

10 Ways That PEMF Therapy Helps the Body to Heal Itself

- 1. Improves Meridian energy flow (whole body needle-less acupuncture)**
 - Life force energy / Chi
- 2. Improves Metabolic Energy of ATP production in the mitochondria**
 - Stimulates both ATP Production & enzyme ATPase (facilitates use of ATP energy)
- 3. PEMF Improves Circulation & Microcirculation**
 - Increases Nitric Oxide (vasodilator) widens blood vessels
 - Reduces the Rouleaux affect (red blood cells stacked together like coins). Cells can more easily fit through capillaries & can carry more oxygen.
 - Lowers surface tension of water – makes blood flow more easily
- 4. Detoxification**
 - Improves flow of lymph
 - Opens up the 4 elimination channels: bowels, kidneys, skin & breath
- 5. Improves the Immune System**
 - Increases Cellular Voltage
 - Increases pH
 - Improves biological terrain. No longer hospitable environment for pathogens, viruses, bacteria
- 6. Pain Relief**
 - Stimulates endorphin production
 - Temporarily interrupts the pain signal
 - Less signal = Less Pain Perception
- 7. Healing & Regeneration**
 - Gets nutrients into the cells
 - Naturally Stimulates Stem Cells
- 8. Reduces Stress, Anxiety & Depression**
 - Triggers Parasympathetic response (rest, digest & repair)
 - Reduces the brain's reaction to stress
 - Helps heart rate variability and lowers blood pressure
 - Helps the body eliminate stress hormones
 - Defends the tissues and cells of the body from effects of stress hormones
- 9. Better Sleep**
 - Relaxes brainwaves with lower frequencies
 - The body regenerates mainly at night
- 10. PEMF makes all the other elements of health work better**
 - Enhances Absorption & Assimilation

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