



ALL MEAT PRODUCTS ARE GRASS-FED, GRASS FINISHED PASTURE-RAISED & GMO FREE



Prices may vary and are subject to change without notice

Kindly note that our meats are prepackaged by the butcher. Smaller cuts typically weigh 1 lb or 2 lbs, while roasts and larger cuts are usually portions of 3 lbs or more.

BEEF & HALAL

QUARTER COW	currently out of stock	
Beef Bones	5 Lb bag	\$ 25.00
Beef Bones / Marrow	2 Lb bag	\$ 15.00
Beef Heart	Whole	\$ 8.00
Beef Kidney	Per LB	\$ 7.00
Beef Liver	SOLD OUT	\$ 7.00
Beef Ribs	Per LB	\$ 14.00
Boneless Cross Ribs	Per LB	\$ 15.00
Beef Shank	Per LB	\$ 15.00
Beef Sausage - Gluten Free (house seasoned)	SOLD OUT	\$ 15.00
Beef Tongue	Per package	\$ 8.00
Cow Cod	Per LB	\$ 10.00
Cow foot	Per LB	\$ 9.00
Ground Beef / Hamburger	Per LB	\$ 11.00
Ground Beef/Hamburger (20 Lbs +)	Per LB	\$ 10.50
Ribeye Steak	SOLD OUT	\$ 28.00
Blade Roast	SOLD OUT	\$ 14.00
Boneless Roast	SOLD OUT	\$ 14.00
Round Roast	SOLD OUT	\$ 15.00
Rump Roast	SOLD OUT	\$ 15.00
Sirloin	Per LB	\$ 20.00
Stew Beef - BoneIN	Per LB	\$ 13.00
Stew Beef - Boneless	SOLD OUT	\$ 14.00
Strip Loin	SOLD OUT	\$ 25.00
Stir Fry	SOLD OUT	\$ 15.00
T-Bone	SOLD OUT	\$ 18.00
Tenderloin Filet Mignon Tenderloin	Per LB	\$ 35.00

Whole Chicken - July 2026

2.5 Lbs	2.5 lbs	\$ 20.00
3 Lbs Chicken	3.5 Lbs	\$ 28.00
4 Lbs Chicken	4.5 Lbs	\$ 36.00
5 Lbs Chicken	5 Lbs	\$ 40.00
6 Lbs Chicken	5.5 Lbs	\$ 44.00
Chicken Feet	Per LB	\$ 6.60
Chicken Liver/Heart /Gizzard	Per LB	\$ 7.50

EGGS

EGGS, FARM FRESH	Per dozen	\$ 6.50
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FISH

King FISH	Per LB	\$ 16.50
Parrot Fish	SOLD OUT	TBA
LANE SNAPPER	Per LB	\$ 17.99
LOBSTER, Atlantic		TBA

GOAT

GOAT - Whole	Whole goat – out of stock	
GOAT Leg/shou	Per LB	\$ 17.50
GOAT MEAT	Per LB	\$ 16.50
Goat Head	Per LB	\$ 8.00
Goat Liver	Per LB	\$ 8.00
Goat Organs heart/kidney/testicles	Per LB	\$ 6.00
GOAT FAT	Per LB	\$ 7.00

LAMB

LAMB CHOPS	SOLD OUT	\$ 22.00
Lamb Loin Chops - shoulder/Sirloin	SOLD OUT	\$ 24.00
Rack Of Lamb	Per LB	\$ 26.00
LAMB SHANK	SOLD OUT	sold out
LAMB SHOULDER	SOLD OUT	\$ 16.00
LAMB STEW / Mutton	Per LB	\$ 18.00
Lamb/Mutton Suet (fat)	Per LB	\$ 7.00

Pasture-Fed PORK - Restocking April 2026

Whole Pig	Per LB	Call office
FRESH BACON	Per LB	\$ 14.00
PORK - GROUND (BURGER)	SOLD OUT	\$ 8.00
PORK CHOPS	SOLD OUT	\$ 11.00
PORK CHOPS - boneless	Per LB	\$ 12.00
Pork Fat	2 Lb per bag	\$ 5.00
Pork Loin	Per LB	\$ 15.00
Pork Tenderloin	Per LB	\$ 17.00
Pork Steak	Per LB	\$ 12.00
	Per LB	\$ 5.00
PORK ROAST	Per LB	\$ 9.00
PORK SAUSAGE - Gluten Free (house, Honey Garlic or Spicy)	Per LB	sold out
Stir Fry - new	Per LB	sold out
SPARE RIBS	Per LB	\$ 10.00
PIG / PORK TAIL	Per LB	\$ 4.00
Salted Porktail	10 lbs	\$ 35.00

Caribbean Delight

Pet Food

Organs - for pets	per package	\$ 3.00
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FARM PRODUCTS - 100% Grassfed Beef Tallow

GRASSFED BEEF TALLOW. - 12 oz	\$ 35.00
Tallow Whipped Moisturizer - 4 oz	\$ 42.00
Tallow Repair Balm- 4 oz	\$ 38.00
Whipped Tallow Face Cream for sensitive skin - 2 oz	\$ 30.00
GoatMilk & Beef Tallow - Moisturizing Soap	\$ 10.00