

# Easy Meatloaf

1.5 lbs Graham Cattle Ground Beef  
1 egg  
1 onion, chopped  
1 cup milk  
1 cup bread crumbs  
salt & pepper to taste

Sauce:

4 Tbs brown sugar  
4 Tbs prepared mustard  
2/3 cup ketchup

Preheat oven to 350 degrees

In a large bowl combine first 6 ingredients. Form loaf on greased broiler pan with bottom tray lined with aluminum foil

In a small bowl combine sauce ingredients, mix well and pour desired amount over the loaf

Bake at 350 degrees for 1 hr