



## Fall/Winter Schedule 2022-2023 Effective September 6 - June 17

Check out our Events and Closings section on our website  
for important updates.

| Day              | Time                | Age Group               | Class/Rank              |
|------------------|---------------------|-------------------------|-------------------------|
| <b>Monday</b>    | 3:30 - 4:15 pm      | 7 - 13                  | All Ranks               |
|                  | 4:15 - 5:00 pm      | 4 - 6                   | All Ranks               |
|                  | 5:30 - 6:15 pm      | 7 - 13                  | White - Orange          |
|                  | 6:30 - 7:15 pm      | 7 - 13                  | Purple - Blue           |
|                  | 7:30 - 8:30 pm      | All Ages                | Competition/Demo Team   |
|                  | 7:30 - 8:30 pm      | Adult/ 7 - 13           | All Ranks/Green - Black |
|                  | <b>Judo Classes</b> |                         |                         |
| 3:30 - 4:15 pm   | 7 - 13              | Judo - All Ranks        |                         |
| 7:00 - 8:00 pm   | Adult               | Judo - All Ranks        |                         |
| <b>Tuesday</b>   | 4:15 - 5:00 pm      | 4 -6                    | All Ranks               |
|                  | 5:30 - 6:15 pm      | 7 - 13                  | White - Orange          |
|                  | 6:30 - 7:15 pm      | 7 - 13                  | Purple - Black          |
|                  | 7:30 - 8:30 pm      | Adult                   | All Ranks               |
|                  | <b>Judo Classes</b> |                         |                         |
| 6:15 - 7:15 pm   | Adult               | Goshin Jutsu - All Rank |                         |
| <b>Wednesday</b> | 3:30 - 4:15 pm      | 7 - 13                  | All Ranks               |
|                  | 4:15 - 5:00 pm      | 4 - 6                   | All Ranks               |
|                  | 5:30 - 6:15 pm      | 7 - 13                  | White - Orange          |
|                  | 6:30 - 7:15 pm      | 7 - 13                  | Purple - Blue           |
|                  | 7:30 - 8:30 pm      | Adult/ 7 - 13           | All Ranks/Green - Black |
|                  | <b>Judo Classes</b> |                         |                         |
|                  | 3:30 - 4:15 pm      | 7 - 13                  | Judo - All Ranks        |
| 7:00 - 8:00 pm   | Adult               | Judo - All Ranks        |                         |
| <b>Thursday</b>  | 4:15 - 5:00 pm      | 4 -6                    | All Ranks               |
|                  | 5:30 - 6:15 pm      | 7 - 13                  | White - Orange          |
|                  | 6:30 - 7:15 pm      | 7 - 13                  | Purple - Black          |
|                  | 7:30 - 8:30 pm      | Adult                   | All Ranks               |
|                  | <b>Judo Classes</b> |                         |                         |
| 6:15 - 7:15 pm   | Adult               | Goshin Jutsu - All Rank |                         |
| <b>Friday</b>    | CLOSED              |                         |                         |
| <b>Saturday*</b> | 9:00 - 9:45 am      | Adult                   | Woman Self Defense      |
|                  | 9:00 - 9:45 am      | 4 - 6                   | All Ranks               |
|                  | 10:00- 10:45 am     | 7 - 13                  | All Ranks               |

\* Saturday Competition/Demo Team TBD monthly.