Mary Ramos

Person-Centered Plan

2021

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# One Page

\*\*Make sure to include strengths, wonderful things about who they are, what they like, what they don't like, important health information and what others can do to support them. Make sure to use language that the focus person prefers such as using a nickname. If they speak/understand more than one language make sure to include that in the about (“Hi, my name is…”) section\*\*

## Hi, my name is…

## Some of the great things about me are…

## I like…

## I don’t like ...

## 

# 

# Hopes and Dreams

## 

## **Education**

Dream: I want to become a nurse

Goal #1: Mary would like to attend East Los Angeles Community College Nursing program

Strengths:

* Great memory
* Very enthusiastic
* Loves helping others

Obstacles:

* Limited ability to communicate
* Needs redirection to stay focused
* Difficulty creating a schedule
* Public transportation scares her

Support Needed:

* Someone to help take notes
* Someone to help create a schedule

Solutions:

* Training to help speak more clearly
* Transportation to and from school

Resources Available:

* Personal assistance
* On-Campus tutoring center
* College support such as those provided by tailor services
* Speech support such as those provided by speech therapy or alternative solutions such as an acting class to encourage speaking with others

Next Steps:

* Getting contact information, pricing, payment methods for identified resources

## **Employment**

Dream: To work at St. Mary’s Hospital

Goal: Mary would like to get an internship at St. Mary’s Hospital

Strengths:

Obstacles:

* Needs a nursing degree

Support Needed:

Solutions:

Resources Available:

Next Steps:

## **Home Life**

Dream:

Goal1:

Strengths:

Obstacles:

Support Needed:

Solutions:

Resources Available:

Next Steps:

## **Health & Safety**

**\*\*Behaviors as communication can be included under health and safety or in a separate page.\***\*

Dream:

Goal1:

Strengths:

Obstacles:

Support Needed:

Solutions:

Resources Available:

Next Steps:

## **Personal Goals**

Dream:

Goal1:

Strengths:

Obstacles:

Support Needed:

Solutions:

Resources Available:

Next Steps:

## **Community Integration**

Dream:

Goal1:

Strengths:

Obstacles:

Support Needed:

Solutions:

Resources Available:

Next Steps: