PATIENT NAME:		DATE:	
	Please print.	_	

#### **American Academy of Pediatrics**

# BRIGHT FUTURES PREVISIT QUESTIONNAIRE 4 YEAR VISIT



To provide you and your child with the best possible health care, we would like to know how things are going. Please answer all the questions. Thank you.				
WHAT WOULI	D YOU LIKE TO TALK ABOUT	TODAY?		
Do you have any concerns, questions, or problems the	at you would like to discuss today? O <b>N</b>	o Yes, describe:		
TELL US A	ABOUT YOUR CHILD AND FA	MILY.		
What excites or delights you most about your child?				
Does your child have special health care needs? O N	lo O Yes, describe:			
Have there been major changes lately in your child's c	or family's life? O <b>No</b> O <b>Yes,</b> describe:			
Have any of your child's relatives developed new medic please describe:	cal problems since your last visit? O <b>No</b>	○ Yes ○ Unsure If yes or unsure,		
Does your child live with anyone who smokes or spen-	d time in places where people smoke or	use e-cigarettes? O No O Yes O Unsure		
YOUR GR	OWING AND DEVELOPING C	HILD		
Do you have specific concerns about your child's deve	elopment, learning, or behavior? O <b>No</b>	O Yes, describe:		
Check off each of the tasks that your child is able t	to do.			
movement by himself.  □ Dress and undress without much help.  □ Play make-believe.  □ Answer questions such as "What do you do when you are cold?" and "When you are sleepy?"	<ul> <li>□ Speak so strangers can understand 100% of what she says.</li> <li>□ Draw pictures you recognize.</li> <li>□ Follow simple rules when playing board or card games.</li> <li>□ Tell you a story from a book.</li> <li>□ Skip on one foot.</li> </ul>	<ul> <li>□ Climb stairs, using one foot, then the other, without support.</li> <li>□ Draw a person with at least 3 body parts.</li> <li>□ Draw a simple cross.</li> <li>□ Unbutton and button medium-sized buttons.</li> <li>□ Grasp a pencil with a thumb and fingers instead of her fist.</li> </ul>		

PATIENT NAME:		DATE:	
	Please print.	_	

### **4 YEAR VISIT**

## **RISK ASSESSMENT**

Amamaia	Does your child's diet include iron-rich foods, such as meat, iron-fortified cereals, or beans?	O Yes	O No	O Unsure
Anemia	Do you ever struggle to put food on the table?	O No	O Yes	O Unsure
Dyelinidomia	Does your child have parents, grandparents, or aunts or uncles who have had a stroke or heart problem before age 55 (male) or 65 (female)?	O No	O Yes	O Unsure
Dyslipidemia	Does your child have a parent with elevated blood cholesterol level (240 mg/dL or higher) or who is taking cholesterol medication?	O No	O Yes	O Unsure
Lead	Does your child live in or visit a home or child care facility with an identified lead hazard or a home built before 1960 that is in poor repair or was renovated in the past 6 months?	O No	O Yes	O Unsure
Oral health	Does your child have a dentist?	O Yes	O No	O Unsure
	Does your child's primary water source contain fluoride?	O Yes	O No	O Unsure
	Was your child or any household member born in, or has he or she traveled to, a country where tuberculosis is common (this includes countries in Africa, Asia, Latin America, and Eastern Europe)?	O No	O Yes	O Unsure
Tuberculosis	Has your child had close contact with a person who has tuberculosis disease or who has had a positive tuberculosis test result?	O No	O Yes	O Unsure
	Is your child infected with HIV?	O No	O Yes	O Unsure

#### **ANTICIPATORY GUIDANCE**

How are things going for you, your child, and your family?

#### YOUR FAMILY'S HEALTH AND WELL-BEING

Living Situation and Food Security		
Is permanent housing a worry for you?	O No	O Yes
Do you have enough heat, hot water, electricity, and working appliances?	O Yes	O No
Within the past 12 months, were you ever worried whether your food would run out before you got money to buy more?	O No	O Yes
Within the past 12 months, did the food you bought not last, and you did not have money to get more?	O No	O Yes
Alcohol and Drugs		
Does anyone in your household drink beer, wine, or liquor?	O No	O Yes
Do you or other family members use marijuana, cocaine, pain pills, narcotics, or other controlled substances?	O No	O Yes
Intimate Partner Violence		
Do you always feel safe in your home?	O Yes	O No
Has your partner, or another significant person in your life, ever hit, kicked, or shoved you, or physically hurt you or your child?	O No	O Yes
Safety in the Community		
Do you feel safe in your community?	O Yes	O No
Do you have someone you can turn to if you are concerned about your child's safety?	O Yes	O No
Do you have connections to your community through faith groups, volunteer organizations, or recreational programs?	O Yes	O No
Do you spend time with parents of other children in your community?	O Yes	O No

#### **GETTING READY FOR SCHOOL**

Language Understanding and Fluency		
Does your child clearly communicate his wants and needs to you and others?	O Yes	O No
Do you respond to your child's questions with short and simple answers?	O Yes	O No
Do you give your child plenty of time to tell a story or answer a question?	O Yes	O No
Do you talk, sing, and read together every day?	O Yes	O No

PATIENT NAME:		DATE:
	Please print.	

## **4 YEAR VISIT**

#### **GETTING READY FOR SCHOOL (CONTINUED)**

Feelings		
Is your child generally happy and active?	O Yes	O No
Do you help your child say, "I'm sorry," for hurting others' feelings?	O Yes	O No
Opportunities to Socialize With Other Children		
Is your child interested in other children?	O Yes	O No
Does your child have a chance to play with other children in playgroups or at preschool?	O Yes	O No
Does your child have a best friend?	O Yes	O No
Do you praise your child when she is good or has finished a task?	O Yes	O No
Early Childhood Programs and Preschool		
Does your child attend preschool?	O Yes	O No
Are you happy with your child care or preschool arrangement?	O Yes	O No
Do you visit your child's preschool and participate in activities there?	O Yes	O No
Readiness for School		
Do you have any concerns about your child starting school in the coming year?	O No	O Yes
Are you doing things to get your child ready for preschool? This could include reading together and going to the library, the park, the zoo, and other places.	O Yes	O No

#### **HEALTHY HABITS**

Nutrition		
Does your child drink water every day?	O Yes	O No
How many ounces of milk does your child drink on most days?		oz
Do you offer your child a variety of foods, including vegetables, fruits, and foods rich in protein, such as meat, eggs, chicken, or fish?	O Yes	O No
Is your child willing to try new flavors and food textures?	O Yes	O No
Do you let your child decide how much to eat and when to stop?		O No
Daily Routines That Promote Health		
Does your child sleep well?	O Yes	O No
Do you have a regular bedtime and mealtime routines?	O Yes	O No
Do you brush your child's teeth twice a day with a pea-sized amount of fluoridated toothpaste?	O Yes	O No

#### LIMITING TV AND PROMOTING PHYSICAL ACTIVITY

How much time every day does your child spend watching TV or using computers, tablets, or smartphones?		hours
Does your child have a TV or an Internet-connected device in her bedroom?	O No	O Yes
Has your family made a media use plan to help everyone balance time spent on media with other family and personal activities?	O Yes	O No
Does your child play actively for at least 1 hour a day?	O Yes	O No
Does your child play with other children?	O Yes	O No
Are you physically active together as a family, such as going for walks or playing in the park?	O Yes	O No

#### **SAFETY**

Car Safety		
Is your child fastened securely in a car safety seat or belt-positioning booster seat in the back seat every time he rides in a vehicle?	O Yes	O No
Does everyone else in the vehicle always use a lap and shoulder seat belt, booster seat, or car safety seat?	O Yes	O No

PATIENT NAME:		DATE:	
	Please print.		

### **4 YEAR VISIT**

#### **SAFETY (CONTINUED)**

5/4 211 (GG/1/1/1/G25)		
Outdoor Safety		
Do you watch your child closely when she plays outside, especially near streets and driveways?	O Yes	O No
Are there swimming pools in your neighborhood?	O No	O Yes
Are you planning to have your child learn to swim?	O Yes	O No
Does your child always wear an US Coast Guard–approved life jacket when on a boat?	O Yes	O No
Does your child always use sunscreen when he plays outside?	O Yes	O No
Pets		•
Do you own a pet?	O No	O Yes
Have you taught your child how to behave around animals so she does not get bitten or scratched?	O Yes	O No
Gun Safety	·	•
Does anyone in your home or the homes where your child spends time have a gun?	O No	O Yes
If yes, is the gun unloaded and locked up?	O Yes	O No
If yes, is the ammunition stored and locked up separately from the gun?	O Yes	O No

Consistent with Bright Futures: Guidelines for Health Supervision of Infants, Children, and Adolescents, 4th Edition

For more information, go to https://brightfutures.aap.org.



The information contained in this questionnaire should not be used as a substitute for the medical care and advice of your pediatrician. There may be variations in treatment that your pediatrician may recommend based on individual facts and circumstances. Original questionnaire included as part of the *Bright Futures Tool and Resource Kit*, 2nd Edition.

The American Academy of Pediatrics (AAP) does not review or endorse any modifications made to this questionnaire and in no event shall the AAP be liable for any such changes.



# 45 months 0 days through 50 months 30 days Month Questionnaire

Please provide the following information. Use black or blue ink only and print legibly when completing this form. Date ASQ completed: Child's information Middle Child's first name: initial: Child's last name: Child's gender: ) Male Female Child's date of birth: Person filling out questionnaire Middle Last name: First name: Relationship to child: Child care Parent Guardian Street address: Grandparent Foster Other: or other relative State/ City: Province: Postal code: Other telephone number: Home telephone number: Country: E-mail address: Names of people assisting in questionnaire completion: **Program Information** Child ID #: Program ID #:

Program name:



# 48 Month Questionnaire

45 months 0 days through 50 months 30 days

On the following pages are questions about activities children may do. Your child may have already done some of the activities described here, and there may be some your child has not begun doing yet. For each item, please fill in the circle that indicates whether your child is doing the activity regularly, sometimes, or not yet.

	lm	portant Points to Remember:	Notes:				
		Try each activity with your child before marking a response.					
	⊴	Make completing this questionnaire a game that is fun for you and your child.					
	⊴	Make sure your child is rested and fed.					
	<b>⊴</b>	Please return this questionnaire by					
C	01	MMUNICATION		YES	SOMETIMES	NOT YET	
1.	Fo ea ce	pes your child name at least three items from a common cated or example, if you say to your child, "Tell me some things that t," does your child answer with something like "cookies, eggingereal"? Or if you say, "Tell me the names of some animals," do ild answer with something like "cow, dog, and elephant"?	you can s, and				
2.		pes your child answer the following questions? (Mark "sometions only one question.)	mes" if	$\bigcirc$	$\bigcirc$	$\bigcirc$	
	"9	What do you do when you are hungry?" (Acceptable answers in tet food," "eat," "ask for something to eat," and "have a snade ease write your child's response:					
\	_						
	"ta	What do you do when you are tired?" (Acceptable answers incake a nap," "rest," "go to sleep," "go to bed," "lie down," arown.") Please write your child's response:					
3.	ex	pes your child tell you at least two things about common obje ample, if you say to your child, "Tell me about your ball," doe y something like, "It's round. I throw it. It's big"?		$\bigcirc$	0	$\circ$	
1.	Fo	pes your child use endings of words, such as "-s," "-ed," and ar example, does your child say things like, "I see two cats," "aying," or "I kicked the ball"?			0	0	_

C	OMMUNICATION (continued)	YES	SOMETIMES	NOT YET	
5.	Without your giving help by pointing or repeating, does your child follow three directions that are <i>unrelated</i> to one another? Give all three directions before your child starts. For example, you may ask your child, "Clap your hands, walk to the door, and sit down," or "Give me the pen, open the book, and stand up."	$\bigcirc$		$\bigcirc$	
6.	Does your child use all of the words in a sentence (for example, "a," "the," "am," "is," and "are") to make complete sentences, such as "I am going to the park," or "Is there a toy to play with?" or "Are you	$\bigcirc$	$\bigcirc$	$\bigcirc$	_
	coming, too?"	C	COMMUNICATIO	ON TOTAL	
G	ROSS MOTOR	YES	SOMETIMES	NOT YET	
1.	Does your child catch a large ball with both hands? (You should stand about 5 feet away and give your child two or three tries before you mark the answer.)	$\bigcirc$		0	
2.	Does your child climb the rungs of a ladder of a playground slide and slide down without help?	$\bigcirc$	$\circ$	$\bigcirc$	
3.	While standing, does your child throw a ball overhand in the direction of a person standing at least 6 feet away? To throw overhand, your child must raise his arm to shoulder height and throw the ball forward. (Dropping the ball or throwing the ball underhand should be scored as "not yet.")	$\bigcirc$		$\bigcirc$	
4.	Does your child hop up and down on either the right or left foot at least one time without losing her balance or falling?	$\bigcirc$	$\bigcirc$	$\bigcirc$	
5.	Does your child jump forward a distance of 20 inches from a standing position, starting with his feet together?	$\bigcirc$	0	$\bigcirc$	
6.	Without holding onto anything, does your child stand on one foot for at least 5 seconds without losing her balance and putting her foot down? (You may give your child two	0	$\circ$	$\circ$	_
	or three tries before you mark the answer.)		GROSS MOTO	OR TOTAL	
FI	NE MOTOR	YES	SOMETIMES	NOT YET	
1.	Does your child put together a five- to seven-piece interlocking puzzle? (If one is not available, take a full-page picture from a magazine or catalog and cut it into six pieces. Does your child put it back together correctly?)				



FI	NE MOTOR (continued)	YES	SOMETIMES	NOT YET	
2.	Using child-safe scissors, does your child cut a paper in half on a more or less straight line, making the blades go up and down? (Carefully watch your child's use of scissors for safety reasons.)	0		0	
3.	Using the shapes below to look at, does your child copy at least three shapes onto a large piece of paper using a pencil, crayon, or pen, without tracing? (Your child's drawings should look similar to the design of the shapes below, but they may be different in size.)	$\bigcirc$	0		
	L + I O				
4.	Does your child unbutton one or more buttons? (Your child may use his own clothing or a doll's clothing.)	$\bigcirc$	$\bigcirc$	$\bigcirc$	_
5.	Does your child draw pictures of people that have at least three of the following features: head, eyes, nose, mouth, neck, hair, trunk, arms, hands, legs, or feet?	$\bigcirc$	$\bigcirc$	$\bigcirc$	
6.	Does your child color mostly within the lines in a coloring book or within the lines of a 2-inch circle that you draw? (Your child should not go more than <sup>1</sup> / <sub>4</sub> inch outside the lines on most of the picture.)	$\bigcirc$	$\bigcirc$	$\bigcirc$	_
	go more than 74 men outside the lines on most of the picture.)		FINE MOTO	OR TOTAL	
P	ROBLEM SOLVING	YES	SOMETIMES	NOT YET	
1.	When you say, "Say 'five eight three,'" does your child repeat just the three numbers in the same order? Do not repeat the numbers. If necessary, try another series of numbers and say, "Say 'six nine two.'" (Your child must repeat just one series of three numbers to answer "yes" to this question.)	0	0	0	
2.	When asked, "Which circle is the smallest?" does your child point to the smallest circle? (Ask this question without providing help by pointing, gesturing, or looking at the smallest circle.)		0	$\bigcirc$	
	$\bigcirc \bigcirc \bigcirc$				
3.	Without your giving help by pointing, does your child follow three different directions using the words "under," "between," and "middle"? For example, ask your child to put the shoe "under the couch." Then ask her to put the ball "between the chairs" and the book "in the middle of the table."				_

48	Month Questic	page 5 of 7	
	SOMETIMES	NOT YET	

PF	ROBLEM SOLVING (continued)	YES	SOMETIMES	NOT YET				
5.	5. Does your child dress up and "play-act," pretending to be someone or something else? For example, your child may dress up in different clothes and pretend to be a mommy, daddy, brother, or sister, or an imaginary animal or figure.							
6.	6. If you place five objects in front of your child, can he count them by saying, "one, two, three, four, five," in order? (Ask this question without providing help by pointing, gesturing, or naming.)							
		PF	ROBLEM SOLVIN	IG TOTAL				
P	ERSONAL-SOCIAL	YES	SOMETIMES	NOT YET				
1.	Does your child serve herself, taking food from one container to another using utensils? For example, does your child use a large spoon to scoop applesauce from a jar into a bowl?		$\circ$	$\bigcirc$				
2.	Does your child tell you at least four of the following? Please mark the items your child knows.	$\bigcirc$	$\bigcirc$	$\bigcirc$	_			
	a. First name d. Last name							
	○ b. Age ○ e. Boy or girl							
	c. City she lives in f. Telephone number							
3.	Does your child wash his hands using soap and water and dry off with a towel without help?	$\bigcirc$	$\bigcirc$	$\bigcirc$				
4.	Does your child tell you the names of two or more playmates, not including brothers and sisters? (Ask this question without providing help by suggesting names of playmates or friends.)	$\bigcirc$	$\bigcirc$	$\bigcirc$				
5.	Does your child brush her teeth by putting toothpaste on the tooth- brush and brushing all of her teeth without help? (You may still need to check and rebrush your child's teeth.)		$\circ$	$\bigcirc$				
6.	Does your child dress or undress himself without help (except for snaps, buttons, and zippers)?	$\bigcirc$	$\bigcirc$	$\bigcirc$	_			
		PI	ERSONAL-SOCIA	AL TOTAL				
0	VERALL							
Par	ents and providers may use the space below for additional comments.							
1.	Do you think your child hears well? If no, explain:		YES	O NO				

<b>AS</b>	<b>Q</b> 3

VERALL (continued)		
Do you think your child talks like other children her age? If no, explain:	YES	O NO
	$\cap$	
Can you understand most of what your child says? If no, explain:	○ YES	○ NO
Can other people understand most of what your child says? If no, explain:	YES	O NO
Do you think your child walks, runs, and climbs like other children his age? If no, explain:	YES	O NO
Does either parent have a family history of childhood deafness or hearing impairment? If yes, explain:	YES	O NO
ппраттепт. п уез, ехрипп.		
Do you have any concerns about your child's vision? If yes, explain:	YES	O NO



O,	VERALL (continued)			
8.	Has your child had any medical problems in the last several months? If yes, explain:	YES	O NO	
9.	Do you have any concerns about your child's behavior? If yes, explain:	YES	O NO	
10.	Does anything about your child worry you? If yes, explain:	YES	O NO	

# **Questions About Your Child and Tuberculosis (TB)**

Child's Name	Date of Birth			
Your Name	<u></u>			
Today's Date				
We need your help to find out if your child has beer as TB.	n exposed to the disease tu	berculosi	s, also knowr	1
TB is caused by germs. It is usually spread to anoth have TB germs in their body but not have active TE answers to the questions below will let us know if y answers show your child might have picked up the tuberculin skin test (TST). The skin test is not a vacknow if your child has the TB germs.	B disease. TB can be prever our child might have been e TB germs, we will want to g	nted and to exposed to ive him o	reated. Your o TB. If your r her a	า
Check the box that matches your answer:		Yes	No	Do No Know
1. Has your child been tested for TB?  If yes, when? Please tell us the date//				
2. Have you ever been told that your child had a positive				
(TST)? If yes, when? Please tell us the date $\_\_/\_$ / $\_$ 3. TB can cause fever that can last days or weeks. It can	 cause weight loss, a bad			
cough (lasting over two weeks), or coughing up blood.				
<ul> <li>a. Has your child been around anyone with any</li> <li>b. Has your child been around anyone sick with</li> </ul>				
<ul> <li>c. Has your child ever had any of these problem</li> <li>4. Was your child born in another part of the world like M</li> </ul>	s or do they have them now?			
Caribbean, Africa, Eastern Europe, or Asia?				
<ol><li>Has your child been to Mexico or any other country in Caribbean, Africa, Eastern Europe, or Asia for more than</li></ol>				
Which country or countries did your child visit?				
6. Do you know if your child has spent more than 3 week	s with anyone who:			1
Uses needles for drug use? Has AIDS?				
Was or is in jail or prison?	o			
Has just come to the United S	States from another country?			
FOR THE PROVIDER: If the prior test was negative and the answer to #4 If the prior test was negative and occurred at least 8 6, the child does not need a repeat skin test. If the prior test was positive, the child does not need would indicate a chest x-ray as soon as possible.	8 weeks after the situation of	lescribed	in #3a, 3b, 5	, or
TST administered YesNo				
If yes, Date administered/Date read	I//TST reaction	on	mm	
TST provider				
Signature	Printed	Name		
If chest x-ray done, date	and results			
Provider phone number	City	County		
If positive, referral to local/regional health departme	ent/specialist? Yes	No	<u> </u>	
If yes, name of health dept./specialist				

Contact your local or regional health department if assistance is needed.





# 48 Month ASQ-3 Information Summary

45 months 0 days through 50 months 30 days

Ch	nild's name: _							Da	ate AS(	2 complet	ted:							
Child's ID #:							Da	Date of birth:										
Ad	lministering p	orogram/p	orovider:															
1.	SCORE AN responses a In the chart	are missin	g. Score	each ite	em (YES	S = 10, SC	OMETI	IMES = 5	5, NOT	YET = 0).	Add it	em scores	, and					
	Area	Cutoff	Total Score	0	5	10	15	20	25	30	35	40	45	50		55		60
	Communication	30.72									0	0	0	0	)	0	(	0
	Gross Motor	r 32.78									0	0	0	0	)	0	(	0
	Fine Motor	r 15.81						0	0	Q	0	0	$\bigcirc$	0	)	0	(	0
	Problem Solving	31.30									0	0	0	0	)	$\bigcirc$	(	0
	Personal-Socia	26.60								0	0	0	$\bigcirc$	0	)	$\bigcirc$	(	
2.	TRANSFER	≀ OVERAL	L RESPO	ONSES:	Bolded	l upperca	ase res	sponses r	require	follow-up	o. See A	ASQ-3 Use	r's Gu	ide, C	Chap	ter 6.		
	1. Hears v						Yes	NO	6.	Family h Comme	-	of hearing	impair	ment	?	YES	ı	No
	2. Talks lik Comm		:hildren h	iis age?			Yes	NO	7.	Concern Comme		s about vision? nts:				YES	ſ	No
	Understand most of what your child says?     Comments:			s?	Yes	NO	8.		Any medical problems? Comments:					YES	I	No		
	4. Others		nd most	of what	your ch	nild says?	' Yes	NO	9.	Concern Comme		t behavior	?			YES	I	No
	5. Walks, Comm	runs, and ents:	climbs li	ke othe	r childre	∍n?	Yes	NO	10.	Other co		?				YES	ı	No
3.	ASQ SCOF															s, ove	rall	
	If the child If the child If the child	's total sco	ore is in t	the 🔲	area, it	is close t	to the	cutoff. P	rovide	learning a	activitie	s and mor	nitor.					
4.	FOLLOW-U	JP ACTIO	N TAKE	<b>N:</b> Chec	k all tha	at apply.						OPTION						
	Provid	e activitie	s and res	screen ir	n	months.						= YES, S = response			ES, N	1 = N	ΟΙ	YE I,
	Share	results wit	th primar	y health	ı care p	rovider.						-	1	2	3	4	5	T 4
	Refer f	for (circle	all that a	pply) he	earing, v	vision, an	d/or b	ehaviora	al scree	ning.	<u></u>	mmunication	+-		3	4	5	6
		to primary		•			ommur	nity ager	ıcy (spe	ecify 		Gross Moto						
	Refer t	to early in	terventic	on/early	childhc	od speci	ial edu	ıcation.				Fine Moto	r					
		ther actio				•					Pro	blem Solving	3					
											Pe	ersonal-Socia	ı			.		

Other (specify):