

Green Acres 2024 Swim Team

Coaches: Gabby Carter - Alex Carter - Kaci MacGuire

May 2024 Clinic Schedule

May 11th Stroke Clinic (Free & Fly) — 9:00-10:00am (9 and under); 10:30-11:30am (10 and up) May 18th Stroke Clinic (Back & Breast) — 9:00-10:00am (9 and under); 10:00-11:00am (10 and up) May 25th Stroke Clinic (Dives, Turns, & Misc) — 9:00-10:00am (9 and under); 10:00-11:00am (10 and up)

Practice Schedule

Pre-season practices starting May 13, 2024

Afternoon ~ Monday, Wednesday, Thursday 5:30-6:00pm — ages 6 and under 5:30-6:30pm — ages 7-10 6:30-7:30pm — ages 11 and up

Summer practices starting May 25, 2024

Morning - Thursday, Saturday Thursday Morning ~ 9-10am 8 and under Saturday Morning 8:00-8:45am 6 and under 8:00-9:30am — ages 7-10 9:00-10:30am — ages 11 and up Afternoon ~ Monday, Wednesday, Thursday 6:00-6:30pm — ages 6 and under 6:00-7:00pm — ages 7-10 7:00-8:00pm — ages 11 and up

* We will not have practice on Thursday, July 4th, and on Saturday, July 6th. * Practice schedule subject to change based upon attendance.

Miscellaneous Dates

Meet the Coaches Saturday: May 11th, 2024 @ 10:00am Poster Party: July 13th, 2024 after practice End of Year Swim/Dive Awards: August 10, 2024

<u>Meet Schedule</u>

6/4/2023 GACC @ Terrytown CC 6/11/2023 GACC @ PRC 6/18/2023 Lakeside CC @ GACC 6/25/2023 GACC @ GACC 7/9/2023 BVSC @ GACC

5:30pm Warm-Ups Home Team 6:00pm Warm-Ups Visiting Team 6:30pm Meet Start Time

Meet of Champs:

Tuesday June 16, 2024 @ UNO