



Welcome to TOC

Live, Learn & Work



One year on

Louise and myself cannot believe that we are nearing the end of our first 'TOC—Together Our Community' year!

What a year it has been! We would like to thank all our families and valuable supporters, including the wider TOC Team, for their continued loyalty and support for the TOC Project. We love working with you all and we especially enjoy working with the young people watching them grow and flourish into amazing young adults. It's an absolute pleasure.

The TOC's mission of 'Live, Learn, Work' in the local community would not be possible without all the invaluable support of all of our local business and charity partners who have kindly opened their doors to the young people. We are truly grateful to them all and look forward to nourishing our relationships as TOC move forward. We are always on the lookout for any new businesses or charities that would like to work with TOC enabling the young people more and varied work experience and volunteering opportunities. If you are able to help with this, please do get in touch with Louise or Hilary.

The young people's mental and physical health remains at the heart of what we do at TOC and their daily wellbeing activities will continue to develop. A special thank you to our TOC Team, especially our 'Wellness' lead Roo and our 'Wellbeing' lead Jo, and also to Ben and Anna from 'Everyone Active.'

Finally, we are so hopeful that we will be able to start our new TOC Year from September in the new TOC HQ!!

This is going to be such a fabulous facility for all of our young people and it certainly is going to make such a positive difference to all of our lives.

A grand opening is planned once we open and are settled! Watch this space!





Live, Learn & Work



TOC Team: 'Let's meet Katie'

Interview by Orla and Lauren:

Katie has been with TOC from the very beginning and attends 2 days a week.

"I like coming to TOC to see my friends."

Some of Katie's friends are Lacey May, Lauren and Maddie.

"My favourite work experience is the Coffee Morning at St Paul's"

Katie helps to serve the teas, coffees and cakes.

Katie is also very good at laying the table ready for 19 young people to have a hot lunch.

"I love using the dishwasher and drying up in the kitchen."

Katie also volunteers at The Chapel, helping to clean the tables, etc.

Katie's favourite food is chicken pie!

"TOC inspires me because you all have such enthusiasm and kindness" - Trudie

TOC



TOC Team: 'Let's meet Trudie'

Questions and interview by Thomas, Lacey May, Alexander & Jack

- How did you hear about TOC? - Via a friend who has a shop next to the new building. I scanned the QR code on the hoardings.
- How long have you been at TOC? - 9 months.
- What is your favourite activity? - I like helping in the kitchen and the music session with Mike is fun!

"They work so hard in the kitchen. I'm so impressed with it."

"I love to see you all enjoying the music too."

- What is your favourite food? - Italian
- What is your favourite meal that you have cooked with TOC? - The quiche was good and the meatballs were fun!
- Do you have any hobbies? - gardening and walking.
- What is your favourite colour? - shades of blue.
- What made you want to volunteer with TOC? - I have an autistic granddaughter who inspires me and I want to help people with learning difficulties.

We really appreciate all of Trudie's time, effort and support. Thankyou.

It's been a long wait but we are nearly there!
We are so hopeful to be in our new TOC HQ by September.

TOC are sincerely grateful to our amazing donor for refurbishing this fantastic facility, and for enabling TOC to help plan and design the new HQ. It truly is going to make such a huge difference to all the young people's lives.

During the summer break we are hoping to furnish the building.
TOC would like to pass on their heartfelt thanks to both The Woodger Trust and The Wates Foundation for their very kind donations.

These donations will support us to provide the very best facility that our young people deserve.

One of the things that the young people are most excited about is our very own café where they will have the opportunity to volunteer, learn and work.

The donations are enabling us to purchase essential equipment for the daily running of TOC, in addition to specialist equipment to meet everyone's needs.

The young people themselves have come up with a TOC Wish List and we are so fortunate to be able to purchase many of these items.

Here are some quotes from the young people:

"It's really exciting having the café especially the barista machine."

"I love serving customers."

"When we eat together, we are happy and like a big family."

"I can get out of my wheelchair and chat with my friends."

"Stretching is good for me."

"I am looking forward to some outdoor space."

"I can relax and keep calm in the sensory room."

"I can be more independent."

"I feel important."

"Thank you so much. This makes me feel happy. We're so excited to move into our new building."

TOC



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thank
you!

Farewell and Good Luck

Sadly we have to say goodbye to Dylan at the end of term.

Dylan joined us at the beginning of the year on a student placement and he never actually left us! He has now finished his degree at The University of Chichester and is off to kick start his working career.

Dylan has clocked up over an awesome 500 volunteering hours for TOC. We are truly grateful for this.

Dylan has become a well established member of the TOC Team and he is popular amongst the young people—especially with our young men!

We are going to miss your dedication and sense of humour Dylan!

Everyone here at TOC wishes you all the very best for your future.



www.tocommunity.org.uk

For general enquiries

email: contact@tocommunity.org.uk

For payment or donation enquiries please

email: admin@tocommunity.org.uk

For anything urgent please phone:

Louise on **07826546786** or

Hilary on **07895999572**



Dates for your diary:

Thursday 10th July 2pm 'TOC Annual Awards' Afternoon

Wednesday 16th July 'Personal Best' Event at the University of Chichester

Wednesday 10th September—new TOC Starters

Thursday 11th September Start of term for everyone else