



GREEN ACRES COUNTRY CLUB

# GACC SWIM LESSONS INFO SHEET

Registration is open for summer 2022! Please complete the **swim lesson interest form** on the GACC website.

<https://forms.gle/XuFK6GmKs8HnwBdy9>

## MEET THE INSTRUCTORS:

### Alex Carter

Alex is a USA Swimming certified coach who has been teaching swim lessons and coaching for 2 years at South Louisiana Swim Team. She received training from professional swim coaches and lesson instructors before she began teaching. In her lessons, she wants kids to have a fun and enjoyable experience in the water, while also learning important skills that are tailored to the needs of the student.



### Gabby Carter

Gabby is a USA Swimming certified coach who is skilled at both teaching swim lessons and coaching a swim team. She has been a coach and lesson instructor for the South Louisiana Swim Team for the past two years, and she spent her last summer as a swim lesson instructor for Safe Swim. As a result, she has over 800 hours of experience coaching and teaching lessons! She loves working with kids and making swim lessons fun and productive.

# PLEASE FILL OUT THE SWIM LESSON INTEREST FORM ON THE GACC WEBSITE, AND AN INSTRUCTOR WILL REACH OUT TO YOU TO SCHEDULE LESSONS!



## What Can You Expect?

- A skilled swim instructor who is kind, knowledgeable, patient, and productive!
- Each lesson lasts 30 minutes.
- The water is often a new environment for many, so crying is a normal reaction.
- Students will learn in a safe environment & finish classes with life-saving skills.

## Our Classes Are for Everyone:

- Anyone 1½ and older can enroll in swim lessons, including adults!
- We teach all levels. From beginners to advanced, everyone is welcome.
- Beginner swimmers learn life-saving skills and the basics of swimming. Intermediates learn to swim more efficiently with proper technique. Advanced swimmers learn all four strokes and swim-team skills.

## Lessons Offered: Group and Private

- Group Lessons: Each class will contain between 2 and 3 students per instructor. Group lessons allow the student to take a quick break after swimming to regain their energy. In addition, during their break, students continue to learn by watching other swimmers attempt the swimming skills.
- Private Lessons: Private lessons allow the student to have one on one time with the instructor. These lessons give students more time in the water and are great for students who learn better in an individual setting.

## Class Structure

- Lessons will be taught Monday through Thursday with Friday reserved as a make-up day in case of bad weather during the week. Therefore, your child will swim for four consecutive days each week.
- For a swim lesson package that includes four lessons, the student will swim for one week. For a swim lesson package that includes eight lessons, the student will swim for two weeks. For a swim lesson package that includes twelve lessons, the student will swim for three weeks. By having the students swim for four consecutive days each week, they will make progress faster!
- \*If this class structure does not work for you, accommodations can be made if you contact your swim lesson instructor directly.\*



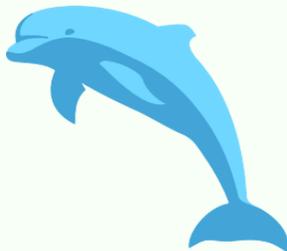
## Classes Cost

- | GROUP SWIM LESSON PACKAGES  |                             |                                 |
|-----------------------------|-----------------------------|---------------------------------|
| Amount of 30 Minute Lessons | Total Price for GACC Member | Total Price for GACC Non-member |
| 4 lessons                   | \$80                        | \$100                           |
| 8 lessons                   | \$160                       | \$200                           |
| 12 lessons                  | \$240                       | \$300                           |

- | PRIVATE SWIM LESSON PACKAGES |                             |                                 |
|------------------------------|-----------------------------|---------------------------------|
| Amount of 30 Minute Lessons  | Total Price for GACC Member | Total Price for GACC Non-member |
| 4 lessons                    | \$140                       | \$160                           |
| 8 lessons                    | \$280                       | \$320                           |
| 12 lessons                   | \$420                       | \$480                           |

## Contact Information

- Gabby Carter
  - Phone: (504) 451-6283
  - Email: gabbycarter504@gmail.com
- Alex Carter:
  - Phone: (504) 388-7984
  - Email: carteralex504@gmail.com



Please fill out the swim lesson interest form (link below), and a swim lesson instructor will reach out to you to schedule swim lessons!!!

**Swim Lesson Interest Form Link:** <https://forms.gle/XuFK6GmKs8HnwBdy9>

### Make-up policy

- if you are unable to attend a class, you must notify your instructor at least twenty-four hours before the start time of the class; this gives the instructor time to schedule another lesson for that time slot. If you notify the instructor within the twenty-four-hour period before the start time of the class, then you will have to pay a fee of fifteen dollars. After you have notified your instructor, she will send you a list of available times to schedule a make-up class; make-up lessons are scheduled and taught at no extra cost.

### No-Show Policy

- If you do not show up for a scheduled lesson and do not notify your instructor AT ALL in advance of the start of the lesson, you will be charged in full for that lesson, and you will not be allowed to schedule a make-up lesson.

