



**KINTORE
KONNECT**

CONNECTING OUR
COMMUNITY

ISSUE 56



**CELEBRATING EVERYTHING LOCAL IN AND
AROUND KINTORE AND DISTRICT**

IMAGE CREDIT: Ken McEwen

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Rates

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Quarter	£90	£72 x 4 = one payment of £288
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If you have a story to share or wish to add your event/club, we would love to hear from you.

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- Please send across the full content of the story through a PDF, Word or Google Doc format.
- Any stories must be between 300 - 500 words.
- Any related images must be sent separately (not in the body of the word document) in PNG or JPEG format through email.

For events and clubs

- Please send across the full name, location, dates and times
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For information please contact **07748 111165**

or email

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Save your community activities from disappearing

Anyone can make a positive difference to Kintore and District. However, we need new ideas and new members to stop your local activities from disappearing.

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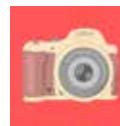


OUR COMMUNITY COUNCIL

- Brings new community events and activities to the town and district
- Becomes aware of any community concerns that arise and pass them onto the relevant bodies
- Is your local champion and voice for the Kintore and District community

Find out more, email: info@kintorecommunitycouncil.co.uk

JOIN US EVERY 3RD TUESDAY AT KINTORE PRIMARY SCHOOL AT 7-9PM - NO NEED TO BECOME A MEMBER, JUST HAVE YOUR SAY



PHOTOGRAPHERS:

We are always looking for pictures to feature in Kintore Konnect - these can be local scenes, events or any subject that might be of interest. Why not send us your favourites?



DELIVERIES:

Almost 2,100 magazines are delivered in Kintore and surrounding areas - could you help with deliveries in your street? Please get in touch now.



WELCOME TO YOUR KINTORE KONNECT

**Deadline for next issue:
10th August 2024**

Cover Photo

Kintore Pipe Band
belatedly celebrating their
centenary June 2023.

We hope you have an
awesome summer!

Thank you as always for
your valued support.

The KDCC Team

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Kintore's Best Kept Garden Competition 2024 is NOW
OPEN for Nominations.

Simply log on to www.kintore.org.uk and follow the
instructions on the pop up banner.

Enter your own Garden or nominate a Kintore Garden of
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- Best Small Garden
- Best Large Garden
- Best Low Maintenance Garden
- Best Hanging Basket / Planter
- Best Container

You can enter as many gardens as you wish as long as they
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www.kintore.org.uk

GIRLGUIDING KINTORE

What we have been up to

World thinking day & achievements –

Celebrated annually worldwide by Guiding and Scout organisations, our service at Bennachie Parish Church at Kintore saw some well-deserved awards given to some of our Guides. Isla Chalmers and Anya Carnochan (below left) were awarded their Silver awards while Libby Walker and Kate Skinner (below right) were awarded their Gold awards. Kate also achieved her Camp permit award which is a first in our District for many years.



Kendra Spence achieved her bronze Award.

Amazing work girls, Well Done!

A Gold award Annabelle and a Silver award for Eilidh of 3rd Kintore Brownies.

Our girls work hard to earn their badges at home; however the Leaders in Kintore are dedicated to give them a lot of opportunities to learn and grow, which in turn creates a confidence and life skills second to none.



Two of those Leaders are Catriona Skinner and Heather Dewhurst who were recently presented with their 10-year Guiding Service Award. An amazing achievement and thank you both.

If any member of our community would like to join our Guiding family please register your interest at www.girlguiding.org.uk/get-involved. It's great fun and you can give any amount of your time. If you have any questions, feel free to approach a Leader at the end of the Unit sessions which are at Kintore Public Hall.

- 3rd Kintore Brownies** – Mondays 4pm – 5.15pm
- 3rd Kintore Rainbows** – Mondays 4.15pm – 5.15pm
- 1st Kintore Rainbows** – Wednesdays 6.15pm – 7.15pm
- 1st Kintore Guides and Rangers** – Thursdays 7pm – 8.30pm

Duke of Edinburgh – 4 Rangers were really tested during a Silver award practice. Storm Kathleen decided to join them and help with the “character building” part of the exercise. Hats off to you girls.



All units are trying to get outside more and appreciate our very own local community. Guides enjoyed feeding some local Alpacas.



Charlie and Daina Carnochan of Muir Fruit Farm told the girls all about their Saskatoon Berries and sheep. Getting up close with the animals is always enjoyed, thank you for such an informative visit.

Since the beginning of the year, the Rainbows/Brownie units have acknowledged Burns night with our very own highland game's theme. Toss the caber, shot putt haggis (no Haggis were harmed during this game) and Highland Dancing. Chinese New Year we created pitta Dragons and tried to use chopsticks!



Coming soon - Rainbows have Tea scheduled with some ponies, we have a District Gnome games/sleepover at Pittodrie and much more.

“ *The weather is warming.
New life is dawning.
Watch the buds explode.
Reap the crops you sowed.
Slow down your pace,
It's not a race.
Have adventures, make
memories and smile.* ”



Girlguiding Kintore



Left May Forman.
Right Sheila Gray.

Kintore WI has just celebrated its 100 birthday.

Members enjoyed a meal at Kintore Golf Club. Reminiscing of good times at rural meetings with invited guests Jane Jardaneh Chair of Inverurie group and Helen Smillie Chair of Inverurie Group. A birthday cake kindly donated by J.G. Ross was cut by May Forman president and Sheila Gray the institute's longest serving member.

KINTORE COUNCILLOR REPORT - Glen Reid

Midmill Pitch/Pleasure Park (additional pitch?)

After months of trying to get a meeting with senior Landscape Services officers, Kintore United and myself, I'm glad to say that it finally happened this morning and was very positive.

An additional pitch shall be created in the centre of the park (over the area of the old cricket strip) and adjacent to the pitch used by Kintore Amateurs, which will involve 200 tonnes of new soil. These substantial works will begin around July, with the pitch being usable in 12 to 18 months time dependent on weather.

This will require community support as the newly landscaped area will require to be not used and therefore members of the public will need to stay off it. This was initially going to be an additional pitch, but with the forthcoming loss of the Midmill pitches, due to SEPA enforcement action, it will effectively become a replacement pitch.

With some many extra teams now playing football, there is extra pressure on the existing resources of the council owned pitches and in the meeting I asked that officers proactively look to bring some pitches/grass areas, that are not in current use, back into use to meet this demand.

The new pitch will obviously not be available for some time so the other reason for the meeting was to identify solutions going forward for Kintore United's many teams to play their matches for the next season and a half. Quite a few possible pitches have been identified and both the club and officers are now working on these potential solutions in time for the end of June when they must vacate their current Midmill facility.

Northern Road - Lochburn Flood Prevention Scheme

Things are progressing with Network Rail and their design contractor, but I am slightly concerned that they are taking longer than they initially stated to complete their tasks. With this in mind, I met with Richard Thomson MP and his team in April, expressing my concerns, and gave them the full low down on exactly what has and hasn't been happening.

They agree with the concerns and have written to the Managing Director of Network Rail saying that this isn't good enough and that he wants a quick response and commitment to speeding the works up.

Kintore and Kinellar Schools Signalised Pedestrian Crossing Assessments Requested

As you may recall, in light of the decision by the Conservative, Lib Dem and Independent coalition that run Aberdeenshire Council to remove all school crossing patrollers, I wrote to the Director of Infrastructure Services in March and asked that there be an urgent review of our current crossings, which have patrollers, to see whether they need to be upgraded to signalised crossings.

I requested that Road Safety Officers carry out a full safety review of all these crossings and assess whether they will be safe for the start of the next academic year or whether there may be some that require to be signalised. Concerned parents need this reassurance. Through a couple of conversations, and despite my protests, the following has been confirmed by the Director:

"That there is simply not enough funding to resource all the crossings, currently with patrollers, being assessed before the new academic year start."

Education officers are instead leading on community based solutions before any requests for surveys are considered. That to assess all the school crossing patroller sites to determine if they qualify for a formal pedestrian crossing in line with the policy, with current staffing and funding, would take many years.

That being 'realistic', without additional revenue and capital funding, any sites assessed in Spring this year are unlikely to be constructed until summer 2025." I made it clear that, in my opinion, the budget saving should never have been taken and certainly not without the resources being put in place to assess the safety of the crossing points that our children use to get to school.

I have asked that crossing assessments happen asap for both Kintore School and Kinellar School who will both sadly lose their crossing patrollers at the end of this term.

Kemnay Academy Mock Interviews

Along with others, I recently spent a morning carrying out mock interviews to help our S5s gain some valuable experience to carry forward into future 'real' interviews. I just wanted to say how impressed again I've been with these young members of our communities. They are thoughtful, caring, intelligent, insightful, passionate and hard working.

Listening to their hopes, dreams, interests and aspirations has been a privilege and we, as a community, are fortunate to have them amongst us. In times when you hear so many negative comments about young people, I just want to share something positive about these youths who are a credit to themselves, their families, their school and will be great assets for our community.

Pedestrian Count/Traffic Speed Analysis - Hallforest Avenue

In late August last year, a constituent raised concerns about the number of children crossing Hallforest Avenue and the cars travelling at speed along it. She felt that it warranted a zebra crossing. I wrote to the Head of Roads in Garioch in August and requested that this be investigated, and although I have had to chase it up, I have just received the following response:

"Thank you for your correspondence highlighting concerns regarding the volume of traffic on Hallforest Avenue.

Firstly, please accept my apologies for the delay in responding to you on this matter.

To establish whether this location meets the criteria for a formal pedestrian crossing, we shall require to carry out both a vehicle speed survey and a pedestrian count. We can therefore advise that Hallforest Ave has been added to the list of pedestrian/vehicle counts but unfortunately at this stage we cannot give a date when this will be carried out."

I will progress this with officers and try to get the speed survey and pedestrian count carried out as quickly as possible.

Cllr. Glen Reid
Community Champion - LGiU Scottish Councillor Awards
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- Saturday 17th August - Blue Manta Gents Pairs Open
- Thursday 29th August - Senior Gents Open
- Sunday 15th September - Open Texas Scramble

Summer Opening Hours

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Monday	10am - 4pm	CLOSED
Tuesday	10am - 9pm	10am - 9pm
Wednesday	10am - 4pm	10am - 4pm
Thursday	10am - 4pm	CLOSED
Friday	10am - 9pm	10am - 9pm
Saturday	10am - 9pm	10am - 9pm
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Friday, Saturday and Sunday - last orders 1 hour before closure.
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DYSLEXIA AWARENESS FAYRE

Kintore Primary School is very fortunate to have a very supportive and hardworking Dyslexia Awareness Pupil Group and also a Dyslexia Awareness Parent Group. Our goal is to improve education for all pupils who are dyslexic or who have literacy challenges. To date there have been several collaborative activities with the most successful being assemblies, partly led by parents as part of Dyslexia Awareness Week activities.

As a result of the Dyslexia Group writing persuasive letters to Dyslexia Scotland, there are now metal blue ribbon badges. Our pupils all proudly wear their badges to indicate they are supportive and encouraging towards all dyslexic pupils. For our next venture we wish to raise as much money as we can to provide our senior pupils with as many touchscreen Chromebooks as possible for them to access Texthelp, which makes writing and reading a bit easier. To do this we are having a Dyslexia Awareness Fayre on Friday the 21st of June in Kintore Main Hall from 6 – 8 pm. Our pupils will be on hand to promote all the resources and strategies they find helpful and also to offer information on Dyslexic strengths and challenges. There will be stalls with crafts and activities with tea/coffee and a raffle.

Please put the date in your diary and come along to support this good cause.

If you need more information or would like to support please contact kintore.sch@aberdeenshire.gov.uk



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KINTORE & DISTRICT COMMUNITY COUNCIL

After the work done last year to refurbish the benches at the Town House we also refurbished the benches outside the Church which was a great improvement but reflected the fact that the lovely granite walls behind them needed some TLC.



When this was highlighted Andrew Bruce from North East Roof & Exterior Cleaning contacted us and went ahead and cleaned both walls properly and professionally completely FREE of charge which was a very generous gesture and much appreciated, thank you again.

On the subject of benches, having seen the work we had been doing we were contacted by the Parents Group from Kintore Primary School to see if we could refurbish the bench in the school garden. Unfortunately, it was beyond repair, but we sourced a

new large bench which seats seven little people and have donated it to the school garden project. The Eco group of children are busily preparing designs for the new school garden, sure there will lots of exciting ideas from them.

As previously mentioned, we have signed up to the 'It's Your Neighbourhood' project a part of Keep Scotland Beautiful. We already have a very dedicated Floral Display team led by Sue Parrott who maintain the planters around the town. Businesses and individuals have very generously donated money to keep this very worthwhile project progressing, thank you everyone it is much appreciated.



We have selected six areas for improvement in Kintore which will be our main focus for this project. This includes tidying, weeding, washing, planting and maintaining.

There are various initiatives under this including litter picking, weeding and generally helping keep the town clean and tidy. We are very grateful to Gary Coutts from Jim Reid Vehicle Sales who has been around the town centre weedkilling this week and also helping Sue clear and plant the area around the entrance to Nicol Road, we received 120 perennial plants from Greenspace which are currently being planted.

It would be great to get the wider community involved if you interested email info@kintorecommunitycouncil.co.uk.



Volunteers for the floral display team and general maintenance around the town are always needed, please get in touch if you have some time to help us. This month we are launching the Best Garden project with sections for large gardens and small gardens. The competition was last held in 2017 and the cup was presented to Ainslie Reid who used to organise the Floral Display. If you think you have a garden that could be entered in the competition, please contact us at info@kintorecommunitycouncil.co.uk. There are some lovely gardens around the town and district that would be worthy of this award.

We are currently waiting on a response from Aberdeenshire Council to allow us to paint the doors and other woodwork on the Town House which currently detract from the look of this lovely old building.

Kintore and District Community Council is comprised entirely of volunteers who all give up their time to help make Kintore a better place to live. If you have some time to give please get in touch, regardless of how much time you can spare it will be welcome. We cannot do this without support from the community.

- Thank you!



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Volunteer Mentors Needed

- ▶ Are you a professional (current or retired) with skills and knowledge to share?
- ▶ Looking for a rewarding and flexible way to use your life experiences to make a real difference?
- ▶ Do you have just 1 hour to spare every 1-2 weeks?

Parent Connect: Mentoring needs you!

Times are increasingly hard just now; Parent Connect is supporting low-income parents in Aberdeenshire who face additional barriers to employment or progression and in turn are struggling to provide for their families.

Mentor training and ongoing support is provided, and volunteer expenses are reimbursed.

We have a large variety of mentees looking for different kinds of support, so we need mentors from a range of different backgrounds.

Please get in touch!

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I'VE MET VOLUNTEERS FROM LOTS OF DIFFERENT backgrounds

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like Susan, volunteer Childline counsellor

Take a life-changing step forward, for you and for children. To find Childline volunteering opportunities in your local area visit nspcc.org.uk/volunteer or call 0121 227 7577

NSPCC EVERY CHILDHOOD IS WORTH FIGHTING FOR

Could you be our next Childline volunteer counsellor?

Children don't always know who to trust with their worries. Without a safe place to turn, they can put their trust in the wrong person or keep their fears to themselves. As a Childline volunteer counsellor, you can be there for young people when they feel they have no one else to turn to. By giving a small amount of your time each week at our Childline office in Aberdeen you can support us to ensure no child's call goes unanswered. If you think this could be for you, you can find more information and apply at nspcc.org.uk or email Kerri.Stewart@NSPCC.org.uk

KINTORE CHURCH

At Table

"Jesus took bread, and when he had given thanks, he broke it, and said, "This is my body, which is for you." - 1 Corinthians 11

The central act of Christian worship is the Eucharist (Lord's Supper / Mass / Holy Communion). In most traditions it involves eating a small piece of bread and drinking a tiny sip of wine, accompanied by lengthy formal prayers. The formality and pageantry of the rite can easily obscure the fact that it all began as a series of convivial meals Jesus shared with his friends – sometimes pensive, sometimes loud, often intimate. Jesus loved a good meal. The fact that he shared them with people of all stations, sometimes eating in the homes of tax-collectors and sinners, drew sharp criticism from the religious elite. But he did it anyway, placing fellowship meals at the center of a new kind of faith-life and instructing his followers to continue the habit.

It might seem odd as a religious practice. Sacrifice, fasting, prayer, contemplation and singing seem more like the sort of things religious people do rather than sitting down to eat. But (understatement alert!) Jesus knew what he was doing. While a religious altar is a place for penitence, for offering sacrifices – sometimes in thanksgiving, sometimes for atonement – but always with sobriety, solemnity, and awe at being in the presence of that which is holy; a table is a place for champagne corks and party hats, for toasts and speeches, for telling jokes and sharing stories, for making the guest feel welcome. It can be a very sad place, especially when there is an empty seat, but it is always a place for intimate family moments and it is very difficult to sit through a meal with someone who is not a friend.

On Sundays, in our church buildings, we celebrate the sacrament of Holy Communion, but often the real communion happens at our Thursday Drop-Ins at Kintore church halls (10am – 2pm), at our Hope Café in Echt Church on Tuesday mornings (9am-11am) and at our Loaves & Fishes Café at the Kemnay Church Centre (Tuesdays-Fridays, 10am-1:30pm). I think Jesus would like such gatherings.

Grace and peace,
Rev Neil Meyer

HOLIDAY CLUB 2024

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ACCPH PROFILE

KINTORE'S UNSUNG HERO

Meet Sue Parrott

Team Lead for Kintore Floral Group



Do you originally come from Kintore ?

No, I was born in Spalding , Lincolnshire which ironically is famous for it's Tulips and Flower Parade. Maybe this is where the seed was planted for my love of plants and flowers.

Can you give our readers a wee bit of background of your education, career and family?

Despite moving to Northamptonshire due to my dad's job at the age of 7, we ended back in Spalding when I was about 12 years old but was very grateful that I managed to stay at the school I had started my education in along with my friends but now as a boarder. Friends who I still meet up with 50 years later.

I then went on to Liverpool Teacher Training and after qualifying taught for only a year knowing that it wasn't really for me. Married in 1980 and moved along with my first husband to many parts of the world dominated by the oil industry. Staying in Oman, Qatar and even Holland twice I worked in various roles in these countries at the same time as bringing up our daughter Carole (of Taylor Made Refills and Sustainable Roots in Kintore).

In 1989 we moved back to the UK but this time to Torphins where I worked as a dressmaker. However, it was my time spent at Banchory Surgery for 16 years at the front of house and leaving as Assistant Manager that has the fondest memories.

In 2012, I met Martin who would go onto become my husband in 2014 and we chose Inverurie as our home, securing a job following a chance meeting with Yvonne Moir Property Letting in Kemnay only leaving after the business was bought over by a larger company.

In January 2022 Martin and I moved to Clovenstone which gives us the best of both worlds, close enough to town but still in the countryside.

Have you always been involved in the Kintore Community?

It wasn't until my son in law saw a Facebook post looking for someone to take over the Kintore Floral Group after founder Ainslie Reid had announced he was to stand down. I thought I could probably do that and following a couple of meetings with Ainslie I received his approval and he handed over his baby for safe keeping so to speak.

Can you tell me a bit more about what you do in the Kintore Floral Group?

This is my third Summer as Team Lead and I absolutely love it and feel as if I'm learning every year. We have an amazing team of Volunteers who help with the planting throughout the year and another brilliant group who carry out the watering of the tubs, tiered planters and hanging baskets which seems at times like the proverbial Forth Road Bridge, never ending whatever the weather.

Our year really starts in October, because that's when I place the order for circa 1500 Summer Flowers from Aberdeenshire Council. During the winter we still have winter plants to set to keep the colour in the streets of Kintore.

Weeds don't stop growing so it's a constant job regardless of the time of year.

Late May/early June is the busiest time getting the baskets prepared and all the other areas topped up and fertilized ready for summer planting. Swailend Nursery and

the Council can't give definite dates for deliveries too early so we have to be ready to act quickly when they arrive. We rely on local business Aquaterra to assist with popping up the hanging baskets once planted and to Jim Reid Vehicle Sales & Service for providing a towing vehicle for the watering bowser and for providing a storage area for it and the baskets over winter. Between June and September it's all hands on deck as this is the important time to keep the flowers suitably hydrated and fed to give the best possible show for as long as possible. In late September the baskets are removed, emptied, cleaned and stored and the tubs and planters emptied then refilled with pansies etc. to ensure colour in Winter.

It really is a well-oiled machine, however I cannot possibly do this without the support of all the fantastic volunteers and local businesses that help. It's a great advert for Community spirit. We are always looking for volunteers regardless of experience or green fingers, there is always work to be done.

It doesn't sound like you get a lot of spare time but when you do how do you like to spend it?

We love travelling and exploring with our ideal holiday being finding something completely new to us. A road trip is our favourite but sometimes 10 days in the sun with a pile of books hits the spot too! My favourite place is Australia with the highlight being climbing the Sydney Harbour Bridge the week of my 60th birthday, followed by Utah, Arizona, South Africa and New Zealand.

Golf and curling were my two favourite sports to play but following operations on both hands I found it impossible to play to the standard I would like. More important things took their place mainly our family with 3 grandsons Will (11), Alex (9) and Theo (18 months). We spend a lot of time in our garden and the boys help and play football, climb trees and generally enjoy being outside.

I am also completely hooked on jigsaws which keeps me occupied while the football is on TV!

Describe your ideal weekend.

My ideal weekend would start with walking

to Inverurie on a Friday evening for a few drinks and a nice meal, followed by reading the papers on Saturday and the weekly competitive Times Quiz with Martin. Then relaxing and spending time in our garden, topped with the family popping in or us going to see them.

Finally what do you think of the Kintore Community?

Kintore is an amazing place full of people willing to help out their community. It really has a great friendly feel and is a lovely place to bring up a family. I have enjoyed getting to know people through working with the Floral Team, someone always stops to chat.

CAN YOU HELP KEEP KINTORE BEAUTIFUL?

WE ARE LOOKING FOR SOME WILLING VOLUNTEERS TO HELP WATER AND/OR ASSIST IN THE UPKEEP OF KINTORE'S BEAUTIFUL FLOWER DISPLAY IN THE PLANTERS & HANGING BASKETS.

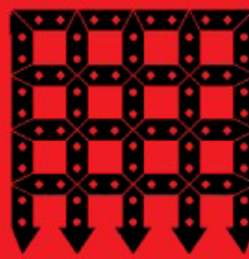
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- ONE HEAT ALARM INSTALLED IN EVERY KITCHEN.
- ALL FIRE ALARMS ARE TO BE CEILING MOUNTED AND MUST BE **INTERLINKED**.
- CARBON MONOXIDE DETECTORS ARE TO BE FITTED WHERE THERE ARE CARBON FUELLED APPLIANCES (SUCH AS BOILERS, FIRES, OPEN FIRES, HEATERS AND STOVES OR A FLUE).

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DONVIEW VETERINARY - Doggy Breath

We often joke, as our pet jumps up on our lap to give us a big lick on the nose, about how terrible his or her breath is. It's not just dogs either, plenty cats (I'm sure we all know one) have breath that would wilt a daffodil! Bad breath however is a symptom which should be taken seriously. It is an early warning sign of a much more serious problem lurking below the surface.

Each time we eat (and the same goes for our canine and feline companions), we get food residue on our teeth. Wet foods in general are worse for causing food residue than dry ones are, but there are plenty dogs and cats fed only dry food with severe dental disease out there. Some dry foods are better than others as well. Certain manufacturers invest heavily in research to make sure that their kibbles will clean teeth at the same time as crunching. You would be well advised to seek advice from your vet on this before choosing a new brand of food.

This food residue is a fantastic food source for bacteria from our mouth, which do what bacteria do best and breed on our gums. This is why our dentists insist that we brush our teeth at least twice per day – to scrub off this sticky film of bacteria and food residue. Unfortunately, most pets do not brush their teeth even once daily, which facilitates progression to the next stage of dental disease.

The sticky film is called 'Plaque'. Over months, minerals in saliva also stick to this plaque layer and start to crystallise. They form a hard substance called 'Tartar' which sticks like rock to the teeth. It is generally yellow to brown in colour and contains live bacteria. If you look at your pets teeth and they are not pearly white, then there may be a problem. Over many more months the bacteria start to infect the gums (called 'Gingivitis') which is what causes halitosis (our doggy breath problem). Once we reach this stage we are almost critical and in many cases the only way to cure the problem is with a general anesthetic and a thorough scaling and polishing of the teeth.

If we don't intervene at this stage, the next step is infection of the tooth roots leading to (potentially) abscesses and tooth ache. Bacteria can even enter the blood stream and colonise the heart valves leading to a heart murmur, or the kidneys leading to a kidney infection. See what I mean about alarming consequences from Doggy Breath?

Dental disease is much better prevented, so I would encourage you all to ask for a check up with your vet or practice nurse to assess your dog or cats teeth. We will also gladly demonstrate the correct tooth brushing procedure. It's not quite the same as with humans, and we must use the correct dog or cat toothpaste, so please do ask for help before embarking upon a daily brushing regime. For those of you who just cant see how your pet will tolerate brushing: never fear there is help at hand. There are a variety of food additives, natural products and pastes that have some effect and avoid the need to brush, but tooth brushing really is the best way to prevent dental disease.

Good luck everyone and please remember to ask your vet to look at your pets teeth for you.



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ROTARY CLUB OF KINTORE, BLACKBURN & KEMNAY

The first few months of this year have been busy for the Rotary Club, we've been fortunate to have several speakers in and also had plenty of visitors along to our meetings.

One of our talks was Scotland's Charity Air Ambulance, this was a really interesting evening finding out how the air ambulance operates. This is a vital life saving service and we are fortunate to have a helicopter based in Aberdeen. Hearing the statistics of how the service is used, the benefits that it brings highlights how important it is to get involved and help raise funds for charities such as this. We had a great time listening to Jim explain all about it and asking questions, and we were also glad to have several visitors join us to hear this too.

As mentioned in the last issue, we opened our Funds4U applications, this is always popular and this year was one of our busiest. We had many applications which made it very hard to determine the fund allocations, but as normal the committee spent an evening reviewing and voting on the successful applications. Due to the volume of applications this year was the largest amount we've given out for many years, with a total of £3000 handed out over a few weeks. It was great to see the mix of requests, from community groups, local Scouts / Guides as well as the school committee's all seeking help with their ongoing fundraising activities. We hope everyone can make the most of the extra funds through this great local initiative.



During March we hosted the area Primary School Quiz at Kintore Primary School, this was a great night and we had 6 schools attending, and well done to all who took part. The Kintore School team won on the night, progressing to to the next stage, which was a larger area group and hosted up in Turriff by the Rotary Club. Once again the Kintore Team did very well and will be in the district finals later in June, and we wish them the best of luck and hope they do well!

Summer will be busy again, and we are looking forward to more fundraising and engaging with our communities. Early in June we have the annual Duck Race, so look out on Facebook or get in touch with someone to get your numbers. We will also be at the Kintore Summer Festival, look out for our Rotary games and raffles while you are at the festival, we're hoping for a nice day to get everyone out!

If you want to come along to a meeting, hear one of our speakers or help out with events please get in touch via Facebook or email. Our meetings are on the 1st and 3rd Thursdays each month.

Jamie Grant
President, Rotary Club of Kintore, Blackburn and Kemnay,

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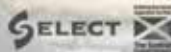


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- Community Pro Wrestling Show
- Bobs Buddies Show • Phoenix Magic Show
- Gladiator Inflatable • Hit The Button
- Bouncy Castle • Giant Slide
- Pimms & Prosecco • Cocktails • Bar
- Hog Roast • Pizza Box • Tea & Coffee
- Big Daddy Street Food • Burgers • Ice Cream
- Community Stalls • Karate Demonstration
- Kintore Pipeband • Highland Dancers
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TICKETS FOR THE ABOVE SHOWS WILL BE ANNOUNCED VIA THE KINTORE SUMMER FESTIVAL FACEBOOK PAGE

2024 FESTIVAL POSTER DESIGNED BY EVE CAMPBELL FOR KINTORE SCHOOL

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The Bailies of Bennachie



As spring arrives, the Bailies of Bennachie Trustees are reviewing what can be done on Bennachie while the good weather is with us. All the members are called Bailies, and membership is for

life. The logo was changed last year during the 50th Anniversary of the Bailies of Bennachie to **"A Voice for the Hill"**, and there are several areas where local folks can lend a hand to our iconic hill if only Bennachie could speak.

"I want someone to help the people who visit me" leads us to volunteering to improve the facilities that are on the hill. **Work Parties** are conducted by the Bailies every first Saturday from March to December. Paths can be improved by clearing encroaching vegetation and clearing water bars. Other scope of work includes maintaining the Colony sites and the Foraging Woodland areas. Volunteering with the Work Parties is a real team effort and there are fabulous folks from all walks of life who really enjoy the camaraderie and the giving back that this gives them.

Additionally, under this heading, the Bailies of Bennachie have upgraded and installed new marker posts for the **Colony Trail**, so do have a look at that if you are on the hill. You can pick the new leaflet up from the Bennachie Visitor Centre (AB51 5HY) where the trail starts.

"I want someone to tell my story" sees the Bailies find out about the archaeology of Bennachie, in tandem with the University of Aberdeen. For some years now, there have been successful **Archaeology Digs** by the Pittodrie areas of Bennachie, leading to some exciting and historically significant finds. Last year's star finds at Pittodrie were two medieval grain drying kilns. Using OSL (Optically Stimulated Luminescence) analysis we have identified one kiln dates c1600, the other predates that!

This year we are planning on excavating a 'Longhouse' that was discovered just off the Turnpike trail. However, this area is still covered by windblown trees from the devastation of Storm Arwen. Plans are afoot to clear the area this year, however, if this is not done in time for the summer, we shall return to the site on the Pittodrie Estate that we have been excavating over the last few years.

We are always on the lookout for new volunteers for our summer dig through July and August. This is a great opportunity to learn some new skills and see what is involved in the excavation process. Be warned...archaeology can be addictive, you never know what the next scrape of your trowel might uncover! All the tools you need will be provided and no experience is necessary. See The Big Summer Dig sign-up QR code.



"I want someone to protect me, my landscape and the animals that live on me" leads us to the Wildlife Group. By the time you read this, we will already have had several "Walks and Talks" and more are planned through the year. Work has also started on creating some more wildlife-friendly areas and planting on the hill. These too will likely need volunteers in due course.

Every visitor who reaches the top of Mither Tap can't help but touch and see the Indicator, which was commissioned by the Bailies 50 years ago, in 1974. We would like to commemorate this milestone later this year but are still without names for some of the 3rd year pupils from Inverurie Academy led by the late Ernie Hutton who installed the Indicator after it was created

by the 5 th year pupils in their metal work class. If you recognise yourself or someone else from the attached picture, please email info@bailiesofbennachie.co.uk to let us start tracking everyone down.

Thank you!



The website has the up to date information and details of how to sign up for all of the activities planned during 2024. www.bailiesofbennachie.co.uk.

We look forward to seeing you!



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September - 4th, 11th, 18th, 25th

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Our day service offers morning, afternoon and full-day sessions. The sessions are flexible to people's choices whether you fancy a particular morning each week or afternoon, or full days its catered for your choice.

Example Timetable:

	Tuesday	Wednesday	Thursday
9am	Fly & Chat		
10am	Sing-a-long	Knit & Natter	Quiz
11am	Who's Who	Crosswords	Dominos
12am	Lunch		
1pm	Bingo	Cards	Shuffleboard
2pm	Fly & Music from the decades		

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Youth Program 2024

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3.30pm-5pm

Tuesday

Mind Yer Heid- Aged 15+
Life skills, mental health, employability support
5.30pm-6.45pm

Thursday

Young And Free To Speak - Aged 12+
Games, pool table, hang out
7pm-9pm

Walking Group - Aged 12+
Resumes in March 2024

All youth groups are FREE and run term time by our fully trained staff and volunteers. For more information, contact our Youth and Bothie Development worker, Rachel, on

Rachel.Lewis@actionkintore.co.uk

Or check out our Facebook page
The Bothie Kintore



The Bothie is the youth initiative of The Action Kintore Community Charity



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Aberdeenshire North Food Bank

We know only too well that everyone is continuing to see rising costs when shopping for their household due to the ongoing cost of living crisis and we are so grateful to all of you generous people who continue to buy something extra when you are out shopping to donate to our stocks.

We know only too well that everyone is continuing to see rising costs when shopping for their household due to the ongoing cost of living crisis and we are so grateful to all of you generous people who continue to buy something extra when you are out shopping to donate to our stocks.

Our wish list for the current month is always to be found on our website (<https://aberdeenshirenorth.foodbank.org.uk>) or on our Facebook page and is usually displayed on our local collection points in supermarkets both in Kintore and Inverurie. The wish list reflects food items that we are particularly short of that month and can change quite quickly. Some items are always in short supply – we never seem to have enough UHT milk or long-life fruit juice! On the other hand, our stocks of tinned soup, tinned beans and packets of pasta are usually quite good. We can prove that many of you do look at our lists of shortages before you go shopping because, as each month passes, we see highlighted items coming in as donations in greater quantity and for that we are truly grateful.

We often tell you that we cannot continue to provide the help for households living in food poverty without your ongoing support and that is so true. Whether you donate items of food or make donations of money (details provided on our website), your good will and generosity is what keeps us going. In the first three months of this year, our food bank in Inverurie supplied 177 households with food parcels, feeding 239 adults and 126 children. In the same period, across our whole Aberdeenshire network of 5 food banks (Inverurie, Ellon, Huntly, Peterhead and Fraserburgh), we provided a total of 1124 food parcels, providing for 1572 adults and 462 children. In April, while we took in stock amounting to 4435 kg of food, we distributed 6827 kg in food parcels. We really do depend on your donations.

We volunteers are just so grateful that we are surrounded by communities who truly care about their neighbours and are willing to help in whatever way they can. We long for the day when the existence of Food Banks is no longer necessary but, until that happens, we can just say a heartfelt 'thank you' to you all for your support.



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WHAT'S ON

Get involved with your community

EVENT	WHEN	WHERE	TIME
Kintore SWI	First Tuesday of every month	Kintore Public Hall	19:30
Kintore Community Council Meeting	Third Tuesday of every month	Kintore Primary School	19:00 - 21:00
Kintore, Kemnay & District Rotary Club	First & Third Thursday of every month	Ask for location	18:45
Messy Church	9th June	Kintore Church	15:30 - 17:30
Dyslexia Awareness Fayre	21st June	Kintore Main Hall	18:00 - 20:00





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WHAT'S ON - WEEKLY CLUBS

EVENT	WHEN	WHERE	TIME
Junior Group - P5, P6 & P7	Every Monday	The Bothie	15:30-17:00
Girl's Brigade Groups (P1 up to and including S6)	Every Monday	Church Hall	17:00-19:00
3rd Kintore Brownies	Every Monday	Kintore Public Hall	16:00-17:15
3rd Kintore Rainbows	Every Monday	Kintore Public Hall	16:15-17:15
1st Kintore Rainbows	Every Wednesday	Kintore Public Hall	18:15-19:15
1st Kintore Guides & Rangers	Every Thursday	Kintore Public Hall	19:00-20:30
Kintore Scouts - Cubs (8-10 years)	Every Monday & Wednesday	Kintore Scout Hut	18:30-20:15
Kintore Scouts - Beavers (6-8 years)	Every Tuesday & Thursday	Kintore Scout Hut	18:00-19:00
Kintore Scouts - Scouts (10-15 years)	Every Tuesday & Thursday	Kintore Scout Hut	19:30-21:00
Young & Free to speak (YAFTS) (All kids S1)	Every Tuesday	The Bothie	19:00-21:00
Health Walk	Every Wednesday	The Square	10:00
Kintore Community Church	Every Sunday	Kintore Public Hall	10:30
Toddlers' Group - Kintore 0-3 Group	Every Monday & Friday	Kintore Public Hall	09:30-11:30
Bumps & Baby - Kintore 0-3 Group	Every Wednesday	Kintore Public Hall	10:00-12:00
2's Group - Kintore 0-3 Group	Every Tuesday & Thursday	Kintore Public Hall	09:30-11:30
Kintore Golf Club Non-profit Community Sports	All week	Kintore Golf Club	10:00-20:00
Kintore Taekwon-Do School	Every Monday & Wednesday	Kintore Parish Church	19:00-20:30 19:30-21:00

KINTORE LIBRARY

Would you like to access newspapers, magazines, e-books and audio books for free online? – then please read on.

Kintore Library is open 15 hours a week, on a Tuesday morning 9 – 13.30, Wednesday afternoon 14.00 – 18.00, Thursday afternoon 13.00 – 17.00 and Saturday morning 9 – 11.30.

- You will be able to access the public computers and print from your own/ our, device. Paying either beforehand with your card or in cash at the desk (correct change please).
- You can send your printing from home and collect within 24 hours using the Princh App, (you can pay by card at home or in cash when you collect).
- You may also photocopy (cash only – correct change please).
- Of course you will be able to choose your own books.
- You can also pick up NHS hearing aid batteries /distance aware badges and lanyards /dog poo bags/ food caddy waste and battery bags.

Summer fun with us!

Bookbug Sessions - continue fortnightly on a Tuesday and Friday throughout the school holidays – booking is advisable at livelifeaberdeenshire.org.uk/events. On Thursdays between 13.30 and 16.30 we will have the toys and Lego out for drop in sessions, we may also have the Xbox 360 and Wii available.

Summer Reading fun - starts on Thursday 13 th June and runs until Saturday 24 th August, participation can be by individuals, family and friend groups and is open to all ages. Why not challenge yourself to read a little more – ask at the library for details, or look online.

What else can you do at the library?

Knit and Stitch - is on a Tuesday 10 – 12, no booking is required but spaces are limited.

Doorstep Delivery - if you are unable to come to us we may be able to come to you, please phone us direct for details 01467 532605 or email kintore.library@aberdeenshire.gov.uk.

Bra Bank - bring in your new and gently worn bras and we will arrange for them to go to Africa, via a charity partner.

Jigsaws - there is a wide selection of adult's jigsaws available for borrowing.

What can you do at home?

Livelifeaberdeenshire is an innovative approach to delivering Sports and Culture Services on behalf of Aberdeenshire Council. On the libraries home page you can see various initiatives which might be useful to you. Digital library To access free newspapers (including the PJ), e-books, e-audio books and e-magazines. The library catalogue is where to go to reserve books of interest to you, which will be delivered to the library of your choice, you can also request the library service buys a book if it is not already held. Online Databases are also accessible, these are trusted sites and great for any homework help as well as being useful tools.

We are keen to do additional outreach, if you would like library staff to visit your group or place of work please be in touch at kintore.library@aberdeenshire.gov.uk or by phone **01467 532605**.

For further information or to book a Bookbug place or Click and Collect slot at any Aberdeenshire Library please visit the website <https://livelifeaberdeenshire.org.uk/libraries> or phone **01467 532929** during office hours. This is also the phone number for Live Life Aberdeenshire Leisure sites.

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