

# OKLAHOMA



JUNE 2019

## BEAT THE HEAT

Explore Oklahoma's lakes, rivers, state parks and other shady respites

# TOP DOCTORS

## Neighborhood INFLUENCES

A Tulsa-raised writer on his film about Mr. Rogers

Wedding Guide

**284** doctors in  
**50** specialties



PHOTO BY BRENT FUCHS

## Denise Rable SURGICAL BREAST ONCOLOGIST INTEGRIS MEDICAL GROUP OKC

The multifaceted field of breast cancer keeps Denise Rable intrigued nearly 30 years after graduating from the University of Oklahoma College of Medicine.

“Emotional support is just as important to the patient’s well-being as the surgical intervention,” Rable says. “You can actually see a patient’s anxiety decrease when information is delivered clearly and in a caring way.”

Rable reminds that breast oncology continues to evolve with each discovery and new procedure.

“We continue to study and rapidly develop better treatment modalities,” she says. “Every patient’s treatment plan should take into account many unique factors and be individualized for that patient.”

Rable is also fascinated by genetic and inheritance patterns that explain why some patients develop breast cancer.

“Understanding a family’s genetic predisposition to developing breast cancer can help us proceed in a proactive fashion,” she says.

Patients should assert themselves in the process to increase the chances of positive outcomes, Rable says.

“Perform regular breast self exams,” she says. “Report any changes or concerns. Get your recommended annual mammograms. Seek out a specialist to discuss any abnormal findings and/or recommendations. Don’t be afraid to ask questions. Get a second opinion if you feel that would be helpful.”

**SHEELA VARDEY**  
Hillcrest Medical Center; Utica Park  
Clinic, Tulsa 918-493-2229

**JILL S. WARREN**  
OU Medical Center; OU Children’s Physi-  
cians, OKC 405-271-6827 Sp: Preventive  
Medicine, Vaccines

**VICTOR T. WILSON**  
HealthPlex Hospital; Caring Pediatrics,  
Norman 405-360-7337 Sp: ADD/ADHD,  
Asthma, Allergy

### Plastic Surgery

**PAUL R. CALLEGARI**  
Saint Francis Hospital;  
Hillcrest Hospital South; 6585 S. Yale Ave., Ste.  
1050, Tulsa 918-494-8200 Sp: Body  
Contouring after Weight Loss, Cosmetic  
Surgery-Face & Breast, Hand Surgery,  
Reconstructive Plastic Surgery

**CHRISTIAN EL AMM**  
OU Medical Center; OU Physicians-  
Plastic Surgery, OKC 405-271-4864 Sp:  
Craniofacial Surgery, Cosmetic Surgery

**JUSTIN MICHAEL JONES**  
INTEGRIS Baptist Medical Center-  
Oklahoma; Jones Plastic Surgery, OKC  
405-848-3459 Sp: Cosmetic Surgery-  
Body, Cosmetic Surgery-Breast, Liposuc-  
tion & Body Contouring, Dermatologic  
Injectables & Fillers

**ARCHIBALD S. MILLER III**  
Saint Francis Hospital-Tulsa;  
Hillcrest Medical Center; Tulsa Plastic  
Surgery, Tulsa 918-492-2282 Sp: Breast  
Reconstruction & Augmentation,  
Cosmetic Surgery-Face & Body, Facial  
Rejuvenation

**KAMAL T. SAWAN**  
OU Medical Center; Sawan Surgical  
Aesthetics, Edmond 405-285-7660 Sp:  
Body Contouring after Weight Loss

### Psychiatry

**PHEBE M. TUCKER**  
OU Medical Center; OU Physicians-  
Psychiatry, OKC 405-271-5251 Sp:  
Anxiety & Mood Disorders, Post  
Traumatic Stress Disorder

**JILL K. WARNOCK**  
OU Medical Center; St. John  
Medical Center-Tulsa; Indian Healthcare  
Resource Center of Tulsa, Tulsa 918-  
588-1900 Sp: Anxiety & Mood Disorders,  
Sexual Dysfunction, Stress Management,  
Geriatric Psychiatry

### Pulmonary Disease

**AJAY R. BEDEKAR**  
Hillcrest Medical Center; Utica Park  
Clinic, Tulsa 918-579-3270

**JENNIFER BIERACH**  
Hillcrest Medical Center; Utica Park  
Clinic, Tulsa 918-382-2560

**FRED GARFINKEL**  
OU Medical Center; OU Wayman Tisdale  
Specialty Health Clinic, Tulsa 918-  
619-8700 Sp: Chronic Obstructive Lung  
Disease (COPD), Asthma

**DAVID C. LEVIN**  
OU Medical Center; OU Physicians Bldg.;  
Cardiovascular Institute, OKC 405-271-  
7001 Sp: Asthma, Chronic Obstructive  
Lung Disease (COPD), Smoking Cessa-  
tion, Pulmonary Rehabilitation

**DANIEL A. NADER**  
Cancer Treatment Centers of America at  
Southwestern Regional Medical Center;  
Cancer Treatment Centers of America,  
Tulsa 800-788-8485 Sp: Lung Cancer,  
Interventional Pulmonology

### Radiation Oncology

**OZER ALGAN**  
OU Medical Center; Stephenson Cancer  
Center, OKC 405-271-3016 Sp: Brain  
Tumors, Genitourinary Cancer, Breast  
Cancer, Sarcoma

**TERENCE S. HERMAN**  
OU Medical Center; Stephenson Cancer  
Center, OKC 405-271-3016 Sp: Breast  
Cancer, Sarcoma, Brain Tumors

**M. CONNIE NGUYEN**  
Saint Francis Hospital-Tulsa; Hillcrest  
Medical Center; Oklahoma Cancer  
Specialists and Research Institute,  
Tulsa 918-505-3200 Sp: Stereotactic  
Radiosurgery

**KIRAN PRABHU**  
INTEGRIS Baptist Medical Center-  
Oklahoma; INTEGRIS Cancer Institute,  
OKC 405-552-0490 Sp: Stereotactic  
Radiosurgery, Stereotactic Medical  
Radiotherapy, Intensity Modulated

Radiotherapy (IMRT), Image Guided  
Radiotherapy (IGRT)

**J. SPENCER THOMPSON**  
OU Medical Center; Stephenson  
Cancer Center, OKC 405-271-3016 Sp:  
Gynecologic Cancers, Pediatric Cancers,  
Palliative Care

### Reproductive Endocrinology/Infertility

**LATASHA B. CRAIG**  
OU Medical Center; OU Physicians-  
Reproductive Medicine, OKC 405-271-  
1616 Sp: Miscarriage-Recurrent, Ovarian  
Failure, Menstrual Disorders, Polycystic  
Ovarian Syndrome

**KARL R. HANSEN**  
OU Medical Center; OU Physicians-  
Reproductive Medicine, OKC 405-271-  
1616 Sp: Infertility-IVF, Polycystic Ovarian  
Syndrome, Endometriosis

**ROBERT A. WILD**  
OU Medical Center; OU Physicians-  
Women’s Health, OKC 405-271-9494  
Sp: Polycystic Ovarian Syndrome

### Rheumatology

**ELIZA CHAKRAVARTY**  
OU Medical Center; Oklahoma Medical  
Research Foundation, OKC 405-271-  
7805 Sp: Lupus/SLE in Pregnancy,  
Rheumatoid Arthritis, Scleroderma,  
Connective Tissue Disorders

**TIMOTHY L. HUETTNER**  
Saint Francis Hospital-Tulsa; St. John  
Medical Center-Tulsa; Rheumatology  
Associates, Tulsa 918-491-9007 Sp:  
Rheumatoid Arthritis, Psoriatic Arthritis,  
Lupus/SLE

**MICHAEL A. MALLOY**  
Saint Francis Hospital-Tulsa; Warren  
Clinic, Tulsa 918-495-2685 Sp: Autoim-  
mune Disease

**IRA N. TARGOFF**  
OU Medical Center; VA Medical  
Center-Oklahoma City; OU Physicians-  
Rheumatology, OKC 405-271-8478 Sp:  
Polymyositis, Dermatomyositis, Arthritis

**AIKATERINI (KATHERINE) THANOU**  
OU Medical Center; Rheumatic Diseases  
Clinic of Oklahoma, OKC 405-606-8070  
Sp: Autoimmune Disease, Lupus/SLE

### Sports Medicine

**BRIAN R. COLEMAN**  
OU Medical Center; OU Physicians Fam-  
ily Medicine, OKC 405-271-4311

**SEETHAL R. MADHAVARAPU**  
Norman Regional Hospital; Oklahoma  
Sports and Orthopedics Institute,  
Norman 405-360-6764

### Surgery

**JOSEPH CARLO BUENDIA**  
Mercy Hospital-Oklahoma City; Mercy  
Clinic General Surgery, OKC 405-749-  
4231 Sp: Abdominal Wall Reconstruction

**WILLIAM C. DOOLEY**  
OU Medical Center; St. Anthony Hospi-  
tal-Oklahoma City; OU Physicians Bldg.,  
OKC 405-271-7867 Sp: Breast Cancer &  
Surgery, Sarcoma-Soft Tissue, Appendix  
Cancer, Cancers-Rare & Unusual

**JOHN R. FRAME**  
Oklahoma Surgical Hospital; Saint  
Francis Hospital-Tulsa; Breast Health  
Specialists of Oklahoma, Tulsa 918-  
392-7950 Sp: Breast Cancer & Surgery

**ALAN B. HOLLINGSWORTH**  
Mercy Hospital-Oklahoma City; 4401  
McAuley Blvd., Ste. 110Q, OKC 405-936-  
5455 Sp: Breast Cancer Genetics, Breast  
Cancer Risk Assessment

**CHRISTOPHER W. LENTZ**  
INTEGRIS Baptist Regional Health  
Center; INTEGRIS Paul Silverstein Burn  
Center, OKC 405-951-8042 Sp: Burn  
Care, Reconstructive Surgery, Critical  
Care, Wound Care

**DENISE L. RABLE**  
Lakeside Women’s Hospital-Oklahoma  
City; INTEGRIS Medical Group, OKC  
405-552-0400 Sp: Breast Cancer &  
Surgery, Breast Disease

**LANETTE F. SMITH**  
St. John Medical Center-Tulsa;  
Oklahoma Cancer Specialists and  
Research Institute, Tulsa 918-585-5658  
Sp: Breast Surgery

**SARA SUTHERS**  
Mercy Hospital-Oklahoma City;  
INTEGRIS Southwest Medical Center;  
Mercy Clinic, Breast Surgery, OKC 405-  
749-7023 Sp: Breast Surgery

### Thoracic & Cardiac Surgery

**R. MARK BODENHAMER**  
Oklahoma Heart Hospital; Oklahoma  
Heart Hospital-South Campus; Okla-  
homa Heart Hospital Physicians,  
OKC 405-608-3800

**HAROLD MACDONALD BURKHART**  
Children’s Hospital at OU Medical Cen-  
ter; OU Medical Center; OU Children’s  
Physicians, OKC 405-271-4631 Sp:  
Pediatric Cardiothoracic Surgery

**JOHN CHAFFIN**  
INTEGRIS Baptist Medical Center-  
Oklahoma; INTEGRIS Cardiovascular  
Physicians; Cardiothoracic Surgery  
Clinic, OKC 405-951-4345 Sp:  
Transplant-Heart, Transplant-Lung,  
Ventricular Assist Device (LVAD)

**IOANNIS MICHAEL KARAMICHALIS**  
Children’s Hospital at Saint Francis;  
Saint Francis Heart Hospital; Warren  
Clinic, Tulsa 918-494-1710 Sp: Pediatric  
Cardiothoracic Surgery

**SCOTT K. LUCAS**  
St. Anthony Hospital-Oklahoma City;  
Deaconess Hospital-Oklahoma; 608 NW  
9th St., Ste. 2110, OKC 405-310-3028 Sp:  
Minimally Invasive Heart Valve Surgery,  
Coronary Artery Surgery, Heart Valve  
Surgery-Mitral, Aneurysm

**JOHN D. RANDOLPH**  
Oklahoma Heart Hospital; Oklahoma  
Heart Hospital-South Campus; Okla-  
homa Heart Hospital Physicians,  
OKC 405-608-3800 Sp: Cardiovascular  
Surgery, Heart Valve Surgery, Coronary  
Artery Surgery

**FRANK E. SCHMIDT JR.**  
INTEGRIS Baptist Medical Center-  
Oklahoma; INTEGRIS Cardiovascular  
Surgeons; Cardiothoracic Surgery  
Clinic, OKC 405-951-4345

**TIMOTHY H. TROTTER**  
Comanche County Memorial Hospital,  
Lawton 580-357-4339 Sp: Cardiac  
Surgery, Lung Surgery

### Urology

**ROBERT BRUCE**  
Children’s Hospital at Saint Francis; Saint  
Francis Hospital-Tulsa; Urologic Special-  
ists of Oklahoma, Tulsa 918-749-8765  
Sp: Minimally Invasive Surgery, Prostate  
Benign Disease (BPH), Kidney Stones

**MICHAEL S. COOKSON**  
OU Medical Center; Stephenson Cancer  
Center, OKC 405-271-4088 Sp: Urologic  
Cancer, Bladder Cancer, Prostate Cancer,  
Testicular Cancer

**DANIEL J. CULKIN**  
OU Medical Center; OU Physicians  
Urology, OKC 405-271-8156  
Sp: Urologic Cancer, Minimally Invasive  
Surgery, Incontinence-Urinary, Recon-  
structive Surgery

**EDWARD S. DAKIL**  
Norman Regional Hospital; Norman  
Urology Associates, Norman 405-360-  
9966 Sp: Urology-Female, Vasectomy,  
Erectile Dysfunction, Kidney Stones

**PAUL GUY HAGOOD**  
Hillcrest Medical Center; Utica Park  
Clinic, Tulsa 918-579-3190

**SCOTT E. LITWILLER**  
Children’s Hospital at Saint Francis;  
Saint Francis Hospital-Tulsa; Urologic  
Specialists of Oklahoma, Tulsa 918-  
749-8765 Sp: Urogyneology, Pelvic  
Reconstruction, Incontinence

**CLIFTON WHITESELL**  
Norman Regional Hospital; Norman  
Urology Associates, Norman 405-360-  
9966 Sp: Urogyneology, Incontinence

### Vascular & Inter- ventional Radiology

**VANCE MCCOLLOM**  
Mercy Hospital-Oklahoma City; 4300  
W. Memorial Rd., Ste. 212, OKC 405-  
936-5775

**THOMAS E. WILEY III**  
Saint Francis Hospital-Tulsa; Radiology  
Consultants of Tulsa, Tulsa 918-494-  
1655 Sp: Peripheral Vascular Disease,  
Thrombolytic Therapy, Angioplasty &  
Stent Placement

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