

# May 2022 Newsletter



Child Enrichment Center

**"You won't know how refreshing a puddle can be unless you take a moment to jump in and see"**

**Another school year is coming to a close and summer is almost upon us. We have lots of fun things planned for the kiddos. Please make sure you pay attention to any notices that we send home or post on the doors. There may be days your child needs to dress a certain way or bring something with them. If you're traveling this summer, please stay safe!**

**Happy Summer!!!**

**Laurie**



# MAY BABIES

"Spring's last-born darling, clear-eyed, sweet,  
Pauses a moment, with white twinkling feet, and  
golden locks in breezy play, Half teasing and half  
tender, to repeat Her song of 'May.'"

—Susan Coolidge

**Zodiac:** Taurus until May 20 and Gemini from May 21

**Gemstone:** Emerald

Symbolizing love and success, the deep green stone is thought to bring foresight, good fortune and youth to the wearer. It's also a symbol of rebirth and new beginnings — an appropriate symbol of spring.

**Flower:** Lily of the Valley

The lily of the valley represents sweetness and humility, purity of heart and honor.

**Tree:** Poplar, Chestnut, Ash

**KIDDOS**

**Birthdays**

*Jack Gilmer 5/3/2020*

*Kynslee Oshel 5/4/20108*

*Holden Zollars 5/5 2018*

*Messiah Audain-Lewis 5/10/2017*

*Eleanor Grant 5/13/2021*

*Keegan McCarthy 5/15/2018*

*Kennedy Harvey 5/16/2017*

*Sophia Stewart 5/16/2018*

*Jax Slocumb 5/22/2019*

*Preston Steinhaus 5/23/2018*

*Blake Jankiewicz 5/27/2020*

*Naomi Anthony 5/29/2021*

*Carson Hall 5/30/2018*



# Employee of the Month



Nastonja "Nae Nae" Wiley is our May employee of the month! Thank you for all your hard work and dedication! We are so lucky to have you as part of our family!

Congratulations!



# Important Dates

May 1 — May Day

May 1 — World Lyme Day

May 1 — World Laughter Day

**May 2-6—Teacher Appreciation Week**

May 3 — St James TL/ St Philip Day

May 3 — National Teacher Day

May 3 — World Press Freedom Day

May 3 — World Asthma Day

May 4 — Star Wars Day ("May the Fourth Be with You")

May 5 — Cinco De Mayo

May 6 — National Nurses Day

May 6 — Military Spouse Appreciation Day

May 7 — Free Comic Book Day

**May 8 — Mother's Day**

May 15 — International Day of Families

May 20 — World Bee Day

May 20 — National Rescue Dog Day

May 22 — International Biological Diversity Day

May 23 — World Turtle Day

May 24 — National Brother Day

May 26 — Ascension

May 28 — National Burger Day

May 30 — World MS Day

May 30 — World Otter Day

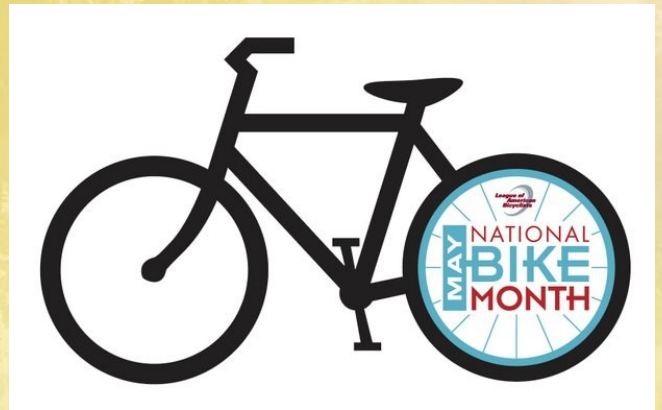
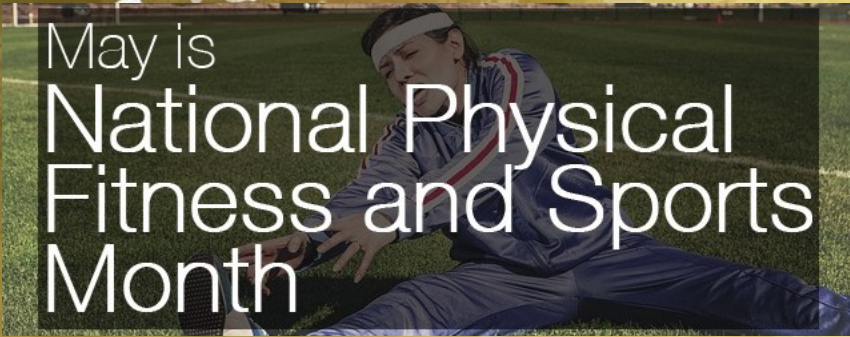
**May 30 — Memorial Day (Puddle Jumpers CLOSED)**

May 31 — World No Tobacco Day

# Monthly Observances



## Get Caught Reading



ALISONSMITH.COM

# May is...

Did you know that Lyme Disease vector ticks are widely dispersed throughout North America by hitching rides on migratory songbirds? You don't have to visit an endemic tick area to contract Lyme Disease.

## LYME DISEASE Awareness Month



# DON'T SPREAD GERMS WASH YOUR HANDS

## EFFECTIVE HAND WASHING



1 Turn on water and wet your hands and wrists



2 Apply enough soap to cover your hands



3 Create a heavy lather and wash for 20 seconds. Clean hands, fingers, nail beds, and under fingernails



4 Rinse well under running water



5 Hold hands so water flows over wrist to fingertips



6 Dry hands with clean paper towel or air dryer



7 Turn off faucet using the paper towel

7  
Steps To  
Germ  
Prevention

# Lydia's Looney Corner

## Food Court Smoothie

| ½ c. fruit | 1 meat alt. | Yield: 16 - 8 fluid ounce servings

### INGREDIENTS

Names	Weight	Measure
Yoplait® ParfaitPro® Lowfat Vanilla Yogurt (16632)	4 lb	8 cups
Juice, orange, unsweetened, chilled	2 lb 3 oz	4 cups
Applesauce, canned, unsweetened, chilled	2 lb 4 oz	4 cups
Total Weight	8 lb 7 oz	

### DIRECTIONS

1. Combine yogurt, orange juice in 8 quart or larger measurement-marked storage container; stir until well mixed.
2. Add applesauce, 2 cups at a time, stirring until smooth.
3. Verify mixture yields 4 quarts (16 cups) so each serving contains 1/2 cup fruit; add applesauce as needed to yield 16 total cups and stir.
4. Portion 8 oz into 9 oz serving cups; place lids on cups and serve chilled; refrigerate if not serving immediately. May also refrigerate overnight.

### TIP

Fill 1 serving cup with 8 oz of smoothie; use as a visual guide to fill remaining cups.

### NUTRITION

*Nutrition values calculated using weights of ingredients*

**8 fluid oz:** Calories 160 (Calories from Fat 10); Total Fat 1g (Saturated Fat 1/2g; Trans Fat 0g); Cholesterol 0mg; Sodium 55mg;

Total Carbohydrate 3.4g (Dietary Fiber 1g; Sugars 25g); Protein 4g

**% Daily Value:** Vitamin A 10%; Vitamin C 35%; Calcium 10%; Iron 0%

**Exchanges:** 0 Starch, 1/2 Fruit; 1 1/2 Other Carbohydrate, 1/2 Skim Milk, 0 Low -Fat Milk; 0 Milk; 0 Vegetable; 0 Very Lean Meat; 0 Lean Meat; 0 High-Fat Meat; 0 Fat

**Carbohydrate Choices:** 2





# I Know What You Meme:

When you realize there are kids today who have never seen a VHS or VCR



IF APRIL SHOWERS BRING MAY FLOWERS,  
WHAT DO MAY FLOWERS BRING?



**ALLERGIES**

IF TODAY IS "MAY THE 4TH  
BE WITH YOU"



DOES THAT MEAN TOMORROW  
IS "REVENGE OF THE 5TH"?

quikr meme.com

# The Crafty Corner

## DIY FINGERPRINT BUTTERFLY MUG PAINTING

### Supplies:

- White Mug
- Enamel Acrylic Paint (it can be used on glass or ceramic surfaces)  
Check the label for the type of acrylic paint that it can be used on glass or ceramic surfaces. Some paints require that the paint be cured. Be sure to read the instructions of the paint you purchase.
- Small Paint Brush
- Mod Podge Dishwasher Safe Sealer

### Directions:

1. Dip your child's thumb into the paint and stamp it once or twice on a scrap piece of paper to ensure that the paint is not too thick. Carefully stamp it on the mug, being sure to stay 1-2 inches away from the top.
2. Clean off the child's thumb and dip it into another color and stamp the thumb twice on either side of the first thumbprint to create the wings.
3. With a very small paint brush, paint on some lines to create the antennae.
4. Allow the mug to dry or bake it at a low temperature according to the enamel acrylic paint directions and your mug is ready to use!
5. For extra protection, use this sealer which will help keep the paint from coming off. It's safe for top rack dishwasher use however, to be extra careful we would recommend hand washing these mugs (you wouldn't want to wash away one of those cute butterflies!).

Allow the sealer to dry completely before using.

These thumbprint butterfly mugs are adorable for kids to make. Fill the mug with candy or a gift card and it would make such a special keepsake gift for that special Mom or Dad in your child's life!