

Sample 3-Month Jiu-Jitsu Schedule

Single-page printable example for a dojo program | April-June 2026

April 2026							May 2026							June 2026						
Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Kids 5:30p No-Gi 6:30p	2 Open Mat 6:00p	3 All Levels 6:00p	4 Open Mat 10:00a						1 All Levels 6:00p	2 Open Mat 10:00a		1 Kids 5:30p Adults 6:30p	2 Fundam entals 6:00p	3 Kids 5:30p No-Gi 6:30p	4 Open Mat 6:00p	5 All Levels 6:00p	6 Open Mat 10:00a
5	6 Kids 5:30p Adults 6:30p	7 Fundam entals 6:00p	8 Kids 5:30p No-Gi 6:30p	9 Open Mat 6:00p	10 All Levels 6:00p	11 Open Mat 10:00a	3	4 Kids 5:30p Adults 6:30p	5 Fundam entals 6:00p	6 Kids 5:30p No-Gi 6:30p	7 Open Mat 6:00p	8 All Levels 6:00p	9 Open Mat 10:00a	7	8 Kids 5:30p Adults 6:30p	9 Fundam entals 6:00p	10 Kids 5:30p No-Gi 6:30p	11 Open Mat 6:00p	12 All Levels 6:00p Belt Review	13 Open Mat 10:00a
12 Belt Review	13 Kids 5:30p Adults 6:30p	14 Fundam entals 6:00p	15 Kids 5:30p No-Gi 6:30p	16 Open Mat 6:00p	17 All Levels 6:00p	18 Open Mat 10:00a	10	11 Kids 5:30p Adults 6:30p	12 Fundam entals 6:00p	13 Kids 5:30p No-Gi 6:30p	14 Open Mat 6:00p	15 All Levels 6:00p	16 Open Mat 10:00a	14	15 Kids 5:30p Adults 6:30p	16 Fundam entals 6:00p	17 Kids 5:30p No-Gi 6:30p	18 Open Mat 6:00p	19 All Levels 6:00p	20 Open Mat 10:00a
19	20 Kids 5:30p Adults 6:30p	21 Fundam entals 6:00p	22 Kids 5:30p No-Gi 6:30p	23 Open Mat 6:00p	24 All Levels 6:00p Belt Review	25 Open Mat 10:00a	17	18 Kids 5:30p Adults 6:30p	19 Fundam entals 6:00p	20 Kids 5:30p No-Gi 6:30p	21 Open Mat 6:00p	22 All Levels 6:00p	23 Open Mat 10:00a	21	22 Kids 5:30p Adults 6:30p	23 Fundam entals 6:00p	24 Kids 5:30p No-Gi 6:30p	25 Open Mat 6:00p	26 All Levels 6:00p	27 Open Mat 10:00a
26	27 Kids 5:30p Adults 6:30p	28 Fundam entals 6:00p	29 Kids 5:30p No-Gi 6:30p	30 Open Mat 6:00p			24 Belt Review	25 Kids 5:30p Adults 6:30p	26 Fundam entals 6:00p	27 Kids 5:30p No-Gi 6:30p	28 Open Mat 6:00p	29 All Levels 6:00p	30 Open Mat 10:00a	28	29 Kids 5:30p Adults 6:30p	30 Fundam entals 6:00p				
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Sample weekly structure: Mon/Kids + Adults | Tue/Fundamentals | Wed/Kids + No-Gi | Thu/Open Mat | Fri/All Levels | Sat/Open Mat. Use this as a template and replace times, programs, holidays, and special events to fit your academy.