



Green Acres 2024 Swim Team Practice Schedule

Coaches: Gabby Carter, Alex Carter, Kaci McGuire

Stroke Clinic Schedule

May 11th (Free & Fly) — 9:00-10:00am (9 and under); 10:30-11:30am (10 and up)

May 18th (Back & Breast) — 9:00-10:00am (9 and under); 10:00-11:00am (10 and up)

May 25th (Dives, Turns, & Misc) — 9:00-10:00am (9 and under); 10:00-11:00am (10 and up)

May Practice Schedule Starting May 13th

Afternoon ~ Monday and Wednesday

6:00-6:30pm - ages 6 and under

6:00-7:15pm - ALL AGES

Summer Practice Starting June 1st, 2024

Afternoon ~ Monday, Wednesday, Thursday

6:00-6:30pm — ages 6 and under

6:00-7:00pm — ages 7-11

7:00-8:00pm — ages 12 and up

Morning ~ Saturday

8:00-8:45am — ages 6 and under

8:00-9:30am — ages 7-11

9:00-10:30am — ages 12 and up

Morning ~ Thursday

8:30-9:15am — ages 6 and under

8:30-9:30am — ages 7&8

9:15-10:15am — ages 9&10

9:30-10:30am — ages 11 and up

* We will not have practice on Thursday, July 4th, and on Saturday, July 6th.

** Practice schedule subject to change based upon attendance.

Miscellaneous Dates

Meet the Coaches Saturday: May 11th, 2024 @10:00am

Poster Party: July 13th, 2024 after practice

End of Year Swim/Dive Awards: August 10th, 2024

Meet Schedule

6/4/2023 GACC @ Terrytown CC

6/11/2023 GACC @ PRC

6/18/2023 Lakeside CC @ GACC

6/25/2023 BVSC @ GACC

7/9/2023 RCC @ GACC

5:30pm Warm-Ups Home Team

6:00pm Warm-Ups Visiting Team

6:30pm Meet Start Time

Meet of Champs:

Tuesday July 16, 2024 @ UNO