

F.A.S.D CAREGIVER SUPPORT GROUP

Wednesdays 10:00am - 11:30am
via Zoom



Are you in the circle of support for someone with
Fetal Alcohol Spectrum Disorder (FASD) or
Complex Developmental Behavioural Conditions (CDBC)?

If YES, this group is for you!

The F.A.S.D Caregiver Support group provides a culturally sensitive, safe, and confidential environment for individuals to gain information and support strategies, share experiences, and connect with other caregivers who provide care and support to those with Fetal Alcohol Spectrum Disorder or Complex Developmental Behavioural Conditions.

Whether you're a parent (birth, adoptive or foster), guardian, family member, etc. - everyone is welcome to attend and learn, and share your lived experience.

**FREE TO
JOIN!**

You are not alone.



For more information, contact:
Insight Support Services
(250) 554-0085

For Zoom Meeting Access, contact:
Janice Otremba
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