, community resources, and government officials in order to facilitate the best possible outcome of criminal issues and linking them to appropriate services in order to reduce the rate of recidivism among the mentally ill in Dallas County.

MENTAL HEALTH DIVISION

COMMUNITY RESOURCES

ADULT CARE FACILITIES

These facilities generally provide health and social services, individual therapeutic and psychological activities furnished on a regularly scheduled basis in an adult day services center. Facilities may provide basic services or specialized services.

Achievement Center of Texas 972-414-7700
2950 N. Shiloh Road
Garland, TX 75044
Marilynne Serie, Director
(Provides day habilitation services for individuals with mental retardation)

**Texas Department of Human Services—
Community Care for Aged & Disabled Adults (CCAD)** 877-236-6500
1545 W. Mockingbird Lane
Dallas, TX 75235
(Provides day care for low income individuals who meet income and medical eligibility guidelines.)

Circle of Friends Adult Day Care Center 972-235-5688
12101 Greenville, Suite 114
Dallas, TX 75243

Christian Heights Adult Day Health 214-371-4285
4708 Wadsworth Drive
Dallas, TX 75216
Helen Simon, Director

Citizens Development Center 214-637-2911
8800 Ambassador Row
Dallas, TX 75247
Diane Jones, Director

Country Place of Rowlett 972-463-2804
7905 Liberty Grove Road
Rowlett, TX 75089
Sam Nimley, Director

Dallas Center for the Developmentally Disabled 214-328-4309
8550 Cadenza Lane
Dallas, TX 75228
Gayle Stinson, Director

Loyalton of Lake Highlands 9715 Plano Road Dallas, TX 75238 Chris Sikes, Director	214-343-7445
Mesquite Adult Day Care Activity Center 229 Barnes Bridge Road Mesquite, TX 75150	972-226-2131
Scenario Adult Day Care & Health Service Adult Restorative Nursing 3120 W. Northwest Highway Dallas, TX 75220 Contact: Elizabeth Perez	214-351-1212
Secure Haven Adult Day Care 2837 W. Illinois Avenue Dallas, TX 75233 Arris Wheaton, Director	214-339-4920
Town Hall Adult Day Health Care Center—Oak Cliff 226 E. 10 th Street Dallas, TX 75203 Contact: Charles Gaban	214-948-8892
Village Oaks 13505 Webb Chapel Road Farmer's Branch, TX 75234 Contact: Janet Atkins	972-241-3955
We Care Adult Day Center 3200 S. Lancaster Road Dallas, TX 75216	214-371-7331

ADVOCACY GROUPS

Advocacy, Inc. 1420 W. Mockingbird Lane Suite 450 Dallas, TX 75247 www.advocacyinc.org	214-630-0916
Aging Information Office 1349 Empire Central Drive, Suite 400 Dallas, TX 75247	214-379-4636

www.ccgd.org

The ARC of Dallas 214-634-9810
12700 Hillcrest Suite 200
Dallas, TX 75230
www.arcdallas.org
Contact: Drew Dixon

City of Dallas—Senior Affairs Office 214-670-5227
2/D/North
Dallas, TX 75201
www.dallascityhall.com

Epilepsy Foundation of Greater North Texas 214-823-8809
2630 Fountain View
Houston, TX 77057
www.efgnt.org

Garland Department of Neighborhood Services 972-205-3302
Neighborhood Initiatives
210 Carver Street
Garland, TX 75040
www.ci.garland.tx.us

Greater Dallas Community of Churches 214-824-8680
624 N. Good Latimer Expressway, Suite 100
Dallas, TX 75240
Contact: Rev. Odom

Jewish Family Service Elderly Services 972-437-9950
5402 Arapaho Road
Dallas, TX 75248
www.jfsdallas.org
Contact: Michael Fliesher

La Voz Del Anciano 214-741-5700
3316 Sylvan Avenue
Dallas, TX 75212
Contact: Trini Garza

Mesquite Senior Alert 972-288-3921
300 W. Kearney Street
Mesquite, TX 75149
Contact: Kristi Killhaney

NAMI (National Alliance for the Mentally Ill)—Dallas 214-341-7133
6510 Abrams Road, Suite 568

Dallas, TX 75231
www.namidallas.org

Richardson–Older Adult Program 972-744-7800
820 W. Arapaho Road
Richardson, TX 75080

Seagoville Senior Center 972-287-4113
110 E. Malloy Bridge Road
Seagoville, TX 75159
www.cityofseagoville.org/senior_center.htm

**Senior Adult Services for Addison, Carrollton,
Coppell & Farmer’s Branch** 972-242-4464
1111 W. Beltline Road, Suite 110
Carrollton, TX 75006
www.senioradultservices.org

The Senior Source 214-823-5700
Advocacy and Education Group
1215 Skiles Street
Dallas, TX 75204
www.theseniorsource.org

United Cerebral Palsy of Metropolitan Dallas 214-351-2500
8802 Harry Hines Blvd
Dallas, TX 75235
www.ucpdallas.org

VA North Texas Health-Care System 214-742-8387
4500 S. Lancaster Road
Dallas, TX 75216
Contact: Heidi Vermet

AIDS/HIV RESOURCES

AIDS Resource Center 214-521-5124
2701 Regan Street
Dallas, TX 75219
Has a variety of programs for AIDS patients, food, clothing pantry, financial assistance, dental care, vet care for pets, testing, info & referrals.

AIDS Services of Dallas 214-941-0523
800 N. Lancaster Avenue
Dallas, TX 75203

Has long term comprehensive supportive housing for people with HIV/AIDS. It offers on site medical care, private rooms and apartments.

Bryan's House 214-559-3946
5940 4th Park Road
Dallas, TX 75235
Supportive housing and medical care for children with HIV/AIDS.

La Sima 214-941-1132
401 Wynnewood
Professional Building Suite #140
Dallas, TX 75224
Low-cost housing, transitional housing, HIV/AIDS counseling, services for ex-offenders

Parkland Hospital AIDS Clinic 214-590-5632
1936 Amelia Court
Dallas, TX 75235
Healthcare for people with AIDS/HIV.

DENTAL CARE

Baylor College of Dentistry 214-828-8100
3302 Gaston Avenue
Dallas, TX 75246
Monday-Friday 8:00am-5:00pm. Not accepting patients until January 2006.

Central Dallas Ministries Community Health Services 214-821-8644
801 N. Peak Street
Dallas, TX 75246
Hours: Mon - Tues 9:00 am - 5:00 pm (by appointment only). Service area: 75204, 75246, 75226, 75223, 75210, 75215.

Community Dental Care Clinics

Bluitt Flowers Clinic 214-266-4200
303 N. Overton Road 214-266-4280
Dallas, TX 75216
Need picture ID, SS card, utility bill, last 2 or 4 paycheck stub, award letter, must be registered with Texas Work Force Commission, and birth certificate for children under 18.

DeHaro-Saldivar Clinic 214-266-0630
1400 N. Westmoreland Road
Dallas, TX 75211

East Dallas Clinic 214-266-1000
3320 Live Oak Street

Dallas, TX 75204

Consumer Dental Care 214-630-7080
1420 W. Mockingbird Lane, Suite 500
Dallas, TX 75247
www.communitydentalcare.org

Dallas County Dental Society 972-247-6453
13633 Omega Drive 972-386-5741
Dallas, TX 75244

Golden Acres Dental Clinic 214-327-2622
2525 Centerville Road
Dallas, TX 75228
Hours: Monday - Friday; 9:00 am - 4:00 pm.

Kiwanis Dental Clinic 214-827-1724
5216 Monarch Street
Dallas, TX 75206
Hours: Monday-Friday 8:30 am - 4:30 pm.

Los Barrios Unidos Community Dental Clinic, Inc. 214.571.6130
809 Singleton Blvd
Dallas, TX 75212
Hours: Monday -Thursday 7:00 am - 5:00 pm; Fri 7:00 am - 4:00 pm.

Martin Luther King, Jr. Family Clinic 214-426-3645
2922 B Martin Luther King, Jr. Blvd
Dallas, TX 75215

North Central Texas Area Agency on Aging 800-272-3921

Parkland Health and Hospital System Oral Surgery Program 214-590-5606
5201 Harry Hines Blvd. 5th
Dallas, TX 75235
www3.utsouthwestern.edu/parkland

Stewpot Dental Clinic 214-746-2785
1822 Young Street Ext. 245
Dallas, TX 75201

Urban Inter-Tribal Center Health Clinic 214-941-1050
209 E. Jefferson Blvd. Ext. 235
Dallas, TX 75203

Veterans Affairs Medical Center
4500 South Lancaster Road
Dallas, TX 75216

214-857-1396

EDUCATION

Alliance for Higher Education, Dallas County
2706 Rufford Avenue
Richardson, Texas 75080

972-713-8170
972-883-4920

Televised and Internet-delivered education training for working adults. www.allianceedu.org

CAPE
(Childcare and Parent Education)

214-821-4784

Vocational job training for people interested in childcare.

Dallas Can! Academy
325 W. 12th Street, Suite 250`
Dallas, Texas 75208

214-824-4226
214-944-1985

Charter school of choice for students ages 16-21, offering a high school diploma or GED.

Dallas County Community Action Committee, Inc.
910 N Central Expressway
Dallas, Texas 75204

214-827-6585

Serves low-income people and the homeless through education, job training/placement and housing counseling programs.

Educational Opportunity Center, Dallas
8500 N. Stemmons Freeway #4012
Dallas, Texas 75247

214-678-0255

I Have a Dream Foundation, Dallas
P. O. Box 191747
Dallas, Texas 75219

214-823-3490

Contact Person: Derryle Peace, Executive Director

Program to motivate students who are at risk to graduate from high school and pursue higher education.

LIFT (Literacy Instruction for Texas), Dallas
2121 Main Street Suite #100
Dallas, Texas 75201

214-824-2000

Classes in reading and writing, computers, math, family literacy programs and adult ESL.

Neighborhood Technology Center
1864 North Hall Street
Dallas, Texas 75215

214-823-4409

Basic computer literacy classes for adults and seniors. Microsoft Office and Graphic Design classes for adults.

Texas Department of Assistive Rehabilitation (DARS—formerly TRC) 800-252-5204
4800 N. Lamar Blvd., 3rd Floor
Austin, Texas 78756
Vocational Rehabilitation, Extended Rehabilitation Services, Independent Living Transitional Skills Program, Comprehensive Medical Rehabilitation, and Transitional Planning

Local Offices

Dallas

Central - 6310 Lemmon Avenue, Suite 150	214-350-1184
Northeast - 6500 Greenville Ave, Suite 250	214-692-1665
Northwest - 2415 W. Northwest Hwy #102	214-956-7913
	<i>TDD</i> 214-956-7159
Southeast - 3650 N. Buckner #102	214-328-6351
Southwest - 1050 N. Westmoreland	214-467-5500

Suburban Offices

Carrollton - 1735 Keller Springs #150	972-446-3505
Duncanville - 447 Acton	972-296-3864
Garland - 111 S. Garland Avenue	972-485-6005
Irving - 1636 W. Irving	972-254-9503
Plano - 520 Central Parkway East, Suite #232	972-424-6502

Texas Workforce Commission 214-290-1031
1201 Main Street, Suite 2700
Dallas, TX 75202
Employment Services for Unemployment Insurance Recipients • Employment & Training for Veterans • Employment Services • Employment & Training for Dislocated Workers due to Imports • Tax Info. & Assistance for Employers • Education & Training for Veterans • Food Stamps Employment & Training • Employment & Training for TANF applicants & recipients • Employment Services for Ex-Offenders • Access to Child Care. Office hours: Monday - Friday, 8:00 am - 5:00 pm

Upward Bound, SMU Campus 214-768-2364
P. O. Box 750437
Dallas, Texas 75275-0437
Educational skills and motivation training for low-income and first-generation young people who want to attend college.

EMPLOYMENT

Career Development and Designs Services 214-333-7000
 1353 N. Westmoreland
 Dallas, TX 75211

Citizens Development Center 214-637-2911
 8800 Ambassador Row
 Dallas, TX 75247

Dallas Center for the Developmentally Disabled 214-328-4309
 8550 Cadenza Lane
 Dallas, TX 75228
www.dallascenterfordd.org

Goodwill Industries of Dallas County 214-290-2800
 3020 N. Westmoreland Road
 Dallas, TX 75212
www.goodwilldallas.org

Texas Work Force Commission 214-290-1031
 1201 Main Street, Suite 2700
 Dallas, TX 75202
*The state government agency that oversees and provides workforce development services to employers and job seekers in Texas. Office hours: Monday - Friday, 8:00 am - 5:00 pm.
 Unemployment Compensation*

Work Force Center Locations

2922 Martin Luther King Drive	Dallas, TX 75215	214-421-2460
2020 N. Masters, Suite. 102	Dallas, TX 75217	972-288-2703
2707 Stemmons Freeway, Suite 150	Dallas, TX 75207	214-920-3663
2925 N. Skyway Circle	Irving, TX 75038	972-258-0114
4243 S. Polk	Dallas, TX 75224	214-372-1471
217 N. 10th	Garland, TX 75040	972-276-8361
1222 E. Arapaho	Richardson, TX 75081	972-234-5391
202 W. Pioneer Pkwy.	Grand Prairie, TX 75051	972-264-5881
2110 N. Galloway, Suite 116	Mesquite, TX 75150	972-329-1948
7222 S. Westmoreland, Suite 110	Dallas, TX 75237	972-709-5377

Day Labor Center Locations:

Garland Day Labor Center
 2007 Saturn Road Garland, TX 75041 972-864-1739

Lone Star Park Hiring Office
 1000 Lone Star Parkway Grand Prairie, TX 75050 972-264-5881

Worksource for Dallas County 214-290-1000
 1201 Main Street, Suite 2700

Dallas, TX 75202
www.worksource.org

FINANCIAL (*Short Term*)/INSURANCE ASSISTANCE

Aging Information Office 214-379-4636
1349 Empire Central Drive, Suite 400
Dallas, TX 75247
(Referrals to local agencies that provide emergency financial and food assistance)

Bethlehem Foundation 214-371-3407
1159 Camp Wisdom
Dallas, TX 75232
Hours: Monday-Friday; 9:00-6:00 pm. Clients must bring picture ID, social security card, and birth certificates for all members of household; proof of income; verification of residency. Application process: walk in, but clients must call first to see which services are available that day. Services offered: food; clothes; rent and utilities assistance. Clients may receive rent and utility assistance once every 3 years.

Buckner Vickery Wellness Center 214-706-6959
5929 Melody Lane
Dallas, TX 75231
Hours: Monday-Friday; 9:00 am - 9:00 pm. Services offered: food; rent and utilities assistance; ESL classes; job training; after-school programs; crisis counseling; community wide events; parenting classes. Eligibility requirements: clients must be Vickery community residents. Clients must bring: picture ID; proof of income; rent or utility bill. Application process: walk-ins taken; client should call for appointment if requesting financial aid. Clients may receive financial assistance once a year.

Crossroads Community Services 214-560-2511
1822 Young Street
Dallas, TX 75201
1922 Ross Avenue (*mailing address*)
Dallas, TX 75203

Dallas County Department of Health & Human Services 214-819-1848
Comprehensive Energy Assistance Program (CEAP)
2377 Stemmons Freeway
Dallas, TX 75207

Duncanville Outreach Ministry 972-296-4986
202 E. Cherry Street
Duncanville, TX 75116
Hours: Monday-Friday; 9:30-12:30 pm. Services offered: Food; clothes; rent and utilities assistance (electricity, gas, and water). Eligibility requirements: clients must live in one of the following zip codes: 75116 or 75137. Clients must bring: picture ID and social security cards for

self and all in household; proof of residence (in the form of a utility bill or a lease agreement); Immigration Card required for non-citizens. Clients may receive food up to 6 times per year; may receive clothes up to 3 times.

Dallas County Veterans Service Office 214-819-1885
2377 Stemmons Freeway, 6th Floor Box 1
Dallas, TX 75207

Duncanville Outreach Ministry 972.296.4986
202 E. Cherry Street
Duncanville, TX 75216

Housing Crisis Center 214-828-4244
4210 Junius Street
Dallas, TX 75246-1429

Jewish Family Services 972-437-9950
5402 Arapaho Road
Dallas, TX 75248

Ladies Charity of Dallas 214-821-5713
2710 Samuel Blvd
Dallas, TX 75223

Lancaster Outreach Center 972-227-0138
1120 Randlett Street
Lancaster, TX 75146

Mesquite Social Services, Inc. 972-216-1470
1035 Military Parkway
Mesquite, TX 75149

Hours: Monday-Friday; 8:00 am - 4:30 pm. Services offered: food; rent and utilities assistance; budget counseling. Eligibility: clients must live in designated zip code area: Mesquite, Balch Springs, Seagoville (TXU and Atmos gas only), Sunnyvale clients must bring: items specified in appointment phone call; if seeking food assistance, picture ID and social security cards for all in household, proof of residence; if requesting utilities assistance, current ID, check stubs, utility bill. Clients may receive food three times per year. Clients may receive financial assistance once a year.

Metrocrest Social Services 972-446-2100
1111 West Belt Line Rd., Suite 100
Carrollton TX 75006

Services offered: food; clothes; rent and utilities assistance; job counseling; information and referral hours: Monday, Tuesday, Thursday, Friday 8:00 am - 5:00 pm; Wednesday 8:00 am - 7:00 pm; Saturday 9:00 am - 1:00 pm. Eligibility requirements: client must be a resident of Carrollton, Farmers Branch, Addison, or Coppell. Must bring: picture ID for self; SS card or birth certificates for all in household; proof of residence; proof of Income. Application process: appointments

preferred; walk-ins taken. Clients may receive food assistance 4-6 times a year. Clients may receive rent and utilities assistance once every 18 months.

Oak Cliff Churches for Emergency Aid 214-943-7757
6000 S. Hampton
Dallas, TX 75232

Reconciliation Outreach 214-821-9192
4311 Bryan Street
Dallas, TX 75204

Richardson East Care Corps 972-231-8231
1504 East Campbell Road
Richardson, TX 75081

Salvation Army—Carr P. Collins Social Service Center 214-424-7000
5302 Harry Hines Blvd
Dallas, TX 75235
PO Box 35928, Dallas TX, 75235-0928

Salvation Army—Irving 972-721-9503
250 E. Grauwlyer Road 972-721-0779
Irving, TX 75061
PO Box 154426
Irving, TX 75015-4426

Social Security Administration Teleservice Center 800-772-1213
www.ssa.gov

St. Vincent Center (@ Holy Trinity Catholic Church) 214-521-3719
3826 Gilbert Avenue
Dallas, TX 75219

Texas Department of Human Services (Food Stamps, Medicaid and CCAD Application)
www.dhs.state.tx.us/regions/03

3650 N. Buckner Blvd., Suite 111; 75228	214-319-8422
1228 E. Ledbetter Drive; 75216	214-372-4671
1111 W. Ledbetter Drive, Suite 400; 75224	214-372-6370
5455 Blair Road; 75231	214-750-4619
4533 Ross Avenue; 75204	214-827-5210
440 S. Nursery, Suite 2000; 75060	972-579-3080
1010 Cadiz Street, Suite 100; 75215	214-421-7722
2020 N. Masters Drive; 75217	972-216-0087
302 W. 9 th Street; 75208	214-942-2323
3131 Fish Trap Road; 75212	214-360-4411
1467 Acton Avenue (Duncanville)	972-709-8075
801 W. Freeway, Suite 300 (Grand Prairie)	972-262-4888

6500 Northwest Drive, Suite 300 (Mesquite) 972-681-9778
201 Mallory Bridge Road (Seagoville) 972-287-1174
3306 W. Walnut Street, Suite 200 (Garland) 972-272-0889

West Dallas Multi-Purpose Center 214-670-6530
2828 Fish Trap Road
Dallas, TX 75212

White Rock Center of Hope 214-324-8996
10021 A Garland Road
Dallas, TX 75218

The Wilkinson Center 214-821-6380
5200 Bryan
Dallas, TX 75206

Value Options/NorthSTAR 888-800-6799
1199 South Beltline Road, Suite 100
Coppell, TX 75019

Veterans Affairs 800-827-1000
4500 South Lancaster Road
Dallas, TX 75216

FOOD PANTRIES/ASSISTANCE

Bethlehem Foundation 214-371-3407
1159 Camp Wisdom
Dallas, TX 75232

Monday thru Friday; 9:00 am-6:00pm. Clients must bring: picture ID, birth certificate and social security cards for all members of household; verification of residency. Application process: walk in, but clients must call first to see which services are available that day. Clients may receive food and clothes once a year.

Big Heart Ministries 214-275-0811
4209 Samuell Blvd
Dallas, TX 75228

Hours: 7:30 to 10:00 am every Saturday morning (breakfast only). Meals provided at the corner of Ervay and Corsicana - Downtown Dallas.

The Breadbasket (located in St. Luke's Life Center) 214-887-3926
6211 East Grand
Dallas, TX 75223

Requirements: Must live in the following zip codes--75206, 75210, 75015, 75017, 75018,75023, 75028, or 75053. Must bring valid picture ID, social security number for each family member, proof of residency for current month, and any proof of disability (not required).

Carrollton Friendship House

972-242-6464

(A Ministry of the 1st Baptist Church of Carrollton)

2400 N. Josey Lane

Carrollton, TX 75006

Services offered: food; clothes. Hours: Wednesdays: 10:00 am -12:00 pm, 5:00 pm -7:00 pm.

Eligibility requirements: clients must reside in one of the following zip codes to receive food and clothes: 75001, 75006, 75007, 75008, 75010, 75019, 75244, 75287; clients who live in zip code 75234 may receive clothes. Clients must bring: valid driver's license with valid address; rent receipt or utility receipt if further proof of residence is needed. Clients may receive food 4 times a year. Clients may receive clothing two times a year.

Central Dallas Ministries Food Pantry

214-823-8710

409 N. Haskell Avenue

Dallas, TX 75246

Hours: Monday-Thursday 10:00 am to 2:00pm; Saturday 9:30 am to 12:30 pm. ID required; serves all inner city Dallas. Families' w/children need to bring child's social security card & birth certificate.

Cliff Temple Care Center/Mission Oak Cliff

214-942-6407

123 W. 10th Street *(Moved directly across the street in church)*

Dallas, TX 75208

Hours: Monday-Friday 9:00 am to Noon and 1:00 pm to 4:00 pm. Must provide picture ID, Social Security card, and proof of residency.

Dallas Life Foundation

214-421-1380

1100 Cadiz St

Dallas, TX 75215

Hours: Monday-Friday 3:00-6:00pm; Saturdays 9:00-5:00pm Individuals 17 and older or parent. Must Have ID, children's birth certificate, Social Security card, and shot records.

Family Assistance Center

214-941-8596

1924 Jefferson Street

Dallas, TX 75208

Hours: Monday-Thursday 9:00 to 11:00 am and 1:00 to 3:00 pm. Bring picture ID, Social Security card, proof of income, and expenses.

Family Place, The

214-941-1991

4300 MacArthur Avenue

Dallas, TX 75209

First Presbyterian Community Ministries

214-746-2785

408 Park Avenue

Dallas, TX 75201

Hours: Monday and Wednesday and Friday 8:00 am-2:45 pm.

Food Pantry 214-528-2336

4012 Cedar Springs Road
Dallas, TX 75219

Hours: Monday-Wednesday 4:00-6:00pm, Thursday 9:00-8:00pm, Friday 9:00-5:00 pm.

God's Food Pantry 972-633-9777

3420 E. 14th Street
Plano, TX 75074

Tuesday-Saturday, 9:00 am to Noon. Allowed to come once a week.

Jewish Family Service 214-437-9950

5402 Arapaho Road
Dallas, TX 75248

Meals On Wheels 214-689-0000

1440 West Mockingbird Lane #500
Dallas, TX 75247

Home-delivered meals for elderly or disabled. Individual must be home bound with no caretaker and no meals from any other source. Illness or old age must prevent normal activity in order for client to receive meals.

MLK Community Center 214-670-8355

2922 Martin Luther King Blvd
Dallas, TX 75215

Tuesday/Thursday 8:00 am to 8:30 am.

North Texas Shared Ministries 972-620-8696

2875 Merrell Road
Dallas, TX 75229

ID Required

Operation Relief Center 214-421-5363

2010 Grand Avenue
Dallas, TX 75215

Salvation Army 214-688-4494

5302 Harry Hines Blvd
Dallas, TX 75235

214-424-7000

214-424-7111

Meals and Food Pantry for non-residents

Southeast Dallas Emergency Food Center 214-381-5239

6670 Military Parkway
Dallas, TX 75227

Services offered: food; clothes. Hours: Monday - Friday 9:00 am - 2:00 pm. Eligibility requirements: Client must live in one of the following zip codes: 75217, 75227, 75253. Clients

must bring: driver's license or ID and SS cards for self and all in household; birth certificates or other ID for all children; proof of residence. Application process: walk-in. Limits: clients may receive assistance 4 times per year.

Stewpot 214-746-2785

408 Park Avenue
Dallas, TX 75201

Hours: 8:00 am to 4:00 pm. Provides lunch meals; Bus Tickets/Gas Money; case management; Community Clinic; Dental Care; ID Cards (Texas); Temporary Financial Assistance; Birth Certificates (out of state only); Travelers Assistance.

Trinity Works 214-653-1711

4536 Bryan Street @ Annex
Dallas, TX 75204

Turnpike Church Of Christ Food Pantry 972-264-2374

1102 NW 7th Street
Grand Prairie, TX 75050

Services offered: food; limited clothes (mostly for children and people in emergency situations); limited financial assistance (often evaluated on an individual basis). Hours: Tuesday & Thursday 9:00 am -12:00 pm. Eligibility requirements: Clients must be Grand Prairie residents. Clients must bring: picture ID. Clients may receive food once a month. Clothes and financial assistance evaluated on an individual basis.

Voice Of Hope 214-631-7877

4120 Gentry Drive
Dallas, TX 75212

*Services offered: food; clothes (when available); utilities assistance; after school program; summer program mentoring program; food delivery for seniors and the disabled in 75212 zip code. Hours of food pantry: Monday & Thursday 2:00 pm - 4:00 pm; regular hours: 8:00 am - 5:00 pm. Eligibility requirements: Clients must live in zip code **75212** to receive utilities assistance; clients outside zip code are eligible for food clients must bring: clients should call for appointment and be told what to bring. Application process: walk-in for food pantry on Monday & Thursday 2:00 pm - 4:00 pm; appointments required for food pantry during other times; appointments required for utilities assistance. Clients may receive food every 3 months. Clients may receive utilities assistance once a year.*

West Dallas Multipurpose Center 214-670-6530

2828 Fish Trap Road
Dallas, TX 75212

Services offered: food; rent and utilities assistance; caseworker referral; eyeglasses program; referral services; job training; health services; older adults programs. Hours: Monday-Friday 8:00 am -5:30 pm. Eligibility requirements: different programs have different eligibility requirements; rent and utilities assistance available to any Dallas city residents. Clients must bring: clients should call to learn required documentation. Application process: walk-ins and appointments taken. Clients may receive food once every 3 months. Clients may receive financial assistance once a year.

Wilkinson Center

214-821-6380

5200 Bryan
Dallas, TX 75206

Hours: Monday-Thursday 9:00 am to 4:30 pm.

HEALTH CARE

Agape Clinic at Grace United Methodist Church

214.824.2533

4105 Junius Street
Dallas, TX 75246

Hours: Thursday- 7:30 am - 3:30 pm; Friday- 7:30 am-11:30 am; Saturday- 8:00 am - 12:00 pm; Vaccinations Friday- 9:00 am - 12:00 pm and Saturday- 8:30 am. Serves patients in the following zip codes: 75246, 75225, 75206, 75214, 75223.

AIDS Resource Center

214-521-5124

2701 Reagan Street
Dallas, TX 75219

Services offered: food; insurance assistance; limited non-emergency financial assistance; dental care; low cost blood work; clinical drug trials; education; computer workstations; library. Hours: Mon - Fri 9:00 am - 9:00 pm; Sat 9:00 am - 5:00 pm; Sun 12:00 pm - 5:00 pm. Eligibility requirements: clients must be HIV positive to qualify for assistance clients must bring: proof of HIV positive diagnosis; proof of residence; proof of income application process: appointment necessary language options: Spanish speakers available.

Website: www.resourcecenterdallas.org

Baylor University Medical Center

214-820-0111

3500 Gaston Avenue
Dallas, TX 75246

Baylor Senior Health Center Locations

Brookhaven	14220 Marsh Lane	972-241-3700
Casa Linda	9543 Losa Drive	214-327-5200
Fair Park	3707 Gaston Avenue #403	214-887-8089
Garland	777 Walter Reed Road #102	972-494-4888
Hillside	500 Hillside Village	214-827-0023
Mesquite	1650 Republic Parkway #150	972-279-7575

Cedars Hospital

972-298-7323

2000 North Old Hickory Trail
De Soto, TX 75115-2242

Central Dallas Ministries Community Health Services

214-821-8644

801 N. Peak Street
Dallas, TX 75246

Hours: Mondays and Wednesdays- 9:00 am - 5:00 pm; Tuesdays and Thursday- 9:00 am-9:00 pm (by appointment only). Service Area: 75204, 75246, 75226, 75223, 75210, 75215.

Charlton Methodist Hospital 214-947-7777
3500 W. Wheatland Road
Dallas, TX 75237

Christ's Family Clinic (in the Preston Road Church of Christ) 214-261-9500
6409 Preston Road
University Park, TX 75205
Hours: Wednesdays 1:00 pm - 9:00 pm. Service area: anyone working in Park Cities area.

Dallas Life Foundation 214.421.1380
1100 Cadiz Street
Dallas, TX 75221
Hours: Monday, Wednesday, and Thursday 5:00 pm - 9:00 pm. Service area: no set requirements.

Los Barrios Unidos Community Clinic, Inc. 214-571-6132
809 Singleton Blvd.
Dallas TX 75212
Hours: Mon-Thurs 7:00 am - 5:00 pm; Fri 7:00 am - 4:00 pm.

Martin Luther King Jr. Family Clinic, Inc. 214-426-2686
2922 B Martin Luther King Jr. Blvd., Building D 214-426-3645
Dallas, TX 75215
*Hours: Monday, Tuesday, Thursday, and Friday- 8:00 am- 5:00 pm; Wednesday-11:00 am - 8:00 pm. Services offered: food; rent and utilities assistance; financial assistance for obtaining birth certificates; transportation; counseling and referral services; educational programs and seminars (computer technology program, GED); medical prescriptions; Thanksgiving baskets; Christmas toys. Clients must bring: current Texas ID for self and all adults in household; SS cards for all in household; proof of income; bill for which assistance is needed; proof of emergency need (eviction or termination notice); lease agreement; receipts for other expenses. Application process: client to call in advance to make appointment; the appointment line opens at 9:00 am; appointments take place Monday, Wednesday (reserved for senior citizens), Friday
limits: clients may receive services from MLK, Jr., Community Center once a year. Service area: 75201, 75202, 75204, 75206, 75210, 75214, 75215, 75216, 75217, 75218, 75219, 75223, 75234, 75236, 75237, 75244, 75247, 75248, 75249, 75252, 75287.*

Medical City—Dallas 972-566-7000
7777 Forest Lane
Dallas, TX 75230

Methodist Medical Center 214-947-8181
1441 N. Beckley Avenue
Dallas, TX 75203

Metrocrest Family Medical Clinic 972-484-8444
 One Medical Parkway, Suite 140
 Dallas, TX 75234
Hours: Tuesdays and Thursdays 6:00 pm - 9:00 pm; immunizations on 3rd Wednesday of month.
Referral needed.

Mission East Dallas 972-682-8917
 2914 Oates Dr., Dallas, TX 75228
Hours: Tuesdays at 4:30 pm. Service area: 75041, 75042, 75043, 75149, 75150, 75159, 75180, 75181, 75185, 75217, 75218, 75227, 75228, 75238, 75253.

North Dallas Shared Ministries 972-620-8696
 2875 Merrell Road ext. 226
 Dallas, TX 75229
Hours: Adults and Children's Clinic: Tues and Thurs 5:00 pm; Women's Clinic: 1st and 3rd Wed 5:00 pm; Children's Immunization Clinic: Tues 10:30 am -1:30 pm. Service area: 75001, 75204, 75205, 75219, 75220, 75225, 75229, 75230, 75231, 75234, 75235, 75240, 75244, 75247, 75248, 75251, 75252, 75254, 75287.

North Texas Indian Physicians Charitable Clinic 972-870-9500
 1706 Britain
 Irving, TX

Parkland Health and Hospital System 214-590-8000
 5201 Harry Hines Blvd.
 Dallas, TX 75235

Community Oriented Primary Care Clinics

Bluitt-Flowers	303 Overton Road--75216	214-266-4200
COPC	6263 Harry Hines Blvd--75235	214-590-0100
De Haro/Saldivar	1400 N. Westmoreland Road--75211	214-266-0500
East Dallas	3320 Live Oak Street--75204	214-266-1000
Garland	802 Hopkins Street--75040	214-266-0700
Southeast Dallas	9202 Elam Road--75217	214-266-1600
Vickery	8224 Park Lane, Suite 130--75231	214-266-0350

Presbyterian Health and Hospital System 214-345-6789
 8200 Walnut Hill Lane
 Dallas, TX 75231

Senior Health Clinic Locations

Central	10455 Central Expressway #110	214-987-0710
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Richardson Regional Medical Center 972-498-4500
 820 Arapaho Road
 Richardson, TX 75080

The Stewpot Clinic 214-746-2785

408 Park Avenue
Dallas, TX 75201
Hours: Monday and Friday-- 8:30 am - 4:30 pm. Service area: no set requirements.

St. Paul Medical Center 214-879-1000
5909 Harry Hines Blvd.
Dallas, TX 75235

UT Southwestern Medical Center--Dallas 214-648-7444
5323 Harry Hines Blvd
Dallas, TX 75235
www.utsouthwestern.edu

VA North Texas Health Care System 214-742-8387
4500 S. Lancaster Road
Dallas, TX 75216

Zale Lipshy University Hospital 214-590-3000
5151 Harry Hines Blvd.
Dallas, TX 75235

HOUSING ASSISTANCE

Boarding Homes/Halfway Houses

Ada's M. King 214-222-6751
3953 Topga Street
Dallas, TX 75241
Contact: Ada M. King

Agape Place 214-941-9925
801 W. 10th
Dallas, TX 75208
Contact: Dana White, Owner

Beckley Gardens 214-943-1695
1734 South Beckley
Dallas, TX 75224
Check-In: 11:00 pm
Contact: Karen Gordon--Females beds only.

Bunk House 214-426-5515
1818 S. Ervay Street
Dallas, TX 75215
Men's Shelter; \$8.00/night. Must provide picture ID and social security card. Source of income or employment required. Check-Out: Every morning at 6:00 am; Check-in at 11:00 am.

Caring Hearts 469-363-6022
314 Nimitz
Dallas, TX 75224
Boarding home for females.

Cole Manor 214-823-8680
1407 N. Garrett
Dallas, TX 75206
Contact: Ella Mae

Cole's Residential 214-391-8097
1364 Gillette
Dallas, TX 75227
Contact: Barbara Cole
Assistance for individuals with mental health/mental retardation issues. Monthly rate depends on level of care. Must be on medication and keep doctor appointments. Accept males and females.

Craven Home (Males Only) 214-374-2120
1522 Waweenoc
Dallas, TX 75216
Contact: Irene Craven
Requirements: Monthly rate: \$500. Meals provided. Some transportation to mental health facilities. Curfew enforced (10:00 pm). Payment accepted SSI and private pay.

El Shaddai 214-374-0091
3212 East Lancaster
Dallas, TX 75216
Contact: Sylvia Hendrix

Etta King Boarding House 214-371-4530
712 Scottsboro Lane
Dallas, TX 75241
Contact: Etta King

Family and Friends (Males only) 214-674-3010
3302 Arizona Street
Dallas, TX 75216
Contact: Ryan Jones

Family and Friends (Males only) 214-946-8519
114 West Louisiana
Dallas, TX 75224
Contact: Ryan Jones

Gaston Rose 214-827-5004
5645 Gaston
Dallas, TX 75214

Contact: Ruby Moore

Guinn's Place 972-286-1383
12023 Bishop
Balch Springs, TX 75180

Hazel's Home Care (*Males only*) 214-402-8937
533 High Falls 214-372-2054
Dallas, TX 75232
Contact: Hazel Grady

House That Love Built (*Males only*) 214-375-3897
6713 Leana
Dallas, TX 75220
Contact: Katherine Hunt

Jefferson House 214-946-4239
336 ½ W. Jefferson 214-946-3101
Dallas, TX 75208
Contact: Bruce

Live Again 214-942-9042
1918 South Beckley (*Males*) 214-893-3116
Dallas, TX 75224
1614 South Beckley (*Females*) 214-
948-9263
Dallas, TX 75224
Contact: Linda Brown

Provides anger management groups, a spiritual 12-step program, and relapse prevention classes. Also, provides individual counseling for individuals with mental health issues. Requires 30 meetings in 30 days. Six months to 1 year housing. Rates: \$450/month for women; includes meals and toiletries. \$400/month for men; must purchase own meals and toiletries. Must have some form of income for this program.

Loving Homes Adult Care 972-988-1712
1918 South Cockrell Hill (*Males*)
Dallas, TX 75211
2926 Rockford (*Females*)
Dallas, TX 75211
Contact: Sandra See

Mac's House (*Males*) 214-943-6963
1132 Betterton Circle
Dallas, TX 75203
Contact: Jordette McGreg

Our Blessed Home 972-287-8996
101 Fisk
Seagoville, TX 75159
Contact: Shirley Mann

Peace of Mind 214-372-1178
1310 Oakley (Males) 469-438-8452
Dallas, TX 75216
2378 E. Ledbetter (Females)
Dallas, TX 75216
Contact: Pete Peterson
Room and board. Rate: \$450/month; accepts SSI, Social Security, private pay.

People Who Care 214-388-7608
8160 Houston School Road
Dallas, TX 75241
Contact: Johnnie Ceasar
Co-ed facility. Rate: Depends on length of stay. \$490/monthly; \$15.80/daily. Payment: Check, cash, SSI, Social Security. Provides three (3) meals a day plus toiletries.

Precious Gems (Males) 972-224-5638
7007 Richwood 214-704-7687
Dallas, TX 75237
2463 West Five Mile Parkway (Males)
Dallas, TX 75233
Contact: Alice Paige

Ravehill Adult Care (Males) 972-571-7322
7836 Ravehill Lane
Dallas, TX 75218
1942 Prichard Lane (Females) 214-309-7598
Dallas, TX 75217
Contact: George Turner
Call for more information.

Roosevelt Handicapped Home Unit (Males) 214-331-3086
2923 Gladiolus Lane 214-808-2608
Dallas, TX 75233
Contact: Roosevelt King

Safe Haven Homes 214-375-2640
2826 Prosperity
Dallas, TX 75216
Contact: Regina Jefferson
Co-ed facility. Provides three meals a day. Daily rate--\$16.50; Monthly rate: \$500/month includes three meals a day. Assists with some transportation needs. SSI, Social Security, and private pay.

*Length all term. **Must take medication as prescribed.** Curfew enforced (midnight). Located near Dallas Metrocare Services (MHMR) Lancaster-Keist clinic.*

Soul's Harbor 972-286-1940
13134 Nile
Dallas, TX 75253
Contact: Johnny Thomas
Homeless shelter; monthly rates available. Payments accepted: Call to discuss.

Emergency and Homeless Shelters

24 Hour Club 214-823-3200
4636 Ross Avenue
Dallas, TX 75204
24 Hour Club is a drug and alcohol rehabilitation center for men and women. It also serves as an emergency shelter.

Austin Street Shelter 214-428-4242
2929 Hickory Street
Dallas, TX 75226
*Services: Emergency overnight shelter; evening meals; showers; clean clothes; psychiatric and medical care; Work Therapy Program; Day Program; Step-Up Rehabilitation Program; shelter for women, children, and men (age 42 and up). Check-In: 4:00-10:00 pm. Services offered hours: 7 days a week, 4:00 pm - 6:00 am. Eligibility requirements: Client must be a man who is 40 years or older; a woman who is 18 years or older, or a child accompanied by a parent or legal guardian clients must be drug and alcohol free and must present legal documentation. Clients must bring: picture ID; social security card and birth certificate. Application process: walk-in. Men ages 39-45 are re-evaluated after 2 weeks to determine whether or not they are still eligible to stay at the Centre; no set time limit for other clients. Website: www.austinst.org
Contact: Reverend "Bubba"*

Calvert Place (A Union Gospel Mission affiliate) 214-637-6117
3211 Irving Blvd
Dallas, TX 75247
Services offered: shelter for homeless men which provides food; clothes; medical care; discipleship/rehabilitation; education and computer training; GED preparation; work experience; Bible studies; chapel services; transitional housing. Hours: 24 hours a day/7 days a week. Intake at 922 Park Avenue in Dallas; seven days a week from 4:30 pm- 6:45pm. Eligibility requirements: clients must be homeless men clients must bring: SS card or some form of ID.

Center of Hope (A Union Gospel Mission affiliate) 214-638-2988
4815 Cass Street
Dallas, TX 75235
Services offered: shelter for homeless women and their children providing food; clothes; access to primary medical care and tuberculosis screening; chapel services,; Bible study; Discipleship Program, includes: parenting skills, job skills, substance abuse management, Christian living, Bible

study, literacy and GED training, computer education, academic training, counseling, mentoring; Child Development Center. Hours: Monday – Friday 9:30 am – 12:00 pm, 1:00 pm – 4:00 pm; Saturday & Sunday 1:00 pm – 4:00 pm. Eligibility requirements: Center of Hope’s clients are homeless women and their children. Clients must bring: picture ID for self; SS cards for self and all in family; BCs for children. Clients may stay in the shelter for a maximum of 90 days. (Women and children only).

Dallas Life Foundation 214-421-1380
1100 Cadiz Street
Dallas, TX 75215
Check-In: 3 pm to 6 pm. Shelter for women, children, and men. The first couple of nights are free; \$7.00/night thereafter.

Family Gateway 214-741-6515
2910 South St. Paul Street
Dallas, TX 75201
Must call for intake appointment. This shelter is for families only.

Family Place 214-941-1991
4211 Cedar Springs, Suite 110 214-559-2170
Dallas, TX 75209
(Women and children)

Reconciliation Outreach 214-821-9192
4311 Bryan Street
Dallas, TX 75204
Provides housing for mothers w/children, single men and women and families. Transitional Housing--\$375-\$500. No crimes of violence or sex offenders.

Salvation Army 214-424-7043
5302 Harry Hines Blvd
Dallas, TX 75235
Contact: Lucy Tamayo-Washington

Transitional Housing

AIDS Services of Dallas 214-941-0523
800 N. Lancaster Road
Dallas, TX 75203
Long-term housing for people with HIV/AIDS. Also, offers on site medical care. Eligibility requirements: clients must be HIV positive or diagnosed with AIDS; clients must bring: picture ID; SS card and birth certificate for self; proof of income; letter of diagnosis, application process: walk-in. Website: www.aidsdallas.org. Often a waiting list for housing assistance; call in advance. Contact: David Minehart

Crossroads 928 Bluebird Drive Irving, TX 75061 <i>Requirements: Must be working or able to work; must be alcohol and/or drug free for one year; must be homeless with minor children OR fleeing domestic violence.</i>	972-254-4003
Dallas County Welfare 2377 Stemmons Freeway Dallas, TX 75207 <i>Must call for an appointment.</i>	214-819-1800 214-819-1801
Dallas Housing Authority Section 8 Program 3939 N. Hampton Road Dallas, TX 75127 <i>Must call for an appointment.</i>	214-951-8300
Darnell Residential 7532 Gayglen Drive Dallas, TX 75217 <i>Contact: Jacqueline Darnell</i>	214-398-8642
Exodus Ministry 4630 Munger Avenue, Suite 110 Dallas, TX 75204 <i>Housing up to six months for ex-offenders with families.</i>	214-827-3772
Family Place 4211 Cedar Springs, Suite 110 Dallas, TX 75209	214-941-1991 214-559-2170
Garland Housing Agency George Washington Carver Center 210 Carver Street, Suite 201B Garland, TX 75040	972-205-3393
Genesis Women's Shelter Drawer G Dallas, TX 75208 <i>Battered women's shelter</i>	214-942-2998
Grand Prairie Housing & Community Development Housing Assistance 206 West Church Street Grand Prairie, TX 75050	972-237-8176

Housing Crisis Center - Vienna Housing Program 214-370-9339
5124 Munger
Dallas, TX 75212
Transitional housing program for homeless families; children under 12; must be citizens of Dallas County for at least 30 days; state background checks; birth certificates and social security cards and picture ID required.

Interfaith Housing Coalition (90 day program) 214-
827-7220
5612 Ross Avenue
PO Box 750206
Dallas, TX 75232

Lancaster Housing Office 972-227-4991
246 E. 1st Street
Lancaster, TX 75146

Mesquite Housing Office 972-216-6424
1515 N. Galloway Avenue
Mesquite, TX 75149

Our Friends Place 214-520-6268
3000 Carlisle, Suite 206
Dallas, TX 75219
Transitional housing for people ages 18 to 24.

OXFORD HOUSE 214-706-2943
Dallas / Richardson
Vacancy Hotline

Oxford House is a self-run, self-supported recovery house program for individuals recovering from alcoholism and drug addiction. Oxford Houses assure an alcohol and drug-free living environment. The first Oxford House was started in Silver Spring, Maryland in 1975.

Oxford House - Abrams (Men Only) 972-644-7000
7963 Woodstone Lane
Dallas, TX 75248

Oxford House - Baylor (Men Only) 972-
664-1866
1612 Baylor Drive
Richardson, TX 75081

Oxford House - Beaver Run (Women Only) 972-
675-4445
2425 Beaver Run Road

Garland, TX 75044

Oxford House - Beltline (Men Only) 972-671-3298
1225 Donna Drive
Richardson, TX 75080

Oxford House - Catalpa (Women Only) 972-699-0978
10231 Catalpa Road
Dallas, TX 75243

Oxford House - Dallas (Men Only) 214-826-4329
726 Glendale Street
Dallas, TX 75214

Oxford House - Drummond (Women w/ Children) 214-
821-6000
4520 Junius Street
Dallas, TX 75246

Oxford House - Erie (Women Only) 972-
242-5959
1201 Erie Street
Carrollton, TX 75006

Oxford House - Ferguson (Women Only) 972-613-8793
11624 Drummond Drive
Dallas, TX 75228

Oxford House - Golfing Green (Men Only) 972-
406-9023
3245 Golfing Green
Farmers Branch, TX 75234

Oxford House - La Manga (Men Only) 972-818-3462
7121 Echo Bluff Drive
Dallas, TX 75248

Oxford House - Lois Lane (Women Only) 972-671-2361
100 South Lois Lane
671-2310
Richardson, TX 75801

Oxford House - Meandering Way (Women Only) 972-991-0206
13094 Meandering Way
Dallas, TX 75240

Oxford House - North Park (Men Only) 214-750-1440

3624 Coral Gables Drive
Dallas, TX 75229

Oxford House - Portrush (*Women Only*) 214-575-2238
10319 Port Rush
Dallas, TX 75243

Oxford House - Pride (*Men Only*) 972-235-6899
1426 Lamp Post Lane
Richardson, TX 75080

Oxford House - Richardson (*Men Only*) 972-480-8866
1813 Harvard Drive
Richardson, TX 75081

Oxford House - Richland Manor (*Men Only*) 972-235-1134
414 Sheffield Drive
Richardson, TX 75081

Oxford House - Saharah (*Women Only*) 972-414-3310
2225 Saharah Drive
Garland, TX 75044

Oxford House - Stagecoach (*Men Only*) 972-690-4664
1421 Stagecoach Drive
Richardson, TX 75080

Oxford House - Sugar Mill (*Men Only*) 972-239-2333
4414 Sugar Mill Road
Dallas, TX 75244

Oxford House - Texoma (*Men Only*) 972-783-6600
1605 Wendy Way
Richardson, TX 75081

Oxford House - Walnut Hill (*Men Only*) 972-907-9112
1238 Delmont
Richardson, TX 75080

Oxford House - Wyatt (*Women Only*) 972-321-8791
10505 Wyatt Street
Dallas, TX 75218

Reconciliation Outreach 214-821-9192
4311 Bryan Street
Dallas, TX 75204

Provides housing for mothers w/children, single men and women and families. Transitional Housing--\$375-\$500. No crimes of violence or sex offenders. Hours: 9:00-5:00 pm. Length of stay limited to six months to one year. Contact Person: Thomas Smith (Men); Carless Talton (Women).

Shared Housing Center 214-821-8510
3110 Live Oak
Dallas, TX 75204
Transitional, co-op housing for families and the elderly

VA North Texas Health Care System 214-857-0943
4500 S. Lancaster Road Bldg. 6
Dallas, TX 75216

MEDICARE/MEDICAID INFORMATION

Social Security Administration 800-772-1213
www.ssa.gov

Texas Department of Human Services 877-236-6500
(Qualified Beneficiary Benefits)
801 W. Freeway Suite 700
Grand Prairie, TX 75051

Texas Department of Insurance 800-252-3439
333 Guadalupe Street
Austin, TX 78714

Trailblazers Health Enterprises 800-442-2620
PO Box 660156
Dallas, TX 75266

MENTAL HEALTH CARE PROVIDERS [*NorthSTAR provider]

ABC Behavioral Healthcare* 214-275-8500
4600 Samuel Blvd
Dallas, TX 75228

ADAPT of Texas* 214-905-0595
5701 Maple Avenue, Suite 300
Dallas, TX 75235

Centro De Mi Salud* 214-941-0798
628 Centre Street

Dallas, TX 75208

Child and Family Guidance Center* 214-351-3490
8915 Harry Hines Blvd
Dallas, TX 75235

Children First Counseling Center 972-264-0604
217 W. Main, Suite 100
Grand Praire, Texas 75050
Programs available for the prevention and recovery from abuse, neglect and victimization through education, support and counseling to children and adults.

Christian Services of the Southwest 972-690-9981
6320 Lyndon B. Johnson Freeway, Suite 122
Dallas, TX 75240

Contact Counseling and Crisis Line 972-233-2233
(24 hours)
PO Box 800742
Dallas, TX 75380

Counseling Institute of Texas 972-494-0160
705 W. Avenue B, Suite 306
Garland, TX 75040

Dallas Inter-Tribal Center, Inc. 214-941-1050
209 E. Jefferson Blvd.
Dallas, Texas 75203
Assistance and counseling for Dallas and Tarrant County residents of Native American descent.

Dallas Metrocare Services* 214-743-1200
Administrative Offices
1380 Riverbend Drive
Dallas, TX 75247
Provides services for adults and children with mental retardation or mental illness in Dallas County. Some services include: in home and family support, intermediate care facilities, transitional living services, behavioral and psychiatric services, vocational development and support, early childhood intervention, homeless outreach, child/adolescent mental health programs, and programs for juvenile offenders.

Satellite Locations for adult services:

Altshuler Clinic	4645 Samuel Blvd (75227)	214-275-7393
BPS Clinic	1340 Riverbend Drive (75247)	214-743-6188
	<i>(Primarily services individuals with Mental Retardation)</i>	
Lancaster-Kiest	3330 S. Lancaster (75216)	214-371-6639
Pathways Clinic	1340 Riverbend Drive (75247)	214-743-6188
Westmoreland	1350 N. Westmoreland (75211)	214-330-0036

Department of Assistive and Rehabilitative Services (formerly Texas Rehabilitation Commission) 4800 N. Lamar Blvd., 3rd Floor Austin, Texas 78756	800-252-5204
East Dallas Counseling Center 4144 North Central Expressway Suite 530 Dallas, Texas 75204 <i>Counseling, health and emergency services and substance abuse programs for Asian, African, Middle Eastern, and other refugee communities. Multi-cultural transitional housing and HIV prevention programs.</i>	214-821-5393
Galaxy Counseling Center 1025 S. Jupiter Road Garland, Texas 75042	972-272-4429
Green Oaks Hospital 7808 Clodus Field Drive Dallas, Texas 75251	972-991-9504
Incest Recovery Services of The Family Place P.O. Box 7999 Dallas, Texas 75209 <i>Individual and group therapy for adult and adolescent victims of incest and child sexual abuse.</i>	214-443-7701
Jewish Family Service 13140 Coit Road, Suite 400 Dallas, Texas 75240	972-437-9950
Juliette Fowler Homes Inc., Dallas County 1234 Abrams Road Dallas, Texas 75214 <i>Children, Youth and Family Services division offers residential treatment and outpatient counseling for emotionally disturbed adolescents.</i>	214-827-0813
LifeNet* 10405 E. Northwest Highway, Suite 100 Dallas, Texas 75238 <i>Provides clinical services, supportive housing services, supportive employment services, and child services to the homeless, the mentally ill, and the chemically dependent in Dallas County.</i>	214-221-5433
Pastoral Counseling and Education Center 4525 Lemmon Avenue, Suite 200 Dallas, Texas 75219	214-526-4525

Parkland Health and Hospital System Violence Intervention Program 5201 Harry Hines Blvd Dallas, Texas 75235	214-590-2926
Parkland Rape Crisis and Sexual Abuse Center (24 hours) 4917 Harry Hines Blvd. Dallas, Texas 75235	214-590-0430
Promise House 224 W. Page Dallas, Texas 75208 <i>Provides parent and family support groups, plus counseling to support family preservation.</i>	214-941-8578
Rapha Christian Counseling <i>Offers individual, marital and group counseling, play therapy and crisis intervention.</i>	972-257-0449
Solace Counseling 2519 Oak Lawn, Suite 500 Dallas, TX 75219	214-522-4640
Suicide and Crisis Center (24 hours) 2808 Swiss Avenue Dallas, Texas 75204	214-828-1000
Timberlawn Mental Health System 4600 Samuel Blvd Dallas, Texas 75228	214-381-7181
Turtle Creek Manor 2727 Routh Street Dallas, TX 75201	214-871-2484
VA North Texas Health Care System 4500 S. Lancaster Road Dallas, TX 75216	214-742-8387
YWCA Women's Resource Center, Dallas County <u>Dallas Branches</u> Central Branch 4621 Ross Avenue Widner Branch 1811 S. Hampton Road Maria Morgan Branch 1800 Bonnie View Lane Irving Branch 3640 West Northgate Garland Branch 3821 Broadway Richardson Branch 1416 East Collins	214-584-2301

SUBSTANCE ABUSE/REHABILITATION PROGRAMS

24 Hour Club 4636 Ross Avenue Dallas, TX 75204 <i>24 Hour Club is a drug and alcohol rehabilitation center for men and women. It also serves as an emergency shelter.</i>	214-823-3200
Al-Anon/Alateen Information 5533 Dyer Street, Suite 103 Dallas, TX 75206	214-363-0461
Alcoholics Anonymous 4300 Alpha Road #211 Dallas, TX 75244	972-239-4599
Austin Street Centre 2929 Hickory Dallas, TX 75226	214-428-4242
Burning Tree Recovery Ranch PO Box 757 Kaufman, TX 75142	972-962-7374
Cathedral of Hope PO Box 35466 5910 Cedar Springs Road Dallas, TX 75235	214-351-1901 800-501-HOPE
The Cedars Hospital 2000 N. Hickory Trail DeSoto, TX 75115 <i>(Specialty hospital for mental health and chemical dependency care)</i>	972-298-7323
City of Dallas—Department of Environmental & Health Day Resource Center-Shelter Plus 901 S. Ervay Street Dallas, TX 75201	214-670-3932
First Step Counseling 219 B Sunset Avenue Dallas, TX 75208	214-942-8808
Greater Dallas Council on Alcohol & Drug Abuse	214-522-8600

4525 Lemmon Avenue, Suite 300
Dallas, TX 75219

Green Oaks

7920 Clodus Fields Drive
Dallas, TX 75251

214-851-9923

Help Is Possible

723 Peak Street
Dallas, TX 75233

214-827-2870

Homeward Bound

233 W. Tenth Street
Dallas, TX 75208

214-941-3500

Nexus Recovery (*Females Only*)

321-0156
8733 La Prada
Dallas, TX 75228

214-

Solace Counseling

2519 Oak Lawn, Suite 500
Dallas, TX 75219

214-522-4640

Solutions Outpatient Services

5327 N. Central Expressway, Suite 333
Dallas, TX 75205

214-369-1155

Solutions Over Substances

1227 World Court Store
Dallas, TX 75217

214-381-9535

Timberlawn Mental Health System

4600 Samuel Blvd
Dallas, TX 75228

214-381-7181

TRS Behavioral Care, Inc.

5646 Milton Street
Dallas, TX
(Also offers *Transitional Living for men*)

877-627-4389

Turtle Creek Manor

2727 Routh Street
Dallas, TX 75201

214-871-2484

Valley Hope Association (Grapevine)

2300 William D. Tate Avenue

817-424-1305

Grapevine, TX 76051

SUPPORT GROUPS

Adult Children of Aging Parents 214-348-6600
9015 Plano Road
Dallas, TX 75238

Al-Anon/Alateen Information 214-363-0461
5533 Dyer Street, Suite 103
Dallas, TX 75206

ARC of Dallas 214-634-9810
2114 Anson Road
Dallas, TX 75235
www.arcdallas.org

Because I Love You (BILY) 972-647-9573
www.becauseiloveyou.org
A parent support group for families in crisis.

Brighter Tomorrows 972-263-0506
1417 Densman Street 972-263-2417
Grand Prairie, TX 75053
Also provides shelter for victims of domestic shelters/sexual assault; 24-hour hotline--972-262-8383.

Child and Family Guidance Center 214-351-3490
8915 Harry Hines Boulevard
Dallas, TX 75235

Co-Dependents Anonymous of N. Central Texas 972-661-9843
11520 N. Central Expressway
Dallas, TX 75243

Dallas Gamblers Anonymous 214-890-0005
Support Group
12717 Marsh Lane
Dallas, TX 75230

Depressive & Manic Depressive Association 817-654-7100
PO Box 6361
Fort Worth, TX 76115

- Growth Through Grief** 214-590-8512
5201 Harry Hines Boulevard
Dallas, TX 75235
- Life After Loss, Dallas** 214-819-1200
8900 Carpenter Freeway
Dallas, Texas 75247
Five-week session for anyone who has lost a loved one within the last two years. Registration required.
- Mental Health Association of Greater Dallas Depressive's Support Group** 214-871-2420
624 N. Good Latimer, Suite 200
Dallas, TX 75204
www.mhadallas.org
- MADD (Mothers Against Drunk Driving)** 214-637-0372
8585 Stemmons Freeway 525 S
Dallas, Texas 75247
Supports victims who have been injured by or who have lost loved ones to drunk driving. Offers youth educational programs to prevent underage drinking.
- National Alliance of the Mentally Ill (NAMI)—Dallas** 214-341-7133
6510 Abrams Road, Suite 568
Dallas, TX 75231
- OCD (Obsessive Compulsive Disorder) Association/DFW** 972-278-0318
Provides support and assistance to person who have OCD and related spectrum disorders and to their family members. Meets 2^d and 4th Thursday of each month.
- Recovery, Inc., Support Group** 214-904-0296
International Headquarters
802 N. Dearborn
Chicago, IL 60610
(Various meeting locations throughout Metroplex)
- Suicide and Crisis Center** 214-824-7023
2808 Swiss Avenue
Dallas, TX 75204
www.sccenter.org
- Texas Council on Problems & Compulsive Gambling Helpline** 800-742-0443
670 N. Coit Road, Suite 2480
Richardson, TX 75080

Victims Outreach 214-358-5173
3530 Forest Lane, Suite 300
Dallas, TX 75234

Women's Center in Richardson 972-238-9516
515 Custer Road
Richardson, TX 75080

YWCA Women's Resource Center 214-821-9595
4621 Ross Avenue, 2nd Floor
Dallas, TX 75204
www.ywcadallas.org

Urban League of Greater Dallas and North Central Texas 214-915-4600
4315 S. Lancaster Road
Dallas, TX 75216

TRANSPORTATION ASSISTANCE

Dallas Area Rapid Transit 214-979-1111
1401 Pacific Avenue
Dallas, TX 75202
Public transportation authority for Addison, Carrollton, Cockrell Hill, Dallas, Farmers Branch, Garland, Glenn Heights, Highland Park, Irving, Richardson, Rowlett, Plano, and University Park.

DART Paratransit 214-515-7272
1401 Pacific Avenue
Dallas, TX 75202
Transportation for person with mobility impairments who have been previously certified by DART.

Garland Special Transportation 972-205-3310
222 Carver Drive
Garland, TX 75040

Grand Prairie Special Transportation (City limits only) 972-237-8545
1821 W. Freeway
Grand Prairie, TX 75051
www.ci.grand-prairie.state.tx.us

Mesquite Transportation Elderly-Disabled (Mesquite residents only) 972-329-6833
300 W. Kearney Street
Mesquite, TX 75150
www.cityofmesquite.com

For more information regarding the Dallas County Public Defender's Mental Health Division, please contact us at:

**DALLAS COUNTY PUBLIC DEFENDER'S OFFICE
133 N. INDUSTRIAL BOULEVARD, LB2
DALLAS, TEXAS 75207-4399**

Or by dialing

214-653-3550
214-712-3026 (fax)

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Mental Health Assistant Public Defender

Walter Norris
Mental Health Caseworker III

Karen Thompson
Mental Health Caseworker II

Megan Gwinn
Intern

The Guide includes telephone numbers, address and some Internet websites for community service providers. The listing of organizations and/or services in this resource guide does not constitute or imply endorsement by the Dallas County Public Defender's Office Mental Health Division.