

Is a **DETOX** in your future



What is Detoxification?

Detox, short for detoxification, is the body's natural, ongoing process of neutralizing and eliminating toxins. Toxins are substances that can potentially harm body tissue, such as waste products that result from normal cell activity (like ammonia, lactic acid, and homocysteine) and chemicals that we are exposed to in our environment, food, and water. The liver, intestines, kidneys, lungs, skin, blood, and lymphatic systems work together to transform toxins to less harmful compounds and excrete them from the body.

Why Everyone Needs To Cleanse & Detox

Now, you may be wondering why detoxification is so important for everyone, even for those who feel pretty healthy.

Not to sound alarmist, but our modern world is full of toxins, and our bodies take in these toxins and store them, unless we actively help get rid of them. Toxicity starts from the earliest stages of life; even babies these days are born with toxins already in their systems! Unfortunately lots of them. We absorb toxins from the following sources:

- Pollution
- Pesticides
- Drugs
- Chemicals in our food and water supply
- Household and personal care products

These toxins are contributing to illness and disease in our world. And while it's impossible to avoid toxic substances completely, you can help your body expel them with regular detoxification.

How Does Cleansing & Detox Work?

- Provide a complete and balanced herbal cleanse to help protect the body from waste that affects health.
- Help to balance the microflora of the body by encouraging a healthy environment for friendly probiotics to thrive and harmful microflora such as yeast and fungus to be held in population check.
- Provide a combination of traditional herbs that support proper waste elimination.
- Chelate heavy metals and support the liver in its efforts to detoxify heavy metals from the body.

Which Body Detox Is Best For Me?

Many different types of body detox products are available today. Some are to be used daily to promote good health and general well-being, while others targeted specific health needs. See the next page for a mini guide to help you choose the detox solution that best fits your needs.

DETOX Guide

Cleanse and Detox your way to better health in 2017



CleanStart®

BEST USE — 2-week Colon Cleansing/Detoxifying Program. CleanStart supports natural waste elimination to provide a sense of improved energy and well-being. It contains ingredients that help cleanse and detoxify the body.

BENEFITS INCLUDE:

- Colon cleanse that supports waste elimination
- Supports bowel movement
- Promotes friendly bacteria in the colon



CANDIDA CLEAR

BEST USE — 14-day Cleansing/Balancing Program. Candida Clear helps to balance the microflora of the body by encouraging a healthy environment for friendly probiotics to thrive and harmful microflora such as yeast and fungus to be held in population check.

BENEFITS INCLUDE:

- Helps the body maintain the normal balance Candida albicans yeast
- Supports the immune system
- Supports the intestinal tract



Para Pak

BEST USE — 10-day Elimination Program. Supports the efforts of the intestinal system in cleansing as it creates an environment that supports healthy organisms.

BENEFITS INCLUDE:

- Is safe, natural, gentle and effective
- Cleanses and detoxifies



TIAO HE PAK

BEST USE — 10-day Colon Detoxifying/Balancing Program. Tiao He cleanse is a 10-day program that gently works on the intestinal system to stimulate the elimination of intestinal buildup and promotes proper functioning of the bowel. Tiao He is a Chinese phrase denoting the restoration of harmony and balance.

BENEFITS INCLUDE:

- Supports the intestinal system
- Supports intestinal regularity
- May improve energy and well-being



BODY DETOX

BEST USE — Used Daily to Support Cleansing and Detox. Cleansing and detoxification of the body promote good health and general wellbeing. Herbs in this combination support proper waste elimination.

BENEFITS INCLUDE:

- Promotes bowel movement
- Used as a stimulant laxative



HEAVY METAL DETOX

BEST USE — Daily use to chelate heavy metals and support the liver in its efforts to detoxify heavy metals from the body. The ingredients in Heavy Metal Detox are designed to chelate (bind to) heavy metals and make them available for elimination.

BENEFITS INCLUDE:

- Binds with and removes heavy metals from the body
- Absorbs heavy metal ions
- Supports the liver



YF DTX

BEST USE — Daily use to maintain a healthy balance of yeast and microflora levels in the body and boost the immune system. Excesses of yeast and fungus can compromise the immune, digestive and urinary systems.

BENEFITS INCLUDE:

- Helps to maintain health immune function
- Stimulates detoxification in the liver
- Supports normal microorganism balance