



LIFE HAVEN

A Home for Pregnant Mothers

Building a world where every pregnant woman has a safe home and loving support

February 2026

Life Haven: A Small Part of the Bigger Whole



“Actually, we’ve got a home up in Arlington for pregnant women in need! Do you want to come see it?”

This was the response to an upset passerby during a recent prayer vigil outside of a local Planned Parenthood. **She had accused the group of doing nothing for women** and only worrying about abortions. **The response left her speechless.** A small ripple in the effect that **Life Haven is having on the community.**

Last month a woman who was **referred to Life Haven for help with an unplanned pregnancy was from Kent!** Another ripple showing that our network is reaching **beyond Snohomish county** and that partner organizations are offering our services to those in need.

Since this time last year **Life Haven’s support network has almost doubled!** We attribute all the blessings and success of Life Haven to **the power of your prayers and support.**

As Life Haven grows in recognition and impact please know **your prayers and giving ARE making a difference!** Not just for the mothers and babies in our care, but to give credence to the work of all pro-life Washingtonians.



This Lenten season we ask that you seek God’s wisdom. Please consider volunteering with Life Haven or supporting us financially.

Volunteer Spotlight: Internal Volunteers

Meet **Kelsey Hoag, a Life Haven volunteer since 2023.** Kelsey spends a few hours a week helping with **behind-the-scenes work like IT, marketing design, and website maintenance.** She also works closely with other volunteers to share ideas for the improvement and growth of Life Haven. Kelsey is a self described “night owl” and likes to work on things at odd hours, so volunteering with Life Haven is a great fit. What a difference it makes! Thank you Kelsey!



We Need More Volunteers!

*Got Questions?
We’ve Got Answers!*



Join us

Thursday, March 5th @ 7:00pm
for a webinar about volunteering.

For Info & Registration go to:
mailchi.mp/lifehavenwa/registration

Donate to support our mission.

Scan the QR code or mail checks to the address below.



All gifts tax deductible

Thank you for all your prayers, love, and support - From all of us at Life Haven