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Edition 008 Editors: Orla and Frankie

Welcome to TOC Live, Learn & Work



Best news ever! Our new TOC minibus has arrived. A very big thank you for your very kind donations, and for spreading the word! We are so happy to have our new minibus.

"I am so excited and happy to be able to be with my friends on the minibus. I can't wait to use the tail lift." *Orla*

"I am happy for it" Frankie

"It's really good. It's really new. I like it. It's bigger" Damon

"Very fancy!"

The young people have all settled back into the swing of the new term. We are so pleased to see how mature and confident the young people have been in returning to their work experience and volunteering placements. All of our partners have been pleased to see the TOC young people back at their work placements.

We are all trying hard also to get back to fitness and to develop positive health choices after the summer break. We are having lots of fun!

The TOC Friday—with the focus being on 'Wellbeing' - is going very well with a small group. Thank you to Roo and Teresa for developing this initiative.











Live, Learn & Work

TOC Team: 'Let's meet Alexander

Interview by Frankie

Alexander comes to TOC three days a week.

He likes doing a lot of things at TOC.

Alex's favourite work experience is working in the kitchen at St Paul's Church. *"I love peeling, chopping, cooking and baking."*

Alex's cheese straws are very popular at the coffee morning.

"I like being with my friends."

Another favourite activity is working hard at the gym with Ben. *"I love Ben."*

"I love Hilary and Lou."

One day Alexander would like get a job working in a kitchen. He certainly is developing excellent skills to achieve this.

"I feel TOC is like part of my family now" - Lesley

TOC





TOC Team: 'Let's meet Lesley'

Lesley has been with TOC from the very beginning back in September 2021. She has witnessed many of the young adults grow and develop in confidence and independence.

"I like being involved with the young adults. I like doing the games and sports, and I like being in the kitchen."

Lesley currently joins TOC at St Paul's Church on a Thursday. She helps to support the young people at the coffee morning and helps them to prepare and cook their own hot lunch. Lesley likes to join in with the games and sports—she has quite the competitive spirit!

Lesley's favourite food—"I like spaghetti bolognese."

Lesley has many sporting hobbies including short tennis, pickle ball and table tennis. Lesley loves watching football and her favourite team to watch is Chelsea.

Her favourite colour is black.

Lesley's sister has 5 cockapoos and Lesley walks 3 of them every morning. Lesley's sister is also amazing at crochet and we are so grateful for all the things that she makes for TOC to sell in raffles.

Thank you so much Lesley and her sister for supporting TOC.

A very warm welcome to our new TOCers



Lara

"I like doing makeup and I like shopping for clothes, makeup and perfume."

"I like kayaking and cooking." "My birthday is 15th June." "I am fun."

TOC



Chloe

"I am very interested in history and I am doing my family tree."

"I also like archery, art and fashion design."

"My favourite food is pizza."

"My favourite colour is black."







Carl

"I like washing up, cooking, cleaning and hoovering." "I like to go to the pub." "I like curry." "My favourite football team is Arsenal."



Molly

"I like being in the fresh air with my colouring."

"I like going out for a meal - to an Italian restaurant with my family."

"I have a dog called Wilma." "My favourite colour is red."





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'Fund Raising'

Article written by Orla and Frankie

'Crafty Bishop'



On Sunday 15th September The Crafty Bishop held an amazing fundraising event for TOC.

They kindly organized and ran a fantastic barbeque, with all monies raised going to TOC.

We also ran a raffle.

A huge thank you to the 'Crafty Bishop 'Team and to all the lovely young people and their families and friends who came along to support this event.

Everyone had fun and we raised £500

We are always very grateful for all your support.







For general enquiries email: <u>contact@tocommunity.org.uk</u>

For payment or donation enquiries please email: admin@tocommunity.org.uk

For anything urgent please phone: Louise on **07826546786** or Hilary on **07895999572**











Dates for your diary: Half term: Mon 28/10 - Fri 1/11 Thurs 12/12 - Christmas Carol Service at St Paul's Church Sat 14/12 - Christmas Fundraiser Wed 18/12 - last day of term

Mon 6/1 - Spring term begins