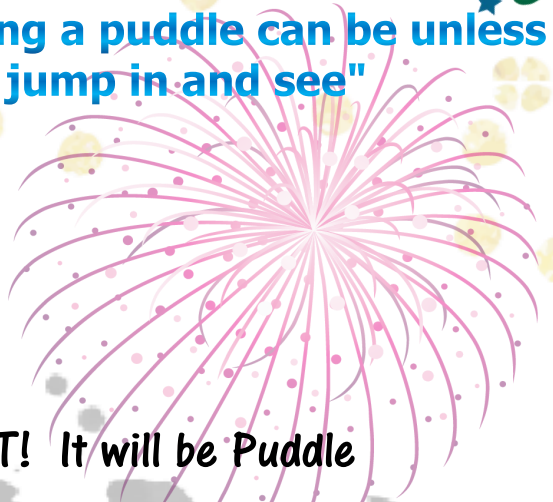


January 2022 Newsletter



Child Enrichment Center

"You won't know how refreshing a puddle can be unless you take a moment to jump in and see"



Dear Parents:

Happy New Year!! 2022 is going to be GREAT! It will be Puddle Jumper's 17th year in business, WOW! I could not have imagined such a phenomenal outcome when I began this journey years ago. We have had many highs and lows...but the highs outshine the lows by far! We have had some of the most amazing people work here over the years...and luckily for us all....a lot are still here! Puddle Jumpers wouldn't be what it is without the love and compassion that our teachers have shown these last 16 years. And, of course, we certainly couldn't do it without each and every one of you. It is so hard to let our children go and yet you entrust us with the daily care of yours. There are no words to express how I feel about that. I am one of the luckiest people in world to have been given the opportunities that I have. I humbly want to thank every employee, child, family member and friend for being a part of my life. YOU are Puddle Jumpers. YOU are the BEST!

My deepest gratitude,

Laurie



Dear Parents,

As stated in your Parent Handbook, an annual registration fee is due in January of each year of your child's enrollment. The registration fee is an annual fee that covers curriculum, equipment and supplies used by your child(ren) while at the center. This fee will be added to each account on January 1, 2022 and is due by January 15th. If paid after January 15th, you will incur a late fee. You are more than welcome to break it up over a few weeks as long as it is paid in full by the 15th of January.

If you have any questions please feel free to stop by the front office.

As always, thank you for allowing us to love your children.

Respectfully,

Laurie Wolfe



KIDDOS

Birthdays

Kirkland Foxworth 1/13/2017

Noah Pritchett 1/15/2019

Brynton Bruner 1/17/2020

Abigail Houck 1/18/2011

Greyson Sanders 1/21/2019

Everly Muroski 1/22/2020

Braxton Ody 1/22/2019

Harper Nielsen 1/24/2019

Eva Anthony 1/28/2017



JANUARY BABIES

"Little January, Tapped at my door today. And said, 'Put on your winter wraps, And come outdoors to play.'"

—Winifred C. Marshall

Zodiac: Capricorn until January 19 and Aquarius from January 20

Gemstone: Garnet

The garnet, from the Latin word granatum, means seed (think: pomegranate). The stone signifies eternal friendship and trust.

Flower: Carnation, Snowdrop

The carnation's different hues suggest different meanings: red for love or pink for affection. Snowdrops imply hope and beauty.

Tree: Fir, Elm, Cypress



Important Dates

January 1— New Years Day (Puddle Jumpers CLOSED)

January 1 — Emancipation Proclamation Issued (1863)

January 6 — Epiphany Day

January 7 — Orthodox Christmas

January 7 — First Presidential Election (1789)

January 6 — Puddle Jumpers Anniversary

January 11 — Human Trafficking Awareness Day

January 14 — Orthodox New Year

January 18 — Martin Luther King Day

January 23 — National Handwriting Day

January 27 — Commemoration Victims of the Holocaust Day

January 31 — Grammy Awards



Employee Birthdays

Cameca Jackson 1/6

Nastonjia “Nae Nae” Wiley 1/15

Employee of the Month



Keyla King is our January employee of the month! Thank you for all your hard work and dedication! We are so lucky to have you as part of our family!

Congratulations!

WE'RE
Expecting
2022
TO BE A GREAT YEAR!



Emily- K2A



Keyla- BR1

The page features several decorative snowflakes of varying sizes. A large, faint snowflake is centered behind the main text. Four smaller, solid grey snowflakes are positioned at the corners: top-left, top-right, bottom-left, and bottom-right.

SHIVER ME WHISKERS

Keep Pets Safe in Winter Months.



1

THE COLD OUTDOORS

See a dog out in the cold without proper shelter? Contact local law enforcement. Dogs left in extreme temperatures, especially without food and shelter, are at risk of **hypothermia, death, and frostbite.**



DID YOU KNOW?

Animal neglect is a misdemeanor crime in all 50 states.



HOW CAN YOU HELP?

- Note the date, time, exact location, and type of animal(s) involved.
- Jot as many details as possible before contacting animal control or local law enforcement with your complaint.
- Follow up in a few days if the situation has not been remedied.

CATS GET COLD, TOO:

- If your neighborhood plays host to a feral cat community, you can easily repurpose foam cooler bins to create safe, insulated shelters.

2

PAW PROTECTION



Daily walks in the cold can harm your dog's paws. Keep them moisturized to protect against salt and chemical agents.

👉 Use pet booties to minimize contact with painful salt crystals, poisonous anti-freeze and chemical ice-melting agents.

👉 Apply a dollop of petroleum jelly to their paw pads before going outside.

3

DO & DON'T

DON'T



Closely shave your dog in winter. Longer coats mean more warmth.

DO



Consider a coat or sweater for shorthaired breeds. Coverage from the base of the tail to the belly provides extra warmth.

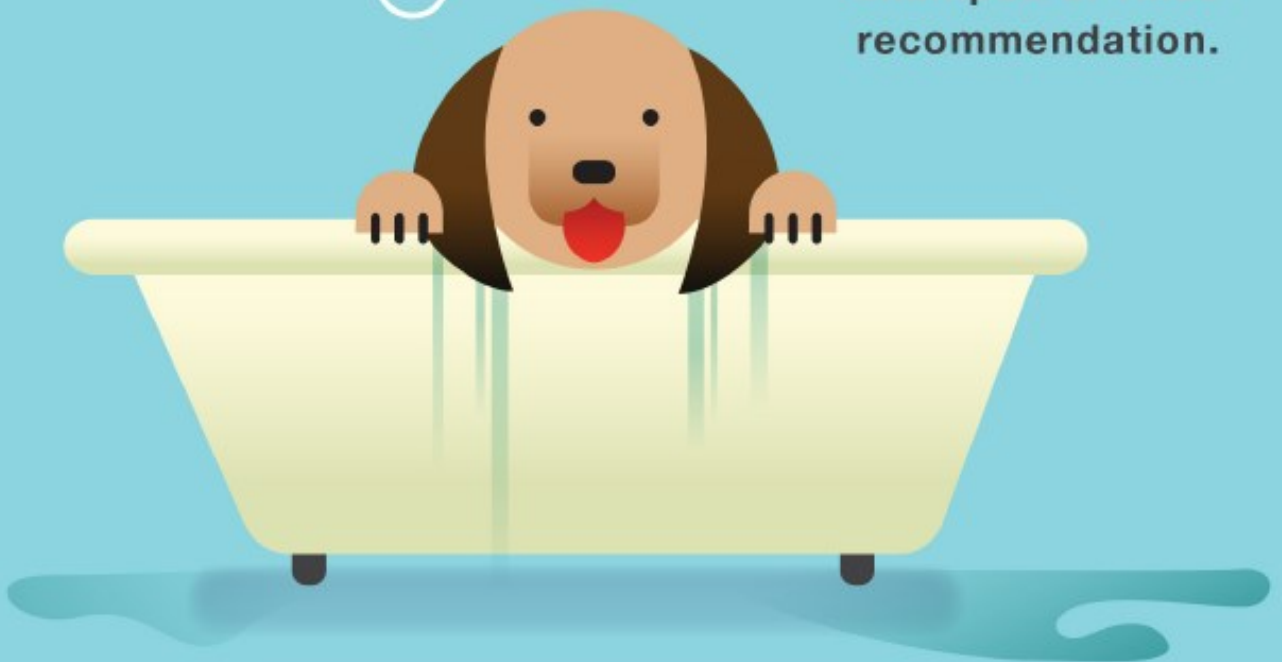
4

DITCH THE BATH



ASK A PRO.

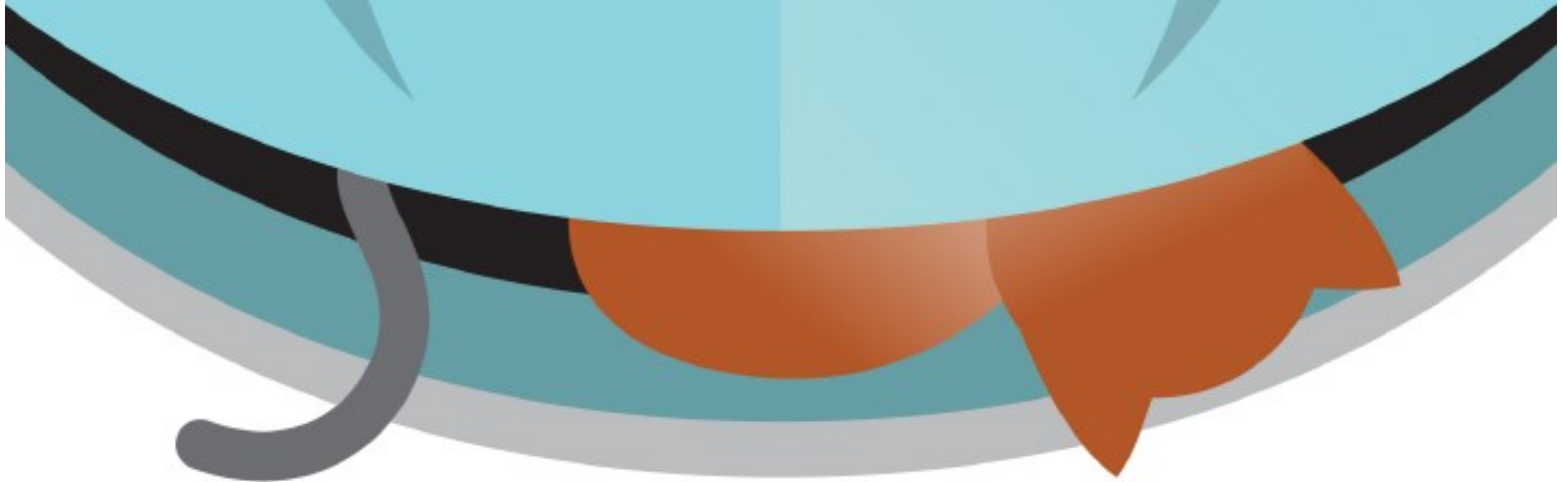
If your dog must be bathed, ask your vet for a moisturizing shampoo or rinse recommendation.



Reduce bathing frequency during cold spells. Drying can take too long, and washing too often can deplete essential oils and increase dry, flaky skin.

5

CHECK BEFORE YOU REV



Outdoor, stray and feral cats sometimes sleep under car hoods to stay warm. But the fan belt can injure or kill a cat when the motor starts. To avoid catastrophe: Bang loudly on your hood before starting the engine to give the cat a chance to escape.

For more tips on keeping your pet safe, download the free ASPCA mobile app at **ASPCA.ORG/MOBILEAPP**

Learn more about reporting animal cruelty at **ASPCA.COM/REPORTCRUELTY**



Winter Storm Safety Tips



ON THE ROAD

Do not drive unless absolutely necessary. If you must drive:

- › Slow down
- › Don't stop on a hill
- › Avoid abrupt steering maneuvers
- › Don't use cruise control

AT HOME

- › Allow faucets to drip to avoid freezing
- › Open cabinet doors to allow heat to get to uninsulated pipes
- › Use flashlights instead of candles to prevent the risk of fire
- › Never use an oven to heat your home
- › Use portable generators, camp stoves and grills outdoors – at least 20 feet away from windows, doors and vents to prevent deadly carbon monoxide poisoning



For more safety tips, visit
ready.ga.gov

 **Ready Georgia**



Blushberry Orange Smoothie

1/2 c. fruit | 1 meat alt. | Yield: 16 - 8 fluid ounce servings

INGREDIENTS

Names	Weight	Measure
Yoplait® ParfaitPro® Lowfat Strawberry Yogurt (18631)	4 lb	8 cups
Juice, apple, unsweetened, chilled	2 lb 3 oz	4 cups
Orange zest (optional)		1 Tbsp
Cranberry sauce, canned, chilled, mashed	2 lb 7 oz	4 cups
Total Weight	8 lb 10 oz	

DIRECTIONS

1. Combine yogurt, orange juice and zest in 8 quart or larger measurement-marked storage container; stir until well mixed.
2. Add cranberry sauce, 2 cups at a time, stirring until smooth.
3. Verify mixture yields 4 quarts (16 cups) so each serving contains 1/2 cup fruit; add cranberry sauce as needed to yield 16 total cups and stir.
4. Portion 8 oz into 9 oz serving cups; place lids on cups and serve chilled; refrigerate if not serving immediately. May also refrigerate overnight.

TIP

Fill 1 serving cup with 8 oz of smoothie; use as a visual guide to fill remaining cups.

NUTRITION

Nutrition values calculated using weights of ingredients

8 fluid oz: Calories 230 (Calories from Fat 10); Total Fat 1g (Saturated Fat 0.5g; Trans Fat 0g); Cholesterol 0mg; Sodium 55mg; Total Carbohydrate 53g (Dietary Fiber 0g; Sugars 44g); Protein 4g

% Daily Value: Vitamin A 15%; Vitamin C 50%; Calcium 10%; Iron 0%

Exchanges: 1/2 Fruit, 2 1/2 Other Carbohydrate, 1/2 Skim Milk

Carbohydrate Choices: 3 1/2



The Crafty Corner

Pine Cone Bird Feeder

One of the most common bird feeders for kids to make, the pine cone bird feeder is also one of the easiest.

To make your pine cone bird feeder:

1. Gather up a few pine cones from your yard and tie strings to the top of them. **Tip:** Do this step first, as the pine cones can get messy!
2. Using a butter knife, have your preschooler spread peanut butter or cooking lard all over the surface.
3. Roll the pine cone through a bowl of bird seed.
4. Hang the pine cone from a high surface, such as a tree or a porch.



Bagel Bird Feeder

Along the same lines as the pine cone bird feeder, this one uses a stale bagel.

1. Cut the bagel in half lengthwise and secure it with a string or ribbon.
2. Have your preschooler spread either peanut butter or cooking fat over the bagel.
3. Dredge it through the bird seed.
4. Hang the bagel in the yard.