

## 2025 JCCA DIVING SCHEDULE

---

			<u>Required Dives</u>	
<b><u>June 16</u></b>				
Paradise Manor	@	Green Acres	6, 8, 10 & Under	Front Jump (100) Front Dive (101)
Sunrise			12 - 18 & Under	Front Dive (101)
<b><u>June 23</u></b>				
Green Acres	@	Sunrise	6 & Under	Front Jump (100) Front Dive (101)
Paradise Manor			8, 10 & Under	Back Jump (200) Back Dive (201)
			12 - 18 & Under	Back Dive (201)
<b><u>June 30 - Bye Week</u></b>				
<b><u>July 7</u></b>				
Green Acres	@	Paradise Manor	6, 8 & Under	Back Jump (200) Back Dive (201)
Sunrise			10 & Under	Back Jump (200) Inward Dive (401)
			12 - 18 & Under	Inward Dive (401)

**\*\*\* Meet of Champions - Monday, July 14th @ Green Acres \*\*\***