

NFHS Fundamentals of Coaching for Diving

Instructions for Registering for the NFHS Coaching Diving Course

- Go to www.nfhslearn.com
- Register on the site by clicking “REGISTER” in the upper right-hand corner and provide the requested information OR
- Search for the “Coaching Diving” Course under the “Courses” tab. (it is FREE)
- Click “PURCHASE”. You may have to scroll down, as it is at the bottom of the page.
- Select “I AM PURCHASING A COURSE FOR MYSELF” and click “CONTINUE”
- Choose your state (LOUISIANA) and click “SAVE”
- Follow the on-screen prompts to complete the course

If you have any questions contact the NFHS at help@nfhslearn.com or call (317) 565-2023.

This is very good information covering every aspect of the sport of diving and the techniques used to teach them effectively. I strongly recommend that all coaches take time to complete this course as it will greatly help with your communication to your divers. Feel free to pass this on to any parents as well because it will help them understand the fundamentals of diving and the components that go into judging each dive.