



ALL MEAT PRODUCTS 100% GRASS-FED & PASTURE-RAISED

PRICES MAY VARY AND ARE SUBJECT TO CHANGE

KINDLY NOTE THAT OUR MEATS ARE PREPACKAGED BY THE BUTCHER. SMALLER CUTS TYPICALLY WEIGH 1 LB OR 2 LBS, WHILE ROASTS AND LARGER CUTS ARE USUALLY PORTIONS OF 3 LBS OR MORE.

BEEF & HALAL			FISH		
WHOLE/HALF OR QUATER COW	HANGING WEIGHT	CALL OFFICE	FILLET MACKEREL	PER PKG	SOLD OUT
BEEF HEART	PER LB	\$ 5.50	KING FISH	PER LB	\$ 12.00
BEEF KIDNEY	PER LB	\$ 4.00	LANE SNAPPER	PER LB	\$ 12.00
BEEF LIVER	PER LB	\$ 4.00	LOBSTER, ATLANTIC	PER LB	TBA
BEEF RIBS	PER LB	\$ 10.00	PARROT FISH	PER LB	TBA
BEEF SHANK	PER LB	\$ 8.00	POLLOCK (MED)	PER LB	\$ 5.60
BEEF SAUSAGE - GLUTEN FREE	PER LB	\$ 11.00	POLLOCK (SM)	PER LB	\$ 5.60
<small>(HOUSE SEASONED)</small>			POLLOCK CELLO	PER LB	\$ 8.96
BEEF TONGUE	PER LB	\$ 5.00	SALFISH / COD BITS	PER LB	\$ 7.98
COW COD	PER LB	\$ 4.00	SALTFISH / COD FISH (MED)	PER LB	\$ 9.59
COW FEET	PER LB	\$ 6.00	SALTFISH / COD FISH (SM)	PER LB	\$ 9.24
HAMBURGER	PER LB	\$ 7.00	SALT MACKEREL	PER LB	\$ 7.00
HAMBURGER PATTIES	PER LB	SOLD OUT	SPRAT FIST	5 LB BOX	\$ 22.00
RIBEYE STEAK	PER LB	\$ 12.00			
			GOAT & HALAL		
ROUND STEAK	PER LB	SOLD OUT	GOAT - WHOLE	HANG WHT	\$ 13.00
RUMP ROAST	PER LB	SOLD OUT	GOAT LEG/SYOU	PER LB	\$ 14.50
SIRLOIN	PER LB	SOLD OUT	GOAT MEAT - STEW	PER LB	\$ 13.50
STEAK	PER LB	SOLD OUT	GOAT HEAD	PER LB	\$ 6.00
STEW BEEF	PER LB	\$ 9.00	GOAT LIVER	PER LB	\$ 7.00
STRIP LOIN	PER LB	\$ 12.00			
STIR FRY	PER LB	\$ 11.00			
T-BONE	PER LB	\$ 11.00			
TENDERLOIN	PER LB	SOLD OUT			
CHICKEN & HALAL (SOLD OUT)					
WHOLE CHICKEN	2.5 - 3 LB	TBA			
CHICKEN WILL BE AVAILABLE AGAIN	3.5 - 4 LB	TBA			
JUNE 2024					
	4.5 - 5+ LB	TBA			
CHICKEN FEET	PER LB	TBA			
CHICKEN LIVER/HEART /GIZZARD	PER LB	TBA			
EGGS					
EGGS, FARM FRESH	PER DOZEN	\$5.00			
			PORK		
			WHOLE PIG		CALL OFFICE
			FRESH BACON	PER LB	\$ 7.00
			PORK - GROUND (BURGER)	PER LB	\$ 6.00
			PORK CHOPS	PER LB	\$ 7.00
			PORK HOCK	PER LB	\$ 7.00
			PORK ROAST	PER LB	\$ 7.00
			PORK SAUSAGE - GLUTEN FREE	PER LB	\$ 8.00
			<small>(MAPLE OR HOUSE)</small>		
			SPARE RIBS	PER LB	\$ 8.00
			FIG / PORK TAIL	PER BUCKET	\$ 30.00