

NEW CLASS...NEW CLASS...NEW CLASS...NEW CLASS...NEW CLASS...NEW CLASS...NEW CLASS...NEW CLASS



DAY CLASS TIME VENUE

Monday	Zumba	10:00-10:45	East Worthing Community Centre
	Zumba	18:30-19:15	Worthing High School
	BAMbody blast	19:15-20:00	Worthing High School
Tuesday	Zumba	09:30-10:15	East Worthing Community Centre
Wednesday	Zumba	18:00-18:45	Worthing High School
	Zumba	19:00-19:45	Worthing High School
Thursday	Zumba	10:00-10:45	East Worthing Community Centre
	NEW CLASS Zumba	18:00-18:45	Chatsmore High School (Starting 7th March)
	BAMbody Blast	19:00-19:45	Chatsmore High School

£6 per class or purchase a £15 voucher (3 classes)

Where to find us

East Worthing Community Centre

Pages Ln, Worthing BN11 2NQ

Chatsmore High School

Goring Street BN15 5AF

Worthing High school

South Farm Rd, Worthing BN14 7AR

CALL
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BAM FITNESS

March '19