

Herb Rubbed Roast Beef

1 hr 45 mins

Ingredients:

1 1/4 tbs paprika
1 tbs salt
1 tsp garlic powder
1/2 tsp pepper
1/2 tsp onion powder
1/2 tsp cayenne pepper
1/2 tsp dried oregano
1/2 tsp dried thyme
2 tbs olive oil
3 lb roast

1. In a small bowl, mix all spices, stir in olive oil, allow to sit 15 mins
2. Place roast on a baking sheet lined with aluminum foil, cover on all sides with spice mixture
3. Roast 1 hr in oven preheated to 350 degrees
4. Let stand for at least 15 mins, slice & serve

Sliced thin and served on Hawaiian Rolls makes for great sandwiches