



From Laurie's Desk

Dear Parents,

Summer is upon us and we have lots of fun things planned. As quick as summer got here, it will be over. So, keep an eye out for school year registration information in the coming weeks. Those children enrolled for the summer have first option on spots for the school year. Be safe in your own summer plans! Have fun!

Laurie

Father's Day Prayer

God, bless all the fathers in the world. Guide them to be good role models and loving to all their children. Help them to be a father like You are. Give them grace and patience to handle situations in a loving way.
Amen



KIDDOS

BIRTHDAYS

Carter Williamson 6/3/2017

Pierce Hoffman 6/6/2019

Keith "Wayne" Hancock 6/7/2021

McCartney Sanders 6/8/2020

Hudson Copeland 6/8/2021

Pierce Williams 6/10/17

Colson Forehand 6/13/2018

Berkleigh Ingle 6/27/2020



Important Dates

June 5—World Environment Day
June 6—D-Day Anniversary
June 8—National Best Friend Day
June 8- World Oceans Day
June 14— Flag Day
June 14 — World Blood Donor Day
June 18—Father's Day
June 18—International Picnic Day
June 19—Juneteenth National Independence Day
June 20—World Refugee Day
June 21—First Day of Summer
June 21—World Music Day
June 21—International Yoga Day
June 23—United Nations Public Service Day
June 24—St. John the Baptist Day
June 26—International Day Against Drug Abuse and
Illicit Trafficking
June 29—St. Peters Day



JUNE NATIONAL SAFETY MONTH



Don't use
cell phones
while driving



Wear your
seatbelt



Never share or
take more
prescription drugs
than necessary



Employee Birthdays

Linda Leazier 6/6

Laurie Wolfe 6/8

Cheryl Smith 6/9

Shunita Green 6/12

Emily Baker 6/12

Shanna Hendricks 6/15

Valeska Reid 6/19

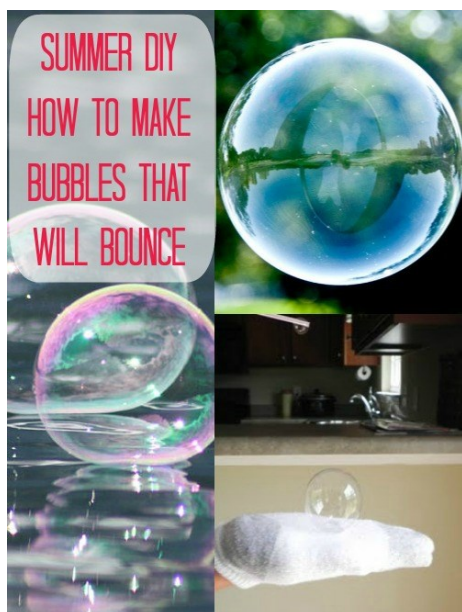
Cindy Colon 6/26

Employee of the Month



Tonya Glance is our June employee of the month! Thank you for all your hard work and dedication! We are so lucky to have you as part of our family!
Congratulations!

The Crafty Corner



What you will need:

1 cup distilled drinking water

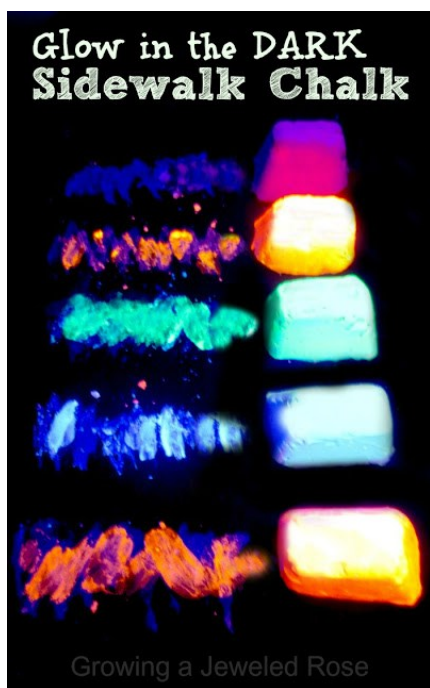
1 tablespoon dish soap

1 teaspoon glycerin

Straw to blow bubble, or bubble wand

What you will do:

Mix all ingredients together and let sit for 24 hours



What you will need:

Plaster of Paris

Glow in the dark or fluorescent paint

Water

Ice cube trays or something similar

What you will do:

Begin by combining a small amount of glowing paint in a bowl with a bit of water. You only need a squirt of paint to produce a vibrant glow.

Once the paint is dissolved in the water you will have vibrant glowing water.

This recipe is so simple the only other thing you have to do is add plaster of Paris to each bowl until you have the desired consistency. You want the consistency to be thick but still wet.

Once the ingredients are mixed, spoon the mixture into an ice cube tray or similar. We lined our tray with cooking spray (a very thin layer with none collected on the bottom) to prevent sticking.

After several hours your chalk will be set. We left ours to dry for roughly 12 hours and also popped it in the freezer for ten minutes to help us pop the pieces from the tray. This really helped the chalk pop right out.

**TOP
5**

Summer Safety Tips for Pet Parents



Hope you are having a nice summer! With the hot weather setting in, we wanted to remind folks that amidst the fun and games, pet health should be kept top of mind to help ensure a safe season for all. To keep dogs and cats out of harm's way, the ASPCA has created a helpful infographic with the Top 5 Summer Dangers for Pets, including:

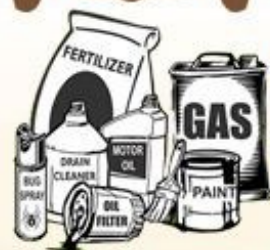
1 Fireworks & Thunderstorms

Loud noises like fireworks are one of the top reasons pets go missing, so secure your pet in an escape-proof place. If your pet does go missing, download the ASPCA app for a free step-by-step digital toolkit to help find your pet: www.ASPCAapp.org.



2 Sun & Heat

High summer temperatures and bright days can mean dehydration, overheating, and scorched paws. Know the signs of overheating (excessive panting, increased heart rate, and weakness) and bring your pup indoors or to a cool, shady place.



3 Toxic Chemicals

Insecticides, citronella products, and glow sticks are toxic to pets. Keep your pet away from areas where chemicals have been sprayed and ensure dangerous products are out of reach.

4 Parties & Barbecues

If your pet's joining the party, make sure guests don't feed your pet human food (especially grapes, onions, avocado, and chocolate) and ensure alcoholic drinks are kept out of your pet's reach.



5 Hot Cars

Even with the windows open an inch, a car's temperature can reach over 100° in 10 minutes on an 85° day. One quick errand can turn dangerous in minutes, so leave your pet safely at home. Sign our Hot Car Pledge to help save lives this summer and all year long.



Tuesday's Show & Tell Guide:



WARNING:

CHOKING HAZARD — Small parts not for children under 3 years or any individuals who have a tendency to place inedible objects in their mouths.

Always read labels to make sure a toy is appropriate for a child's age. Guidelines published by the U.S. Consumer Product Safety Commission (CPSC) and other groups can help you make those buying decisions.

And consider your child's temperament, habits, and behavior whenever you buy a new toy. Even a child who seems advanced compared with other kids the same age shouldn't use toys meant for older kids. The [age levels for toys](#) are determined by safety factors, not intelligence or maturity.

Keep these age-specific guidelines in mind:

- Toys should be large enough — at least 1¼ inches (3 centimeters) in diameter and 2¼ inches (6 centimeters) in length — so that they can't be swallowed or lodged in the windpipe. A small-parts tester, or choke tube, can determine if a toy is too small. These tubes are designed to be about the same diameter as a child's windpipe. If an object fits inside the tube, then it's too small for a young child. If you can't find a choke tube, ask a salesperson for help or use a toilet paper roll tube.
- Avoid marbles, coins, balls, and games with balls that are 1.75 inches (4.4 centimeters) in diameter or less because they can get stuck in the throat above the windpipe and make breathing difficult.
- Battery-operated toys should have battery cases that secure with screws so that kids cannot pry them open. Batteries and battery fluid pose serious risks, including choking, internal bleeding, and chemical burns.
- When checking a toy for a baby or toddler, make sure it's unbreakable and strong enough to withstand chewing. Also, make sure it doesn't have:
 - sharp ends or small parts like eyes, wheels, or buttons that can be pulled loose
 - small ends that can reach the back of the mouth
 - strings longer than 7 inches (18 centimeters)
 - parts that could pinch small fingers

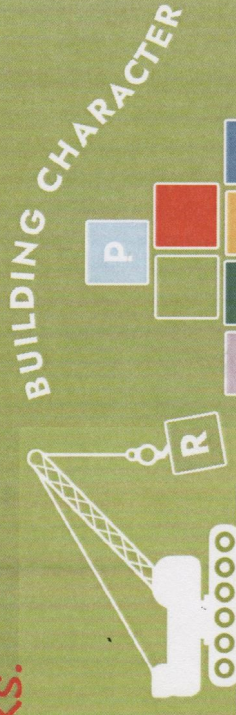
***Check the safety of ALL Show & Tell items before bringing them in.**

You must label ALL items and if it is a special/heirloom item please do not send it in for Show & Tell.

NO TABLETS OR VIDEO GAMES!!

NO FLIP FLOPS, SANDALS OR CROCS. TENNIS SHOES WITH SOCKS.

JUN



Responsibility

doing what needs to be done without being reminded

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28 A Bug's Life Week	29	30	31	1	2 Wear bug themed shirt/outfit. NO COSTUMES	3
4 Under the Sea Week	5 Bring a Book to read together: Under the sea themed. (Labeled with name)	6 Show & Tell: Bring 1 plushie/toy of a sea creature. (labeled with name)	7	8	9 Wear sea life themed shirt/outfit. NO COSTUMES	10
11 Pirate Week	12 Bring a Book to read together: Pirate themed. (Labeled with name)	13 Show & Tell: Bring 1 treasured plushie/toy to show your mateys. (labeled with name) +	14	15 Flag Day	16 Wear pirate themed shirt/outfit. NO COSTUMES	17
18 Disney Week	19 Juneteenth Bring a Book to read together: Disney themed. (Labeled with name)	20 Show & Tell: Bring 1 Disney plushie/toy to show your friends. (labeled with name)	21 First Day of Summer	22	23 PAJAMA & MOVIE DAY!!! Wear Disney themed Pajamas. NO HOUSE SHOES/SLIPPERS +	24
25 American Hero Week	26 Bring a Book to read together: American Hero/Community Helper/ Paw Patrol themed. (labeled with name) +	27 Show & Tell: Bring 1 plushie/toy of a American Hero/Community Helper/ Paw Patrol (labeled with name) +	28	29	30 Wear American Hero/Community Helper/ Paw Patrol themed shirt/outfit. NO COSTUMES +	1

K4 & SDC SPLASH PAD GUIDE

Bring sunscreen-labeled with their first and last name.

Bring a beach towel.

Bring a change of clothes for afterwards- including:

- Shirt/dress
- Shorts (with dresses as well please)
- Underwear
- Socks and tennis shoes (no crocs, flip-flops, slides, or sandals)

Come already dressed and ready in swim gear:

- Swimsuit
- Coverup
- Water shoes (no crocs, flip-flops, slides, or sandals)





K4 Field Trip Calendar



K4

June 2023					
Sun	Mon	Tue	Wed	Thu	Fri
				1 Splash Pad & Picnic leaves @ 10:00 am	2
3					
4	5	6 Splash Pad & Picnic leaves @ 10:00 am	7	8 Montgomery Zoo Leaves @ 8:00 am Be at center by 7:30 am to eat breakfast	9
10					
11	12	13 Oxbow Meadows & Picnic Leaves @ 9:15 am	14	15 Callaway Gardens & Picnic Leaves @ 9:00 am	16 JumpBunch @Puddle Jumpers @ 3:00 pm
17					
18	19	20 Judy Moody CSU Theater & Picnic leaves @ 9:15 am	21	22 Splash Pad & Picnic leaves @ 10:00 am	23
24					
25	26 Town Creek Park Au- burn & Picnic Leaves @ 9:00 am	27	28	29 Splash Pad & Picnic leaves @ 10:00 am	30



SDC Field Trip Calendar



SDC

June 2023						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5 Callaway Gardens & Picnic Leaves @ 9:00 am	6	7 Oxbow Meadows & Picnic Leaves @ 9:15 am	8	9	10
11	12	13	14 Judy Moody CSU Theater & Picnic leaves @ 9:15 am	15	16	17
18	19	20	21 Town Creek Park Au-burn & Picnic Leaves @ 9:00 am	22	23 Splash Pad & Picnic leaves @ 10:00 am	24
25	26	27 Kickball Game & Picnic Leaves @ 10:00 am	28 Majestic Caverns leaves @ 8:00 am Be at center by 7:30 am to eat breakfast	29	30	



Growing Together

Newsletter for
parents of preschool children

Games & Activities

Can you find a special stone?

Here's an outside game that requires sharp eyes. When you're taking a walk, ask your child to bring you the smallest stone she can find.

Next, ask her to look for the whitest stone she can find, or the roundest stone, or the smoothest stone.

You can continue to think of more characteristics to look for—a stone that looks like the moon, a stone with a hole in it, a stone too heavy to carry, a stone that looks like a dog, and so on.

Finally, ask her to select a stone that looks different from the rest, and have her explain to you how it is different. Or she can pick a stone she really likes and talk about why she likes it.

For kids who are really interested, this could be the beginning of a rock collection. □



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Development

Childhood friendships

During the first three years of life, a young child forms secure attachments with parents and other family members and friends.

Once a child reaches three years, however, attachments to other children outside the family become an important part of social development. But first the child has to learn how to interact appropriately with other children.

Although preschool children can develop genuine friendships, these encounters are quite different from friendships among older children or adults.

For example, two three-year-olds may be laughing one moment and struggling with one another for the same toy the next moment.

Just as suddenly, they may join in some form of cooperative play, such as pulling their two trucks across the floor together.

Adults can do a number of things to foster friendly cooperative play among preschool children:

1. Provide toys that are developmentally appropriate for the children's ages.

Any child will quickly lose interest if a task is either too easy or too difficult.

2. Have enough toys so that each child has at least one with which to play.

Having only one toy to be shared by several children will most likely result in a squabble.

3. Make sure the toys are in good condition.

Trying to pull a truck that has a wheel missing can be a highly frustrating experience for a young child.

It is generally through play that childhood friendships are formed. Although such friendships during the preschool years are often short, they are important in the overall social development of the children. □



Praising children

Children flourish and thrive when they receive praise from the important adults in their lives.

Praise is an essential component in a child's daily life. Through it a child receives positive, ego-building messages which say: "You are unique." "You are important to me." "You can do it!"

Here are some effective ways to offer the gift of praise to your child.

- **Increase your praise level.** Criticism is often long and detailed but praise is short. It's easier to find fault rather than to see and express the many positives in a child. Every family should increase the level of praise in their home — for everyone.

- **Be specific.** Rather than using vague and general terms, shape your vocabulary to be explicit and precise about what you want to commend.

Instead of saying, "I love your painting," try saying, "You have a fantastic eye for color." Rather than saying, "You are such a good helper," say, "Thank you for putting all of our clothes in the right drawer."

- **Stay honest.** Indiscriminate praise over every act and event will make the child question your sincerity as a parent. Children know when parents are insincere.

- **Identify progress.** Like adults, children want to know that they are developing and improving their skills.

Imagine how the young girl felt after she completed a series of cartwheels and heard her mother say: "Wow! You did four cartwheels in a row. That's something you couldn't have done a year ago."

- **Don't compare.** Stay away from statements like these: "You're the best

reader in your class. "You run faster than the other team players."

While such statements may not be false, they put someone else down. Comparisons can work against a child by promoting unnecessary competition and the fear of failure.

Also, no parent should ever compare his or her child negatively with another child. ("Why can't you be good like your friend Billy?")

Each little comparison may seem unimportant in itself, but added together they can cause a child to believe that he will never be able to measure up.

- **Avoid negative compliments.** Unwittingly, some parents undermine their own efforts at praise by offering negative statements. For example: "It's great to see you being good for a change. "I can't believe you've finally cleaned up your room."

Children believe what they're told about themselves. If you suggest negative qualities, the child will begin to think of himself that way.

- **Commend effort, not results.** Children will be greatly motivated when they are praised simply for the attempt at doing something new.

If a child is unable to dress himself completely, you can help point out how nicely he has pulled on one stocking. Then he may go ahead and try to put on his shoes. You should commend him for the effort, whether successful or not.

In addition to words of praise, try reinforcing your comments with a physical action. A warm embrace, a loving kiss and high five will serve to strengthen words of approval and admiration. □

Me first!

Six-year-olds (and some fives) want to be first in everything.

Therefore, younger siblings who require care and attention often threaten the child's feelings of "firstness."

Six may appear at times to be consumed by "Me first!" For example, her whole day may be spoiled if a younger sibling gets to the breakfast table before she does.

And she can be most jealous of the very sibling of whom she is most proud.

She is also jealous of any attention or present given a younger sibling by a guest, but is reassured of her position with some simple attention—and "I love you" smile or an arm around the shoulder.

The lecture approach ("You mustn't be jealous, that's not nice!") only aggravates the situation.

At this stage her intense awareness exceeds her ability to manage self and events and she is terribly vulnerable.

If her needs are met now, she can more easily discard her egocentric demands later.

Take heart. At least Six gets along fairly well with older siblings—as long as they don't treat her "like a little kid!" □

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Articles in **Growing Together** refer to both boys and girls. For simplicity, the pronouns "he" and "she" are used interchangeably unless otherwise noted.

www.growingchild.com

Fighting not allowed

Young children rarely fight in the first few years of life.

But some children, as they get older, will react to frustration by fighting, hitting, teasing, name-calling or using bad language. This is the way they show or express their feelings.

Children who are always fighting and bullying are in trouble. They are usually feared and disliked by other children and adults.

They find themselves more and more left out, which makes them angrier and even more ready to fight.

Whether children continue to fight depends very much on how their parents handle the situation.

It is very important to set firm limits and indicate disapproval of that kind of behavior without getting violent about it.

Children need to know what the rules for behavior are — and to know exactly what happens if these rules are broken.

Parents need to watch their own behavior as well. If children hear shouting and see fighting at home, they will tend to do the same thing in their play and other activities.

For parents who have always been shouters, name-callers and hitters, changing may be difficult.

Some parents don't even recognize that they behave in this way until they see their children imitating them.

No matter how difficult it seems, the effort to change this pattern is worthwhile.

It can help spare a child a lifetime of frustration and difficulty. □

"I see something"

There are times — waiting in the doctor's office, sitting on a bus — that are boring. Here's a game to play anywhere, any time that time drags. It teaches children to get information by asking good questions.

Say "I SEE SOMETHING." (It has to be something you can both see.) Then give a clue: "It's on your head," is pretty easy. It's made of cloth," is harder. "It's red and flat," may be pretty tough.

"It's bright when it's on and dark when it's off," is a kind of riddle.

If one clue isn't enough, add another: "It's red and square and soft and I'm leaning against it."

Children just starting on this game have no good strategy for getting the answer. They look around them and guess wildly.

So, when it's her turn to see something, listen to her first clue, but then ask questions of her that will help her develop strategy.

"Is it up high or down low?" That tells you where to look.

"What color is it?" (That narrows the choice.)

"Is it smaller than my shoe?" (This gives you an idea of size.)

With a little practice, you'll find yourself looking around to see what "something" you're both seeing. □

How to help a child get along with others

Children are more successful in their relationships when they feel comfortable than when they are self-conscious.

Parents can help by being supportive and encouraging rather than critical or discouraging. Here are some dos and don'ts.

DON'T suggest he has trouble getting along with others. ("Nobody really likes you.")

DO give him positive feedback for getting along well with others. ("I really like it when I see you helping Noah put on his shoes.")

DON'T force him into uncomfortable situations.

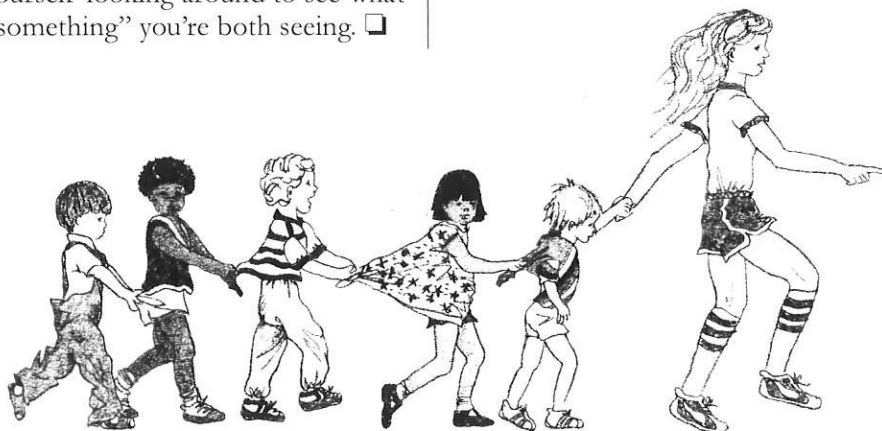
DO allow him to work out his own relationships with a minimum of interference.

DON'T insist he "make up" with someone he's still angry at.

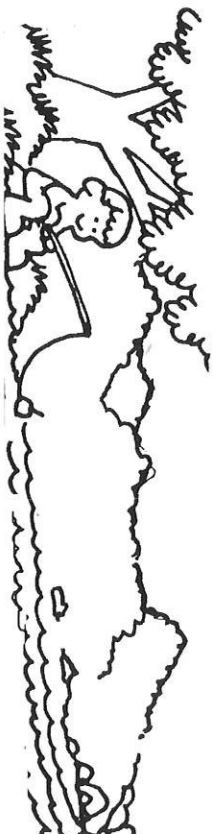







DO respect his wishes about how and with whom he wants to spend time.

DON'T compare him with other children.

DO stand up for him, especially with adults. Everyone needs someone they can depend on, no matter what. □



June 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<div>1</div> <p>"J" is for June. Can you name three more words that start with the letter "j"?</p>	<div>2</div> <p>Color this page with a pink crayon.</p>	<div>3</div> <p>Visit a farm.</p> 
<div>4</div> <p>Go for a walk and count trees. When you get 25, turn around and go home.</p>	<div>5</div> <p>Organize your own parade. Give it a name.</p>	<div>6</div> <p>Talk about how and when to call 911 (or the emergency number in your area).</p>	<div>7</div> <p>Play "I Spy."</p>	<div>8</div> <p>Act like a chicken.</p>	<div>9</div> <p>Try a new ice cream flavor..</p>	<div>10</div> <p>Ask how you can help around the house today.</p>
<div>11</div> <p>Walk outside barefoot (very carefully).</p>	<div>12</div> <p>Make a pretend car out of a large cardboard box. Or maybe make a boat?</p>	<div>13</div> <p>Find four things that you think will float in the bathtub. Then test them out.</p>	<div>14</div> <p>Flag Day! Fly the Flag!</p> 	<div>15</div> <p>Orange and banana slices for a snack.</p>	<div>16</div> <p>What is your favorite ice cream flavor?</p> 	<div>17</div> <p>Eat lunch outside.</p>
<div>18</div> <p>Father's Day.</p> 	<div>19</div> <p>Jineteenth! What in the world is this? How can you find out?</p>	<div>20</div> <p>Look for things outside that are yellow.</p>	<div>21</div> <p>First day of summer.</p>	<div>22</div> <p>Go to the library and bring home a book about butterflies.</p> 	<div>23</div> <p>Practice a home emergency drill.</p>	<div>24</div> <p>Everyone do morning exercises together.</p> 
<div>25</div> <p>Waffles for breakfast.</p>	<div>26</div> <p>Blow bubbles outside. How many can you count?</p>	<div>27</div> <p>Count your fingers and toes.</p> 	<div>28</div> <p>Eid al-Adha begins at sundown.:</p>	<div>29</div> <p>Check the batteries in your smoke alarm(s).</p>	<div>30</div> <p>Eat a green apple or some green grapes.</p> 