

Welcome to TOC

Live, Learn & Work



Charity Update:

We are pleased to announce that our new charity is in place – **Together Our Community** (still to be known as **TOC**) - and we are aiming to be fully operating under the charity from the 1st July. It was always our intention to move to charity status, as this brings a range of additional benefits to support our amazing young people, and importantly it improves our opportunities for fund raising. Both you and your young people will not notice any change in our day-to-day activities, and we will still be your 'TOC Team', but we will need to make some minor changes to reflect our new status. We have a new bank account and will need to update you on changes to the invoice / payments process during June.

We are still excited and on track to be moving to 5 days per week from September, and expect our new Fridays to have a focus on 'wellbeing'.

The building work continues at what will be 'TOC HQ', but we do appear to be having some delay in achieving planning permission approval. We have everything crossed that we will get this soon and will keep you updated on progress. A big thank you to parents/carers that managed to contact Chichester District Planners to support our application.





Live, Learn & Work



TOC Team: 'Let's meet Kelsea'

Interview by Orla and Frankie

"I enjoy everything in TOC"

Kelsea comes to TOC three days a week.

Kelsea loves coming to TOC because:

She likes cleaning the caravans at Seal Bay with Tina, and is very good at it. Another favourite activity is working at the Food-bank with Katelan. It's a nice quiet job.

"Being back with you guys means everything to me. Getting up when I am with TOC is something I want to do. I don't want to get up when I'm not at TOC!"

"I like seeing everyone and being with friends."

"I love everything that goes on"

"I like dancing with Jo."

"I feel incredibly proud of all the progress the Young Adults have made. TOC is such a nice, warm place to be. Warms your cockles!" - Jo

TOC



TOC Team: 'Let's meet Jo'

Interviewed by the TOC Young Adults

Jo Tarr has been a dance teacher for 16 years.

Jo works with TOC at Westgate Leisure Centre on a Monday afternoon, where she leads an amazing Aqua Aerobics session which we all love. All of us are getting much fitter and stronger. Jo has seen the improvement in everyone.

Jo also runs a dance / movement session for TOC at The Pavilion Studio every Tuesday afternoon. Another fantastic session which we all love. Jo really helps us all to keep fit, healthy and active.

"Jo is the best dance teacher and we love her so much"

Jo's favourite dance is tap. She loves to keep fit.

As a treat Jo's favourite food is egg and chips.

Her favourite colour is gold.

Thank you so much Jo for supporting our TOC Project and for keeping our wellbeing positive and energized.

‘Brent Lodge Wildlife Hospital’

Brent Lodge Wildlife Hospital have been supporting TOC Young Adults for over 2 years now. We are very grateful to Emma and her team down there.

A group goes down to Brent Lodge every Tuesday morning and TOC are responsible for taking care of the hedgehogs.

We help to clean their cages. We wipe the cages down with a cloth and warm soapy water. We replace the newspapers for bedding.

We have to weigh the hedgehogs each week to nurse them back to health, ready for them to be released again. We have to pick the hedgehogs up with a towel to protect our hands. We pop them in a bowl on the scales. We have to be quick! Some of them are training for the hedgehog Olympics!! We record their weight on a chart on their individual clipboards.

We give them fresh water and food. We need to check if they are on a diet or need fattening up!

Our record number of hedgehogs cleaned in one morning is 9.
Well done guys.

“It’s really good work experience for showcasing the young adults’ independence” - Teresa

“It’s good. I like all the birds.”

“I like giving the hedgehogs clean cages.”

“It’s a fabulous place. It’s amazing what they do.”

We want to say a huge thank you to Emma and her team for all their support.

Thank you Teresa for supporting the young adults at their placement.

Thank you to Emily for designing a check list that we have put into symbols—it’s very useful and improving independence.

TOC



www.tocommunity.org.uk



'Afternoon Tea'

Article written by Orla and Frankie

What a success!

The Young Adults helped to serve the teas and coffees, plus a mountain of delicious food.

The hall was decorated beautifully—thank you to some of our Mums

Lots of people came to support us—thank you everyone.

Thank you to: raffle donations and organisers

Our servers—Ella; Damon; Frankie; Joe; Lacey May; Sam; Peter and Orla

Helpers— Sue; Fiona; Lesley; Karen; Jo; Trish; Tracey; Chris; Mick and David.

We raised an amazing £1,300. All our fundraising is now going towards a new wheelchair accessible minibus.



www.tocommunity.org.uk

For general enquiries

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