# **PCOM NOTICE OF PRIVACY PRACTICES**



This notice describes how medical information about you may be used and disclosed and how you can get access to this information. Please review it carefully.

# Your Information, Your Rights, Our Responsibilities

#### **Your Rights**

When it comes to your health information, you have certain rights. This section explains your rights and some of our responsibilities to help you.

#### Get an electronic or paper copy of your medical record

- You can ask to see or get an electronic or paper copy of your medical record
- We will provide a copy or a summary of your health information within 30 days of your request.

#### Ask us to correct your medical record

• You can ask us to correct health information about you that you think is incorrect or incomplete. Ask us how to do this. We may say "no" to your request, but we will tell you why in writing within 60 days.

### Request confidential communications

- You can ask us to contact you in a specific way (for example, home or office phone) or to send mail to an alternate address.
- We will say "yes" to all reasonable requests.

#### Ask us to limit what we use or share

- You can ask us not to use or share certain health information for treatment
- We will say yes unless a law requires us to share this information.

#### Get a copy of this privacy notice

 You can ask for a paper copy of this notice at any time, even if you have agreed to receive it electronically. We will provide you with a paper copy promptly.

#### Choose someone to act for you

- If you have given someone medical power of attorney or if someone is your legal guardian, that person can exercise your rights and make choices about your health information.
- We will make sure the person has this authority and can act for you before we take any action.

#### File a complaint if you feel your rights are violated

You can complain if you feel we have violated your rights by contacting Joan Mushrush, Privacy Officer,
 Kendra Durfee, Executive Director, or seek private consultation with a legal representative.

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For certain health information, you can tell us your choices about what we share. If you

have a clear preference for how we share your information in the situations described below, talk to us. Tell us what you want us to do, and we will follow your instructions

## In these cases, you have both the right and the choice to tell us to:

- Share or not share information with your family, close friends, or others involved in your care.
- We never share your information for purposes of marketing.

#### **Our Uses and Disclosures**

How do we typically use or share your health information? We typically use or share your health information in the following ways.

#### To treat you

- With your permission, we may contact your treating physician to discuss your healthcare.
- If you undergo an ultrasound exam at PCOM, a contracted physician will interpret your results and have access to your healthcare information.

How else can we use or share your health information? We are allowed or required to share your information in other ways – usually in ways that contribute to the public good, such as public health and research. We have to meet many conditions in the law before we can share your information for these purposes.

For more information see: www.hhs.gov/ocr/privacy/hipaa/understanding/consumers/index.html.

## **Our Responsibilities**

- We are required by law to maintain the privacy and security of your protected health information.
- We will let you know promptly if a breach occurs that may have compromised the privacy or security of your information.
- We must follow the duties and privacy practices described in this notice and give you a copy of it.
- We will not use or share your information other than as described here unless you tell us we can in writing. If you tell us we can, you may change your mind at any time. Let us know in writing if you change your mind.

For more information see: www.hhs.gov/ocr/privacy/hipaa/understanding/consumers/noticepp.html.

## Changes to the Terms of This Notice mosmos it to vemotis to rewood isoloam encomos

We can change the terms of this notice, and the changes will apply to all information we have about you. The new notice will be available upon request, in our office, and on our web site.

Please contact PCOM Privacy Officer for further questions:

Joan Mushrush, RN 814-333-6567