



FASD/CDBC CAREGIVER SUPPORT GROUP

Are you in the circle of support for someone with
Fetal Alcohol Spectrum Disorder (FASD) or
Complex Developmental Behavioural Conditions (CDBC)
between the ages of 0-19?

If **YES**, this group is for you!

This facilitated support group provides a safe, culturally sensitive, and confidential environment for caregivers to learn new information and strategies, share experiences, and connect with others who are also supporting those with FASD or CDBC.

All parents (birth, adoptive or foster), guardians, and family members are welcome!

Weekly on Wednesdays
7:00pm - 8:00pm

A decorative graphic consisting of several overlapping, wavy bands of color in a rainbow spectrum (red, orange, yellow, green, blue, purple, pink) that curves across the bottom left of the page.

FREE DROP-IN
Virtual Meetings

For more information, contact:
Insight Support Services
(250) 554-0085

For Zoom link access, contact:
Janice (Group Facilitator)
(250) 574-3734