

## Patient Information

1. Name (Last, First MI): \_\_\_\_\_
2. Address: \_\_\_\_\_  

City
State
Zip
3. Cell Number: \_\_\_\_\_ Cell Provider: \_\_\_\_\_
4. Email: \_\_\_\_\_
5. Date of Birth: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_
6. Gender (circle one):    Male / Female / Other \_\_\_\_\_
7. Emergency Contact: \_\_\_\_\_ Number: \_\_\_\_\_
8. How did you find us? (circle one): Internet / MVP / \_\_\_\_\_
9. Whom may we thank for referring you? \_\_\_\_\_

## Questions

Please answer the following questions by circling the appropriate answer.

Please explain any YES answer below.

- |   |   |
|---|---|
| Y N Have you ever had a professional massage?   | Y N Are you constantly tired?                     |
| Y N Have you ever had surgery?                  | Y N Do you suffer from tension?                   |
| Y N Do you have spinal problems?                | Y N Do you have any heart problems?               |
| Y N Are you pregnant?                           | Y N Do you have high blood pressure?              |
| Y N Do you have any skin problems or allergies? | Y N Do you have varicose veins?                   |
| Y N Do you wear contact lenses or dentures?     | Y N Do you have blood clots?                      |
| Y N Do you take any prescribed medications?     | Y N Have you ever had cancer?                     |
| Y N Do you have chronic back pain?              | Y N Do you have arthritis?                        |
| Y N Do you have frequent headaches?             | Y N Have you ever suffered any acute injury?      |
| Y N Pain which radiates down legs or arms?      | Y N Do you have athlete's foot or plantars warts? |

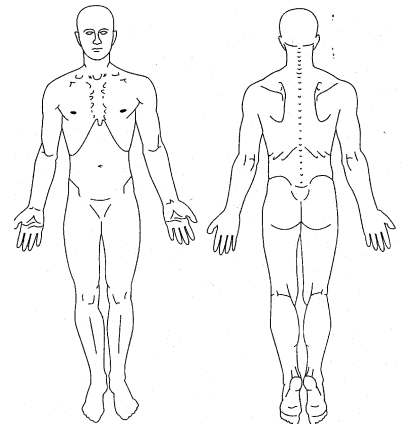
## Condition and Reason for Visit

1. Reason For Visit: \_\_\_\_\_
2. Use Body Diagram: Circle the Main Areas you would like massaged
3. Circle the Range of Pressure you like:  
(Deep) 5    4    3    2    1 (Light)
4. Circle the Technique(s) you would like:  

|              |           |               |
|--------------|-----------|---------------|
| Long Gliding | Kneading  | Trigger Point |
| Stretches    | Vibration | Instrument    |

 Other: \_\_\_\_\_
5. Do you want Full Body Massage:    Yes / No
6. Level of Conversation / Education you're comfortable with today:  

|      |      |                 |              |
|------|------|-----------------|--------------|
| None | Some | I want to learn | I'm a Talker |
|------|------|-----------------|--------------|



I, \_\_\_\_\_, understand that massage therapy given is for the purpose of stress reduction, relief from muscular tension or spasm, or for increasing circulation and energy flow.

If I experience any pain or discomfort, I will immediately inform the therapist so that the pressure or methods used can be adjusted to my comfort level.

I understand that the massage therapist does not diagnose illness, disease or any other physical or mental disorder. As such, the massage therapist does not prescribe medical treatment or pharmaceuticals, nor do they perform any spinal manipulations. It has been made very clear to me that this massage therapy is not a substitute for any physical ailment that I might have.

Because a massage therapist must be aware of existing physical conditions, I have stated all my known medical conditions and TAKE IT UPON MYSELF to keep the massage therapist updated on my physical health.

**SIGNATURE:** \_\_\_\_\_ **DATE:** \_\_\_ / \_\_\_ / \_\_\_

### Consent to Treat a Minor

I \_\_\_\_\_ parent/guardian of \_\_\_\_\_ have read and understood the statements regarding massage therapy. By my signature, I authorize The Wellness Center of West Michigan massage therapist to provide massage treatments bodywork to my child or dependent.

**Signature of Custodial Parent or Guardian**

**Date**

\_\_\_\_\_

\_\_\_\_\_